

SPRING 2015

Desert Ridge

The Official Community Magazine of the Desert Ridge Community Association

Lifestyles

Join the excitement...get involved in your community

COMMUNITY NIGHT



FITNESS IN THE PARK



LADIES NIGHT OUT



**FARMERS MARKET
CASHMAN PARK AT DESERT RIDGE**





Desert Ridge

MARKETPLACE

LIVE MUSIC.

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Desert Ridge Lifestyles

Desert Ridge Lifestyles magazine is the official community magazine of Desert Ridge, brought to you by the Desert Ridge Community Association. It is designed to keep you informed about what's happening in your community, from clubs, activities and community programs to school information, special events and more.

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MANAGEMENT TEAM AND BOARD OF DIRECTORS

Desert Ridge MANAGEMENT TEAM

Photos by Tina Dickson

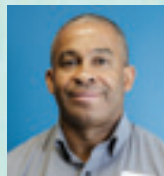
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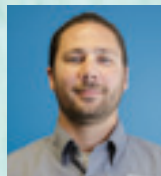
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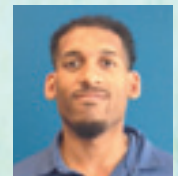
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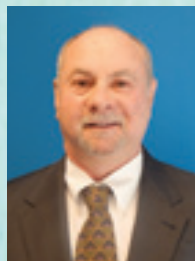
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From the President Desert Ridge—a “Family Friendly Oasis”



Doug Dickson

Each year our DRCA Board works hard to make our community one of the safest and desirable places to live in Arizona. We're proud of what we've accomplished and that Money

Magazine recently described our community as a “family friendly oasis”, recognized our improvements to Cashman Park, and ranked Phoenix #2 in their Best City Bargains, Best Places to Live 2014.

Looking back, here are a few things we accomplished in 2014:

- Painted the 1,082 APS light poles and 502 fire hydrants throughout the common areas of Desert Ridge.
- Removed the noisy, scored concrete where Tatum intersects with Trailblazer and Pathfinder. This project shifts all future maintenance for these intersections to the

City of Phoenix, saving our Association thousands of dollars.

- Executed a landmark, first of its kind, development agreement providing \$500,000 in improvements to Cashman Park.
- Increased our Off-Duty Officer Patrol during major holidays and community events. Despite having the Super Bowl, Pro Bowl and Phoenix Open events, the recent holiday season recorded the lowest crime rates ever for our community.
- Expanded the Holiday Lighting & Decoration Contest from two trolley tours to fourteen with over 350 residents participating.
- Working with the City of Phoenix, we successfully negotiated the creation of the new Farmers Market in Cashman Park at Desert Ridge. The Farmers Market events for January and February were filled to capacity.

- Recorded and broadcast a Public Service Announcement to Pinnacle H.S. and Explorer Middle School raising awareness about the Desert Ridge Silent Witness Program. This program acts as a deterrent against vandalism, graffiti and crime by providing monetary incentives for anonymous tips.
- Developed a new \$200 reimbursement grant program to help offset the costs of creating new Block Watch Groups.
- Elected three new junior (first term) DRCA Directors to the board: Stephanie Rimmer, Barry Goldfarb and Carl Prettyman.
- Reduced our water usage by almost seven million gallons, saving over \$50,000.
- Negotiated a new parking patrol service contract, extending hours and saving over \$25,000 per year with the new provider.
- Extended our insurance coverage to a fixed 3-year premium period resulting in savings of \$18K annually and \$54K during the policy term.

From the President continued on page 15

Communications Chair Community Activities and Communications are Expanding



Brad Slager

What an amazing time of year for those of us who call Phoenix home. While the rest of the country is digging out from the winter storms,

our days include morning hikes, Spring Training games and dinners on the patio. Occasionally I hear, “so, what brought you to the Valley”? My response is typically, in months other than the insufferable summer, “really”?

In this issue of your, “Desert Ridge Lifestyles Magazine,” we further highlight all that our community offers.

You will begin to see more and more activities held at our newly updated, “Cashman Park Desert Ridge”. If you haven't been to the park since the renovations, we encourage you to visit during one of the many events put on by our community partners, or one of the HOA sponsored events.

We continue to implement, review, refine and improve how we communicate with our neighbors. You will now notice an option to view past magazines on the, “www.DesertRidgeLifeStyles.com” website. Something called flipbook was installed and you can now peruse past magazines on your computer, or tablet, as though you had an actual magazine

in-hand. We hope you find it useful and yet another reason to log onto your community's website. Also, if you do not currently receive the community e-mails, please call Mallory Peil, Lifestyles Coordinator at 480-551-4559 and get added to the distribution list. We don't want you to miss anything!

As always, we welcome your comments, suggestions, feedback and contributions. Please contact us at: communications@desertridgelifestyles.com with anything you wish.

Brad Slager
Communications Committee Chair
Desert Ridge Community Association

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Lifestyles Chair Spring in Desert Ridge



Stephanie Rimmer

Desert Ridge is an exciting place to live, and with the increase in activities during 2015 there truly is something for everyone.

Desert Ridge residents have enjoyed the increase in other local events thanks to the fall re-opening of Cashman Park at Desert Ridge. On January 18th we enjoyed the return of the Farmers Market, with a complete sell-out of produce. Following the full moon-cycle we held our first Astronomy Night in the Park. Dozens of families gathered at Cashman Park at Desert Ridge on Sunday, February 15th to view the stars, well-known constellations and planets including Mercury, Venus, Jupiter and Saturn. This educational evening included the use of three telescopes operated by the Paradise Valley Community College based non-profit Phoenix Astronomical Society.

Our Desert Ridge Lifestyles Fitness in

the Park program kicked off just last week on the first Tuesday in March. Desert Ridge residents whose New Year's resolutions included reaching new fitness goals in 2015 joined PT Spooner for boot camp training sessions. These training sessions will continue every Tuesday morning at 10 a.m. and are offered at a low cost of only \$5 per class. On the last Tuesday of every month these boot camps sessions are open to all Desert Ridge residents free of charge. In addition, Desert Ridge Lifestyles is happy to announce our first-ever Fitness in the Park day on Saturday, May 2, 2015 during which PT Spooner will host a free to play session featuring the latest in core training and fitness exercise.

Our Desert Ridge Lifestyles events in the park continue to attract a variety of residents, but none are as popular as our annual Spring Desert Ridge Lifestyles Movie in the Park/Candidate Meet & Greet night. On Saturday, March 14, 2015 resident may walk, bike or drive to Cashman Park at Desert Ridge for an outdoor screening of the box office hit Big Hero 6. Food trucks will arrive at 6 p.m. for anyone interested in an outdoor picnic dinner. The movie will start at 7 p.m. Due to the popularity

of this film, and its very recent release, please consider sending an RSVP to Mallory.Peil@fsresidential.com so we may assess if two screens are necessary to accommodate all of our families.

With so much going on, and more underway, be sure to check our website regularly, desertridgelifestyles.com for updates on activities including dates, times and locations. You can also access links to other local events and information on our advertisers and event sponsors. Residents who are interested in helping plan community events may email lifestyles@desertridgelifestyles.com or attend our monthly meetings on the third Tuesday of the month from 11:30 a.m. to 1 p.m. at the Desert Ridge offices on High Street.

At our upcoming March meeting we will be discussing the May Fitness in the Park, Summer Activities including a Desert Ridge Diamondbacks Night and the possibility of increasing the availability of outdoor youth sports programs in Desert Ridge.

Stephanie Rimmer
 Lifestyles Committee Chair
 Desert Ridge Community Association

LETTERS TO THE EDITOR

You are invited to write your thoughts or comments to the Desert Ridge Lifestyles editor at: editor@desertridgelifestyles.com

I recently noticed that the fire hydrants in Desert Ridge were all painted (and look great!). Does the City of Phoenix paint the fire hydrants, or is it something that the Desert Ridge Community Association is responsible for maintaining?

EDITOR: Great question! The maintenance of the fire hydrants is ultimately the city's responsibility, however limitations to their budget only allows for single hydrants to be painted,



as necessary. In an effort to maintain Desert Ridge to a higher standard, the Community Association Board of Directors elected to have the hydrants painted over the summer last year.

We really like the fact that there are multiple ways to get information from the Desert Ridge Community Association. In addition to the e-blasts, web-site and quarterly magazines, are there plans for other means of communicating with residents?

EDITOR: Yes, we are always evaluating ideas and suggestions from our community. Currently we are looking at ways to offer

a phone application and/or texting, as a way of possibly communicating with our neighbors.....Stay tuned!

The Farmers Market Cashman Park at Desert Ridge is fantastic! It is so convenient, that our family loads up the wagon and walks over! Will the Farmers Market return after the summer?

EDITOR: Everyone involved in the market, considers it to be a huge success. Although Desert Ridge Homeowners Association has no direct affiliation with the market, all involved seem to feel that it will return in the fall. Look for an announcement in the coming months.

AAA Landscape would like to thank the Desert Ridge Community Association (DRCA), First Service Residential and all of the residents of Desert Ridge!

We value our continued partnership, relationship and service to the Desert Ridge Community.

Desert Ridge
Community Association

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LATIN RESTAURANT & RUM BAR BY RICHARD SANDOVAL

The Fairmont Scottsdale Princess is proud to introduce its latest culinary achievement Toro Latin Restaurant & Rum Bar by Richard Sandoval.

Experience this new restaurant concept featuring Pan-Latin cuisine, inspired by the flavors of Latin America, Japanese and Chinese Peruvian cultures and enjoy signature experiences including the raw suviche bar (*sushi and ceviche*), combining Asian and Latin influences. Diners will enjoy wok dishes, small plates for sharing and grilled entrées.

Toro boasts over 111 rums (*the Valley's largest selection*) available for tastings presented by the Rum Princessa.

This vibrant spot features a spacious patio with sunset views of the McDowell Mountains and TPC's 18th hole.

Enjoy live Latin music Wednesday through Sunday nights and brunch every Sunday.

Toro is located at the TPC Scottsdale Clubhouse and is now open to the public.

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TALKING TO YOUR KIDS ABOUT A RETIREMENT MOVE



By Stewart Ingram
Executive Director for Sagewood

Seniors have ample options when it comes to retirement and embarking on their next life journey. Many adults do not want to burden their children with talk about retirement, but are also worried about the financial tolls retirement may take. There are also many adults that are in denial about their health conditions and often don't think about what it takes to retire happily. Speaking to adult children before a retirement move is important for seniors and their children.

Question: What can parents do to help their adult children understand the retirement move process?

Answer: The first step in speaking with family members about retirement is to be honest and realistic about physical as well as financial health. Seniors need to visualize their life for the next ten years in the aspects of health, finances and most importantly, hobbies

Desert Ridge
Community Association

The Desert Ridge Community Association is very proud and honored to sponsor our very own Desert Ridge Boys & Girls Club Vestar Branch at the 2015 Blue Door Ball Event.

The Desert Ridge Boys & Girls Club Vestar Branch was recognized and named as the overall Best Club by Boys & Girls Clubs of America, an honor bestowed to one out of 4,000 Clubs worldwide, and continues to be one of the most highly attended Branches at the Boys and Girls Clubs of Greater Scottsdale.

The Desert Ridge Community Association and Vestar Branch have a longstanding and valued relationship which has been very beneficial to the community we mutually serve.



and family. Planning ahead makes it easier for the retirees to be the ones who initiate the change instead of leaving it up to others, when they can no longer make the decision for themselves.

In retirement, seniors have an abundance of time to spend exploring new activities and visiting grandchildren. Innovative senior living communities that offer a continuum of care allow adults to still enjoy the things that they love, while providing piece of mind that if there are unforeseen health issues, they will be taken care of.

Q: How can parents help adult children cope with change?

A: When mom and dad retire, even adult children may feel as if they are losing their family home. Whenever possible, try to anticipate change and allow time for the family to prepare. Seniors can express to loved ones that taking the leap to retirement is a positive and exciting move. Feeling burdened with healthcare costs and a mortgage is not the way to enjoy retirement. It is understandable that change can also lead to feeling stressed. Look for healthy ways to manage stress and feelings of anxiety through exercise, meditation and prayer.

Q: What is the best way to speak with children who are in denial about parents entering retirement?

A: Seniors are not the only ones who have denial about physical and financial health. Children can be in denial about their parent's physical state. Those who can be realistic and make choices for their retirement years are the ones that will be happiest and feel the most in control. Sit down with family and thoroughly examine the numbers and medical conditions that could arise. Professionals are available at senior living communities to present the financial responsibilities and healthcare costs that seniors face in retirement.



More Than Parking Violations

If you look out the window in the late night hours or happen to be out about and about in the community you may have noticed that our parking enforcement vehicles look a lot different. That's because the Desert Ridge Community Association Board of Directors hired a new patrol company to aid in the area of not only parking enforcement, but in the supplemental protection of the community as a whole. That company is called Urban Tactical Security.



By **Steve Burns**
Community Awareness
Committee Chair

UTS is an Arizona-based company with over 40 years of experience in the security industry. This experience is drawn from highly disciplined backgrounds including Law-Enforcement, Armed Forces, and professional security experience. Established in 2006, Urban Tactical Security agency is one of the very few locally owned and operated security companies in Arizona today.

When the DRCA Board of Directors was reviewing contracts for potential parking enforcement companies, we were not only looking at cost, but what would be best for the community. One of our top priorities of the DRCA Board is to improve property values, quality of life, and to keep crime low. Because UTS offered many extra services without much extra cost, the board awarded them the contract. UTS even provides time stamped photos along with GPS location. Their security patrols go far beyond sticking cars that are parked on the street overnight and the guards are trained to handle many different situations that may arise.

The security guards at Urban Tactical are also another set of eyes looking out and protecting the property and residents of Desert Ridge. At the recommendation of the Community Awareness Committee the DRCA Board of Directors voted to increase the UTS patrols during the time period between the Barrett Jackson car auction through just beyond the Super Bowl. As a result, we had no major issues during a time where we had many thousands of visitors to the valley.

These patrols are not a replacement for our off-duty City of Phoenix police patrols but a supplement to aid in

detering crime and for the protection of the community. I've stated on more than one occasion that it is virtually impossible to eliminate all crime in Desert Ridge but the addition of Urban Tactical Security should bring us one step further toward that goal.

I could never say enough about what a terrific job the city of Phoenix police department does in its efforts to keep crime down in Desert Ridge, but just remember, although Phoenix police officers work hard at their job, they can't be everywhere all of the time. That is why it is so important to know and communicate with your neighbors and

to keep looking for things that are out of place in your neighborhood. You can help make Desert Ridge a safer and better place to live by starting or participating in a neighborhood block watch program.

If you're interested in learning how to start a neighborhood block watch program, please contact the Desert Ridge Community Association office at 480-551-4553 or contact Community Action Officer, Centenius Billingslea, from the City of Phoenix Police Department, Black Mountain Precinct at 602-495-5228 or via email at centenius.billingslea@phoenix.gov.



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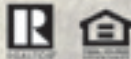
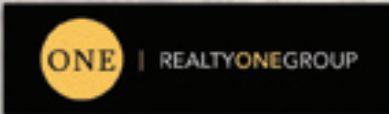


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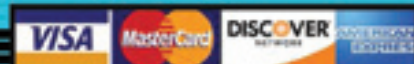
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Contest Winners



Photos by Tina Dickson

FARMERS MARKET "A FANTASTIC SUCCESS"

Farmers Market Cashman Park at Desert Ridge enjoyed by many!



The City of Phoenix's Cashman Park at Desert Ridge, 44th St. and Pathfinder Dr., is home to a new Farmers Market. The market is sponsored by Desert Ridge Lifestyles and managed by M&M Events, it operates from 10 a.m. to 1 p.m. the third Sunday of each month from January through April. We are pleased to announce that the January 18th event was well attended and received by more than 400 community residents and park goers who welcomed this event to its new location. Approximately 40 unique local vendors set up in the parking lot to sell produce and/or other food items. We are beyond excited that our Councilman Jim Waring attended the Farmers Market with his family. For additional information about dates and vendors, visit AZFarmersMarkets.us or DesertRidgeLifestyles.com.



Photos courtesy of Mallory Peil



Parking for the event will be available at neighboring Desert Trails Elementary School, 4315 E. Cashman Dr. Patrons also may access the park on foot or bicycle via pathways within the Desert Ridge community. The park will remain open to recreation users during the hours of the Farmers Market.



A tweet from Jim Waring



OKB Sauce @okbsauce · Jan 15
RT @Jim_Waring: With my family in front of @okbsauce at the farmer's market at Cashman park. Great to have this in D2



View more photos and videos

OKB Sauce @okbsauce · Jan 15
Get The OKB sauce at new Cashman Park farmers' market by @shopdesertridge this Sunday. V-Mayor @Jim_Waring appearance. #shoplocal





SOLID WASTE & RECYCLING CONTAINER RULES

www.phoenix.gov/publicworks/recycling

BLUE RECYCLING CONTAINER

All items in the blue recycle container should be loose (not bagged), clean and dry.

The only exception to the “no bags” rule is for shredded paper. It should be placed in a CLEAR plastic bag.

Acceptable items are:

- All hard plastic containers including buckets, plastic jugs and bottles with or without caps.
- Cardboard, food boxes, frozen food boxes, junk mail, wet strength chipboard, paper board, 6/12-pack holders, newspaper, magazines, phone books and juice boxes.
- Glass bottles, jars and any food grade glass containers.
- Aluminum cans, metal cans, small metal appliances and empty aerosol cans, (No paint, pesticides or oven cleaners).

The following items CANNOT be placed in your blue recycling container:

- Plastic bags (instead take plastic bags your local grocery store and place in a “Bag Central Station” container to be recycled)
- Diapers
- Clothing
- Grass
- Yard waste
- Food waste
- #6 foam

GREEN TRASH CONTAINER RULES

We request that everything in the green trash container is bagged and tied and that the lid is closed when it is placed out for collection.

- No construction materials
- No concrete
- Don't overload
- No household hazardous waste
 - Auto related fluids
 - Vehicle batteries
 - Rechargeable batteries
 - Electronics
 - Household appliances
 - Fire extinguishers

- Propane gas cylinders
- Pesticides-herbicides/ insecticides
- Pool chemicals
- Household Paint
- Tires

****These items can be disposed properly at the upcoming Household Hazardous Waste and Electronics Collection Event:

Friday, March 20
 Saturday, March 21
 Paradise Valley Park
 17642 N. 40th Street,
 Phoenix AZ 85253

CITY CODE CHAPTER 27-19 STATES:

To ensure containers are placed out on time, containers may be placed at the curb after 6:00 p.m. on the day preceding collection. Containers for street collection must be placed at the curb for service no later than 5:30 a.m. on the day of collection. They must be removed prior to 5:30 a.m. of the day after collection. It is unlawful to place or permit containers to remain adjacent to the curb except upon regular collection days. Containers must be stored, between collection days, on the user's property so as not to interfere with pedestrian or vehicular traffic.

REMINDER – Containers must be placed at the curbside by 5:30 a.m.
RECUERDE: Los contenedores deben estar en el bordillo de la acera a más tardar a las 5:30 a.m.

- Containers must not interfere with pedestrian or vehicular traffic.
- *Tampoco deben estorbar el paso peatonal o de vehículos.*
- Containers must be 15 feet away from any obstruction, such as cars, light posts and mailboxes.
- *Los contenedores deben estar a más de 15 pies de distancia de cualquier obstrucción, como autos, postes de luz o buzones.*
- Bag and securely tie any trash that goes into the green trash container.
- *Toda basura debe ir en bolsas, bien cerradas, en el contenedor verde.*

For more information, call the **PUBLIC WORKS DEPARTMENT 602-262-7251**
 or email pws@phoenix.gov
 Visit the website at phoenix.gov/publicworks

meet your neighbors

get together with friends

Please Join Us For Our

COMMUNITY NIGHT OUT

Shake up the week, sit back, relax and enjoy a great time with friends and co-workers... you're invited to a night of camaraderie.

3rd Tuesday Every Other Month Beginning in March

For more details go to: desertridgelifestyles.com or contact Mallory Peil at 480.551.4559

From the President continued from page 4

- Successfully changed our tax status to a 501(c)(4) organization reducing our taxes by \$25,000 each year in the future.
- Received over \$40K in federal and state tax refunds from amending tax returns for 2009, 2010 and 2011 after receiving our tax status change.
- Filed an insurance claim for over \$100,000 covering the costs of the monsoon storm damage and coordinated the replacement of over 150 trees.
- Negotiated an out-of-court settlement in our favor of \$23,500 for professional malpractice associated with our filing for the tax status change with the IRS.
- Working with the Phoenix Parks Foundation, the Cashman Park Exploratory Committee successfully

raised over \$70,000 in donations for improvements to Cashman Park. And perhaps most importantly...

- Finished the year under budget for the 10th consecutive year and avoided raising fees for the 20th year in a row.

Looking forward to 2015, we will continue reinvesting into our community and raising the bar. Our efforts will focus on maximizing property values by reducing crime, creating lifestyle events, enforcing our CC&R's and making Desert Ridge the very best community in Phoenix.

We appreciate your support and the opportunity to serve you. I hope to see you in the neighborhood!

Thankfully,

Doug Dickson
President

Desert Ridge Community Association

LOOK WHAT'S NEW

AT DESERT RIDGE MARKETPLACE



PARIS GOURMET
MACARONS & FRENCH PASTRIES

Paris Gourmet is a feast for the senses. Blocks away, the aroma of fresh baked goods tantalize the nose. Take a bite of anything, and you'll experience the unforgettable charm of Paris Gourmet. French macarons, flaky croissants, pastries including cannelés and madeleines and seasonal surprises are also sure to satisfy. Pair your preferred delicacy with chocolates or gelato for the perfect treat. For more information call, 480-404-6378.



Desert Ridge residents enjoy a 15-20% discount at our hotel.

For reservations call us at 480-473-3400



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Events at Desert Ridge Marketplace

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DISTRICT STAGE

Performance times are from 7:00 PM to 10:00 PM

AMC FOUNTAIN STAGE

Performance times are from 7:00 PM to 9:00 PM



MARCH

Los Guys featuring Mark Zubia

Friday, March 6 ■ District Stage
Original Alternative Band

For more than a decade, Phoenix-based Los Guys have been making their signature brand of rock and roll, wowing audiences with vibrant live shows and serving up a sweet soundtrack to many a memorable night out. Led by singer/guitarist Mark Zubia, the four-piece has become one of the most beloved roots-rock outfits in Arizona. For details, visit markzubia.com

Janelle Loes

Friday 6 ■ AMC Fountain
Adult Alternative Singer-Songwriter

Janelle Loes is an emerging singer/songwriter who knows how to spin a song and mesmerize an audience. Fusing elements of jazz, pop, and adult contemporary music, her style is both catchy and soothing while her voice is a deep sea serenade through rich, expressive waters. For details, visit janelleloes.com

Ratio

Saturday, March 7 ■ District Stage
Funk, Soul, Jazz and R&B Band

Ratio is one of Phoenix, Arizona's premier bands specializing in Rhythm and Blues, Jazz, Funk and Pop. For details, visit ratioaband.com

Michael Callahan

Saturday, March 7 ■ AMC Fountain,
Singer/Songwriter

The lead singer of Mechanical Hall A, Michael Callahan brings his hard driving, high energy to Country Western originals and cover. For details, visit facebook.com/MechanicalHallA

We, Beloved

Friday, March 13 ■ District Stage
Alternative Indie Band

We, Beloved is a 3-piece upbeat rock band with punk rock influences. Through the years, their music has grown to what the band believes is their calling in life, opening for such artists as Jonny Diaz, JJ Heller, Sugarcult, Guttermouth and Against Me! For details, visit reverbnation.com/webeloved

Tony Putrino

Friday, March 13 ■ AMC Fountain
Accordionist Extraordinaire

Tony Putrino has written, arranged and performed music since childhood, beginning with the accordion at the age of seven. He later expanded his abilities to include keyboards, as well. His first love has always been jazz. For details, visit tonyputrino.com

Knee Deep Experience

Saturday, March 14 ■ District Stage
Funk, Soul and R&B Band

The Knee Deep Experience is Arizona's premiere Funk & Soul band. Known for their signature Llama mascot, Knee Deep is sure to bring the funk to Desert Ridge Marketplace! For details, visit kneedeepx.com

Grady Soiné

Saturday, March 14 ■ AMC Fountain
Easy Listening Keyboardist

Grady Soiné of Gradymusic has delighted fans worldwide with his unique style of piano/keyboard music. For details, visit gradymusic.com

Beretta Sun

Friday, March 20 ■ District Stage
Original Indie Alternative

Formed in the spring of 2010, Beretta Sun has quickly climbed the ranks to captivate the hearts of the Southwest. For details, visit facebook.com/berettasun

Nick Jensen

Friday, March 20 ■ AMC Fountain
Acoustic Guitar Singer/Songwriter

Nick has been performing around the valley as the front man of local bands Static March and Five High for the last several years. He has recently branched out on his own to create a refreshing "stripped-down" sound using only his acoustic guitar and looping pedals. For details, visit nickjensenmusic.com

Miss D'meaner & the Felonies

Saturday, March 21 ■ District Stage
Pop, Rock, Alternative Band

From The Cure to Katy Perry to Aerosmith, Miss D'meaner & the Felonies energizes the stage with a unique blend of

Alternative / Rock / Pop cover songs from the 1970s through today. For details, visit missdmeanerandthefelonies.com

76th Street featuring Haley & Spencer

Saturday, March 21 ■ AMC Fountain
Indie Singer/Songwriters

We believe that a song is an opportunity to tell a story in a way that relates an experience to a melody. These are our stories, and you give them a chance to be heard. For details, visit facebook.com/haleyandspencer

Mindy Harris Band

Friday, March 27 ■ District Stage
Energetic Country and Rock Band

Born and raised in the Valley of the Sun, the Mindy Harris Band delivers energetic Country, along with a wide array of Southern Rock tunes. With a strong voice and sassy personality, Mindy Harris will have you dancing in your boots! For details, visit mindyharrisband.com

Pete Pancrazi

Friday, March 27 ■ AMC Fountain
Jazz Guitarist & Vocalist

Pete Pancrazi being named recently by Downbeat Magazine as "one to watch" and a guitar player "deserving greater attention" is no surprise to those who have heard him perform. For details, visit petepancrazi.com

Notes From Neptune

Saturday, March 28 ■ District Stage
Unique High Energy Cover Band

Notes From Neptune is a mix of many styles of Music. Be ready for a great time and you will not be disappointed. Sit Back, Chillax and Enjoy! For details, visit notesfromneptune.com

Melanie and Van

Saturday, March 28 AMC Fountain
Easy Listening Acoustic Duo

Melanie and Van are an acoustic duo with a wide variety of music ranging from rock artists such as: Elvis Presley, The Eagles, CCR, Simon and Garfunkel, Sheryl Crow, Bonnie Raitt, Elton John, etc. Their variety makes them perfect for any evening! For details, visit vanandmelanie.com

APRIL

Come Back Buddy

Friday, April 3 ■ District Stage

Buddy Holly Tribute Band

Come Back Buddy is a 3-piece Rock-n-Roll band inspired by the legendary "Buddy Holly and the Crickets." For details, visit comebackbuddy.com

AZ/DZ

Saturday, April 4 ■ District Stage,

AZ/DZ Arizona's premiere AC/DC tribute band has been amazing audiences throughout the West and Southwest by recreating the "HIGH VOLTAGE" Rock and Roll that is AC/DC. AZ/DZ will "ROCK YOUR HEART OUT" by guiding you through the greatest hits of both the Bon Scott and Brian Johnson era's. For details, visit reverbnation.com/azdztributetoacdc

Diamond in the Rough

Friday, April 10 ■ District Stage

Neil Diamond Tribute Band

The ultimate tribute to Neil Diamond and his music! Greg Ansel brings the look and sound of Neil Diamond to recreate the singer/songwriter's greatest hits including "Sweet Caroline", "Cracklin' Rosie" and "Cherry, Cherry". Bring your clapping hands and your

singing voices...cause you're gonna need em! For details, visit ndtribute.com

Carvin Jones Band

Saturday, April 11 ■ District Stage

Blues/Rock

Guitarist Magazine voted Carvin into "The 50 greatest blues guitarists who ever walked the earth!" in January 2001. As one of the greatest entertainers of our time the "Carvinator" and "Man with the flying fingers" is unbeatable in his element and catapults his audience to a very new level of Blues-Rock – way up high, somewhere between fascination, honest sound and the ghosts of past guitar-heroes. For details, visit carvinjones.com

Apple

Friday, April 17 ■ District Stage

Apple was formed in 1982 when bandleader Joe Salamone and Rhythm guitar/keyboardist Joel Neer moved back to Phoenix after a few years of "Beatlemania" groups from Milwaukee to Atlanta. For details, visit therave.info

The Crüe

Saturday, April 18 ■ District Stage

The Crüe is a group of guys who came together with one thing in mind, to pay homage to

Hollywood's infamous rock & roll / party band, Mötley Crüe. They are dedicated to accurately reproducing a live Mötley Crüe show and this is evident in their set design, costumes and live performance. For details, visit thecruetribute.com

Song Remains the Same

Friday, April 24 ■ District Stage

Song Remains the Same formed in 2012 in Phoenix, Arizona as a tribute to the music of Led Zeppelin. What separates them from other Led Zeppelin tribute bands is the extent of their catalog, and that, unlike other Led Zeppelin tributes or even Led Zeppelin themselves; they are a five-piece, allowing them to more accurately reproduce the many layers of harmony in the music that the fans have come to know. For details, visit songremainsthesameband.com

KISS ALIVE

Saturday, April 25 ■ District Stage

Rising from the ashes of Phoenix, KISS ALIVE is Arizona's only authentic and definitive tribute to KISS, compelling you back to 1975 by performing the vintage songs from that era, delivering an expressive stage show of fire breathing, blood spitting and smashing guitars. For details, visit kissalivetribute.com



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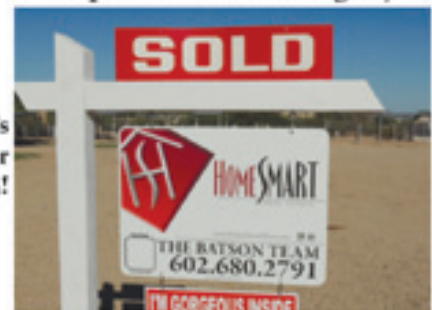
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REAVIS DORSEY
Compliance Coordinator

WEEDS

Due to the weather and temperature, weeds are starting to grow rapidly. There are many options available to remove and minimize the growth of weeds and/or unwanted grass in yards. Please help by removing weeds as it is everyone's goal to keep Desert Ridge looking its best!

DEAD LANDSCAPING

Please know if you were unfortunate enough to lose any plants from the freeze this year, remember to submit to the Design Review Committee and obtain approval before commencing any exterior work. This includes the replacement of any dead landscaping. The approved plant list can be found in The Desert Ridge Residential Area Guidelines revised August 2011. If you have any questions or concerns please feel free to contact the Desert Ridge Community Association office at 480-551-4553.

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3. Click "Donate"
4. Complete donation and credit info screen
5. Proceed to the review and continue screen

Call 480-551-4559 for more information.

**LADIES
NIGHT OUT**



It's been a tough day. Forget about overdue reports, paper trails, kids practices, cooking dinner and to do lists. This is a great opportunity to meet your neighbors, relax and enjoy some great food and cocktails.

**2nd Monday
Every Month
Continuing in March
at Ocean Prime**



Join in on the fun and check your email or go to desertridgelifestyles.com for upcoming locations



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FINISH WHAT YOU START

By Matt Keel

When you first learned how to play golf, you were first taught how to set up. You learned about grip, stance, alignment etc. To play good golf, it is important to make sure you are setting up correctly every time, however I often see little attention paid to finishing the golf swing correctly. If we try to begin our swing the same way every time, wouldn't it make sense to end our swing the same way? Most people agree that how you finish your swing is simply an end result of how you swung the golf club. Sometimes, changing the end result will change what you do to arrive at that end result. In my experience, I have found that creating a good finish will change your swing for the better.

Finishing your swing correctly impacts your swing in several areas. A correct finish will teach you how to swing in balance. There is no sport that I know of that you can play well when you are off balance. A good finish will also aid in keeping your arms and body connected during your swing. Many students will swing too quickly with their arms causing a disconnect between the body and the arms. Have you ever noticed when you swing easier, you hit the ball better? By swinging easier, you are slowing down your arms allowing your arms and body to stay connected through your swing. A good finish will also aid in a desirable club path creating good direction. All that being said, let's look how to make a good finish to your golf swing.

The next time you go to the driving range, hold your finish and check to see if you are finishing correctly. When checking your finish, ask yourself three questions. First, is your core facing your target? Second, is your target side foot in the same position it was when you started your swing? Third, is your back foot straight up and down? The answers to these questions not only create individual consequences, but will also affect each other. Once you have answered these question, you will know what you need to change.

Is your core facing your target?

At the end of your swing, your core should be facing your target. Facing your core to your target shows that you rotated completely. Failure to rotate completely affects your distance as well as your direction. Your distance will be affected due to a shorter range of motion in your swing and will also allow your arms to take over generating less club head speed at impact. Failure to rotate fully and allowing your arms to take over will also cause your swing path to change and cause you to hit the ball left or right.

Is your target side foot still in the same position?

Your target side foot is your left foot if you are right handed and your right foot if you swing left handed. Your target side foot should remain planted through your entire swing. It is common for students to spin their target

side foot forward during the swing. Spinning your target side foot forward causes your hips to open to your target creating a swing path that is too far to the inside. In other words, your hips open up too much and you cut across the ball usually causing a slice or a pull slice. Keeping your target side foot planted will help you to rotate your hips forward creating a better club path.

Is all your weight on your target side foot at the end of your swing?

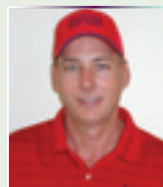
We generate club head speed in various ways during the golf swing. Transferring your weight toward your target is one of the most important components to creating club head speed. To check to see if your weight is fully transferred forward, hold your finish and look at your back foot. If your back foot is straight up and down, you transferred your weight fully. If your back foot is bent at the ball of your foot, then you left some weight on your back foot.

Once you are aware of what you need to correct, you'll need to make the changes and create new habits. First, hold your finish at the end of your swing. Next look at what you need to correct based on what was said earlier, and make a quick correction



while you are still holding your finish. Make another swing and make the corrections again while you are still holding your finish. Keep repeating this process and you will soon be able to make the corrections during your swing and create new habits.

While focusing on your set up is important to playing your best golf, try paying some attention to how you finish. Noticing how you finish can provide you valuable information as to how you are swinging the golf club. By placing a little more emphasis on how you finish your golf swing, you will start to see more consistency and create better shots.



Matt Keel is the Lead Golf Instructor at Wildfire Golf Club located at the JW Marriott at Desert Ridge. For any questions or information about golf lessons email Matt at Mattkeel@pga.com or visit the website www.Mattkeelgolf.com.

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Animal Care & Control SEARCHING FOR VOLUNTEER FOSTER FAMILIES

By Melissa Gable
Public Information Officer
Maricopa County Animal Care and Control

Four-week-old “Apollo” was found in a home with more than 80 cats; “Prickly Pear” and “Thorny” were abandoned at Maricopa County Animal Care & Control’s (MCACC) West Valley Animal Care Center in Phoenix; Chihuahua puppy “Bonnie” was surrendered to the shelter when she was just a few days old.



These are just some examples of the types of animals that MCACC receives on a regular basis. Most of these puppies and kittens are simply too young to be put up for adoption. That’s why MCACC needs YOUR help. The agency is searching for foster families who are willing to open their hearts and homes to animals in need.

While the issue exists year-round, the spring months typically mark the start of puppy and kitten season. It’s not uncommon for up to 100 kittens to be surrendered to MCACC shelters in one day. Litter upon litter of underage kittens; some so young they lack the ability to eat solid food. Unfortunately, the agency does not have the resources to care for these tiny creatures. But rather than euthanize, MCACC is looking for foster families who are willing to step in and care for the animals until they are ready for adoption.

The length of time a foster animal stays in a foster home depends on each individual dog or cat and their particular situation. Typically, underage puppies and kittens are ready to come back to the shelter when they are at least two pounds and approximately eight weeks of age. Dogs and cats recovering from upper respiratory infections may require one or two months in foster care, while animals recuperating from surgery to repair fractures might require more time.

Those who agree to foster underage puppies and kittens must also be willing to spend time playing, training and socializing the animals so that they grow into well adjusted (and easily adopted) dogs and cats. Fostering these babies can be a messy job and foster volunteers must be patient, ready, and willing to take on the challenges surrounding potty training.

Although it’s hard work, fostering a homeless dog or cat is extremely rewarding. Just ask MCACC foster mom Karen E., “Apollo was taken from a cat hoarding situation in Gilbert. He was living with dozens of other cats and was not socialized. He had no idea what it meant to be a kitten. He didn’t know how to play, he was afraid of people and strange situations.”



“Initially, we kept Apollo away from the other animals at home just to make sure he was healthy. We didn’t want to expose him or our resident pets to any contagious diseases. When it was time to meet the other animals, he bonded quickly with our cats and slowly learned to like the dogs. It wasn’t long before he was cuddling in bed next to us every night. Although it was tough to take him back to the shelter, we sent him off with a goodie bag of his favorite toys and a brief write up with his likes, dislikes, etc. He was adopted by a kind woman from Ahwatukee within one hour of being at the shelter’s PetSmart Charities Everyday Adoption Center.”

To become a MCACC foster family is simple! The agency hosts monthly foster volunteer orientations at its West Valley Animal Care Center (2500 S. 27th Avenue, Phoenix). The orientation provides potential foster families with a brief overview of the shelter’s needs and what is required from foster families. Foster families must agree to cover the food and supply costs of caring for the animals. However, MCACC’s veterinary team provides medical care and medicine to those foster animals requiring medical attention. For more information, visit www.maricopa.gov/pets and click on “How You Can Help.”

Photos courtesy of Desert Ridge® Parents' Group

Visit www.DRPGonline.com to learn more, check out our events calendar and to become a member online.

Desert Ridge® Parents' Group (DRPG)

The Desert Ridge® Parents' Group (DRPG) is a fun-filled organization for parents and children in the North phoenix area. All families in the Desert Ridge® community are invited to check out our activities and events! Founded in 1997, the not-for-profit Desert Ridge® Parents' Group (DRPG) hosts weekly playgroups, monthly kids' and family activities, seasonal events and parents-only nights for residents in desert Ridge and surrounding areas. Membership dues are only \$30 per year.



Philanthropy During the Holidays

By Stephanie Kern

Philanthropy is one of Desert Ridge Parents' Group favorite ways to support our community! In addition to various annual philanthropic events throughout the year,



during the Holidays, we “adopt” a local family to give presents and gift cards to! This year we were overwhelmed with the generosity of our members. We received so many donations that we adopted 3 families this year!!! We were able to give each member of our families a new outfit, new pajamas, a filled stocking, and 2 surprise presents. We also gave each family grocery and department store gift cards. All of our “adopted” families were grateful and shocked when we delivered the gifts! It warms our hearts to make a positive impact on our community in any way that we can!

In addition to our Philanthropy, we do so much more! We support our members by offering support in several ways. From



our Playgroups, to our Parents' Night Out, to our Book Club, there is something for every member of your family! If you'd like to know more about our exceptional group, I encourage you to look up DRPG online at DRPGonline.com and follow us on Facebook at: www.facebook.com/DRParentsGroup.

You will be glad that you did!



Visit www.DRPGonline.com to learn more, check out our events calendar and to become a member online.



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CAVE CREEK UNIFIED SCHOOL DISTRICT
 #1 in the Northeast Valley, #2 in Maricopa County, #5 in Arizona

Fall Festival

By Laura McConnell
DRPG Hospitality Chairperson

The Desert Ridge Parents' Group sure knows how to celebrate fall. As the fall temperatures dropped they decided to get outside and enjoy the gorgeous weather at Cashman Park for their annual Fall Festival, the biggest event of the year!

Members enjoyed train rides, bounce houses, an inflatable obstacle course, games, kettle corn, apple cider, and Burnt Biscuit BBQ! What's a fall festival without a pie eating contest? Over 50 kids participated in a kids pie eating contest. It was lots of fun seeing kids smashing their faces in gooey apple pies with whipped cream. Lots of big messy smiles.

Everyone knows one of the best things about fall are all the amazing baked goods.



Pumpkins, apples, cinnamon, oh my! The group asked members to bring their favorite fall treat for a bake sale. All donations collected went to DRPG's Holiday adopt a family.

The entire group had fun giving thanks and celebrating fall with good friends and neighbors! Everyone is already looking forward to the 2015 Fall Festival. For more information on how to become a part of our group please visit our website www.drpgonline.com.



Holiday Sip and Cycle

**"They sprang to their bikes, gave their bike bells a whistle,
And away they all pedaled like the down of a thistle.
And I heard them exclaim as they biked out of sight
Merry Christmas to all, and to all a Good Night!"**

By Laura McConnell
DRPG Hospitality Chairperson

'Twas a night of bike riding on all the Desert Ridge streets, a holiday ride lit up, so pretty, so sweet; The lights were all hung from the houses with care, in hopes that the Sip & Cycle crew would soon be there.

A group of friends, all members of the Desert Ridge Parents' Group, got together for the second annual "Holiday Sip & Cycle." Each couple decorated their bikes with lights, wore their ugly holiday sweaters, and hit the streets to check out the neighborhood lights. With speakers adorned to their bikes they rocked Christmas tunes to get them in the spirit and keep them golly as they cruised around Desert Ridge.

There was a contest for the best decorated bikes and the Griswold's moose mug was up for grabs. The group enjoyed a roaming dinner having different courses at each couples home along the way. They followed a modified version of the DRCA's holiday trolley tour map, making sure to see the homes entered in the lighting competition as well as the winners! It was a fun and festive way to enjoy the holiday lights and cheer spread throughout the entire Desert Ridge community.



Tom and Laura McConnell, Cyrus and Nicole Slovek, Chris and Stephanie Kern, and Chris and Jen Grimes





BOYS & GIRLS CLUBS
OF GREATER SCOTTSDALE

ABOUT THE BOYS & GIRLS CLUBS OF GREATER SCOTTSDALE

The Boys & Girls Clubs of Greater Scottsdale provides a positive, safe and fun environment to help 17,500 youth of all ages and backgrounds develop the qualities needed to reach their full potential. The Club offers more than 100 youth development programs emphasizing five core areas including: the arts; character and leadership development; education and career development; health & life skills; and sports, fitness and recreation.



MISSION

Our youth development programs are carefully designed to develop character and life-enhancing skills. When youth leave the Clubs, our goal is that they will have developed:

- ★ A positive self-identity
- ★ Scholastic, career, social, emotional and cultural competencies
- ★ A desire to remain involved in their community
- ★ Health and well-being ★ A moral compass



CLUB IMPACT

65,000—Number of free meals served to youth who need it the most.

50%—Decrease in the amount of juvenile arrests since our programming was put in place at a Juvenile Detention Center on Native American land.

300—Youth who receive free dental and vision care through our mobile Outreach Services.

98% of parents have seen a positive impact on their child as a result of the Club.

\$19.33—Amount of positive economic impact generated in the community for every \$1 donated.

RECOGNITION

27 national program awards have been given to our non-profit since 2003 including the honor of Best Overall Club (twice).

18 Club members have won national honors in fine arts and digital arts since 2003 - judged best in the country in their age category.

Nationally recognized as one of the top 25 organizations in the country by Boys & Girls Clubs of America.

Our results in working with incarcerated youth have been highlighted in national justice magazines and our staff have presented at national conferences based on requests to learn more about these efforts.



OUR PROGRAMS

Our programs are taught by professionally trained staff in a youth-friendly environment and are based upon physical, cultural and social needs. All programs are designed to expand areas of interest and focus on five core areas including:



THE ARTS

Develop creativity and cultural awareness through knowledge and appreciation of visual and tactile arts, digital arts, performing arts and creative writing.

CHARACTER AND LEADERSHIP DEVELOPMENT

Empower youth to support and influence their Club and community while developing relationships, a positive self-image and respect for cultural differences.

EDUCATION AND CAREER DEVELOPMENT

Improve academic skills, apply learning to everyday situations, embrace technology and develop job skills.

HEALTH & LIFE SKILLS

Encourage positive lifestyle choices that will nurture well-being by setting personal goals and learning skills to be successful, self-sufficient adults.

SPORTS, FITNESS & RECREATION

Foster social and interpersonal skills, fitness, stress management, positive use of leisure time and an appreciation for the environment.

TEEN CENTER

The Club offers a variety of teen-only activities located in a separate area of each Branch including fitness, technology, special events and leadership opportunities to get involved in their community. The Club is fully staffed with adult professionals that have a passion for working with teens.



VOLUNTEER

There are many volunteer opportunities:

- Program Volunteers
- Branch Volunteers
- Special Event Volunteers
- Board Volunteers
- The Auxiliary Board

If you are interested in volunteering please e-mail volunteer@bgcs.org



GIVE

The Boys & Girls Clubs of Greater Scottsdale's annual giving campaign assists the Club in providing quality youth development programs and positive adult role models for youth in our community. The campaign's theme—GIVE—reflects the strong and valuable mentoring services our youth receive from professionally trained staff and volunteers who deliver daily quality programs and services to any child regardless of their economic situation.

Your donation to GIVE has the greatest impact on youth in the Club with 96 cents of every dollar raised going directly to support and grow Club programs and services.

Give today at www.bgcs.org/give

GET INVOLVED

There are many ways to get involved in our organization including attending or sponsoring a special event, such as:

CELEBRATE YOUTH GALA & AUCTION

Celebrate Youth Gala & Auction is a signature event that recognizes our Youth of the Year finalists with over 600 attendees, including community leaders, supporters, staff and family. Attendees hear personal stories of triumph and transformation from the Youth of the Year finalists focused on how their Club has helped shape their lives and put them on a path toward great futures. The gala also includes silent and live auctions, dinner, live entertainment, performances and more.

For more info, visit www.bgcs.org/events or e-mail events@bgcs.org

TAX CREDIT

Help make a difference in our youth at no cost to you. Taxpayers can donate \$200 (if filing as a single) or \$400 (if filing as a couple) and receive a dollar-for-dollar credit back on Arizona state taxes.

For more info: www.bgcs.org/taxcredit





SAVE THE DATE

Movie in the Park



Disney
BIG HERO 6

Candidate
Meet & Greet

March 14 at 6 p.m.
at Cashman Park



Weeds

IMPORTANCE OF THE PROGRAM

A good definition of a weed is a valueless, undesirable or troublesome plant growing wild, especially one that grows profusely where it is not wanted to the exclusion or injury of the existing desirable plants. Weeds are one of the most difficult Pests that we have to deal with here in the Valley. Weed seeds can be brought into your yard in many different ways and can live for a long time. Some weed seeds have been known to live up to 50 years! Establishing a weed control program in order to properly eradicate weeds is vital to the proper management of all landscape areas.

WEED CONTROL SOLUTIONS

Controlling your weeds will depend on what type of weed you are dealing with. If you have a few weeds in a small area hand removal is the most desirable method of control as it will allow you to remove the root. Shovels and hoes are available for this type of control, but make sure you get the whole root out.

Herbicides are the most economical and efficient tools that can be used in large areas to control weeds. If herbicide applications are necessary, it is important to first properly identify the weed so that you can apply the correct herbicide that will ensure successful control and eradication.

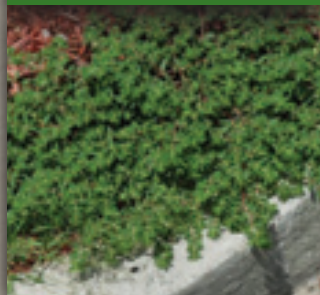


MYTH

“Roundup will kill anything!”

TRUTH

There are specific herbicides that are developed to control/eradicate specific weeds. There is no “Turnkey” herbicide that can be used for every weed.



PRE-EMERGENT HERBICIDES

Pre-emergents are an important part of weed control and work well in preventing weed seeds from germinating in the soil, but will not kill existing weeds. They are most effective when applied during the rainy season, as they need to be watered into the soil to be effective. During the summer monsoon season or winter months from November through January are prime times to apply pre-emergent in the Valley. If there has been no rainfall within 2 weeks of the chemical being applied, you will need to manually water the chemical into the soil. The Best Practices program would be to adopt a weed control program where a pre-emergent is applied consistently two times per year. Consistent and timely applications can greatly reduce the number of weeds that germinate.

POST-EMERGENT HERBICIDES

As with every process, “follow-up” is essential. Post-emergent herbicides are important in the weed control process as they are the “follow-up” part of the process that compliments the pre-emergent applications. These herbicides kill the weeds that have germinated and are visible in the landscape areas. Applications should occur as soon as these pests pop above ground and should be continued to be treated until eradication has been accomplished.

Warning: Always read the label before applying any chemical and be sure to follow the specific mixing and application instructions provided by the manufacturer.



Desert City Church

SUNDAY GATHERINGS 10:30AM

4315 East Cashman Drive
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info@desertcitychurch.com
desertcitychurch.com

THE BEST EQUIPMENT IN YOUR BAG: YOU

By Brian Schulte
FAFS, NG360, TPI
Spooner Physical Therapy

Every year, golf companies come out with their latest and greatest in equipment. Drivers offering 10 extra yards, more forgiving irons, better golf balls promising increased ball flight, the list goes on. Although getting a brand new driver is exciting, golfers have to understand that venture will only take them to a certain point. The USGA has established limits on how efficiently a golf club can work, governing no more than an 83-percent transfer of the energy from the head to the

ball. So although certain clubs may fit your swing better than others, the ceiling only goes so high. But there is one piece of equipment that you already have access to, you use for every shot, and is ungoverned by the USGA...and that's you! Improving your body will not only help you on the golf course, but will help you move and feel better off the golf course, something that new driver probably won't do.

In the last issue of Desert Ridge Lifestyles, my colleague here in Scottsdale Jeffrey Foucrier, PT, DPT, OCS, CMTPT spoke on the

prevalence of injuries in golfers and provided some tips on how to avoid low back pain when you play. Here are a few more tips on what exactly you can do to get your body golf-ready.

WARM UP DYNAMICALLY

Prior to playing/practicing, research has shown that warming up dynamically (active range-of-motion movements) increases performance over static stretching (stretch-and-hold with no movement) or no stretching at all. One study in particular showed an increase in ball speed, more centered impacts on the face, and straighter swing paths, compared to the static stretching/no stretching group. So get your body moving before you tee off!

EXERCISE

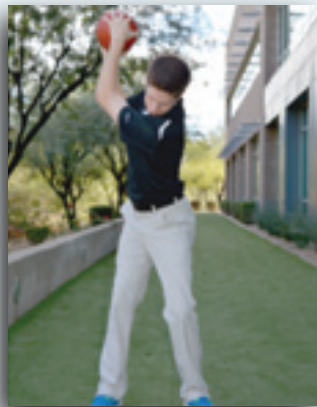
Last time I checked, golf isn't a sport most of us play sitting

down. Avoid the machines, get on your feet, and start moving functionally. In other words, your golf exercises should look and feel like...golf! I love using medicine balls to help with strength, speed, and balance in the golf swing.

To ultimately hone in on what you should be focusing in on your workout, seek out an NG360 or TPI certified professional, Fellow of Applied Functional Science, or golf-savvy movement specialist to help assess, treat, and train the best equipment you have available.

Here's to you swinging your way to better Health in Motion!

For all of your golf-fitness questions, contact Brian at b.schulte@spoonerphysicaltherapy.com or at Spooner Physical Therapy Scottsdale (480) 860- 4298.





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Moran, K. A., McGrath, T., Marshall, B. M., & Wallace, E. S. (2009). Dynamic Stretching and Golf Swing Performance. *International Journal of Sports Medicine*, 113-118.

FUNCTIONAL TRAINING: HARD CORE FOR LIFE



Everyone's day begins and ends with a succession of simple core activating motions. The act of rising in the morning and laying to rest in the evening requires the core to activate in a complex pattern with stabilization at the heart of the cores intention. Throughout the rest of the day the core is instrumental in every aspect of human motion, whether it be lifting you groceries from the cart, to placing your child into the safety seat, to throwing your dog's ball while playing a game of fetch.

The core muscles are like an envelope that wraps around an important letter. They support the spine and its most valuable contents. These muscles must be the first objects to activate with any motion when motion is determined as a need. The muscles of the core are not unidimensional but three dimensional in their arrangement and usage. The normal person moves within these three dimensions and into different planes of motion with all aspects of life. Health

and fitness professionals have their clients move into the forward and backwards directions which are referred to as the sagittal plane. Motion is created from side to side and referred to as the frontal plane. Lastly, motion into rotation is termed the transverse plane. Most people focus on one or two dimensions of motion when training and addressing the third dimension is paramount for true core strength.

When it pertains to functional training, there is merit in training into one and two planes of motion. To elicit the most strength and stability one must train into all three planes at once. There are similarities between a professional athlete training for sports specific skills when compared to a non-athlete training for daily expectations of life. It is our belief that everyone is an athlete and they are training for life! Movement specialists from Spooner Physical Therapy have devised a series of simple exercises to help increase the functional core strength by adding simple modifications to time tested and proven core movements, such as the common lunge. Visit upcoming bootcamps in Desert Ridge hosted by Spooner Physical Therapy or join us for individualized 3 dimensional training! Enjoy developing a core for life through Health in Motion!



Pictured: Alyssa Ashmore and Ryan Lasley of Spooner Physical Therapy Desert Ridge.

Explorer Middle School Art Spotlight

Heidi Hackman



My name is Heidi Hackman and I have been teaching Visual Art classes for 5 years at Explorer Middle School. In this edition of Artist Spotlight

I highlight a talented young Explorer Middle School student named Alexandra Johnson. Alexandra has shown a great interest in art and is one of many students at Explorer with a natural talent. As a teacher it's always exciting to teach students who have a passion for art, and to help them further develop their natural talent. I have had the pleasure of teaching Alexandra Johnson for two years now, and I've seen her grow into an accomplished young artist.

Alexandra loves to draw portraits that show

great expression or emotion, as you will notice in the examples. In the following artist interview, Alexandra answers a few questions about her artwork, and offers advice to fellow artists.

WHEN DID YOU START DRAWING, AND WHO TAUGHT YOU?

I started drawing when I was about 1, but began drawing more challenging and advanced pieces when I enrolled in art at Explorer in 7th grade. My main focus is drawing portraits. Ms. Hackman has taught me most of what I know about art, including shade and shadow which are the most important aspects of my portraits.

WHAT IS YOUR FAVORITE DRAWING/ PAINTING THAT YOU HAVE CREATED?

My favorite piece would have to be the

elderly couple because I feel that it is my most successful drawing so far.

WHAT ARE SOME OF YOUR ARTISTIC GOALS FOR THE 2015 YEAR?

One of my goals is to begin drawing portraits in color.

WHAT IS YOUR FAVORITE MEDIUM?

I enjoy drawing with a regular pencil and paper the most, but I also like working with colored pencils although it is much more difficult.

WHAT ADVICE WOULD YOU GIVE TO PEOPLE THAT WOULD LIKE TO START DRAWING?

Some advice that I would give to beginning artists is to pay attention to detail and take your time, do not rush.



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What Do You Like About Desert Ridge?

Two students from Explorer Middle School were asked to share their favorite things in Desert Ridge.

LAUREN ASTON

My favorite part about Desert Ridge is the marketplace. The marketplace contains tons of fun places for people to eat and shop. One of the big attractions is Dave and Busters. Dave and Busters has an arcade, restaurant, bowling alley, and so many more fun things. The Marketplace has a lot of stores, too! You have everything from Sports Authority to Hot Topic! The outdoor mall, located in the middle of the marketplace, is a fun place for teens to hang out and have fun! There are so many cool shops! You can find Hollister, Gamestop, and the outdoor stage. For food, they have all different kinds! You can find Panda Express, Rubios, Cold Stone, Zupas, and much more. My favorite Restaurant in the outdoor mall is either Zupas or Smashburger. I like to shop at Bath and Body Works too. You can find just about ANYTHING in the marketplace, and it is fun and convenient for people everywhere.

My favorite place about Desert Ridge is the JW Marriott. The JW Marriott is a 4.6 star hotel, but is like paradise! I have been to the JW many times, and it is always a great experience. In the summer, their pools are so fun to swim and hang out in. There are 5 different



pools to swim in, including the lazy river. You can also find splash pads, slides, waterfalls, and hot tubs hidden throughout the pools. In the winter time, the JW has real gingerbread houses, and they are BIG ones. You can look at them for free, and even see Santa Claus. The JW also offers the Villas, located near the actual resort. You can stay and swim there, too! The food at the JW is amazing, especially their shakes. They also have an amazing golf

course! The JW is a year-round fun place to be! I love the JW and highly recommend it to out of state visitors.

MADISON VO

There are many activities to do at Desert Ridge, such as eating, shopping, or just hanging around with your friends, but my favorite activity to do at Desert Ridge is go to Barnes and Noble. I like going to Barnes and Noble, because it is a quiet place, unlike other stores, where I can read in peace. Another bonus about Barnes and Noble is that it has Starbucks, my favorite place to just have a little snack when I'm feeling a little hungry. Desert Ridge is an extremely big place, with many stores and activities I like doing, but going to Barnes and Noble is my favorite.



MIM'S 5TH ANNIVERSARY CELEBRATION

Save the Dates: Monday–Sunday, April 20–26

On April 24, 2010, MIM opened its doors to the world as the only global musical instrument museum. We invite you to celebrate this milestone with a week of festivities featuring some of our favorite performers and activities. The celebration will culminate with an "Experience MIM" weekend on April 25–26, in the style of one of our most popular program series.

Watch MIM.org for details

MIM

MUSICAL INSTRUMENT MUSEUM

MIM.org | 480.478.6000 | Open Daily (Corner of Tatum & Mayo Blvds., just south of Loop 101)

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Spring at Paradise Valley Community College FROM STORYTELLING TO SAMBA

Photo Credit: Anastasia Campos

By Candace Oehler

FESTIVAL OF TALES & MUSIC

Paradise Valley Community College students are bringing books and music to life during the Spring *Festival of Tales & Music*, 9 am to 2 pm, Saturday, April 25, 2015, in and around the Kranitz Student Center (KSC).

In its 14th semester at PVCC, the *Festival of Tales & Music* is a fun day of reading, literacy and cultural activities for local children, and features arts and crafts, games, simulations, face painting and music. More than 2,000 new books will be given away to participating children.

Storytelling sessions are at 10 am, 11 am,



and 1 pm. In addition, PVCC's Partners in Art Club will provide demonstrations of pottery making and clay sculpting, and local elementary school schools will perform live music.

The festival also features live music by Heidi Swedberg and the Sukey Jump Band (children's music), Tambores de Paraíso (world music), PVCC student music ensembles, and performances by local elementary schools and community groups.

PVCC's Art of Storytelling classes, Club Ed, and the Education program present this free event for children in the community. Since its inception, the festival has grown from just 250 participants to nearly 1,000, with more than 100 volunteers at each event. In the past six years, more than 30,000 new books have been given away to children, many of whom come from low-income families.

"Storytelling is beneficial for everyone involved because it helps develop an awareness, understanding and respect for other cultures and new ideas. For children, storytelling is especially beneficial because it enhances literacy skills and sparks the imagination," said PVCC education faculty Meggin Kirk. "Students in the Art of Storytelling class are pursuing a number of different careers, such as education, business or nursing. Everyone can connect to a story. It's wired within us as humans. The skills learned in this class and at the festival will carry over into many aspects of PVCC students' lives, and it's a lot of fun too!"

Please RSVP for this event by emailing



meggin.kirk@paradisevalley.edu. Be sure to include the number of the children who will be attending and their ages.

AN EVENING WITH GRUPO LIBERDADE

The 2015 Paradise Valley Community College Fine & Performing Arts Scholarship Fundraiser takes place on Saturday, March 28, and features the lively Brazilian rhythms of Grupo Liberdade. The event supports the Fine & Performing Arts Scholarship fund that benefits students in the college's award-winning Dance, Music, Performance, Creative Writing, Art, and Theatre Arts programs.

Grupo Liberdade is a performance group dedicated to freedom of expression through culture, movement and sound. They draw on the traditional and contemporary rhythms of Brazil and beyond, while bringing an original sound and energy to their performances. Specializing in Batucada including the Afro-Brazilian styles of Samba, Samba Reggae, Côcos and Maracatu, Grupo Liberdade shares the infectious sounds of Brasil to enrich, move, and inspire audiences.

The festivities begin with a 6:30 pm silent auction, followed by the concert at 7:30 pm. Both events will be held in PVCC's Performing Arts Center, and advance tickets may be purchased online at www.paradisevalley.edu/cpa or by phone at (602) 787-7738.

Paradise Valley Community College is located at 18401 N. 32nd St., Phoenix. Parking is free.

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FOR INFORMATION CONTACT ALYSSA ASHMORE AT: **480-502-5510**
a.ashmore@spoonerphysicaltherapy.com

MIM

MUSICAL INSTRUMENT MUSEUM



Purchase tickets online at MIM.org, in person at MIM, or by calling the MIM Ticket Office at 480.478.6000. For the most updated event information, please visit MIM.org or 480.478.6000. Musical Instrument Museum Music Theater, 4725 E. Mayo Blvd., Phoenix, AZ 85050. General Admission: \$18 ■ Teens (ages 13-19): \$14 ■ Children (ages 4-12): \$10 ■ Children 3 and under: Free

Programming subject to change

About MIM

The Musical Instrument Museum (MIM) enriches the world by collecting, preserving and making accessible a wide variety of musical instruments and performance videos from every country in the world. We offer our guests a welcoming and fun experience, incomparable interactive technology, dynamic programming and exceptional musical performances. MIM also fosters appreciation of diverse cultures around the globe by showing that we all innovate, adapt and learn from each other to create music—the language of the soul.

Find MIM on Facebook: facebook.com/MIMphx Follow MIM on Twitter: @MIMphx Subscribe to MIM on YouTube: YouTube.com/MIMphx

MARCH, APRIL, MAY EVENTS AND CONCERTS

Special Exhibition

Beyond the Beat: Drums of the World

Through June 21, 2015

Tickets: \$7 with museum admission | \$10 for exhibition only

“Beyond the Beat: Drums of the World” explores the immeasurable cultural and historical significance of drums around the world through the presentation of more than 100 drums of all shapes, sizes, materials and uses from Asia, Oceania, Africa, the Middle East, Europe, Latin America and the United States. The collection is accompanied by dozens of videos, photographs and other multimedia content selected by our curators from sources around the globe. This unique exhibition also highlights themes ranging from performance techniques to the role of drums in rituals, military events and even systems of nonverbal communication.

MIMkids

Mini Music Makers Series

Wednesdays, Thursdays and Saturdays | Check MIM.org for class times listed by age.

Tickets: \$12 per class or \$40 for four

Introduce your child to the wide and wonderful world of music through MIM’s early childhood music and movement courses. Explore music from around the globe with your children while singing, dancing and playing instruments. Designed for children and caregivers, each four-week session explores a new musical culture in engaging ways. Motor, pre-language and musical skills are developed simultaneously, while children actively participate in the music making. Please contact Katherine Palmer at programs@MIM.org or 480.245.6962 with any questions. Space is limited; reservations are required.

MIMkids

Musical Adventures Series

Saturdays | 1:30 p.m. to 2:30 p.m.

Tickets: \$12 per class or \$40 for four

Pick up your MIMkids Passport and embark on a musical journey with

MIMkids Musical Adventures Series, an educational program designed for kids aged 6–10. Participants will discover new cultures by actively participating in music making, creating musical instruments and exploring MIM’s exhibits—with a designated tour guide, of course! Each four-week session focuses on a different continent, giving participants a well-rounded overview of music from around the world and an opportunity to collect MIMkids passport stamps. To register, contact Katherine Palmer at programs@MIM.org or 480.245.6962 with any questions. Space is limited; reservations are required. No refunds.

Concert: Colin Hay

Tuesday, March 10 | 7 p.m.

Wednesday, March 11 | 7 p.m.

Tickets: \$49.50–\$54.50

Colin Hay wrote some of the quirkiest pop hits of the early 1980s as the principal songwriter of the Australian-based Men at Work, which became an international pop sensation, seemed to dominate early MTV and garnered a Grammy Award as the Best New Band. And as the band’s guitarist and lead singer, his voice and appearance are still familiar to millions. Themes of redemption and renewal come naturally to Hay, and the past 20 years have found him quietly yet tenaciously reintroducing himself to new generations of fans. In the process, he’s become a respected songwriter whose stage humor and storytelling are nearly as renowned as his music. He’s now enjoying life as a masterful writer and vocalist who is at the peak of his craft.

Homeschool Day:

Feel-the-Music Cart Tour

Wednesday, March 11 | 9:30 a.m.

Tickets: \$8 per student,

\$8 per chaperone above the 1:5 ratio

This tour offers the freedom of self-directed learning along with six special hands-on opportunities within the structure of a semi-guided tour experience. Each gallery will include a “cart stop” focusing on an instrument, an outfit and/or other materials that help to bring the

MIM world life. Tours are offered at 9:30 and 11 a.m. To register, contact MIM’s School and Group Tour Coordinator at 480.245.6919 or grouptours@MIM.org at least two weeks in advance of the tour. Advance reservations are required.

Concert: Lee Konitz Quartet with George Schuller, Dan Teper and Jeremy Stratton

Friday, March 13 | 7:30 p.m.

Tickets: \$32.50–\$38.50

Seventy successful years into his career, Lee Konitz only shows signs of brighter, more innovative music to come. Known for his prominent position and influence during the cool jazz movement, Konitz has consistently developed his sound to evolve into something modern and inspired. His greatness as a composer and alto saxophonist has resulted in dozens of performances and albums since 1945. More recently, Konitz’s albums reflect exploratory jazz that has proven appealing to younger jazz aficionados.

Concert: Martin Sexton

Saturday, March 14 | 7:30 p.m.

Tickets: \$37.50–\$47.50

STEM + Music Professional Development Session for Educators

Saturday, March 14 | 10 a.m. - 12 p.m.

Tickets: Free

Through audience participation and guided discussion, educators will explore the properties of sound, how different materials used in the construction of musical instruments contribute to their sound and how these themes can be incorporated into programs for students in grades 3–8. By tapping into the curiosity in all of us, educators will learn how to let students take the lead in their own musical science projects! Participants will also walk away with a resource packet and several examples of hands-on activities that can be incorporated into the classroom. Upon completion, participants will receive a certificate for tracking professional development hours. This session supports the learning objectives of MIM’s STEM Tour

for grades 3–8. After the session, teachers are welcome to tour the museum and continue developing lesson plan ideas. To register and ensure receipt of a resource packet and certificate of completion, please e-mail Programs@MIM.org or call 480.245.6962.

Event

Experience Ireland

Saturday, March 14 | 9 a.m. - 5 p.m.

Sunday, March 15 | 9 a.m. - 5 p.m.

Tickets: Included with paid museum admission
Make plans to join MIM for its fourth annual celebration of Irish music and culture at Experience Ireland. Enjoy music, crafts, Irish dancing and storytelling; it’s a perfect way to spend St. Patrick’s Day weekend!

Concert: Evan Shinnars: The Goldberg Sutra

Sunday, March 15 | 7 p.m.

Tickets: \$22.50–\$27.50

Preconceptions of how Bach should be played fly out the window with the wildly talented pianist and 2010 Juilliard graduate Evan Shinnars. Shinnars connects with today’s audiences in a way that has seldom been seen for a classical artist. Shinnars can play anything from classical to jazz, from ragtime to Billy Joel. He is an avid performer of his own original music, influenced by Bob Dylan and Jack Kerouac. But it’s his special affection for Bach that drives his career. And his unconventional approach to life and music has drawn comparisons to another great Bach interpreter: Glenn Gould. Over the past few years, Shinnars has been engaged in efforts to “Bach-upy” America.

Concert: René Marie

Monday, March 16 | 7 p.m.

Tickets: \$27.50–\$34.50

Jazz vocalist René Marie combines an incredible voice with fiery independence and originality; bucking trends with her unabashed spirit. Her most recent album pays tribute to another firebrand of jazz, Eartha Kitt. Marie’s style carefully merges together the worlds of jazz,

blues, soul, folk and gospel music and her own theatrical ability makes each performance memorable.

Concert: MAMO featuring Jeff Peterson & Nathan Aweau

Thursday, March 19 | 7:30 p.m.

Tickets: \$34.50-\$39.50

This duo of accomplished Hawaiian musicians celebrates its aloha for Hawaii through music.

Concert: Anat Cohen

Saturday, March 21 | 7:30 p.m.

Tickets: \$29.50-\$37.50

Israeli-born Anat Cohen is a brilliant young clarinetist and sax player, bandleader and prolific composer who, in just a few short years, has established herself as one of the brightest new talents in jazz. In 2011, she was the winner of both DownBeat Magazine's Critic's Poll and Reader's Poll in the clarinet category. The Jazz Journalists Association named Cohen "Clarinetist of the Year" from 2007 through 2011, the first time in the history of the awards that an artist has earned top clarinet honors five years running.

Event

Family Weekend: String Break with a Side of Science

Saturday, March 21 | 9 a.m.-5 p.m.

Sunday, March 22 | 9 a.m.-5 p.m.

Tickets: Activities included with paid museum admission

This spring, join MIM for "String Break" and have fun with instruments from around the world, musical crafts, local string musicians and some "science of sound" STEM activities all with the theme of "string." Family Weekend events are sponsored by Rancho Solano Preparatory School.

Concert: Zakir Hussain and the Celtic Connection

Tuesday, March 24 | 7 and 9 p.m.

Tickets: \$34.50-\$52.50

Legendary tabla virtuoso Zakir Hussain brings the greatest Indian musicians together with a stellar group of artists from Celtic music in his triumphantly successful melding of two musical languages. Originally presented as the opening concert for Celtic Connections 2011 in Scotland, the project was the runaway hit of the festival. This current coast-to-coast tour will take the group from SFJAZZ's new performance hall in San Francisco to New York's Carnegie Hall. The MIM Music Theater will be the most intimate venue on the tour. Hussain was a founding member of the groundbreaking jazz fusion ensemble Shakti and has performed with artists as diverse as Ravi Shankar, George Harrison, Yo-Yo Ma and Van Morrison.

Concert: MIM Musical Interludes Series featuring Pan Devils Steel Band

Wednesday, March 25 | 10:30 a.m.

Tickets: Included with paid museum admission or \$7 concert only

The Pan Devils Steel Band, under the

direction of Alex Fragiskatos, will present traditional and contemporary music from the Trinidad and beyond. Famous for its renderings of calypso classics, the group also performs music from the classical era and a variety of popular genres.

Concert: Tierney Sutton: "After Blue" with Mark Summer

Wednesday, March 25 | 7 p.m.

Tickets: \$37.50-\$42.50

"A serious jazz artist who takes the whole enterprise to another level."—New York Times

Curator's Choice Lecture Series: Drums in African Art

Saturday, March 28 | 1-1:30 p.m.

Tickets: Included with paid museum admission

Among different African peoples, select drum types are created as sculptural works of art. These are meant to reflect the status and prestige of chiefs and other important individuals. Drums may also be sculpted to incorporate everyday life and religious scenes that carry social values and morals to be followed by all. In African initiations, drums may feature artistically rendered human figures for the purpose of reinforcing concepts of beauty and maturity. Central to ritual and ceremonial performances in Africa, drums also serve to visually reinforce complex symbolic and philosophical ideas as meaningful art forms.

Concert: Altan

Sunday, March 29 | 4 and 7 p.m.

Tickets: \$37.50-\$47.50

Altan is an Irish folk and traditional music group that was formed in County Donegal in 1987. Led by the world-renowned fiddler and vocalist Mairéad Ní Mhaonaigh, Altan emerged during the 1990s as one of Ireland's premier traditional musical groups. From the most sensitive and touching old Irish songs all the way to hard-hitting reels and jigs, Altan has moved audiences from Donegal to Tokyo to Seattle and has since sold millions of records worldwide. Throughout, there has been the unwavering commitment of the band to bring the beauty of traditional music, particularly that of the Donegal fiddlers and singers, to contemporary audiences in a way that brings out all its qualities and destroys none. No other Irish traditional band in the last dozen years has had a wider impact on audiences and music lovers throughout the world than Altan.

Concert: Ed Kowalczyk: Throwing Copper Unplugged

Saturday, April 4 | 7:30 p.m.

Tickets: \$37.50-\$47.50

An acoustic show to commemorate two decades since the album's release.

Event: Experience Middle Eastern Music

Saturday, April 11 | 9 a.m.-5 p.m.

Sunday, April 12 | 9 a.m.-5 p.m.

Tickets: Included with paid museum admission

Join MIM to explore Middle Eastern music styles from the diverse countries of the region. Enjoy music performances,

instrument demos, dancing, workshops and more.

Homeschool Day: Trailblazer Self-Guided Tour

Friday, April 17 | 9:30 a.m.

Tickets: \$8 per student,

\$8 per chaperone above the 1:5 ratio

Join other homeschooling families for tours at MIM. Tours are offered at 9:30 and 11:00 a.m. To register, contact MIM's School and Group Tour Coordinator at 480.245.6919 or grouptours@MIM.org at least two weeks in advance of the tour. Advance reservations are required.

Concert: Kneebody

Sunday, April 19 | 7 p.m.

Tickets: \$27.50-\$32.50

The American band Kneebody is a musical chameleon whose natural camouflage lies somewhere in the genres of post-hop, indie-rock and hip-hop—maybe. It's easiest to describe the group as a jazz band; the five musicians take their cues from jazz instrumentation, but in the process they layer in blends of unorthodox and eclectic styles. The final product is explosive energy drawn from skilled composing and compelling improvisation.

Concert: Steve Adelson and Emmett Chapman: Music of the Chapman Stick

Monday, April 20 | 7 p.m.

Tickets: \$32.50-\$37.50

Recognizing the great potential of the instrument, Steve Adelson purchased his first Chapman Stick in 1984 and has focused his performance activities on it ever since. Emmett Chapman is a jazz musician best known as the inventor of the Chapman Stick and maker of Chapman Stick family of instruments. Originally a guitarist, Chapman began recording and performing beginning in the late 1960s. He played with several different popular artists, including jazz guitarist Barney Kessel and popular singer/songwriter Tim Buckley before taking his own band on the road.

Concert: Le Vent du Nord

Wednesday, April 22 | 7 p.m.

Tickets: \$32.50-\$37.50

This Canadian folk music group performs traditional Québécois music, as well as original numbers in this style, in French.

Concert: Alpin Hong

Thursday, April 23 | 7:30 p.m.

Friday, April 24 | 7:30 p.m.

Tickets: \$34.50-\$42.50

Whirlwind American tours and performances across the globe have earned pianist Alpin Hong the reputation as a modern-day Pied Piper. His combination of stunning technique, emotional range and rare humor continues to bring audiences young and old to their feet. The New York Times lauded his "crystalline energy . . . clear and persuasive ideas . . . and remarkable breadth of coloration" and called him "a pianistic firebrand" in a review of his standing-room-only New

York recital debut at Carnegie Hall's Weill Recital Hall.

Event: Experience MIM

Saturday, April 25 | 9 a.m.-5 p.m.

Sunday, April 26 | 9 a.m.-5 p.m.

Tickets: Included with paid museum admission
On April 24, 2010, MIM opened its doors to the world as the first and largest global musical instrument museum. For the past five years, the museum has been engaging audiences with its extensive collection, dynamic programs and exceptional musical performances. MIM invites the community to celebrate this milestone with a week of festivities featuring some of its favorite performers and activities. The celebration will culminate with an "Experience MIM" weekend on April 25-26, in the style of the museum's most popular program series.

Concert: Hot Rize

Saturday, April 25 | 7 and 9 p.m.

Tickets: \$32.50-\$52.50

The legendary bluegrass group returns after 24 years apart.

Concert: MIM Musical Interludes Series featuring Herberger String Quartet

Wednesday, April 29 | 10:30 a.m.

Tickets: Included with paid museum admission or \$7 concert only

The Herberger Quartet is a graduate scholarship string quartet whose members are nominated by the ASU string faculty. Through the Visiting Quartet Residency Program, the Herberger Quartet receives extra coaching hours with an established professional quartet and devotes a minimum of ten hours per week to rehearsing and performing together. The Quartet will perform works by Beethoven and Bartok, culminating its extensive study on these pieces by the Shanghai Quartet.

Concert: Arizona Musicfest: Winners Competition Concert

Sunday, May 3 | 1 p.m.

Tickets: Included with paid museum admission or \$10 concert only

Through its highly-competitive annual Youth Music Competitions, Arizona Musicfest identifies top classical music talent from throughout the State of Arizona. Many of these extraordinary young musicians are then featured as part of Musicfest's Young Performers Concert series. This is a special opportunity for audiences to experience virtuosity from the start.

Concert: Beausoleil avec Michael Doucet

Sunday, May 10 | 7:30 p.m.

Tickets: \$37.50-\$47.50

This group's distinctive sound breathes new life into the Cajun and zydeco genres.

Event: Experience Polynesia

Saturday, May 23 | 9 a.m. to 5 p.m.

Sunday, May 24 | 9 a.m. to 5 p.m.

Tickets: Activities included with paid museum admission

Details coming soon!

PARADISE VALLEY COMMUNITY COLLEGE

Paradise Valley Community College District is an EEO/AA institution and an equal opportunity employer of protected veterans and individuals with disabilities.

Start Anytime

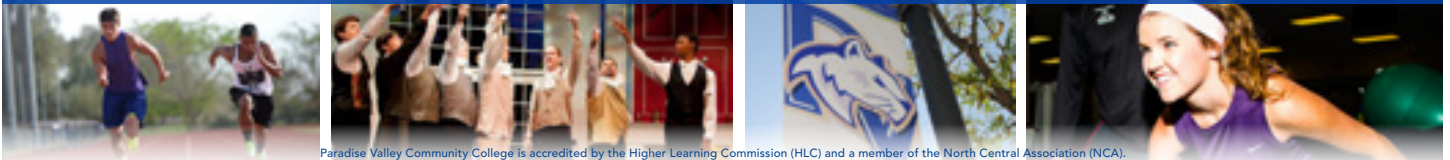
Day, Evening, or Online Classes

almost



COMMUNITY INTEREST

Athletics Center for the Performing Arts The Buxton Library
Facility Rental Career Services Center Fitness Center Veterans Services



Paradise Valley Community College is accredited by the Higher Learning Commission (HLC) and a member of the North Central Association (NCA).



Union Hills
paradisevalley.edu | 602.787.6500
18401 North 32nd Street
Phoenix, AZ 85032

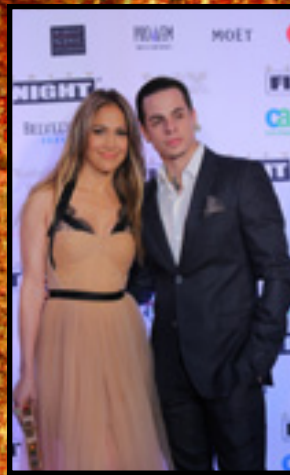
Black Mountain
paradisevalley.edu/blackmountain | 602.493.2600
34250 North 60th Street, Building A
Scottsdale, AZ 85266



Tina Dickson Photography

(602) 348-1907

TinaDicksonPhotography.com



Best Take-out Pizza in Desert Ridge!

Our gang of culinary critics created our first ever “pizza challenge”. Our goal was simple: find the best take-out pizza in Desert Ridge. To broaden our perspectives, we enlisted a minor for the first-time ever to offer a kid’s perspective.

The contenders:

BJ’s • (480) 538-0555
21001 N Tatum Blvd, Phoenix, AZ 85050

California Pizza Kitchen • (480) 473-3336
21001 N Tatum Blvd, Phoenix, AZ 85050

Humble Pie • (480) 502-2121
21050 N Tatum Blvd #110, Phoenix, AZ 85050

Mellow Mushroom • (480) 889-0999
5350 E. High St. #115, Phoenix, AZ 85054

Slices • (480) 513-1861
21001 N Tatum Blvd, Phoenix, AZ 85050

The results:

Surprisingly, all of the pizzas we tasted were above average and there was no consensus for an overall best restaurant; however, there was strong agreement based on the variety of the pizzas we compared.

The winners:

Top Pepperoni Pizza: BJ’s
Best Cheese Pizza: Humble Pie
Best Signature Pizza: Mellow Mushroom, Maui Wowie

Kids favorite:

All of the pizzas I tasted were exceptionally good; however, two of the pizzas went above and beyond the standards of my many years of pizza tasting. The Humble Pie cheese pizza was one of the two pizzas that made my taste buds cheer. This pizza’s cheese was cooked to perfection and could not have been better. The final pizza was the BJ’s cheese pizza. Having a father from Chicago, I love deep dish and this deep dish was dalish. – Dylan.

MELLOW MUSHROOM
Maui Wowie

Pesto base with ham, pineapple, jerk chicken, banana peppers, Applewood smoked bacon and mozzarella cheese.



BJ’S RESTAURANT AND BREWHOUSE
BJ’s Favorite

The Works! Housemade meatballs, pepperoni, Italian sausage, mushrooms, green bell peppers, black olives, white onions and seasoned tomatoes.



SLICES PIZZA JOINT
Potato & Bacon

Light Butter Sauce, Garlic Powder, Black Pepper, Potatoes, Bacon, Green Onions and Colby Jack Cheese.



HUMBLE PIE

Barbeque Chicken

Smoked mozzarella, bacon, fontina, green onions, bbq sauce.



CALIFORNIA PIZZA KITCHEN

Spicy Chipotle Chicken

Chipotle adobo sauce, shaved poblanos, Monterey Jack with housemade roasted corn & black bean salsa, cilantro and lime crema.



DINING GUIDE

Desert Ridge Marketplace

BJ'S RESTAURANT AND BREWHOUSE480.538.0555

Serving Chicago-style pizza with generously portioned salads, sandwiches, soups, entrées & desserts.

CAFÉ ZUPAS480.339.8038

Café Zupas specializes in gourmet soups, salads and sandwiches using fresh and exotic ingredients in a fast-casual setting. The menu offers ten homemade soups, twelve exotic salads, seven Panini's, and five Gourmet Sandwiches. In addition, the Café Zupas Drink Bar offers sixteen different types of soda, Crystal Light, and Italian Soda flavorings.

CALIFORNIA PIZZA KITCHEN480.473.3336

Authentic California-style cuisine! Try one of their hearth-baked pizzas such as The Original BBQ Chicken, Thai Chicken, and Jamaican Jerk Chicken, cooked in an open kitchen or indulge in distinctive pastas, salads, soups, appetizers and desserts. You can order online and curbside pickup is available.

COLD STONE CREAMERY480.585.7952

From unique ice cream creations to smoothies, cakes and shakes – nobody serves up the ultimate indulgence like Cold Stone. It starts with using the highest quality ingredients and ends with our signature process for preparing your custom creation on a frozen granite stone.

DAVE AND BUSTER'S480.538.8956

The ultimate group entertainment destination with the best games, food, drinks, billiards, bowling, music, & video all under one roof!

EINSTEIN BROS. BAGELS.....480.585.3920

Einstein Bros. is your Neighborhood Café with fresh-baked bagels, Dam Good Coffee® & Espresso, made-to-order sandwiches, and fresh salads.

GARBANZO MEDITERRANEAN GRILL480.397.9510 www.eatgarbanzo.com

Garbanzo uses only the freshest, quality ingredients for its made-from-scratch recipes, and provides several vegetarian, vegan and gluten-free options. Enticing options, including flavor-packed pitas and laffas filled to order with crisp veggies and freshly-grilled shwarmas combined with signature sauces and accompaniments making endless amounts of craveable combos. Tender and savory kabobs atop fluffy Mediterranean rice and hummus, and nutritious and delicious Mediterranean-style soups and salads round out the menu that will leave diners feeling fresh and satisfied.

IN-N-OUT BURGER480.563.9021

Quality you can taste - classic made burgers, hand-diced french fries & creamy shakes.

ISLANDS FINE BURGERS & DRINKS.....480.513.7231

Gourmet burgers, Island fries, chicken sandwiches & fresh salads served in a casual, tropical atmosphere.

IT'SUGAR480-513-1902

IT'SUGAR is a trendy sweets shop where you'll experience an unpredictable sense of excitement and wonder along with the sights, smells and especially the tastes of all your favorite treats.

JIMMY JOHN'S480.321.8052

Jimmy John's definition of fresh is worlds apart from everyone else's. Bread is baked in-house everyday and served fresh. Meat and veggies are sliced fresh in-house every day.

THE KEG STEAKHOUSE & BAR480.419.7772

When it comes to steak, The Keg serves only the finest cuts. They are aged for tenderness and a very special blend of seasonings is added to lend unique flavor while still allowing the natural properties of the high quality. This ensures that a tender, succulent, flavorful steak is guaranteed off the grill every time.

MACARONI GRILL.....480.538.8755

More than 35 Italian specialties prepared in an exhibition kitchen. Recipes are made with the finest ingredients such as imported artisan pastas, vine-ripened tomatoes, colorful vegetables, extra virgin olive oil, fresh lemons, select seafood, grilled meats and fresh, fragrant Italian herbs. Life is delicious.

MIMI'S CAFÉ480.419.5006

Classic, made-from-scratch American dishes served in a friendly, French New Orleans-atmosphere.

NORI480.515.9777

An elegant and fun destination to enjoy cutting edge sushi and craft cocktails.

PANDA EXPRESS480.502.8399

High-quality Chinese food at a very reasonable price.

PARADISE BAKERY & CAFÉ480.538.8406

Freshly-baked cookies & muffins, soups & made-to-order gourmet sandwiches.

PARIS GOURMET480-404-6378

French macarons, flaky croissants, pastries including cannelés and madeleines and seasonal surprises are sure to satisfy. Pair your preferred delicacy with chocolates or gelato for the perfect treat.

PORT OF SUBS/SMOOTHIE KING480.502.7962

Made-to-order subs & refreshing smoothies.

ROCKY MOUNTAIN CHOCOLATE FACTORY.....480.342.9993

Hand-dipped chocolates & assorted candies. Packaged coffees, cocoas & more.

RUBIO'S FRESH MEXICAN GRILL480.473.9225

Rubio's food is a combination of our south of the border roots and the influence of California's coastal waters, farm-fresh ingredients and friendly people.

SANDBAR.....480.585.5900

Known for its spicy Mexican menu and array of tropical drinks and ice cold cervezas.

SLICES.....480.513.1861

Choose from a selection of pizzas already prepared with a crispy crust and any number of topping combinations, at affordable prices.

SMASHBURGER.....480.664.6210

Where smash. sizzle. savor means a dedication to creating the best-tasting "cooked-to-order" burger. They start with 100% Angus Beef, smashed, seared and seasoned on the grill, placed on a butter-toasted artisan bun and topped with the highest-quality cheeses, freshest produce and condiments.

STARBUCKS COFFEE480.502.4761

High quality roasted whole bean coffees & fresh, rich, Italian-style espresso beverages.

SWEET TOMATOES480.473.3233

Offering an all you care to eat dining experience featuring fresh cut produce, specially prepared salads, hearty made from scratch soups, original recipe hot pasta dishes and more.

WOLFLEY'S480.515.2424

Wolfley's Neighborhood Grill is a place you can count on for quality food, value pricing and personalized service.

YARD HOUSE.....480.563.9273

Yard House is an upscale-casual eatery known for great food, classic rock music and 130 tap handles of domestic, imported and craft beer.

JW Marriott Desert Ridge Resort & SPA

STONEGRILL480.293.3636

American southwest cuisine. Breakfast, lunch, dinner with daily breakfast buffet. 6:30 to 11 am (breakfast buffet until 1 pm on weekends)

TUSCANY480.293.3988

The modern Italian menu at Tuscany is all about authentic Italian comfort flavors featuring handmade pasta, seasonal ingredients, the freshest seafood and superb and affordable wines with exceptional service in a warm, inviting atmosphere. Guests of all ages are encouraged to share in a journey of Italian cuisine, using an array of menu combinations comprised of mouth-watering small plates, generous sharing dishes, and individual entrees. Specializing in creating hand-crafted pizzas, pastas, and cheeses, as well as delightful house-made desserts prepared by the resort's National Pastry Champions, the seasonal menu focuses on locally-grown produce and products, fresh from local farms as well as the resort's own organic herb garden. Tuscany features an open exhibition kitchen,

wood-fired oven, indoor and outdoor fireplaces and patio seating. Tuscany is open for dinner.

MERITAGE STEAKHOUSE480.293.3988

Where fine wines meet prime aged steaks. Meritage Steakhouse is located at the resort's championship 36-hole Wildfire Golf Club featuring award-winning courses designed by Arnold Palmer and Nick Faldo. Meritage's hearty menu, alongside prime steaks, also features chicken, seafood and a selection of signature side dishes in a cherry wood country club like setting. A bold selection of wines by the glass, half and full bottles encourage diners to sample from the steakhouse's fine wine cellar. The restaurant offers a scenic outdoor patio with welcoming fire pits and sweeping views of Wildfire Golf Club's green fairways. Flat screen TVs are tuned into the latest sporting events. Meritage Steakhouse is open for lunch and dinner.

ROY'S HAWAIIAN FUSION CUISINE.....480.419.7697

Famed Hawaiian restaurateur Roy Yamaguchi's renowned Hawaiian Fusion Cuisine is sizzling in flavor and style. First founded in Honolulu in 1988, the highly regarded dining establishment features locations throughout the nation serving innovative Asian-influenced cuisine that makes the most of fresh local ingredients with "Aloha-style service." An impressive wine list allows diners to sample a wide selection of varietals with their meal. Outdoor dining, appetizers or drinks near a welcoming fireplace make this restaurant a favorite among Resort guests. Open for dinner. Reservations recommended.

TWENTY6480.293.3726

Amazing new lounge with fresh juice crafted cocktails, featuring drinks from JW's around the world. Entertainment Fridays and Saturdays 6 pm to 10 pm. Menu features bites, charcuterie, flatbreads. Best patio with firepits around!

REVIVE SPA BISTRO..... 480-293-3700

Featuring an out-of-this world menu, eating healthy never seemed so indulgent. Located in our Revive Spa and open to all guests, enjoy our chef's fresh, organic creations in serene indoor or outdoor settings.

High Street

**BLUE MARTINI LOUNGE..... 480.638.2583
bluemartinilounge.com**

Enjoy happy hour, private parties, ladies night and more at Arizona's premier live entertainment club. No one stays thirsty at the upscale Blue bar, which boasts 42 specialty martinis and an extensive fine wine and spirits collection. Blue Martini has quickly become a Phoenix hot spot for music and dancing with great live local and regional talent. Blue Martini's tapas menu is the perfect complement to an exciting night out.

**KONA GRILL..... 480.289.5707
konagrill.com**

Indulge in sensational flavors by sampling any of Kona's modern American cuisine - prepared in their scratch kitchen. Offering their guests fresh ingredients and entrees made with passion, Kona Grill has fresh fish flown in daily to deliver outstanding sushi quality. Its energetic bar, lounge and patio are the perfect location for their designer cocktails and award-winning happy hour.

**LA BOCCA WINE BAR & URBAN KITCHEN480.840.1799
laboccanorth.com**

Drink, dine & celebrate at this sophisticated, fun and casual wine bar with a mouthwatering menu of small plates, zesty salads, homemade pastas and regular 'off-menu' specialties prepared by the Executive Chef. Savor 150+ hand-selected wines, craft beers & cocktails, full bar, house-made limoncellos and sangrias. Cozy up at La Bocca and share a bottle with good friends or bring a date for an unforgettable dinner.

**MELLOW MUSHROOM..... 480.889.0999
mellowmushroom.com**

While well known for their fresh stone-baked pizzas to-order, their expansive selection of craft beer is also quite impressive. Mellow Mushroom on High Street's décor is unlike any other location, creating an entertaining, laid-back atmosphere for local pizza and beer aficionados. It provides an experience filled with colorful art, eclectic music and an extensive menu with food that comforts the soul.

**MODERN MARGARITA 602.795.8111
modernmargarita.com**

Modern Margarita offers patrons a fresh spin on the traditional margarita. This Fork & Dagger Restaurant Group concept, from Valley restaurateur Julian Wright, features a large selection of freshly made margaritas, gourmet street tacos, burgers, fresh guacamole and additional sharing-plate options. Visitors appreciate Modern Margarita's high-quality, locally sourced food and beverages in a lively atmosphere.

**MOJO YOGURT & COFFEE 480.584.5865
mojoyogurt.com**

The fat-free goodness of Mojo Yogurt comes in several delicious flavors. Customize with a plethora of scrumptious toppings for a taste-bud-pleasing masterpiece created just for you. If you're looking for a morning, or mid-afternoon pick-me-up, Mojo also serves up premium coffee, espresso, cappuccino, lattes and hot chocolate.

**OCEAN PRIME..... 480.347.1313
ocean-prime.com**

This Cameron Mitchell restaurant combines an elite steak and seafood menu, award-winning cocktails, timeless elegance and take-your-breath-away service to create an extraordinary supper club experience. Here, guests are greeted by name and invited on an adventure in great food, wine and libation. Think Ocean Prime for your next event. Whether it's an elegant dinner or rolling out the red carpet, Ocean Prime will help you create something special.

**RICK BRONSON'S HOUSE OF COMEDY.....480-420-3553
houseofcomedy.net**

Rick Bronson's House of Comedy delivers more than the nation's top touring comedians such as Jay Pharoah (SNL), Bobby Lee (Mad TV), Bryan Callen (The Hangover) and Joey 'CoCo' Diaz (The Joe Rogan Experience and Grudge Match). They also offer a complete menu of share plates, appetizers, soups, sandwiches and tortas, gourmet burgers, flat bread pizzas, salads and deserts to enjoy before and during the show.

**TOBY KEITH'S I LOVE THIS BAR & GRILL OPENING SOON
tobykeithusa.com**

Start your meal off with Fried Macaroni Triangles, T.K.'s Smokehouse Nachos or the Whiskey Girl Wings, move on to its famous BBQ St. Louis Style Ribs or Whiskey Bottle New York Steak and top the meal off with a slice of All American Apple Pie or its impossible-to-resist Deep Fried Twinkies. Toby Keith's also offers a wide selection of soups, salads and sandwiches, plus lighter options for those looking to dance right after their meal.

West of Tatum

CAFÉ AT DESERT RIDGE.....480.473.4387

Comfort food with a twist! Homemade pancakes, waffles, crepes, coffees, paninis, pastas, sauces, meatballs, soups and desserts. Open for Breakfast and Lunch.

HUMBLE PIE.....480.502.2121

Featuring a medley of starters, salads, pastas, sandwiches, and pizzas with fresh ingredients and a crust to crave.

PITA JUNGLE.....480-473-2321 | PITAJUNGLE.COM

An eclectic blend of fresh ingredients, creative energy, and good times. Take your family or meet your friends and discover the art of eating healthy

STARBUCKS COFFEE480.342-8231

High quality roasted whole bean coffees & fresh, rich, Italian-style espresso beverages.

SUBWAY 480-513-6978

Whatever you're in the mood for, SUBWAY has a wide variety of subs, salads, and sides to choose from and every one of their Subs is made fresh in front of you, exactly the way you want it!

**SUSHI STATION 480-513-8699
SUSHISTATION88.COM**

The popular "Kaiten Sushi" (Revolving) Japanese concept is now available. You will enjoy quality sushi and fresh ingredients from all over the world. Fun for the family and available for special events.

TRYST CAFÉ..... 480-585-7978 | TRYSTCAFE.COM

Breakfast, lunch, and dinner featuring organic, natural and locally grown products; extensive gluten free menu and full bar all in a friendly, urban environment. Dine in or carry out.

YOGURT PLUS+480-502-4200 | YOGURTPLUS.US

An exciting self-serve yogurt shop with 12 rotating flavors and over 70 different scoops of toppings!

The MIM

THE MIM CAFÉ & COFFEE SHOP

The Musical Instrument Museum Cafe & Coffee Shop is open to non-museum patrons. Hours: Cafe, 11-2; Coffee Shop, Normal Museum Hours.

MEETINGS & EVENTS

DRCA OFFICE, 5415 E. High St., Suite 220, Phoenix, AZ 85054 (Parking Garage on 54th Street) **CASHMAN PARK**, 22222 N. 44th Street, Phoenix, AZ 85050

MEETINGS

COFFEE CLUB

TUESDAY, APRIL 14
9 a.m. at DRCA Office

COMMUNITY AWARENESS

TUESDAY, MAY 19
6:30 p.m. at DRCA Office

DESIGN REVIEW COMMITTEE

THURSDAY, MARCH 26
THURSDAY, APRIL 9
THURSDAY, APRIL 30
THURSDAY, MAY 14
THURSDAY, MAY 28

LIFESTYLES COMMITTEE

TUESDAY, MARCH 17
TUESDAY, APRIL 21
TUESDAY, MAY 19
11:30 a.m. at DRCA Office

ANNUAL MEMBERSHIP MEETING & ELECTION

THURSDAY, APRIL 23
6 p.m. at MIM

BOARD OF DIRECTORS

WEDNESDAY, MARCH 25
WEDNESDAY, MAY 27
6 p.m. at DRCA Office

EVENTS

COMMUNITY NIGHT OUT

TUESDAY, MARCH 17
TUESDAY, MAY 19
5 pm (Location to come)

LADIES NIGHT OUT

MONDAY, MARCH 9
MONDAY, APRIL 13
MONDAY, MAY 11
5 p.m. at Ocean Prime

MOVIE IN THE PARK/ CANDIDATE MEET & GREET

MARCH 14
6 p.m. at Cashman Park

FITNESS IN THE PARK

Cashman Park March thru April

BOOT CAMP TUESDAYS

10 a.m. \$5 per person

RUN CLUB MONDAYS

11 a.m. Free

FARMERS MARKET CASHMAN PARK AT DESERT RIDGE

SUNDAY, MARCH 15
SUNDAY, APRIL 19
10 a.m.-1 p.m.

COMMUNITY YARD SALE

APRIL 18
7 a.m.-2 p.m.
This will be a semi-annual event
and is subject to change

MEETING AND EVENTS DATES ARE SUBJECT TO CHANGE.

RESOURCE NUMBERS

ASSOCIATION

Desert Ridge Community
Association 480.551.4300
24/7 Customer Care Center 480.551.4300

PUBLIC SERVICES

Phoenix Water Department
M-F, 7:30 a.m.-5 p.m. 602.262.6251
Weekends, holidays, after 5 p.m. 602.261.8000
Phoenix Police Department
Non-Emergency Crime Stop 602.262.6151
Vacation Watch 602.495.5002
Desert Ridge Silent Witness 480.WITNESS
Phoenix Public Works
Trash/Recycling/Bulk Pick-up 602.262.7251
Parks Forestry Department
Downed Trees in Right of Way 602.262.9440
City of Phoenix Parks & Recreation,
Northeast Division
(Cashman Park) 602.262.6696
Malfunctioning Traffic Signals 602.262.6021
Streets/Street Sweeping 602.262.6441
Southwest Gas
Customer Service 602.861.1999

APS
24 hour line 602.371.7171
(Includes Street Light Outage)
Cox Communications 623.594.1000
Centurylink 800.244.1111
Green Pools 602.506.6616
Maricopa County
Graffiti Busters 602.495.7014
Southwest Wildlife
Conservation Center 480-471-9109
Dispatch-City
24/7 Street Maintenance
Concerns 602.262.6441

BOYS & GIRLS CLUB

Vestiar Branch 480.585.0170

SCHOOLS

Fireside Elementary 602.449.4700
Principal, Wendy Allen
wallen@pvschools.net
Wildfire Elementary 602.449.4300
Principal, Sherry Stillman
sstillman@pvschools.net

Desert Trails Elementary 602.449.4100
Principal, Sheri Duggan
sduggan@pvschools.net
Explorer Middle School 602.449.4200
Principal, Barbara Newman
banewman@pvschools.net
Pinnacle High School 602.449.4000
Principal, Dr. Troy Bales
tbales@pvschools.net

DRCA COMMITTEES

Communications Committee
communications@desertridgelifestyles.com
Lifestyles Committee
lifestyles@desertridgelifestyles.com
Community Awareness Committee
communityawareness@desertridgelifestyles.com
Design Review Committee
designreview@desertridgelifestyles.com
Finance Committee
finance@desertridgelifestyles.com
Nominating Committee
nominating@desertridgelifestyles.com

FARMERS MARKET CASHMAN PARK

AT

Desert Ridge

3RD SUNDAY OF JANUARY-APRIL 2015 ★ **10 AM-1 PM**
JANUARY 18 FEBRUARY 15 MARCH 15 APRIL 19

KNIFE SHARPENER

Sharpens everything from scissors, knives, chisels, gardening tools and more

MORENO FARMS

Fresh produce and fruit

DR. HUMMUS

Mediterranean specialties such as pita chips, hummus

MOLLY'S TAMALES

Offers beef, pork, chicken & vegetarian tamales, burritos, quesadillas and tamale combos

OCEAN PRIME SEAFOOD

Such as halibut, tuna, cod, crab cakes, salmon, prawns and scallops

CARLACCIO

Pasta sauces

DUST

Variety of spices

HERBESCENT TEAS

Varieties of herbal teas

YOUR FARMERS MARKET IS BACK!

DAWNS PICKLES

Such as pickled beets, dilly beans, dilly carrots, garlic dill spears, bread and butter pickles

PICKLED PERFECTION

Variety of pickled vegetables

DANUTA POLISH GOODIES

All varieties of homemade Polish food including sauerkraut, ready to eat

LIL SASSY SALSA

Varieties of salsas, corn relishes and more!

OKB

Old Kentucky Barbecue sauce

FIRY HOT LIPS

Spicy vinegars and oils

THE NUT SACK

Ultra-fresh roasted almonds, cashews, and mixed nuts in a "GOTTA HAVE IT" paper sack

MATCHA MARKETPLACE

(powdered green tea) oatmeal

HAPPY TAILS BAKERY

Grain free dog treats

SUN VALLEY BEES

4 types of raw honeys, royal jelly, bees wax, honey sticks, and bee pollen

GOURMET COFFEE

100% Arabica infused with 6 extracts (mushrooms) for extra health benefits

Additional questions, concerns or updates: DesertRidgeLifestyles.com
Monique Lightner, M&M Events LLC at mmevents@juno.com or 480-585-8639
Mallory Peil, Lifestyles Coordinator at Mallory.peil@fsresidential.com or 480-551-4559

MORE VENDORS TO COME!
STAY TUNED

LOAD UP THE WAGON!
Two convenient parking locations next to Cashman Park. Bring the whole family and enjoy!



A UNIQUE FARMERS MARKET CELEBRATING LIFE & FOOD

22222 N. 44th St., Phoenix, AZ 85050 ■ 44th St. & Pathfinder Dr.

PARKING FOR MARKET

Desert Trails Elementary ■ 4315 East Cashman Drive ■ Phoenix, AZ 85050

Desert Ridge KinderCare ■ 22050 North 44th Street ■ Phoenix, AZ 85050

**ECRWSS
Postal Customer**



Our passion is to exceed your expectations!



DYNAMIC DAUGHTER & DAD DUO

**Desert Ridge Residents!
Desert Ridge Experts!**

The Henbest Team

Holly Henbest, Realtor®
(480) 266-8785 Holly@Henbest.com

*Check out Holly's Real Estate Advice
weekly on NBC Channel 12's 4:00 EVB Live!*

Tom Henbest, Realtor®
(480) 323-0751 Tom@Henbest.com

17550 N. Perimeter Drive, Suite 160, Scottsdale, AZ 85255



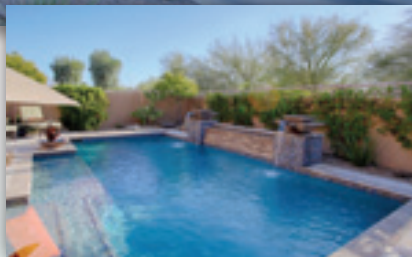
REALTYONEGROUP
HOMES • LIVES • DREAMS™



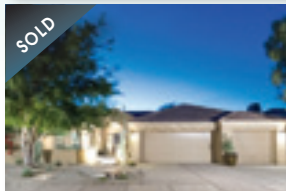
JUST LISTED



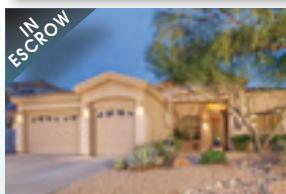
Just Listed! \$539,000
3,208 Square Feet
4 Bedrooms
3 Car Garage
Pool
Stunning Upgrades!



Sold January 2015 for \$500,000
28 Days on Market!
3 Bedroom/2,265 Square Feet
Record Breaking Sale for Size/Type!
\$220.75 per square foot



Sold February 2015 for \$725,000
1 Day On Market!
4 Bedroom/3,264 Square Feet
Golf Course/Gated/Ironwood Greens
Spectacular Upgrades!
\$222.12 per square foot



In Escrow! Listed for \$490,000
22 Days On Market!
3 Bedroom+Den/2,245 Square Feet
Desert View Lot & Great Upgrades!



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