

HOLIDAY 2018

DESERT RIDGE

Lifestyles[®]



Annual
Holiday
Lighting &
Decorating
Contest
Information
See page 13

Holiday
Trolley
Tour
Information
See page 14

Reason
for the
Season
in Desert Ridge



Oh What Fun!

EXCEPTIONAL EVENTS. EVERLASTING MOMENTS.

Celebrate this season with nightly shows and snow,
lighting of the great tree and more!

**DESERT
RIDGE**
MARKETPLACE

SHOPDESERTRIDGE.COM/EVENTS/HOLIDAY

Desert Ridge Lifestyles

Desert Ridge Lifestyles magazine is the official community magazine of Desert Ridge, brought to you by the Desert Ridge Community Association. It is designed to keep you informed about what's happening in your community, from clubs, activities and community programs to school information, special events, and more.

Reproduction in whole or in part of any text, photographs or illustrations without written permission from the publisher is prohibited by law. Trademarks, logos and content provided by advertisers, sponsors and partners are owned by their respective companies and all rights are reserved by them. The views, statements and claims of advertisers or other DRL contributors do not necessarily represent those of the publisher, Desert Ridge Community Association.

Printed in the USA. ©2018
Desert Ridge Lifestyles Magazine.
All rights reserved. Please recycle.

"The vendors/service providers who are advertising, listed or otherwise referenced in the Desert Ridge Lifestyles magazine (hereinafter "Vendors") are presented in good faith and provided as a convenience. The Desert Ridge Community Association ("DRCA") makes no representations or warranties as to the qualifications or licensing of the Vendors listed. Nothing contained herein is to be construed as a DRCA endorsement of any Vendor or recommendation to use any service, product, process or equipment promoted, offered, advertised or provided by any Vendor. DRCA cannot guarantee that these services or products will be performed to anyone's satisfaction, and DRCA has no control over the accuracy of the services offered or provided. The Vendors and services they offer or supply are supplied upon the condition that the persons receiving same will make their own determination as to its suitability for their purposes prior to use. In no event will the DRCA be responsible for claims or damages of any nature whatsoever resulting from or related to the use of or reliance upon any Vendor or the information, or services or products the Vendors offer or provide.

No representations or warranties, either express or implied, of service, merchantability, fitness for a particular purpose or of any other nature are made hereunder with respect to service or product offered or provided by any vendor."

Desert Ridge

Professionally Managed by FirstService Residential

COMMUNITY ASSOCIATION

5415 E. High St., Suite A-133
Phoenix, AZ 85054
Hours Monday-Friday, 8 a.m.-5 p.m.

MANAGEMENT TEAM

480-551-4300 | 480-551-4553
desertridge.az@fsresidential.com

DEPARTMENTS

- 24 DEVELOPMENT NEWS
- 25 ASSOCIATION & COMMUNITY NEWS
- 39 CULTURE & ARTS

- 40 HEALTH & WELLNESS
- 44 SCHOOL NEWS
- 45 DINING & ENTERTAINMENT
- 46 MEETINGS, EVENTS & CONTACTS

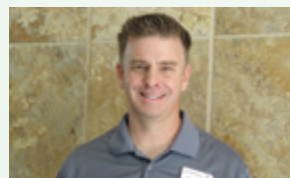
FEATURES

- 8 ACTIVITIES TO DO THIS FALL AND HOLIDAY SEASON!
- 13 ELEVENTH ANNUAL HOLIDAY LIGHTING & DECORATING CONTEST
- 14 HOLIDAY TROLLEY TOURS
- 24 DESERT WILLOW ASSISTED LIVING CENTER
- 28 YOUR COMMUNITY ASSOCIATION ASSESSMENTS WORKING FOR YOU
- 32 HOLIDAY SEASON CRIME PREVENTION
- 34 VULNERABLE ADULT ABUSE
- 36 PROTECTING YOURSELF ONLINE DURING THE HOLIDAYS

MANAGEMENT TEAM



TERRANCE SMITH
Community General Manager
terrance.smith@fsresidential.com
480-551-4550



DUSTIN WATKINS
Residential Community Manager
dustin.watkins@fsresidential.com
480-551-4558



SHARON HOOKS
Community Relations Specialist
sharon.hooks@fsresidential.com
480-551-4559

Photos courtesy of Desert Ridge Staff

COMMUNITY ASSOCIATION BOARD OF DIRECTORS



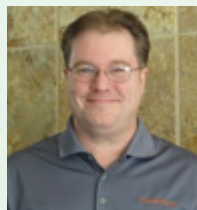
PRESIDENT
Doug Dickson
Communications Committee (Vice-Chair)
Finance Committee (Vice-Chair)



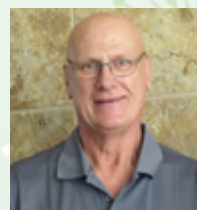
VICE PRESIDENT
Reginald Younger, Jr.
Public Affairs Committee (Chair)



SECRETARY
Barry Goldfarb
Design Review Committee (Chair)



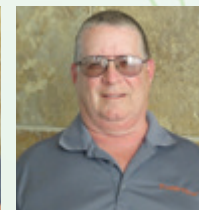
TREASURER
Steve Burns
Community Awareness Committee (Chair)
Finance Committee (Chair)



DIRECTOR
Carl Prettyman, Jr.
Community Awareness (Vice-Chair)
Design Review Committee (Vice-Chair)
Nominating Committee (Chair)
Public Affairs Committee (Vice-Chair)



DIRECTOR
Debi La Rosa



DIRECTOR
Richard Brash

FROM THE PRESIDENT

DRCA Assets Management - FUNDING RESERVES



Doug Dickson

During the budgeting process each year, I'm often asked about our Capital Reserve Account. Members of the Desert Ridge Community Association (DRCA) review our budget and

find that nearly \$2,000,000 has been set aside for future repairs and maintenance of our community. They rightfully ask why so much money has been saved and how we determined the level the account should be funded. They understand that if too little is saved for future repairs and improvements, a special assessment will be needed—and no one likes to get an unexpected bill.

The key to correctly funding the reserve account is a tool called the reserve study. Reserve studies are important budget

planning and disclosure documents prepared to help the association's board meet their responsibility to care and protect the assets of the association. They require an evaluation of the current physical assets of the association, and a projection forward of the ongoing useable life and their deterioration. The reserve study also considers how these assets will be funded, so income, contributions, inflation and other expenses are also included.

In its most basic form, the reserve study is simply a form of long-term capital budgeting. Many of the association's common area assets are so large that the association needs many years to save for those expenses, so the expected amounts needed and their timing becomes critical. Done correctly, the goal of the reserve study is to predict yearly costs and allow time for

the funds needed to be set aside, avoiding a special assessment of the membership. This information quickly becomes outdated, and needs to be updated at least annually.

Many states require reserve studies to be updated on a regular basis, with the most common being states that require updates based on a visual site inspection every third year or every fifth year. Many industry experts advocate an annual update or inspection. At Desert Ridge our association has a reserve study prepared every year, with a detailed, on site inspection every third year.

According to industry experts, Reserve Associates, associations who update their reserve study every five years enjoy a 35.1% decrease in special assessments, when they shift to updating their reserve study annually. Associations who update their reserve study every three years enjoy a 28.5% decrease in special assessments when they shift to updating their reserve study annually.

Our DRCA board is proud of our financial track record. Since the association was turned over from developer control in 2003, we have NEVER had an increase in association semi-annual fees. What other expense have you had that hasn't increased in the last 15 years?

Additionally, we have NEVER had a special assessment of our membership. In fact we've had just the opposite! In years where we had additional funds, we've rebated them back to our members, totally nearly \$250,000. Most importantly, our reserve funds are over \$2,000,000 which is currently at 112% of the 100% funding level recommended by the reserve study, ensuring our community is well funded and that the risk for a special assessment is very low.

Desert Ridge is a special community with wonderful neighbors. Our Board works extremely hard to ensure that our community is well maintained and financially sound. We appreciate your continued support and I look forward to seeing you in this wonderful community.

Doug Dickson
President
Desert Ridge Community Association



Desert Ridge
Community Association

**THE DESERT RIDGE COMMUNITY ASSOCIATION OFFICE WILL BE
relocating**

TO NEW OFFICE SPACE ON HIGH STREET

Effective November 5, 2018 our new office will be located on the first floor of the east building (*immediately facing the courtyard fountain*)

NEW ADDRESS WILL BE:

5415 E. High Street, Suite A-133 Phoenix, AZ 85050

OUR OFFICE PHONE NUMBERS WILL REMAIN:

480.551.4553 or 24/7 Customer Care Center at 480.551.4300

Please feel welcome to visit our new office during our 8am to 5pm office hours after November 5, 2018.

AZ North Phoenix

CAMBRIA
do



Reserve your "I do" stay today

From congratulations on your engagement, to I do, we're here to make your wedding perfect and stress-free.

Make your special day even more special, with Cambria Hotel North Scottsdale Desert Ridge

Call 623.404.4447 to reserve
your room block today.

CAMBRIA
hotels & suites.

where everybody is somebody®

4425 E Irma Ln | Phoenix, AZ 85050

480.585.6644

cambriadesertridge.com

©2015 Choice Hotels International, Inc. All rights reserved.

Upscale, never uptight

- Oversized rooms ideal for large families
- Catering & planning services
- **customFit** fitness center and pool with jacuzzi
- **socialCircle** bistro with local fare and craft brews
- Oversized guestrooms and complimentary WiFi

FROM THE COMMUNICATIONS CHAIR

Celebrating the Holidays



Rob Reichstein

No matter which holiday you celebrate, Christmas, Chanukah, Kwanza, or my favorite, Festivus most will agree the success of the season is measured by the

fun, the food, the family times, and most importantly, the gifts. In fact, the U.S. economy is based on the holiday gift giving season. Many retailers report as much as 40% of their annual sales in the period between the day after Thanksgiving come to be known as Black Friday until Christmas Eve.

We obsess over what gifts to buy and give by searching every advertisement, website, tweet, post, and commercial to find the hottest new toys or gadgets that our loved ones “must have” We then imagine their faces and responses when they open their gifts. However, do we ever consider giving out the one gift everyone wants, will not break our gift giving budget, never goes out of style, will not be returned or exchanged,

and is always appreciated, but seldom received? A simple compliment.

Day after day we are consumed with the details of our lives. We go to work, take care of our responsibilities. We spend a growing amount of time on social media communicating. We express our feelings, reveal our trials and tribulations as well as the sordid details about our lives we feel everyone needs to know. But how much time do we spend personally complimenting someone or telling a friend what they mean to us? Imagine if we logged onto our social media accounts and instead of seeing someone post pictures of their restaurant experience or a complaint about a situation they said: Thank you for being my neighbor and friend? (Too Mr. Rogers-ish?) But seriously how would we feel if we logged on to see someone post a heartfelt compliment or acknowledgment for a deed well done? It just may just change our whole outlook for the day.

I cannot tell you that this year in lieu of gifts I am going to shower my family and

friends with compliments and endearments. We all know it would probably shorten my FB friend list significantly and mark the last time I was invited to holiday parties, especially the one in my very own home. But this year I will make an attempt to include a note and a personal thank you to let those know how much they mean to me. What do I expect to come of this “movement”? I am not sure. But I do know this. What better time of year than now to test a strategy intended to put a smile on someone’s face? And who knows, it might just become a year-round event.

Thank you for taking the time to read this article. The fact you did shows you are a very patient and kind person. Merry Christmas, Happy Chanukah, Happy Kwanza, Happy Festivus, Happy Holidays. And a most importantly Happy, healthy, and safe new year. Let’s do more of this next year!

Rob Reichstein
Communications Chair
 Desert Ridge Community Association



FROM THE LIFESTYLES CHAIR

Keeping Busy



Patricia Brash

As the summer draws to a close and we enter the fall, we can look forward to a myriad of events and activities here in Desert Ridge. We live in a beautiful community with much

to offer and many activities to be shared. We had a very successful initial Battle of the Teen Bands at Reach 11 this summer. It encompassed residents of all ages and was enjoyed by all. We look forward to our upcoming events and festivities.

FALL HARVEST FESTIVAL

The Fall Harvest Festival/Trunk or Treat will take place in Cashman Park at Desert Ridge on Friday, October 19. The movie "Coco" will be the feature presentation. In addition, there will be food trucks, a DJ, games, face painting, pumpkin decorating, age-appropriate inflatables, a pet costume parade and contest. It should be an excellent time for all.

FARMERS MARKET

Our exciting Farmers Market on High Street will be returning to High Street starting this fall EVERY Sunday, October 28, 2018 to April 29, 2019 from 10 a.m. until 1 p.m.

MEGA COMMUNITY-WIDE YARD SALE

It's time once again for the Mega Community-Wide Yard Sale. It will take place this fall on Saturday, November 3, from 7 a.m. to 2 p.m. Goodwill of Central Arizona will have a donation truck available to collect all unwanted items from 12 p.m. to 3 p.m. at Cashman Park at Desert Ridge, 22222 N. 44th Place, Phoenix, Arizona.

VETERANS DAY APPRECIATION BREAKFAST

Once again, the Desert Ridge Lifestyles Committee is proud to celebrate our Veterans with a Veterans Day

Appreciation Breakfast at Mimi's Café in Desert Ridge. The appreciation breakfast will be on Friday, November 9, from 7 a.m. until 10 a.m. This ceremony is for Veterans of all branches. If you are a Desert Ridge resident that has honored us all through your service in the armed forces, including active duty servicemen and servicewomen, please join us with your family members at Mimi's Café for a complimentary appreciation breakfast on behalf of the Desert Ridge Community Association.

LADIES NIGHT OUT

We will have our popular Ladies Night Out returning on Tuesday, November 13, at 5 p.m. to 7 p.m. at La Bocca Wine Bar and Urban Kitchen. We encourage all the ladies residents of Desert Ridge to attend. This social mixer is a wonderful time for our ladies in the community to gather and relax as they meet and mingle with their neighbors, friends and make new acquaintances at various restaurants in the community.

COMMUNITY NIGHT OUT

We invite our adult residents (couples and singles) to join us at our last Community Night Out social for 2018 at Marjele's Sports Grill on Tuesday, December 4, to launch the holiday spirit in Desert Ridge.

COFFEE CLUB

The Coffee Club takes place on the second Tuesday of the month. The next event is December 11. It is sponsored by AAA Landscaping and is an informal gathering and breakfast setting of community members to discuss matters of common interest and concerns. There are also community updates from the Desert Ridge management team, Community Action Officer, AAA Landscape, board representative, and community partners. Please join us for this event at Holiday Inn Express & Suites located at 4575 E. Irma Lane, Phoenix, AZ.

HOLIDAY LIGHTING AND DECORATING CONTEST

The Lifestyles Committee will be hosting the Eleventh Annual Holiday Lighting and Decorating Contest starting Monday, December 3rd. This signature event is one of our greatest annual events where Desert Ridge residents can showcase their homes and be recognized for the creativity, artistry, and the sheer spirit of the holiday season in the community making this one of the must-see places in North Phoenix. Homeowners may enter the lighting and decorating contest electronically by email to desertridge.az@fsresidential.com. More information can be found in this magazine and community website at desertridgelifestyles.com.

HOLIDAY TROLLEY TOURS

We look forward with great anticipation to our annual signature Holiday Trolley Tours slated for December 13, December 17, December 18, and December 19. The Desert Ridge Trolley Tours will depart from and return to the southeast corner of High Street and 54th Street. There will be a total of four (4) days of trolley tours with three (3) trolleys departing at 6 p.m. and 7:30 p.m. for approximately a 60-minute tour. Tickets will go on sale the day after Thanksgiving Day. Tickets can only be purchased online via credit card or bank debit card at desertridgelifestyles.com.

SNOW BLAST AT REACH 11 SPORTS COMPLEX

Come and enjoy the 50-100 ton of snow and a festive holiday event at Reach 11 Sports Complex with a visit from Santa. There will also be food trucks, holiday vendors, music, crafts, activities and more. This event will be on Friday, December 14 at 6 p.m. to 9 p.m. More information can be found in this magazine and community website at desertridgelifestyles.com.

Patricia Brash
Lifestyles Committee Chair
Desert Ridge Community Association

ACTIVITIES TO DO THIS FALL

SALT RIVER FIELDS BALLOON SPOOKTACULAR



SALT RIVER FIELDS AT TALKING STICK

7555 North Pima Road , Scottsdale
October 26–27, 2018 ■ 5–9:30 PM
Adult general admission—\$15
Children ages 3 to 12—\$10
Two and under free
azspooktacular.com

The 8th Annual Halloween Balloon Spooktacular is returning to Salt River Fields for the most exciting Halloween event the Valley has ever seen!!! Bring the entire family to experience Halloween in a fun and safe environment. Over 20 Hot Air Balloons on display and passing out 4,000 pounds of candy for trick-or-treaters, live music, food and beverage, a Kids Zone, vendor market, tethered balloon rides, a haunted house, fireworks and much more.

HOWL-O-WEEN AT THE PHOENIX ZOO



PHOENIX ZOO

455 N. Galvin Parkway, Phoenix
October 26–27, 2018 ■ 6–10 PM
General admission—\$12.95
Member admission—\$9.95
Two and under free
phoenixzoo.org/event-items/howl-o-ween

Howl-O-Ween features delightfully spooky experiences for the whole family. Activities are designated as “Merry” for all ages or “Scary” for guests over eight years old who like a good scare. Enjoy themed crafts, a trick-or-treat trail, games and monster mash dance party. And if you’re looking for thrills, be careful where you turn: witches, ghosts, and the Headless Horseman could be lurking around the corner.

ODYSEA FALL FESTIVAL



ODYSEA IN THE DESERT

9500 E. Via De Ventura , Scottsdale
October 26, 2018 ■ 5–8 PM
odyseainthedesert.com

Join us on Friday, October 26th as OdySea in the Desert and Macaroni Kid N. Scottsdale/PV present the second annual OdySea Fall Festival. Kids 16 and under and families are invited to participate in our not-so-spooky costume contest! The Studio 8 EE Rally Crew will be selecting winners from a variety of categories, and will be asking for crowd participation to find the best costumes, so be sure to bring friends and family to make your own personal cheering section!

PUMPKIN PATCH!



MACDONALD'S RANCH

26540 N. Scottsdale Rd., Scottsdale
Thru October 31 2018
macdonaldsranch.com

See website for prices which include: visiting the petting zoo, run through the hay maze, panning for gold, hayride to the pumpkin patch, train ride to the pumpkin patch.

TASTE OF CAVE CREEK



STAGECOACH VILLAGE

7100 E. Cave Creek Rd. Cave Creek
October 17–18, 2018 ■ 5–9 PM
\$10

tasteofcavecreek.com

Mark your calendar for when Cave Creek offers its signature Taste of Cave Creek event. For 25 years, the town has offered this event as a chance for residents to mingle with neighbors and for everyone to sample the amazing fare offered from local restaurants and bars.

AND HOLIDAY SEASON!

NASCAR CAN-AM 500 RACE WEEKEND



ISM RACEWAY

7602 S Avondale Blvd., Avondale

November 9–11, 2018

ismraceway.com/Races/

[Fall-Weekend.aspx](http://ismraceway.com/Races/Fall-Weekend.aspx)

November 9

Lucas Oil 150, NASCAR Camping World Truck Series Semi-Final Playoff Race under the lights. Prior to the Lucas Oil 150, don't miss practice sessions for both the Monster Energy NASCAR Cup Series and NASCAR Xfinity Series before the starting line-up is set for the Can-Am 500 during Gatorade Qualifying.

November 10

Watch the future stars of NASCAR battle during the NASCAR Xfinity Series Semi-Final Playoff Race on Saturday, November 10.

November 12

Experience the intensity of the Playoffs – NASCAR style – at the Can-Am 500 Monster Energy NASCAR Cup Series Semi-Final Playoff Race, November 11. Watch 8 Drivers battle for a Championship 4 spot. Watch the future stars of NASCAR battle during the NASCAR XFINITY Series Semi-Final Playoff Race on Saturday, plus Friday's Lucas Oil 150 + Monster Energy NASCAR Cup Series Qualifying.

DOWNTOWN DONUT FEST



MARGARET T. HANCE PARK

67 W. Culver St. Phoenix

November 18, 2018 ■ 11 AM–3 PM

Price: \$8

downtowndonutfest.com

On Sunday, November 18, the very first Downtown Donut Festival will take over Margaret T. Hance park in Phoenix. Festivalgoers can devour delicious donuts from over 15 of the best local donut shops. Craft beer, mimosas, coffee, music, a kids zone and sunshine will be the icing on the donut. Craft beer, wine, and mimosas will cost \$6 (cash only). Water (\$3) and soda (\$2) is cash only. Alcoholic drinks are paid for with drink tickets, which are purchased with cash.

Downtown Donut Festival is proud to support Downtown Phoenix Inc., a 501c organization that promotes the continued revitalization of downtown Phoenix. Through collaboration between businesses, City of Phoenix leadership and community groups, DPI coordinates activities between the Downtown Phoenix Partnership, Phoenix Community Alliance and Downtown Phoenix Community Development Corporation. DPI and its affiliate organizations are committed to making Phoenix a vibrant urban destination and one of the nation's great cities.

THE POLAR EXPRESS TRAIN RIDE



GRAND CANYON RAILWAY HOTEL

235 N. Grand Canyon Blvd. William

November 9–11, Nov 15–18, Nov 21, Nov 23–26, Nov 28–Dec 2, Dec 5–10, Dec 12–24, Dec 26–30, Jan 3–5, 2019
5:30 PM and 7:30 PM

Adults: \$43–\$55

Approximately 90 minutes

Children (ages 2-15): \$33–\$45

Christmas Eve: Adults \$79; Children \$59

thetrain.com/events

Every winter the Grand Canyon Railway's Polar Express comes to life on a journey from the nighttime wilderness of Williams, Arizona, to the enchanted beauty of "the North Pole"—where Santa Claus and his reindeer are waiting with a keepsake present for every good boy and girl. You'll be smiling from ear to ear, as you watch children's faces light up when the train arrives, and enjoy hot chocolate and chocolate chip cookies while listening to this timeless story.

Make this a family holiday tradition, and call today to make your reservations (because space is limited to those who truly believe in the spirit of Christmas). The ride lasts a little over an hour, with the train leaving each night at 5:30 p.m. and 7:30 p.m.

AND MORE ACTIVITIES...

PGA TOUR CHARLES SCHWAB CUP CHAMPIONSHIP



PHOENIX COUNTRY CLUB

2901 N 7th St Phoenix

November 9–11, 2018

pgatour.com/champions/tournaments/charles-schwab-cup-championship.html

Official groupings and starting times are posted at the tournament site.

FOUNTAIN FESTIVAL OF FINE ARTS AND CRAFTS



AVENUE OF THE FOUNTAINS

12925 N. Saguardo Blvd. Fountain Hills

November 9–11, 2018 ■ 10 AM–5 PM

fountainhillschamber.com/fountain-festival/

The Fountain Hills Festival of Arts and Crafts features nearly 500 artists, artisans and gourmet food provisioners. Over 200,000 visitors are attracted to this event to do their holiday shopping, purchase art and enjoy good food and live entertainment.

PHOENIX FESTIVAL OF THE ARTS



MARGARET T. HANCE PARK

1202 N. 3rd Street, Phoenix

December 7–9, 2018 ■ 12–5 PM

phoenixfestivalofthearts.org/about-the-festival

Phoenix Festival of the Arts returns to Hance Park in Downtown Phoenix this December. Phoenix Center for the Arts is proud to present the seventh annual event, featuring more than 150 art and food vendors. It's a perfect time to shop for local art and celebrate the season. Expect live entertainment, taking place on three stages, includes local bands, solo artists, dancers, choral groups, spoken word artists, comedians, art demonstrations, and more.

CHEEZ-IT BOWL



CHASE FIELD

401 E Jefferson St, Phoenix

December 26, 2018 ■ 7 PM

fiestabowl.org/cheezit-bowl/

The 2018 Cheez-It Bowl is a college football bowl game that will be played on December 26, 2018. It will be the 30th edition of what is now the Cheez-It Bowl, after laying the last four games as the Cactus Bowl and will be one of the 2018–19 bowl games concluding the 2018 FBS football season.

PLAYSTATION FIESTA BOWL



fiestabowl.org/events/

Saturday, December 30, 2018

National Bank of Arizona

Fiesta Bowl Parade

9 a.m.

Central Phoenix

Tuesday, January 1, 2019

State Farm Stadium

1 Cardinals Dr., Glendale,

Fan Fest Pregame Party

9:30 a.m.

State Farm Stadium, Great Lawn

PlayStation Fiesta Bowl

11 a.m.

State Farm Stadium



Health care that goes beyond get well soon.

Health is personal. That's why the providers at Banner Health Center decide with you, not for you, on the best approach. What does it mean to be healthy and stay well? That's up to you. We care for you as an individual. By understanding your priorities, we help you live your own healthiest life.

New health care providers in Desert Ridge:



John Julius, DO
Family Medicine



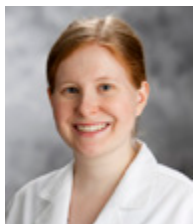
Natasa Vojvodic, DO
Family Medicine



Lurlyn Pero-Anderson, MD
Internal Medicine



Michael Germain, MD
Internal Medicine



Andrea Goldberg, MD
Internal Medicine



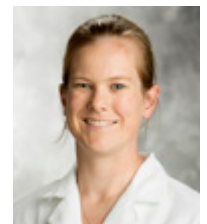
Lorna Honan, MD
Internal Medicine



Nolawi Mengesha, MD
Internal Medicine



Danielle Wicklow, MD
Internal Medicine



Laura Hellenthal, ANP-C
Internal Medicine

Appointments: 480.890.5800

4375 E. Irma Lane, Phoenix • www.BannerHealth.com



Tis the Season for Holiday Festivities and Fun

Our community Eleventh Annual Desert Ridge Holiday Lighting and Decorating Contest will arrive soon... and so will our Desert Ridge Holiday Trolley Tours! What a great way to view the beautiful holiday displays throughout Desert Ridge. Our Desert Ridge Board and Lifestyles Committee members

would like to encourage our community participation to commemorate our Eleventh Annual year of the Holiday Lighting and Decorating Contest and invite our residents, their families and friends to enjoy an evening of holiday fun on the great trolley tours. Please be reminded to email your Holiday Lighting

and Decorating Contest entry by 5 p.m. on November 30 to desertridge.az@fsresidential.com. Trolley tickets will only be available for online purchase via the desertridgelifestyles.com website beginning the day after Thanksgiving. Trolley seats are limited and tickets will be sold on a first come basis.

Previous Winners



Photos courtesy of Tina Dickson



2018 ELEVENTH ANNUAL HOLIDAY Lighting & Decorating Contest

Exciting Prizes for the Best Lights & Decorations

- Overall Best Presentation2 Night Stay at JW Marriott plus \$200 gift card
- Best Creative Presentation \$150 gift card
- Deck the Halls..... \$150 gift card
- Winter Wonderland..... \$150 gift card
- Best Theme..... \$150 gift card
- Best Decorated NeighborhoodBragging rights



Rules

1. Your contest entry info must be received by **Friday, November 30, 2018** by email only (see email instructions below).
2. The association will begin marking entrant's yards for judging the week of **Monday, December 3, 2018**.
3. Residents are not required to be at home however, the holiday display must be illuminated from 6 p.m. until 10 p.m. starting on **Monday, December 3** ending on **Wednesday, December 21, 2018**.
4. Winners will be notified by the association.
5. Contestants must be a member in good standing with all assessments current and no existing compliance matters outstanding with the association.

By way of entering the Holiday Lighting and Decorating Contest your entry does not secure and/or guarantee placement on the homeowner Holiday Trolley Tour route and may only be added to the judging sheet.

Entries not chosen as a winner are eligible for \$25 gift cards to be awarded from a drawing of all eligible entries received. Contest winners are not eligible to win the same category in consecutive years. All prizes and entrants gift cards must be claimed no later than **Friday, February 1, 2019**. Prizes and/or gift cards not claimed by the stated due date will be forfeited. Photographs will be taken of winning holiday displays and are property of the Association.

***Accommodations courtesy of JW Marriott Phoenix Desert Ridge Resort & Spa.
*Gift cards, courtesy of Desert Ridge Community Association.**



How to Enter Contest

Please email the following information to desertridge.az@fsresidential.com with your email subject line title: "DRCA Holiday Contest Entrant". Your name, address, city, state, zip code, phone and email will be needed.

*Rules subject to change without notice.



Holiday Trolley Tours

Come join us with your family and friends for a fun-filled night and tour the Desert Ridge Community by Trolley and see the wonderful Holiday displays. These Trolleys are fully enclosed with glass viewing.

Seats are limited and on first come first served basis. Tickets are only available for online purchase on the desertridgelifestyles.com website beginning the day after Thanksgiving.

By way of entering the Holiday Lighting and Decorating Contest your entry does not secure and/or guarantee placement on the homeowner Holiday Trolley Tour route and may only be added to the judging sheet.

- EVENT DATES** December 13, 17, 18, and 19
- EVENT TIMES** 6:00 p.m. or 7:30 p.m.
- COST** \$9 per person
Ticket price includes 60 minute trolley ride, refreshments, treats, 3D glasses and holiday craft. (Tickets must be purchased online only by credit card or debit bank card via Desert Ridge Lifestyles website, desertridgelifestyles.com after Thanksgiving Day)
- CHECK-IN TIME** 15 minutes prior to departure. Trolleys depart promptly, be on time.
- ACTIVITIES & TREATS** 6:30 p.m. – 8:30 p.m.
Please join us for cookies, hot chocolate and crafts at Pinspiration.
- DEPARTURE LOCATION** High Street Fountain Court, 5415 E. High Street, Phoenix, AZ 85054



Trolley Registration Begins After Thanksgiving Day

Seats are limited and on first come first served basis.

Tickets must be purchased online only by credit card or bank debit card via Desert Ridge Lifestyles website, desertridgelifestyles.com after Thanksgiving Day

DATE AND TIME OF DEPARTURES

Dec. 13 6 p.m. or 7:30 p.m. **Dec. 17** 6 p.m. or 7:30 p.m. **Dec. 18** 6 p.m. or 7:30 p.m. **Dec. 19** 6 p.m. or 7:30 p.m.

DESERT RIDGE COMMUNITY ASSOCIATION

5415 E. High Street, Ste. A-133, Phoenix, AZ 85054 ■ phone 480-551-4559 ■ fax 480-551-6000 ■ Email: desertridge.az@fsresidential.com



DESERT RIDGE FALL HARVEST FESTIVAL & DESERT CITY CHURCH TRUNK OR TREAT OCTOBER 19 ■ 6-8 P.M.

CASHMAN PARK AT DESERT RIDGE 22222 N. 44TH PLACE



MOVIE IN THE PARK—COCO
PUMPKIN DECORATING
FACE DECORATING
PET COSTUME CONTEST
INFLATABLES ■ DJ
FOOD TRUCK VENDORS
COSTUME PARADE
AND CONTEST

JUDGING PER AGE GROUPS
5 AND UNDER, AGES 6-10, AGES 11 AND UP



SPONSORS

DESERT CITY
CHURCH

Desert Ridge
Community Association

 **MISSION
GROVE
CHURCH**


URBAN TACTICAL SECURITY
WE'RE FIERCE ABOUT YOUR PROTECTION
10/15/2018



**GREAT EATS.
GREAT DRINKS.
GREAT CAUSE.**

HIGH STREET | SUNDAY, OCTOBER 21, 2018 | 5-8PM | \$75

#FoodForThought



#DishItOutAZ

80+ restaurants, wines, spirits, craft beers and interactive experiences.

Information and tickets available at DishItOutAZ.org



This School Year, Anything Is Possible.

Every fall is a fresh start. Equip your kids with more than new clothes and school supplies—give them skills to transform their year! The Mathnasium Method™ builds confidence, develops critical thinking, and boosts grades and scores. Our caring, expert instructors assess and teach each child individually, using customized learning plans to help them set and accomplish their academic goals all year long.

Teaching math is not just what we do, it's all we do. We're the authority in math education, with over 900 learning centers worldwide. **Transform their school year and transform their lives!**

Schedule a free comprehensive assessment today.

Changing Lives Through Math™

Remedial to Enrichment

Homework Help

Face-to-Face Instruction



602-374-3445
www.mathnasium.com/desertridge

FARMERS MARKET

on  HIGH STREET

STARTS
OCT. 28

FOOD
and FUN

The Farmers Market on High Street is back weekly serving up food and fun.

Popping up every Sunday from October to April from 10am to 1pm, the Farmers Market on High Street is the north Valley's newest market featuring offering fresh produce, food, and other delectables to take home and enjoy.

Come stroll High Street with friends and family while browsing market vendors offering the likes of: organic produce, locally grown fruits & vegetables, artisan breads, baked goods, cookies & toffees, seafood, local honey, vinegars & oils, pastas, tamales, hummus, spices, sausages, cheese curds, jellies, kettle corn, and much more!

After visiting the Farmers Market, stay on High Street and enjoy lunch at one of High Streets many eateries including, Modern Margarita, La Bocca, Mellow Mushroom, Growler USA, Kona Grill, Firehouse Subs and more.

Farmers Market admission and parking is always free.

Farmers Market on High Street takes place at High Street, the North Valley's growing entertainment district, home to restaurants, bars, entertainment, retail and services. High Street is located at 5415 E. High Street in Phoenix, next to Desert Ridge Marketplace. Exit off the Loop 101 at 56th Street.

EVERY SUNDAY 10am – 1pm OCTOBER through APRIL

 HIGH STREET | AN URBAN NEIGHBORHOOD EXPERIENCE
LOOP 101 & 56TH STREET | HIGHSTREETAZ.COM

DINING · ENTERTAINMENT · SHOPPING

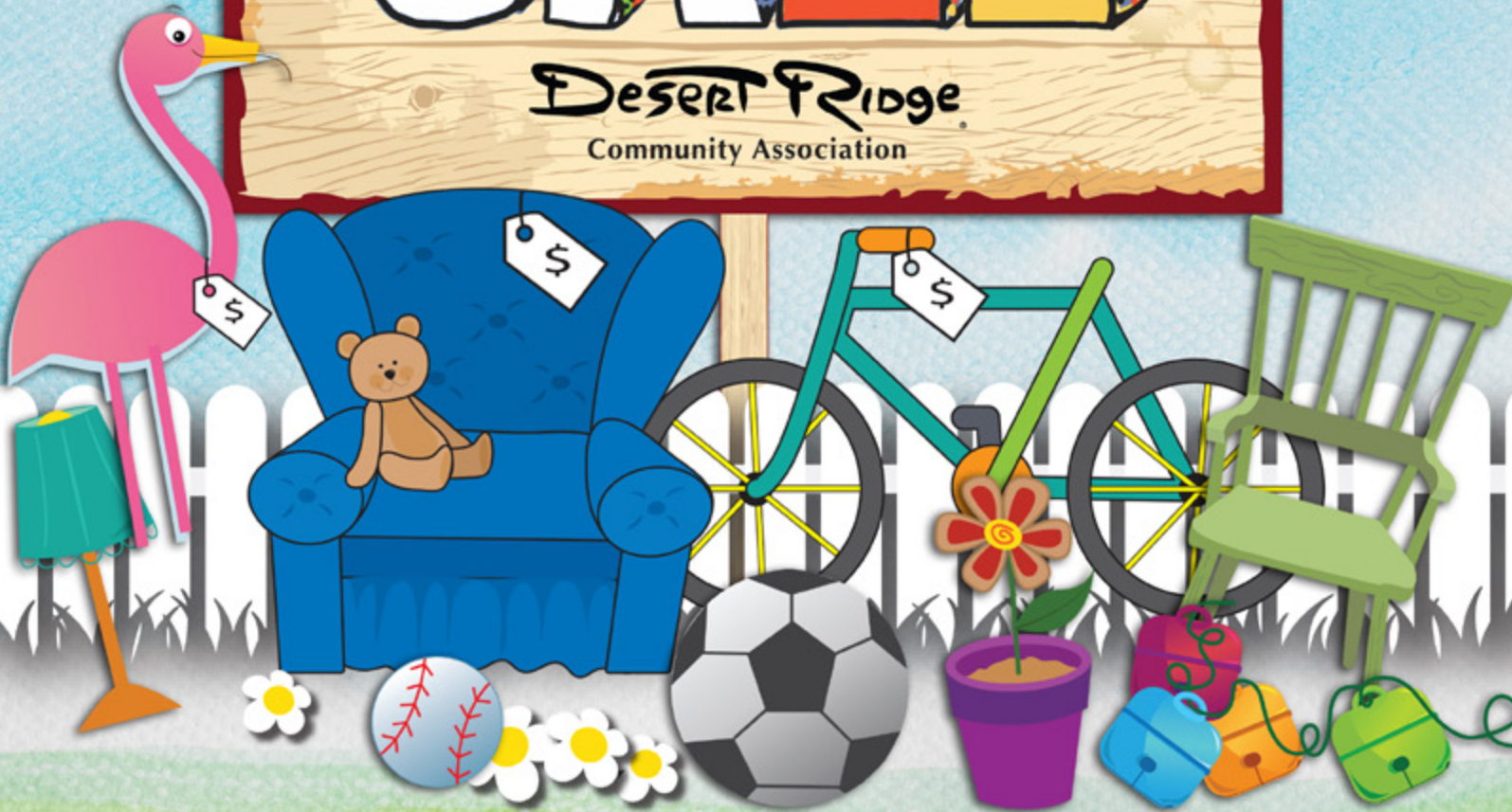
MEGA COMMUNITY-WIDE

YARD SALE

Desert Ridge
Community Association

QUESTIONS?
Sharon.Hooks@
fsresidential.com

SATURDAY ONLY
NOVEMBER 3
2018
7 a.m.-2 p.m.



If you reside in a gated neighborhood, please contact your sub-association community manager for information.

Goodwill of Central Arizona will be parked at Cashman Park at Desert Ridge, 22222 N. 44th Street, Phoenix from 12–3 pm collecting unwanted clothing, shoes, furniture, books, electronics, housewares, and more!

Donations are tax deductible and support the 5 Desert Ridge Schools and Goodwill programs and services that give local job seekers the skills and training they need to find employment and become self-sufficient.

DESERT RIDGE COMMUNITY ASSOCIATION
in partnership with
MIMI'S CAFÉ AT DESERT RIDGE
invites you to
Veterans Day Breakfast

We would like to thank you, for all your love, sacrifice, loyalty and bravery! ALL veterans, active military personnel and their immediate families will receive breakfast complimentary of Desert Ridge Community Association and Mimi's Café at Desert Ridge Marketplace.

Please join us for breakfast on
FRIDAY | NOVEMBER 9 | 7-10 AM
 at Mimi's Café located at 21001 N. Tatum Blvd., #88
 Phoenix, AZ 85050

MENTION THIS INVITATION UPON YOUR ARRIVAL.

For additional information please contact 480-551-4553. Please pass along this invite to anyone who is currently serving or has served.

HONORING ALL WHO SERVED



WWI
100
YEARS



VETERANS DAY

NOVEMBER 11, 2018



va.gov



please join us for our
COMMUNITY NIGHT OUT

MEET YOUR NEIGHBORS AND GET TOGETHER WITH FRIENDS
YOU'RE INVITED TO A NIGHT OF CAMARADERIE

DECEMBER 4 ● 5-7 P.M.
MAJERLE'S SPORTS GRILL

RSVP REQUIRED TO DESERTRIDGE.AZ@FSRESIDENTIAL.COM
 WATCH FOR EBLAST OR VISIT DESERTRIDGELIFESTYLES.COM

Ladies NIGHT OUT

JOIN IN ON THE FUN
tuesdays

NOVEMBER 13 5-7 P.M. | **DECEMBER 11 5-7 P.M.**
LA BOCCA WINE BAR AND URBAN KITCHEN | **MAJERLE'S SPORTS GRILL**

RSVP REQUIRED TO DESERTRIDGE.AZ@FSRESIDENTIAL.COM
 WATCH FOR EBLAST OR VISIT DESERTRIDGELIFESTYLES.COM

SNOW BLAST

REACH 11 SPORTS COMPLEX

2425 E. Deer Valley Road, Phoenix, AZ 85050

DECEMBER 14 ❄️ 6–9 P.M.

Gates open at 5:30 p.m.

FREE



SNOW BLAST AREA

50-100 TONS OF SNOW

SNOW SLIDES FOR AGES 8 AND UP

KIDDIE SNOW AREA FOR AGES 5 AND UNDER

PICTURES WITH SANTA

CRAFT ZONE ❄️ COOKIE DECORATING



6 FOOD VENDORS ❄️ MUSIC ❄️ FACE PAINTING

NO ANIMALS OR SNOW EQUIPMENT (SLEDS, SNOWBOARDS, CARDBOARD ETC.) ARE ALLOWED.

SPONSORS

DESERT CITY CHURCH

Desert Ridge
Community Association



MISSION GROVE CHURCH

PHOENIX DJ

PHX PLAYS





Phoenix North/Scottsdale
 4575 E. Irma Lane
 Phoenix, AZ 85050 Ph:
 480-473-3400



Friends and family visiting for the holidays?
 You already do enough cooking, cleaning, hosting
 and entertaining. Leave the rest to us!!!

Fresh, Clean, Uncomplicated

All the little things that make your travelers Stay Smart®

We're proud to introduce our newly renovated Holiday Inn Express® hotel! This new design was created with you, the guest, in mind - to give you what you want and need to rest, recharge, and get a little work done. You will notice the difference wherever you look—outside, inside, and in the guest rooms. It's simple, smart travel.

Mention "Desert Ridge Marketplace"
 when making your reservation
 to receive a 20% discount



Phoenix North/Scottsdale

HALLOWEEN SAFETY TIPS

Guidelines for parents and trick or treaters

- All children should be accompanied by a responsible adult.
- Costumes should not be restrictive, should not hinder the vision of the child, and should be clearly visible at night (costumes with light reflecting materials are highly recommended).
- Your children should be cautioned to not consume treats before they can be carefully inspected by parents.
- Homemade type treats (baked goods, Rice Krispie Treats, etc.)



and fruits/nuts should not be consumed unless parents know from where they came.

■ Trick or Treating should be enjoyed in well lit communities and only well-lit homes should be approached.

■ Adults should carry flashlights and, if at all possible, children should also carry portable lighting of some type.

- All traffic rules for pedestrians should be followed. Motor vehicle traffic will increase in our communities during Halloween eve. Parents should be cautious as they move about with their children and we want to remind drivers to be on the lookout for those ghosts and goblins.

Guidelines for those who pass out treats

- Distributing homemade treats should be avoided. These type treats will often be thrown out unless the parents know the provider.
- Ensure that your home is well lit for the children if you intend to pass out treats.
- Be wary of those who approach your home seeking monetary donations of any kind (including the sale of products). Halloween is not the time for this. If you cannot verify that the solicitation is legitimate, do not participate.
- If you are concerned that a child is too young to be out alone and you can confirm that there is no adult supervision, call your local police for assistance.

A few extra points

- Older children (perhaps beyond 12 years of age) should travel in groups and remain in familiar neighborhoods.
- Everyone should adhere to the hours for trick or treating as established by your community.
- If you observe suspicious activity in your neighborhood, call police right away.
- It really is a great time of year for our community; some say this is when the fall and winter holidays begin! So let's start the season off by having a safe and enjoyable Halloween.

DESERT CITY CHURCH

SUNDAY GATHERINGS AT 10:30 AM

Desert Trails Elementary School
4315 E Cashman Drive
Phoenix, AZ 85050

info@desertcitychurch.com
desertcitychurch.com

Since 1994, AAA Landscape has been the Desert Ridge Community Association preferred landscape maintenance service provider and community partner, providing a multitude of landscape designs, installations and maintenance services to the community throughout the years. We value tremendously the community partnership and the amazing relationships we have developed with the community residents over the past 24 years! We look forward to many more years of providing landscape maintenance services that will ensure Desert Ridge remains one of the most desired destination communities in all of Phoenix.

AAA Landscape would like to thank the Desert Ridge residents for the continued opportunity to serve your community and allowing us to be an integral part of the next generation of Desert Ridge development, growth and change to come!

phoenix.gov/police/policing-phoenix-stories/halloween-safety

All the reasons for the seasons

Homemade Eggnog

By: Christina Bird
hgiv.com/design/make-and-celebrate/entertaining/homemade-eggnog-recipe
 Serves 12

6 large eggs
 2 egg yolks
 ½ cup of sugar
 ¼ tsp. of whole milk
 1 Tbsp. of vanilla extract
 ½ tsp. grated nutmeg
 ½ t. cinnamon

Whipped cream, for serving

Combine eggs, egg yolks, sugar and salt in a heavy saucepan and whisk until well combined. Continue whisking while pouring milk in a slow, steady stream until completely incorporated.

Set heat to low and cook slowly, stirring frequently, until the mixture reaches 160 degrees F and is thick enough to coat the back of a spoon. Strain mixture through a fine sieve to remove any bits of cooked egg. Add vanilla extract, cinnamon, and nutmeg, stirring to combine.

Chill overnight or up to 3 days in advance. Serve chilled with a dollop of whipped cream and grated nutmeg. Have a bottle of your favorite spirit on hand so grown-ups can spike their own if desired. Tuck a straw or cinnamon stick embellished with a printable straw flag into each glass.

Healthy Smoked Salmon Dip

Servings: 6-8 appetizer size portions
 Author: Julie Wunder
www.runninginaskirt.com/healthy-smoked-salmon-dip/

¼ cup reduced fat cream cheese
 ½ cup plain Greek yogurt
 1 Tbsp. fresh dill
 ½ fresh lemon juiced
 3 oz. chopped smoked salmon
 2 Tbsp. red onion
 optional: capers, additional dill for garnish

Put all the ingredients in a bowl and mix well. Garnish with dill.

Serve with your favorite crackers, carrot chips or on a whole grain bagel.

desertridgelifestyles.com

Chocolate Almond Biscotti

hgiv.com/design/make-and-celebrate/entertaining/chocolate-almond-biscotti
 Yield: 20 biscotti

2/3 cup granulated sugar
 2 large eggs
 2 oz. semisweet chocolate, melted and cooled
 1 tsp. instant-coffee granules
 1 tsp. hot water
 1 tsp. pure vanilla extract
 1¾ cups flour
 1 tsp. baking powder
 ¼ tsp. salt
 ½ cup whole almonds, toasted and roughly chopped

1. Preheat oven to 350° F.
2. In the bowl of an electric mixer, beat sugar and eggs on medium-high until pale and fluffy.
3. Beat in melted chocolate.
4. Dissolve coffee granules in hot water, then beat vanilla extract and coffee mixture into chocolate mixture.
5. In a separate bowl, whisk together flour, baking powder and salt.
6. Add to the chocolate mixture and beat until combined, then fold in chopped almonds.
7. Line a baking sheet with parchment, then transfer dough to the baking sheet and, with damp hands, form into a 12-inch log.
8. Bake until firm to the touch (20-30 minutes).
9. Remove from oven and let cool on wire rack for 10 minutes.

10. Transfer the log to a cutting board and, using a serrated knife, cut into 3/4-inch slices, on the diagonal.
11. Put biscotti back on parchment-lined baking sheet, this time cut-side down. Reduce oven temperature to 325° F, then bake biscotti for 10 minutes.
12. Flip to the other side and bake an additional 10 minutes.
13. Remove from oven and let cool.

Note: Biscotti will keep in an airtight container for up to 10 days.

The Best Rolled Sugar Cookies

allrecipes.com/recipe/10402/the-best-rolled-sugar-cookies/

1½ cups butter, softened
 2 cups white sugar
 4 eggs
 1 tsp. vanilla extract
 5 cups all-purpose flour
 2 tsp. baking powder
 1 tsp. salt

In a large bowl, cream together butter and sugar until smooth. Beat in eggs and vanilla. Stir in the flour, baking powder, and salt. Cover, and chill dough for at least one hour (or overnight).

Preheat oven to 400° F (200° C). Roll out dough on floured surface 1/4 to 1/2 inch thick. Cut into shapes with any cookie cutter. Place cookies 1 inch apart on ungreased cookie sheets. Bake 6-8 minutes in preheated oven. Cool completely.



GET WRAPPED

20% OFF VEHICLE WRAP
GET NOTICED INCREASE YOUR SALES

PRINT SOURCE 1
 Call for a FREE Quote!
602-254-5451
printsource1.com

Desert Willow Assisted Living Center



Left-to-Right: Tim Kersey, Acacia Health Center Administrator; Kim Davids, Weitz Phoenix General Manager; Boe Evanson, Weitz Project Manager, Ed Smith, Sagewood Associate Executive Director; Stewart Ingram, Sagewood Executive Director; Jim Waring, Phoenix Vice Mayor; Nancy Jameson, Director of Admissions for Desert Willow; Ross Nichols, Project Development Manager, LCS Development; Allison Pendroy, Senior Vice President/Senior Director of Life Plan Communities, LCS.

Desert Willow Assisted Living at Sagewood plans to open in late fall. For more information visit SagewoodLCS.com or call Director of Admissions, Nancy Jameson at 480-384-5825.

Sagewood, a Life Plan Community in Northeast Phoenix, recently celebrated its completion of the Desert Willow Assisted Living center. More than 100 attendees including Phoenix Vice Mayor Waring received an inside look of the new, contemporary designed assisted living center. The two-story Desert Willow will set the standard for assisted living communities in the Valley with 44 contemporary designed one- and two-bedroom apartment homes, a vaulted dining room, living room with fireplace, salon, activity room and fitness area. Desert Willow will be available to residents residing

at Sagewood and to the public who are living outside of the senior community.

Desert Willow was designed with a distinct Southwestern architecture and elegantly-appointed residential-centered interiors for individuals to feel at home in a comfortable setting. Along with receiving medical care from the adjacent Five-Star rated Acacia Health Center, future residents of Desert Willow will enjoy three chef-prepared meals daily, transportation, supervised social and fitness activities, as well as a full schedule of cultural and recreational activities and outings.



UNDERSTANDING AND APPRECIATING THE MULTI-GENERATIONAL VALUES OF YOUR NEIGHBORS CONTRIBUTES TO A STRONG COMMUNITY

Desert Ridge, like society as whole, is comprised of the five (5) generations listed below:

Matures: The Matures were born between 1920 and 1945. They're the last of the veterans of the World and Korean Wars, and are also called the "Silent Generation or Traditionalists." They're about sacrifice. They survived the Great Depression, and they still reuse aluminum foil and paper bags. Their heroes were military figures. They believe that a rule is a rule. They feel that change is good, as long as it's the type of change they've envisioned. The Matures defined the world in which we live for many years, but they now have to give way to the Baby Boomers.

Baby Boomers: Baby Boomers were born between 1946 and 1964. Approximately 77 million in number, they're workaholics who believe in teamwork, democracy, and loyalty. They don't necessarily see the need to follow rules. Baby Boomers value the concept of "built to last." They invented the idea of "meaningful work," and the workplace

continues to be a part of their self-identity. Baby Boomers will occupy the White House until approximately 2030.

Generation X: Generation X'ers were born between 1965 and 1977. Numbering about 44 million, this group was raised in an environment in which both parents worked. They question their parents' values, and they believe that jobs and housing are disposable. They place greater value on family and personal life than the Baby Boomers do, and they feel that a balanced life is more important than professional accomplishments.

Generation Y: Generation Y's are the "Millennials" born between 1977 and 1995. They comprise approximately 33 percent of the U.S. population, and projections suggest that since 2010, those age 33 and younger will number 137 million, or 46 percent of the U.S. population. People in this group have always known the Internet, laptops, and cell phones. It would never occur to them to physically touch a television to change the channel. People born in the U.S. after 1983 have always had a President from the

Southern states. South Africa's official policy of apartheid has not existed in their lifetime, cars have always had CD players and air bags, weather reports have always been available 24 hours a day, and genetic testing and DNA screening have always been available. This generation focuses on its individual choices, goals, and the future.

Generation Z: Generation Z's, known as the "Centennials" born 1996 and after were recently featured in the Desert Ridge Lifestyles Summer/Fall 2018 magazine. They make up 25% of the population and are entrepreneurial, resourceful, imaginative, highly intelligent and independent. They are afraid to move on and would rather live with their parents until they are thirty (i.e., The Peter Pan Syndrome). They are the ideal generation to finally strike the right balance between online and offline workplace communications. Seventy-five percent of this group believe there are other ways of getting a good education other than going to college and they are interested in having multiple roles within one place of employment.

ADVERTISE YOUR BUSINESS IN THE DESERT RIDGE LIFESTYLES MAGAZINE.

To reserve your placement in the next issue, call 480-551-4559.

COFFEE CLUB

All residents are invited to join us for coffee, tea, and breakfast pastries, as we discuss community matters of common interest, concerns and updates.

HOLIDAY INN EXPRESS & SUITES
4575 East Irma Lane
Phoenix, Arizona
85050

9 A.M.

TUESDAY DECEMBER 11

Watch for eblast or visit desertridgelifestyles.com for locations. RSVP required to desertridge.az@fsresidential.com





AN UNDERWOOD BROTHERS CO.
Est. 1975

We Beautify the World

Seasonal Landscape Tips

for the holidays



NOVEMBER

If you did not overseed before Oct 15, make sure to use calcium nitrate to get that winter grass looking perfectly green before it gets too cold.

If you don't overseed, that's ok! You will have a stronger Bermuda when it returns in Spring time. You will also get a break from mowing. Water your Bermuda once a month until February to keep the roots hydrated.

Keep your mowing to a regular schedule every seven days. If you miss a couple of mowings, do not cut your grass more than 1/3 of the height in a single mowing. Also, turn off your irrigation system the day before mowing to make sure the turf is dry.



DECEMBER

This is a good month for pruning! Time to cut back those trees, shrubs and ornamental grasses to get them ready for another year of growth. Make sure to use a certified care tree professional to work on your trees.

Cover your frost sensitive plants and young citrus trees with frost cloth, burlap or sheets. Bring the cover all the way to the ground. Do not use plastic! It is also advisable to cover your winter annual flowers during frost days.

The longer exposure of your plants to frost, the worst it is for the plant. It doesn't matter how far below freezing the temperature goes down. Longer exposure time means deeper wood damage. Should your plants freeze, leave the damaged material to prevent further damage from subsequent freezes. Don't prune the dead wood until new growth emerges.

PHOENIX

3747 E Southern Ave
Phoenix, AZ 85040
602.437.2690

TUCSON

4742 N Romero Road
Tucson, AZ 85705
520.696.3223

SAN ANTONIO

10930 Wye Dr. #108
San Antonio, TX 78217
210.650.0909

AAALandscape.com

COMING SOON TO DESERT RIDGE MARKETPLACE



www.thedapperdoughnut.com
Anticipated Opening, Holiday 2018

*Next to The District Stage and
Dave & Buster's Our Doughnuts*

Our doughnuts are "cake style". They are light, moist and slightly crunchy. Our doughnuts are made all day long – you can even see them being made.



CB LIVE

Anticipated Opening, Holiday 2018
The District across from Barnes & Noble

CB Live will be the icon of entertainment venues, marking the evolution of the Copper Blues brand and leading the way in the future of restaurant and live entertainment. This dynamic venue will boast a wide range of premium live entertainment, including stand-up comedy, national music tours, cabaret performances and celebrity appearances.

Offering great food options, the restaurant will feature brunch, lunch, happy hour and late night bites along with a full bar of local brews and signature cocktails.



www.thewhiningpig.com
Anticipated Opening, Holiday 2018

*The District, Lower Level across from
Pac Sun & Dave & Buster's*

The Whining Pig was established in 2013 and is your neighborhood beer & wine bar. Offering a friendly environment for all, we specialize in craft beers, great wines and wonderful service.



Full Service *means* Full Service

Because signing the contract is only the first step

Signing the contract is just the first step in buying or selling a home. Then all you have to do is: Arrange the inspection, track the appraisal, find vendors for repairs, get moving boxes, hire movers, arrange the final walk through and make sure all those details come together at exactly the right time.

Or, you hire Marcie and Rob, **The FULL SERVICE Realtors**. We stand by you through your close of escrow providing the information you need and the help you deserve. Our full service approach includes: lists of recommended vendors, status reports, and even a moving kit including boxes and tape. We've been in your position many times. We understand the true meaning of service.

See what people say about us on our website: www.MarcieReichstein.bhhsaz.com. Check us out on Facebook: Marcie and Rob Reichstein Realtors. Or, better yet call or text us. You will like what you hear and you'll love our service.



Marcie and Rob Reichstein—The Full Service Realtors
Berkshire Hathaway Home Services AZ Properties.

Marcie.Reichstein@Bhhsaz.com (602) 551-6315
Rob.Reichstein@gmail.com (602) 551-6314



Desert Ridge[®]

Community Association

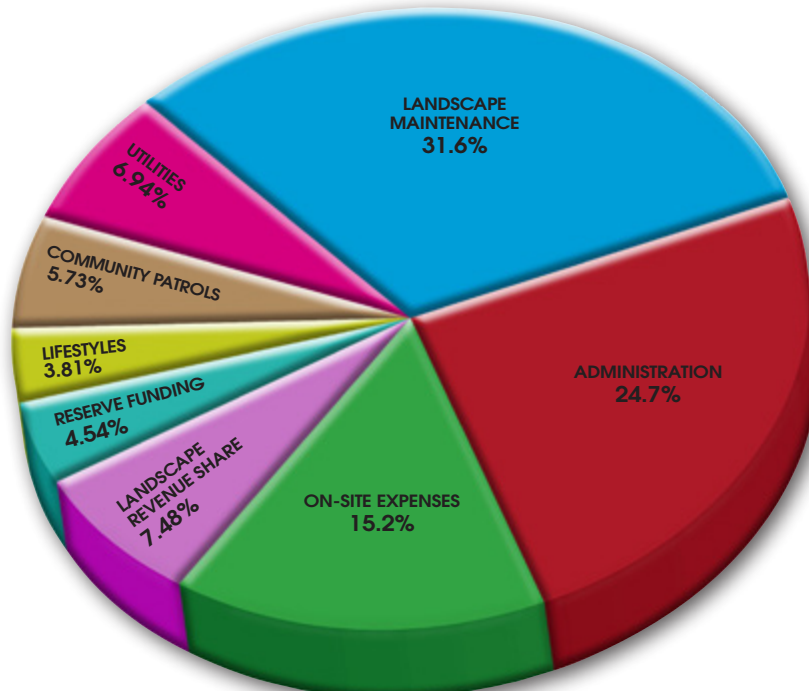
YOUR COMMUNITY ASSOCIATION 2019 ASSESSMENTS - WORKING FOR YOU

As a resident of Desert Ridge Community Association (Master Association), you may be uncertain about what is covered by your master association annual assessment of \$372.00 (paid semi-annually in the amount of \$186.00 each January and July).

The following expense allocations are based on the approved DRCA 2019 Budget illustrating how the Master Association typically applies your annual assessment of \$372.00:

Landscape Maintenance	\$117.75 (31.6%)	For the contracted landscape services related to the maintenance common areas streetscape, maintenance services, irrigation repairs, tree trimming, weed control, etc.
Administration	\$91.78 (24.7%)	For expenses related to the annual audit, taxes, licenses, insurance, legal services, consulting, postage, statements, reserve study, meetings, bad debt, collection costs and management related expenses & fees.
On-Site Expenses	\$56.46 (15.2%)	Contracted staffing costs for the five (5) on-site staff expenses working for the master association and office rent/lease.
Landscape Revenue Share	\$27.84 (7.48%)	For the landscape maintenance assessments Revenue Share to maintain the common area within Aviano neighborhoods that is the maintenance responsibility of the Desert Ridge Community Association.
Reserve Funding	\$16.88 (4.54%)	For capital reserves that includes future replacement of capital items in the master association common area for monuments, bollard light fixtures, decomposed granite, Central Irrigation Controller System, walls/fencing, etc.
Community Lifestyles	\$14.19 (3.81%)	For expenses related to Desert Ridge Lifestyles events, Lifestyles programs, socials, sponsorships, outreach, magazine, promotion and advertising, website and activities.
Community Patrols	\$21.30 (5.73%)	For common area community Off-Duty Phoenix Police Patrol, overnight parking enforcement, vandalism, etc.
Utilities	\$25.80 (6.94%)	For water, sewer and electric expenses related to the common area streetscape, medians, washes & monuments.

DRCA 2019 BUDGETED OPERATING EXPENSES



5415 E. High Street, Suite A-133, Phoenix AZ 85054 | Phone: 480-551-4558 | Email: desertridge.az@fsresidential.com



Community Association

DESERT RIDGE COLLECTION POLICY

ITEM	VALUE	COMMENT
Assessment Frequency	SA	January 1 and July 1
Late Date	15th	
Late Charge	\$15.00	
Late Interest	N/A	
Rebill Date	15th	
Rebill Amount	\$20.00	
Pre-legal Demand Letter Date	Sent at 45 days	
Pre-legal Demand Letter Amount	\$50.00	Demand sent 30 days after the rebill and account has at least 1 FULL assessment delinquent
Pre-legal Final Demand Letter Date	Sent at 60 days	Final Demand sent both Standard USPS Mail and Certified Mail with a review of the account to verify 1 FULL assessment is still delinquent Final Demand sent via USPS 1st Class Mail to the unit address along with Standard delivery to the billing address that the association has on file for the Owner (if the billing address is different than the unit address)
Pre-legal Final Demand Letter Amount	\$150.00	Fee includes any/all postage and handling
Lien Date	Prepared at 75 days	Lien is sent to the Desert Ridge Collections Attorney for review/signature and then sent back to FSR in order for FSR to record the lien with Maricopa County
Lien Amount	\$300.00	This includes the recording of lien and the release of lien when delinquency has been cured.
Collection Date	77-80 days	Once lien is recorded, account will be transferred to the Association's collection Attorney for any collection work needed
Fee for Transfer to Collection Attorney	\$95.00	Transfer to Maxwell & Morgan, P.C., who will proceed with collection activity which could include sending demand letters and proceeding with legal action at attorneys' rates.

NOTE: Owners are responsible for payment of all amounts including, without limitation, assessments, late charges, collection costs, attorneys' fees and court costs, regardless of whether the Owner has received a statement or any of the letters, notices or liens referenced in this collection policy. The failure of the Association to send a bill, letter or lien to the Owner shall not relieve the Owner of the obligation to pay for all assessments, late charges, collection costs, attorneys' fees and court costs.

Revised & Adopted: 1/25/17

5415 E. High Street, Suite A-133, Phoenix AZ 85054 | Phone: 480-551-4558 | Email: desertridge.az@fsresidential.com

ARE YOU INTERESTED IN SERVING ON THE DESERT RIDGE COMMUNITY ASSOCIATION BOARD OF DIRECTORS?

WE WILL BE ELECTING FOUR (4) BOARD MEMBERS IN APRIL 2019

Serving on the Board of Directors is a great way to make an impact in your community!

More information will be sent during the approaching months. Stay tuned to your Desert Ridge Lifestyles magazine, the desertridgelifestyles.com website and via community eblasts and mailings.

If you think you may be interested in serving and would like to speak with a current board member, contact desertridge.az@fsresidential.com.

MILESTONES TO REMEMBER:

JANUARY 2019

A request for board candidates will be made. A Candidate Interest Statement form will be provided via a community eblast, Included with your January 2019 DRCA Annual Budget and Assessment Statement mailer and on desertridgelifestyles.com website.

MID-FEBRUARY 2019

Board Candidate forms are due back to the Community Association.

MID-MARCH 2019

Electronic (e-voting) Ballots Information for election to the Board of Directors will be sent via email and postcard notice mailed to all members.

MID-APRIL 2019

Annual Meeting of Members and announcement of election results.

**Cynthia Boggs
Skin Care Salon**

Arizona Skin specialist
Protecting
your skin in the
dry Arizona Climate

Featuring the
[comfort zone]
Product Line

The Beauty District
at your Desert Ridge Marketplace
Suite #107
Call or book your time online today!
602-743-4041
cynthiaboggs skincare salon.com

**BUY A BRICK THIS
HOLIDAY SEASON**

GIVE A GIFT THAT WILL LAST FOREVER

FOR INFORMATION ABOUT BECOMING A FRIEND OF CASHMAN PARK AT DESERT RIDGE CONTACT 480-551-4559 FOR A PERSONALIZED ENGRAVED PAVER "BUY A BRICK"

Purchase a custom engraved brick(s) and commemorate your loved ones, a beloved pet, to mark a special occasion or event, honor a friend, or promote your business.

HOW TO BUY A BRICK
Make your payment online to "Friends of Cashman Park Improvements Fund" via the Phoenix Parks & Conservation Foundation

1. Go to www.phxparksfoundation.org
2. Click on "Membership & Giving" at the top of the homepage
3. Click "Donate"
4. Complete donation and credit info screen
5. Proceed to the review and continue screen

4" x 8" = \$75.00 8" x 8" = \$150.00
Call 480-551-4559 for more information.

Our Partners, Our Friends

Contributed by: Jose Santiago, Maricopa County Animal Care and Control

**What does it take to run the second largest county intake shelter in the country?
A lot of patience. A lot of love.
Most importantly, a lot of help!**

Every year, Maricopa County Animal Care and Control take in nearly 40-thousand animals a year. These are animals that are homeless, surrendered and in many cases abandoned by whatever family they may have known. We do so with minimal sponsored funds from our local government. In many cases, a lot of these animals come into us sick, injured or simply in dire need of attention we cannot always afford to provide them. This is where some of our partner groups step in.

One of those groups is the Arizona Animal Rescue Mission, also known as AARM. They truly are like an "arm" to us because they provide us a lot of support in both emotional and financial ways. AARM's sole purpose to get us with the things we need to care for animals. Our East shelter



has smaller kennels than we like. That means several hundred animals sometimes spend upwards of 23 hours a day in cramped conditions. When we asked AARM for help, they jumped in with a mobile pet treadmill program. Every week a mobile treadmill shows up to the kennel that allows dogs to run, exercise and exert energy. This makes them happy, healthier and most importantly ADOPTABLE. This isn't the only thing AARM has provided. They have bought the shelter much needed, medically graded flea and tick medication. Supplies to handle the transports of some animals to other shelters. They have funded surgical procedures for dogs requiring medical attention outside of what we can provide. Also, when the two shelter locations are full, AARM and their AARMy step up and sponsor adoptions to help find the animals their forever homes. With only 750-thousand-dollars of our 16-million-dollar budget provided to us by the County, we cannot do our work without AARM.



Maricopa County
Animal Care and Control



Another group that has stepped up to help us out has been the Two Pups Wellness Fund. When we see an animal in medical distress, most of the time Two Pups comes to the rescue. Most recently we had a dog by the name of Poppy come into the shelter. Poppy has an injured hind leg. We called Two Pups, and they immediately jumped into action getting her to an Emergency Veterinary Hospital, checked out and prepared for whatever medical attention she needed. Two Pups has also helped us with programs for some of our more senior dogs, by not only sponsoring their adoptions but any medical attention they may need. Without their help and support, many animals would not only have had a second chance with a family...but many would have never survived.

Groups like these are vital to not only our animal's survival but our survival as an organization. For the last two years, 96-percent of the animals within our care have walked out on their own. That is a feat that is unheard of for most organizations, but especially for a government funded one. We are proud of our numbers, our work, our survival rate. We are grateful for the help we are given. Grateful for these groups that help us do what we do.

Holiday Season CRIME PREVENTION



Officer Tim Mitten
Community Action Officer
Phoenix Police Department
Black Mountain Precinct

It seems just like yesterday I was writing an article about the New Year for 2018 and now here we are, the 2018 holiday season is upon us and 2019 is looking us square in the face. As always during the busy holiday season it is a time for reflection, celebration and renewal and as we do these things let us all remember the less fortunate or those having difficulties, temporary or permanent. There are many ways we can assist, from the donation of time, money or gifts to even the small things like being courteous or polite during this hectic season. With all the issues facing the world and this country, let's take some time to remember what the season is all about.

The officers of the Phoenix Police Department will continue to serve the citizens of Phoenix during the holiday season in the professional manner you have all grown to expect from us. We do appreciate and are very thankful for the continued gestures and words of support that we get from everyone, it means a lot to the officers to know that they are supported in their jobs.

As always I am asked to cover Holiday Crime Prevention Tips during the season and the tips are usually the same but it helps to have reminders. This time of year brings along many events to attend, family to visit, traveling, shopping and much more. These reminders will help reduce the opportunities for you and your family to be a victim.

- 1.** When walking to and from stores keep your head up and be aware of your surroundings. Walk with a purpose, do not divert your attention by texting or talking on the phone, digging for car keys or be burdened with too many bags.
- 2.** Park in a well lite area, do not park in dark or faraway places. I know it is difficult to find good parking, but do the best you can. If you go in at daylight hours and think you might be inside until it is dark, park as if it were dark.
- 3.** Roll the windows on your car all the way up and LOCK your car. Do not leave valuables, packages, or even gym bags, in plain view inside the car; put them all in the trunk. Gym bags or other bags in view may not have but a few items of clothes in them but the thieves do not know that and will try anyways.
- 4.** When parking your cars at home, get them in the garage if you can. If you must park in the driveway or street, remove all valuables, garage door openers and lock the car. Many thieves will break into a car just to take the garage opener and then use it to take items from the garage or enter the house at a later time.
- 5.** Do not keep large amounts of cash with you or display cash when shopping. Take with you only what you need for the day. Be on guard while at ATM's.
- 6.** Keep a constant eye on your children and ALWAYS know where they are. Children are easily distracted by the decorations and excitement of the holidays and may wander off in only a couple seconds.
- 7.** Do not drink and drive, please use a designated driver, call a taxi, Lyft or Uber. This time of the year many people have holiday functions from work or family and drink when they usually don't and make a bad decision to drive which could end up having tragic consequences. Please enjoy the season but drive responsibly and patiently.
- 8.** Make sure the doors and windows to your home are locked, the front lights are on all night and keep a watchful eye for suspicious activity. If you are expecting deliveries and you will not be home, ask a trusted neighbor to pick them up when they arrive. Please call Crime Stop at 602-262-6151 if you see suspicious activity.
- 9.** Please drive carefully, schools will be out on winter break and many kids will be out in the neighborhoods trying out new bikes, toys, and you need to be aware of their presence.
- 10.** If you are going to be out of town for a winter vacation, tell a trusted neighbor to watch over your house, do not post on social media that you will be gone and call the Black Mountain Precinct at 602-495-5002 and ask for a Vacation Watch. Officers can check on your house while you are gone, if the radio calls allow them to.
- 11.** Lastly, be patient. The crowds are larger, people are rushed and stressed. Some people do not like the holidays and can act out so please exercise patience and we all can enjoy the holidays in our own way.

Thank you again for another year of working together and the partnership your community has with the Phoenix Police Department. I am truly blessed by the partnerships I have in my assigned area and I thank you for your continued support. If there is anything I can do or if you have any questions on any matter, please do not hesitate to contact me at 602-495-5238 or at tim.mitten@phoenix.gov. Merry Christmas and Happy New Year to everyone.

PAINT MAINTENANCE

With monsoon season behind us, right now is a great time to paint your home. Homeowners are responsible for maintaining their homes in good condition at all times, fresh paint provides a great look and protection for years to come. If you have not painted your home in the last 7–10 years, it is probably due for painting due to our harsh desert temperatures and sun exposure throughout the year. Provided below is the link to the Desert Ridge Lifestyles website where you can view and obtain the paint color palette for your neighborhood parcel specific to your home in Desert Ridge. Please use this link to select the paint colors for painting your home. All exterior improvements require approval from the Design Review Committee and I have included a link to the required form below:

Available Paint Schemes:

www.desertridgelifestyles.com/neighborhoods/paint-schemes

Design Review Request

https://desertridgelifestyles.com/wp-content/uploads/2018/05/Arch-Request-Form_2018.pdf



Contributed by: **Dustin Watkins**
Residential Community Manager
Desert Ridge Association

LANDSCAPE MAINTENANCE

With all the activities and fun to be had this time of year, it can be easy to forget that there are common landscape maintenance issues that may need to be addressed. This time of year we observe trees that begin to hang too low over sidewalks and landscaping growing on or over common area walls which may cause damage to the wall. Landscaping is not permitted to grow on or over the residential lot walls or fencing abutting

the common area. Please have your landscape contractor or arborist to assess the tree(s) in your lot once a year to ensure they are



trimmed to prevent potential loss or damage as was recently sustained throughout the community during the 2018 Monsoon Season.



HOMESMART

#1 real estate company in Arizona

- We are your neighborhood Realtors— we live, work and shop here in Desert Ridge.
- We support Desert Ridge Lifestyles and local businesses so we hope you'll support us too.

Please call us at 602-680-2791

for all of your real estate needs.

Check our website:

www.AlandJeanBatson.com

Al Batson

REALTOR®

Direct: 602.680.2791

Fax: 480.945.5054

Al@AlandJeanBatson.com



Jean Batson

REALTOR®

Direct: 602.228.0756

Fax: 480.945.5054

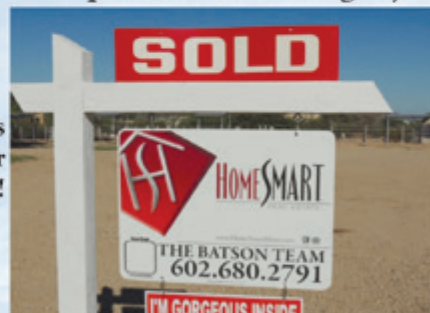
Jean@AlandJeanBatson.com

THE BATSON TEAM

www.AlandJeanBatson.com



Experience and Integrity



Here's
your
Sign!

(Please mention this ad when you call)

The Batson Team Mission Statement

To provide superior service to our clients based on our personal integrity, strong business experience and hard work while sharing our enthusiasm for life, real estate and people...and have fun doing it!

VULNERABLE ADULT ABUSE



Officer Andrew Miller
Community Action Officer
Phoenix Police Department
Black Mountain Precinct

One of the biggest socioeconomic issues this county is facing is our aging population. As the baby boomer generation gets older so does the need for quality healthcare, healthcare facilities and the need for the children of baby boomers to address these issues. With the need for healthcare and it's often times necessary facilities, the need for healthcare jobs and personnel to carry out the duties and responsibilities also carries its own challenges. From a policing perspective, these two issues can make for a perfect storm: vulnerable adults who are placed in the care of people who may not have the best interest of these adults at heart. This is not to say that our healthcare providers are bad people. Nothing could be further from the truth. I know plenty of wonderful people in the healthcare industry that have a heart of gold who take care of people who can't take care of themselves. Unfortunately, there are a few in the business who take advantage of those most in need of care. This particular population of people

who can't take of themselves are deemed vulnerable.

Arizona state law defines a vulnerable adult as follows: an individual who is 18 years of age or older, who is unable to protect himself/herself from abuse, neglect or exploitation by others due to a mental or physical impairment. One of the definitions of abuse other than the physical aspect is emotional abuse: ridiculing or demeaning the vulnerable adult through derogatory comments, verbal harassment or threatening to inflict emotional or physical harm on them. Most of us cannot fathom such treatment towards the vulnerable but it does happen. This article serves to inform the reader and to provide some resources in the event there is suspicion of vulnerable adult abuse.

What then makes an adult impaired to the degree they can't take care of themselves? Perhaps they suffer from a mental illness, deficiency or disorder, a physical illness or disability, advanced age, drug use, intoxication or other such causes that render them vulnerable and in need of care they are unable to provide themselves. There are several articles on the web that provide statistics on the aging population. You may have heard of the term "Silver Tsunami" which is a metaphor used to describe population aging. The following article from Forbes sheds some light on this "tsunami"



and provides some interesting projections on a global scale.

"One of the biggest mega trends impacting the world today is population aging. By 2020, for the first time in history, the number of older people will outnumber the number of children younger than 5 years of age. In the next 25 years, the number of people older than 65 will double. The average life expectancy is expected to rise to 110 by 2030. Japan and Germany are officially termed "super aged." Four more countries, Greece, Finland, Spain and Canada, are expected to enter the super aged category by 2020.

As the number of senior people rises in many economies of the world, the need for long-term care and aging-in-place services will increase. This will escalate the burden on healthcare in many countries. There are some interesting models that are arising to meet the needs of this population. Many of these models are experiments, but they are proving to be highly successful in providing care, reducing cost and improving quality of life to this silver community.

As people live longer, there will be a sharp increase in the number of people with dementias, such as Alzheimer's disease (AD). In fact, 25% to 30% of people aged 85 and older have a high

level of cognitive decline. Globally there are an estimated 47.5 million dementia sufferers, and the number is expected to increase to 75.6 million by 2030 and 135.5 million by 2050. European countries with significant prevalence of dementia are Germany (1.9%) and Italy (2.09%). AD is the most common form of dementia, affecting an estimated 5 million people older than 65 in the U.S.

An interesting model to take care of dementia patients has emerged in a small town near Amsterdam. In the municipality of Weesp, the unique village of Hogewey is home to 152 seniors who suffer from dementia. The community has 23 residential units, each of which is shared by six to eight residents. Around-the-clock care is given by 240 "villagers" who are actually trained geriatric nurses and caregivers, and most of them are dressed in street clothes. What is interesting about this model is there is no perception of the village being an old-age home with uniform personnel and an antiseptic look or feel. To ensure the safety of the residents, Hogewey is a secured village where the residents are free to roam around and explore as much as they wish within its confines. This model has not only helped the residents remain active, but has also given them a purpose, which

is usually absent in a traditional nursing home environment. Germany and Switzerland have studied the Hogewey village model and are expected to be the next set of countries to adopt and create their own dementia care villages. Replicating such a village globally can make a huge difference to the seniors with special needs, providing them with the security, love and personalization they require in these final years.”

In 2015 a new state code was enacted that addressed the issue of home care services. This code, found under Arizona Revised Statute (ARS) 36-144, underscores new regulations regarding employees or contractors who provide the day to day services to those in need of care. This new law closed some of the loopholes identified by investigative agencies and the AZ State Legislature as well as volunteers that made vulnerable adults more vulnerable due to a lack of common sense oversight. I would encourage you to take a look at this code to get some

insight into what can be a complex issue with regards to regulations and licensing.

Other relevant state laws that address our vulnerable adult population are ARS 46-451 which provides applicable definitions for “informed consent”, “neglect” and “protective services”, to name a few. ARS 13-3623 addresses child or vulnerable adult abuse, emotional abuse, classifications, exceptions to the law and specific definitions. ARS 46-454 defines who is responsible for reporting suspicions of abuse, neglect or exploitation to a peace officer or protective social worker. A more complex component of vulnerable adult abuse is financial exploitation. This requires extensive documentation to include but not limited to legal documents (power of attorney for example) and sensitive banking and other financial materials. Perhaps the biggest challenge for this type of investigation involves finding out HOW the suspect was able to obtain power or authority over the victim.

For further details regarding AZ law that addresses Public Health and Safety check out Title 36 of ARS. Chapter 4 of this title deals specifically with healthcare institutions.

Caring for our vulnerable adult population is a monumental task and will only grow, as the Forbes article tells us. For those altruistic members of our community who may be facing the task of caring for their own elderly relatives, the thought of bringing them to your own home may make sense. I would recommend doing extensive research to include talking to those who are currently, or have in the past, taking care of their elderly to gain some insight into the stressors involved. Many good hearted people have taken this noble route only to be overwhelmed by the amount of time it takes to provide quality care. This is stressful to both the caregiver(s) and the one(s) in need. In some instances this unforeseen stress becomes the genesis for the abuse, neglect and exploitation that we want to avoid.

The decision as to how to best take care of our vulnerable adults must be made from a strong foundation of wisdom that only comes from shared information and knowledge from experienced providers, robust family discussions and an intimate understanding of the exact needs of the patient. Unfortunately, there are those in our society that see our vulnerable adults as easy targets and it is our moral obligation to protect those that can't protect themselves.

The often repeated mantra “If you see something, say something” also applies to this sensitive topic. In addition to calling Crime Stop at 602-262-6151 you can call the following numbers if you suspect abuse:

Adult Protective Services
1-877-767-2385

Senior Help Line
1-800-264-4357

The statues can be further viewed by accessing the website AZLeg.gov. (Titles 13, 36 and 46)

The AZ Attorney General has information that is helpful as well. AZAG.gov

Demand Excellence

Experience *Health in Motion*

- General Orthopedics
- Spine Rehab
- Sports Training
- Sports Injuries Rehab
- ASTYM

- Spooner Fit
- Workers' Compensation Rehab
- Functional Integrated Training
- Dry Needling
- Vestibular Rehab

Call to schedule your appointment today!
480.502.5510



Mention this Ad for a Free Injury Screen!
spoonerpt.com

Spooner Desert Ridge | 20830 N. Tatum Blvd., Ste 170, Phoenix, AZ 85050 | 480.502.5510

You'd Better Watch Out

Protecting yourself online during the Holidays



Steve Burns
Community Awareness Committee Chairman

Billions and billions of dollars are spent online during the holidays. As the amount of online purchases increases each year, so do the scams that steal personal information and money from unsuspecting consumers. By knowing what to look for, you can take better steps to avoid becoming a victim of these scams.

HTTP or HTTPS?

Have you ever wondered what those letters before the www in a web address stand for? HTTP stands for Hypertext Transfer Protocol. Hypertext transfer is a protocol that allows communication between two or more different systems. It is used for transferring data between a web server and browser, allowing you to view and interact with web pages.

However, when there is no “s” on the end of the http, the data is not encrypted and third parties can intercept information as it passes between the two systems.

This problem can be avoided by using a secure version called https. The “s” stands

for secure. When a site has the https prefix it means that the site is secure and the data is encrypted. A site can only obtain the https prefix with a secure certificate, which has been issued by a provider who has verified the authenticity of the website’s host.

With this knowledge you should never enter personal (especially payment information) on a site that doesn’t have the https prefix. Even if you’re not necessarily shopping online, it’s still possible to fall for one or more of the many scams out there. Here are some of the most common online scams to watch out for:

✳️ **KNOCK-OFF WEBSITES** – Scammers will use email alerts that look as if they are coming from a major retailer. These emails promote various deals and sales. Even though the email appears to be legitimate, the links may lead to knock-off websites enticing you to enter private payment or personal information. Many, but not all of these emails contain misspellings throughout the text.

✳️ **FAKE “FREE” GIFT CARDS** – Phishing emails and pop-up ads offering gift cards from name brand retailers like Amazon, Wal-Mart and others may show up on your screen or in your emails. You should not open the email or click the links, but rather delete it instead. Scammers can use the information

you provide to “receive” the card to steal your identity later.

✳️ **FAKE E-CARDS** – E-cards are growing more popular every year. If a friend or family member sends you an e-card that requires you to enter ANY personal information, it’s probably a fake. Hackers can get into a contact list and send the contacts e-cards that appear to be from the person who was hacked. Unfortunately, if the receiver clicks on a link, or enters personal information, the hacker can put malware, or spyware, on their computer

✳️ **FAKE DELIVERY ATTEMPT NOTIFICATIONS** – Deliveries notifications can often be expected throughout the holiday season as many consumers go online to purchase gifts, but some of these announcements may be phishing scams. False attempted delivery notification emails using names and logos from FedEx, UPS, and DHL try to trick you into clicking a link in the email thus allowing scammers access to your computer and/or personal information. Legitimate delivery services will provide tracking numbers in their emails, which do not require you to click on a link. To track a package, you should go directly to the carriers website and enter the tracking numbers.

✳️ **FAKE CHARITIES** – Charities see their best donation times during the holidays and at year’s end. Scammers know that this is the best time for giving and will pose as legitimate charities or needy individuals soliciting donations.

Holiday Shopping in Person

One of the ways to avoid being scammed online is to purchase merchandise and gift cards directly from retailers and restaurants such as those found right here in Desert Ridge. When shopping in person, here are a few safety tips to keep in mind:

- ✳️ Take only the credit cards you need when shopping. Leave the others in a safe place at home
- ✳️ When paying with a credit card, make sure that the card is not easily visible to others around you. There are crooks that

can memorize your card number with a simple glance.

- * When talking on your cell phone, be mindful of your surroundings. Distracted people are targets.
- * Keep your purse or wallet close to you at all times.
- * Do not carry excessive or unnecessary cash on you.
- * Shop in the daylight if possible. When shopping after dark always park in a well-lit area.
- * Shop with a friend when possible, because there's safety in numbers.
- * When you park your vehicle, do not leave your purse, wallet, cell phone, or any other valuables in plain view.
- * When you return to your vehicle, scan the interior to be sure no one is hiding inside.
- * When placing purchases from the stores in your vehicle, place them out of sight. The best place is in the trunk
- * After putting packages in your vehicle, drive to different row before going to another store. Do this even if you are simply going back to the same store.

- * Try not to park next to a larger vehicle, that blocks your vision while you are entering or exiting your vehicle
- * Have your keys out and ready when approaching your vehicle

Want to Play a Bigger Community Role in 2019?

If you're interested in learning how to start a neighborhood block watch program, or want information on how to participate in the Phoenix Neighborhood Patrol Program, please contact the Desert Ridge Community Association office at 480-551-4553.

DESERT RIDGE

Community Association

In Partnership With



REWARD

Up to \$2,000

"Crime Doesn't Pay In Desert Ridge... Reporting It Does!"

TYPE OF CRIME: Felony Crimes in the Desert Ridge Residential Community
VICTIM: Desert Ridge Residential Community
LOCATION: Prescribed Locations in the Desert Ridge Community
DATE/TIME: 2013 to Present

The Desert Ridge Community Association of Phoenix has entered a partnership with Silent Witness to provide up to \$2,000 for any felony crime targeting the Desert Ridge Residential Community. Please contact Silent Witness at 480 WITNESS (480-948-6377) or on our website at silentwitness.org, with any information about any crime in this targeted area

If you have any information regarding this case you may contact Silent Witness at W-I-T-N-E-S-S, that's 480-948-6377, or toll free at 1-800-343-TIPS. You can also leave an anonymous tip on the silent witness website at silentwitness.org. Remember, you remain completely anonymous and could earn a cash-reward for information leading to the arrest and/or indictment of the suspect/s of this crime.

You must contact Silent Witness prior to arrest or indictment to be eligible for any reward.



DESERT RIDGE

Community Association

The Desert Ridge Community Association is in need of community volunteers to serve on the following committee. If you are a member in good standing and available to serve your community 2-3 hours a month, please email us so we can provide you with the committee charter and application to apply.



**STRATEGIC
COMMUNITY PLAN
(SCP)**

Parks Sub-Committee
scpparks@desertridgelifestyles.com



Contributed by Robert Reichstein
Communications Chairman

Four years ago, The Santa Paws Project was conceived by Desert Ridge residents Marcie and Rob Reichstein. The Reichstein's, long time pet lovers who help raise funds for accredited 501 C3 rescues, realized there was no organized program to make the holiday season a little nicer for shelter pets.

Shelter pets do feel the excitement in the shelters around the holiday season. They feed off of the vibe by visitors and volunteers. But for the dogs and cats housed in a shelter, it

ends with just another night on a cold hard floor. But what if on one night they received a toy to cherish and call their own? It's a simple, inexpensive gesture for pets that find themselves hoping for a family of their own. The Reichstein's contacted Melissa Gable at



Maricopa County Animal Care and Control to test this idea. Melissa's response was a decisive "that would be incredible. And so, The Santa Paws Project was launched.

In that first year, SPP collected about 400 toys. All turned over to Melissa at MCCACC. The toys are handed out to the pets in residence as part of the MCCACC holiday party celebration. Over the next three years The Desert Ridge Community Association, Aviano, Fireside, Toscana, The Pet Club, Petsen\$e, Berkshire Hathaway Home services, and Phoenix Dog magazine, came to their rescue (pun intended) offering, collection locations, promotions, and emotional support. Last year collections exceeded 3,000 new dog and cat toys; all turned over to Maricopa County Animal Care and Control. This year Additional shelters such as Foothills Animal Rescue will be recipients of toys.

The goal this year is 3,500 toys, enough to provide a toy to at least every dog and cat in residence at MCCACC, Foot Hills Rescue, and as many shelters as they are able.

Collections boxes will be placed in Aviano, Toscana, Fireside community centers, the Desert Ridge Community center office, as well as The Pet Club stores. Collections will be between November 19th, and December 16th. For more information see the FB page The Santa Paws Project or www.TheSantaPawsProject.org.

A World Class High School for the 21st Century

CACTUS SHADOWS HIGH SCHOOL



Advanced Placement
International Baccalaureate®

Cactus Shadows High School Class of 2018
received over **\$15 million** in scholarships

480.575.2000 www.CCUSD93.org

Events at Desert Ridge Marketplace

www.shopdesertridge.com/events/live-music/



DISTRICT STAGE

Performance times are from 7:00 PM to 10:00 PM

AMC FOUNTAIN STAGE

Performance times are from 7:00 PM to 9:00 PM

DESERT RIDGE MARKETPLACE LIVE MUSIC YEAR-ROUND

Every Friday and Saturday Night
The District Stage, 7-10pm

Enjoy free live music every Friday and Saturday night at The District Stage and Splash Pad. For the full lineup, visit shopdesertridge.com.

COMMUNITY PERFORMANCES Year-Round

Desert Ridge Marketplace welcomes community groups to The District Stage. Enjoy performances from talented, local performing arts groups including: choral, instrumental, dance, mixed martial arts, theatre, comedy and more! Visit shopdesertridge.com/events/performances for the full lineup.

FREE PASSES TO SCARIZONA WITH PURCHASE

Thru-October 31

Receive two free passes to Scarizona when you spend \$150 or more in the same day at Desert Ridge Marketplace (while supplies last). Visit shopdesertridge.com/promotion/scare to enter.

WIN TICKETS TO CHRISTINA AGUILERA

Thru-October 20

Enter to win a pair of tickets to see Christina Aguilera at Talking Stick Resort Arena on October 29. Visit shopdesertridge.com/connect for details.

I RECYCLE PHOENIX

Saturday, October 20

Behind AMC Theatres, 7am-12noon

Join Keep Phoenix Beautiful, the city of Phoenix and Desert Ridge Marketplace for the I Recycle Phoenix Festival! Don't miss this one-stop recycling event for clothes, electronics, toys, office supplies, document shredding and more! For details, visit www.keepphxbeautiful.org/i-recycle-phoenix/

CONCERTS IN THE COURTYARD, FEATURING PARADISE VALLEY COMMUNITY COLLEGE

INTERACTIVE DRUM CIRCLE

Sunday, October 21

Barnes & Noble Courtyard, 12noon-2pm

Join in the interactive Drum Circle and experience the art of making music to the beat of the drums led by the talented faculty of Paradise Valley Community College.

PAUL'S CAR WASH

Monday, October 22 - Friday, October 26

Kohl's Parking Lot

Help CBS 5 Meteorologist Paul Horton Pay It Forward to Big Brothers Big Sisters of Central Arizona. Bring your car or truck to Paul's Car Wash at Desert Ridge Marketplace (Kohl's Parking Lot). All donations from the event go to support Big Brothers Big Sisters. Interested in having a presence at the event? Let us know.

CREEPY CANDY CRAWL



Saturday, October 27

The District, 3pm-5pm

Calling all ghosts, goblins and ghouls to venture out to Desert Ridge Marketplace for an afternoon of spooky surprises during Creepy Candy Crawl! Formerly known as "Malloween," children and families are invited to dress to impress for our annual Halloween costume contest!

This year, four lucky contestants will have the chance to win a prize and take home the title for Best family/group costume, 18 & Over Adult costume, Most Unique costume and Spookiest costume. Winners will be chosen by audience vote, so bring your fan club!

Costume Contest Times:

All costume contest entrants must pre-register (one category per person). Please visit shopdesertridge.com/event/creepy to register.

3:15pm Best Family/Group Costume Contest

Entrants must have 2 or more people in their group costume.

3:45pm Best 18 & Over Adult Costume Contest

Entrants must be 18 years of age or older.

4:15pm Most Unique/Costume Costume Contest

Entrants should have a HOMEMADE or an Uncommon theme for their costume.

4:45pm Spookiest Costume Contest

Entrants must have a "Creepy Costume".

Plus, trick-or-treat from store-to-store, snap a complimentary, downloadable photo in your costume, enjoy Halloween themed music, dancing, games, prizes and more!

FREE TICKETS TO TRANS-SIBERIAN ORCHESTRA WITH PURCHASE

November 1 - November 30

Receive two free tickets to the Trans-Siberian Orchestra when you spend \$300 or more in the same day at Desert Ridge Marketplace (while supplies last). Visit shopdesertridge.com/promotion/TSO to enter.

FASHION WEEK 4 KIDS



Saturday, November 3

The District Stage, 10am-5pm

Fashion Week 4 Kids (FW4K) is back! We will be partnering with Fashion Week 4 Kids for the second year in-a-row to host this one-of-a-kind

event designed to provide kids a fashion week of their own. The annual celebration boasts a week-long schedule of fashionable events and culminates with a full day of Children's Fashion Shows, live music, raffle prizes, interactive games and more! Visit shopdesertridge.com/events/FW4K

LIVE & LOCAL



Sunday, November 11

The District, 6pm-9pm

We are excited to partnering with Arizona Restaurant Association for the second year in a row to host the sixth annual celebration of the best in Arizona food, live entertainment and spirits! Live & Local, benefitting the Boys & Girls Club of Greater Scottsdale will occur on Sunday, November 11, 2018 from 6pm- 9pm at Desert Ridge Marketplace. The District will transform into a VIP experience boasting a delectable culinary tasting menu and entertainment lineup, including local restaurant and beverage partners, celebrity mixologists, entertainers and more! Visit <https://www.bgcs.org/live-and-local-tickets/> to purchase tickets!

HOLIDAY TREE LIGHTING + FIRST SNOWFALL

Monday, November 19

Barnes & Noble Courtyard, 6pm-8pm

Experience the magic of the holidays with the lighting of the great tree and first snowfall at Desert Ridge Marketplace! Catch the inaugural holiday show and enjoy holiday treats, entertainment and giveaways! Visit shopdesertridge.com/events/holiday for details.

NIGHTLY SHOWS & SNOW

November 20 - December 31

(excluding Thanksgiving Day + Christmas Day)

AMC Lawn, 7pm & 8pm

(every hour on Christmas Eve 11am-8pm)

Desert Ridge Marketplace is transformed into a living snow globe with nightly snowfall at 7pm and 8pm every evening (except Thanksgiving and Christmas). Plus, enjoy holiday shows featuring local community groups throughout the season. Visit www.shopdesertridge.com/events/holiday for featured shows.

FREE TICKETS TO ELECTRIC DESERT WITH PURCHASE

December 1-December 31

Receive two free tickets to the Electric Desert at Desert Botanical Garden when you spend \$400 or more in the same day at Desert Ridge Marketplace (while supplies last). Visit www.shopdesertridge.com/promotion to enter.

SETTING UP THE CORRECT DISTANCE FROM THE BALL



Have you ever wondered why your instructor changes your set up first in your golf lesson? The answer is simple. How you set up to the ball determines how you will swing the club. Most swing flaws I see can be traced back to a poor set up. One common set up flaw is standing at an incorrect distance from the ball. In this article, we will explore how your distance from the ball affects your swing and how to set up more correctly.

One set up flaw I often see is standing too close to the ball as seen in figure 1. When you stand too close to the ball you typically will swing the club too steep or vertical. When you swing the club too steep, one of two things will typically happen in your down swing. First, if your back swing is too steep, your downswing will come down steep causing you to hit the ground before you hit the ball resulting in a “fat” shot with a deep divot. The second result you may see in swinging too steep on your down swing is a tendency to “stand up” at impact in order to avoid the “fat” shot causing you to top the ball.

Another set up flaw I see is standing too far away from the ball as seen in figure 2.

Standing too far from the ball causes you to swing “flatter” or more around your body vs. up and down. When you swing too much around your body, your club path will be shallow. Swinging too shallow often causes one of two results to happen. First, swinging too shallow will not allow you to get the club to the bottom of the ball, so you will top the shot. The second effect of a shallow club path is the inability to rotate completely. When you swing too shallow your weight will fall forward causing you to have an abbreviated finish.

Now that you know the effects of standing too close or too far away from the ball, let’s look at a process to take a more correct set up. Step 1: Stand straight up with your knees slightly bent, your arms stretched out and your club head at knee height as shown in figure 3. Step 2: bend over at your hips until the clubhead hits the ground as shown in figure 4. Step 3: Keeping you hands the same distance from your body, move your entire body closer or further until your club face aligns with the ball.

Setting up correctly is the foundation to making a good swing. A good set up allows

your body to swing the club to get optimum results. Consequently, a poor set up will not allow your body to swing the club in an efficient manner. Standing a correct

distance from the ball is one of the most important elements of a good set up. If your swing suddenly changes, check your distance from the ball first.



FIGURE 1



FIGURE 2



FIGURE 3



FIGURE 4



Matt Keel is the Director of Instruction at Wildfire Golf Club located at the JW Marriott at Desert Ridge Resort and Spa. For any questions or information about golf lessons or programs, email Matt at Mattkeel@pga.com or visit www.Mattkeelgolf.com.

How to Keep Your Skin Beautiful IN OUR UNIQUE ARIZONA SONORAN DESERT

**CYNTHIA BOGGS
SKIN CARE SALON**
The Beauty District
Suite #107
Desert Ridge Marketplace
602.743.4041



Saguaros

Unique to only our Sonoran Desert. Here in Desert Ridge, we are surrounded by many of them, each an amazing plant that can absorb hundreds of pounds of water and store it for months on end. If only our skin could do the same. Each of us who live here in the desert, know hydration is a constant quest for both the inside and outside of our bodies.



I have practiced the constantly evolving art of skincare in Arizona for over 35 years. I can share with you the absolute "must do" list to keep your skin at its best here in Arizona.

Exfoliate

Within my Salon, I offer a wide variety of exfoliating treatments to soften the skin, so the products can work to heal and hydrate. Facial Peels have been performed as long ago as 4000 years ago by the Ancient Egyptians who used soured goats' milk to smooth and beautify the skin.

Today, in order to remove dead surface skin cells, I use everything from mandelic acid derived from almonds to glycolic acid from sugar cane. Enzyme peels, handmade in Tempe Arizona, consisting of ingredients varying from cherries, cranberries, pomegranates, and the most popular item this time of year, the pumpkin enzyme peel.

Enzymes efficiently resurface and brighten the skin leaving it shiny and ready to absorb the serums and moisturizers much more efficiently. Dermaplaning is a product free method of exfoliation, great for product reactive skin that needs a thorough topical skin cell clearing and removes surface fine hair too.

Hydrate

Next is layered hydration. Think molecular, the smaller the molecules of the product, the closer to the skin. To elaborate, serums are designed to penetrate the surface skin and hold the active products to the cells. Hyaluronic Acid is commonly used in serums to hold many times their weight in water in the skin.

Next are moisturizers which are available in many formulas. The best moisturizers are able to smoothly roll onto the skin and create a layer of hydration for a relatively long time.

Finish with Sunscreen! It is purposely designed to stay on the skin and reflect the UVA and UVB rays as well as create a primer for any finishing foundation which often times are pigmented titanium dioxide creating an added layer of sunscreen.

Cynthia Boggs Skin Care Salon is ready to care for your skin and educate you about her products and services. Your skin can look beautiful here in our Sonoran Desert for years to come!



TOP MORTGAGE LENDER *in the* ★ PHOENIX AREA ★

Whether you are buying your first home, moving across town or refinancing your current mortgage, Fairway Independent Mortgage Corporation is here to help. We offer several home financing products that can help make homeownership more affordable with the speed and service you deserve.

Contact the **POTEMPA TEAM** today for more information!



TIMOTHY POTEMPA

Branch Manager | NMLS ID 454708

Direct: 623-570-0781

tpotempa@fairwaymc.com

www.potempateam.com

5450 E. High St., Suite 275, Phoenix, AZ 85054

Copyright©2016 Fairway Independent Mortgage Corporation. NMLS#2289. 4801 S. Biltmore Lane, Madison, WI 53718, 1-877-699-0353. All rights reserved. This is not an offer to enter into an agreement. Not all customers will qualify. Information, rates and programs are subject to change without notice. All products are subject to credit and property approval. Other restrictions and limitations may apply. Equal Housing Lender. AZ License #BK-0904162.



IF YOUR HIP IS TALKING, You Need More Than Walking!



Ryne Foster,
PT, DPT, OCS, FAFS
Spooner Physical
Therapy-
Desert Ridge

In the USA, there is an ever-growing aging population as our baby boomers reaching retirement age and people living longer than ever. Unfortunately, as all of us age the issue of arthritis increases. One very common area affected are hip and knees. Incidences of need to have a total hip arthroplasty (THA) have risen from the year 2000 having 138,000 hips replaced to over 310,000 performed in 2010. The hip is a very common area of issues and people are in ever increasing need for a total hip arthroplasty (THA).

So, many of ourselves, friends and family will go through having a hip or knee replaced in their lifetimes. After these procedures, it is very common to have physical therapy after a knee replacement surgery to help regain ROM, strength, reduction of pain and ability to walk. This is not the same after a hip replacement. This is due to quicker recovery after a hip replacement and ability to walk sometimes without a cane or walker just days after surgery. So, many orthopedic surgeons simply ask their patients walk after the hip replacement for therapy. Many people do quite well with just walking and regain function with minimal pain or issues. Though, for many people that have a hip replacement do continue to deal with long standing walking/gait deviations. One of these deviations is called a "Trendelenburg Gait" that is when a person is walking their pelvis drops usually due to tightness and weakness of muscles surrounding their hip. An extremely important muscle are the glutes that are made up of the gluteus maximus,

gluteus medius and gluteus minimus as they are usually weakened and/or tight from long standing issues or from surgery.

This compensation of walking/gait can lead to many other issues over time after the hip replacement like IT Band syndrome, greater trochanter bursitis, lower back pain, or knee pain. Many of these secondary complications can be resolved with physical therapy. A licensed therapist will be able to perform hands on techniques to improve hip mobility and educate you on corrective exercises to restore proper muscle function when walking. A licensed physical therapist would be able to create a detailed stretching, strengthening and functional training

program to help you regain that proper gait so you will get you walking without a limp for many years after your hip replacement! So, call us today to set up a complimentary movement screen or evaluation at Spooner Physical Therapy Desert Ridge at 480-502-5510 or www.spoonerpt.com.



1. References: <https://www.cdc.gov/nchs/products/databriefs/db186.htm>
2. <https://nabilebraheim.wordpress.com/2017/04/07/gait/>



Health in Motion

SPOONER PHYSICAL THERAPY DESERT RIDGE

20830 N. Tatum Blvd., Ste 170, Phoenix, AZ 85050 | 480.502.5510 | www.spoonerpt.com

THE @ TEAM

The logo for Exp Realty, featuring a stylized house icon inside a shield-like shape, followed by the text "POWERED BY exp REALTY".

A RE @ L ESTATE COMPANY

WF Wildfire Elementary School

Dear Wildfire Elementary School students, parents, staff, and community,

I am so excited and happy to join the Wildfire Elementary School family as its next Principal! Together with Principal Vranesh, you have built Wildfire Elementary into a tremendous school with a great reputation around the Valley for having an amazing student body, staff, and support community. It is truly an honor to be a part of this wonderful community. I look forward to helping every student and staff member be the best they can be.



The 2018–2019 school year will mark my 14th year in education. This will be my first year in the Paradise Valley Unified School District, and my first as head principal. I started my teaching career in the Kansas City, Kansas School District where I taught Social Studies and Science in grades 6–8. I was also an after school math and reading tutor to students, and coached middle school soccer and as well as the Student Council sponsor.

After moving to Arizona with my wife Kaycee in 2012, I became the K–12 Social Studies Curriculum, Instruction, and Assessment Specialist for the Deer Valley School District. I held that position for 3 years and helped develop curriculum and assessments for the district, provide professional development to teachers and district administrators, as well as create lessons for the Arizona Department of Education and the Maricopa County Education Service Agency. In the summer of 2013, I taught English to elementary students at summer school programs in Beijing, China.



For the past 3 years, I served as Assistant Principal at Canyon Springs STEM Academy, which is a Pre–K–8 school in the Deer Valley School District. In this position, I worked with students, teachers, and parents to help lead the school to an “A” rating from ADE, and “A+” designation from the Arizona Education Foundation, and a STEM Certification from AdvancED. I am a Level 1 and Level 2 Google Certified Educator and am working towards my Google Certified Trainer endorsement.

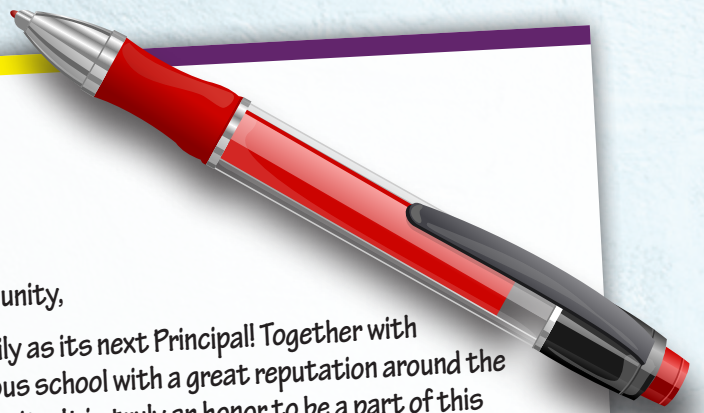
I wholeheartedly believe that every man, woman, and child can learn and everyone can be successful in school. I feel it is important to expand our strengths and challenge our weaknesses. I am passionate about incorporating new technologies into the educational experience—students and teachers need to use technology effectively and responsibly so they are able to grow and compete in our evolving world.

I believe that communication, honesty, and visibility are key attributes to being an effective school leader, and try to practice these skills every day. All decisions relevant to our students—from classroom practices, policies, procedures, and discipline—should be based on what’s best for the student.

To me, ensuring student success at Wildfire Elementary isn’t just a job. My own children (my 4 year–old son Caleb, and 2–year old daughter Leah) will eventually attend Wildfire. As a father, my perspective on ensuring an effective learning environment has only strengthened—It is important to me that all children receive the education and school experience that I would want for my own kids. I look forward to working hard every day to help you achieve that goal.

Wildfire Elementary is a wonderful school, with an abundance of opportunities for students and staff to grow. I am truly blessed to join this community, and can’t wait to start the school year!

Sincerely,
Ryan Schoonover



RESTAURANT REVIEW

Photos courtesy of Desert Ridge Association staff

FLOWER CHILD

HEALTHY FOOD FOR A HAPPY WORLD

HEALTHY FOOD FOR A HAPPY WORLD

At Flower Child, we make every last bite from scratch, using fresh ingredients from close to home and serving healthy food that takes you to a happy place.

That's our promise to you, whether you're vegetarian, vegan, paleo, or just hungry. And just because we can do sugar-free, dairy-free and gluten-free doesn't mean we do flavor-free... because where's the happy in that?

We're on a simple, soul-satisfying mission to radiate positively delicious vibes. So whether you're in the mood to relax and dine in, or just grabbing a quick healthy bite to go, join us and nourish your mind, body and soul.

LOCATION

21001 N. Tatum Blvd., Phoenix, AZ 85050

CONTACT

480-397-5056 ■ iamflowerchild.com

HOURS

Daily ■ 11am-9pm

Contributed by: Sharon Hooks
Community Relations Specialist
Desert Ridge Community Association

After a long time waiting, Fox Restaurant Concept has now opened a Flower Child in Desert Ridge. The grand opening of this restaurant was anxiously on our astute restaurant reviewers' calendar from the first announcement of Flower Child opening in the North Phoenix area...and came at the right time during summer when the temperature was reaching triple digits, and it is too hot to cook or eat something heavy. Flower Child has a trendy, casual, health-conscious, and colorful country farmers market décor, coupled with a friendly hostess that greets you at the door to assist with your dining selections from their extensive menu and to provide recommendations of their most popular dishes.

This is a unique fast-healthy food concept



restaurant that caters to walk-in dining. The short distance from the door to the friendly hostess to place your order may be problematic if you're with a large group or may be overwhelming for someone that is just dining for the first time. However, the experience and healthy selections are well worth the occasional wait one may encounter depending on the time of day.

Our food group menu selections comprised a variety of healthy meals prepared with naturally raised proteins and ingredients that could be found in the starters, salads, main course, and bowls dishes. The kitchen staff provided an excellent presentation of the Thai Cashew Quinoa Bowl with Chicken, Thai Cashew Quinoa Bowl with Salmon, the Mother Earth, and Mac & Cheese with Salmon that were served with vibrant colored greens, vegetables and additional ingredients that were mouthwatering and worth taking a picture to share with others.

The Thai Cashew Quinoa Bowl with Chicken and/or salmon was dish filled with zucchini, snap pea, celery, onion, shitake mushroom, jalapeno, Thai basil, cashew, and red quinoa that was enjoyed immensely.

Another delectable prepared dish that was enjoyed is the Mother Earth salad. This dish is filled healthy ingredients such as ancient grains, sweet potato, Portobello mushroom, avocado, cucumber, broccoli, pesto, charred onion, leafy greens, red pepper, miso vinaigrette, and hemp seed. This meal was delicious and filling. For those that enjoy gluten-free Mac & Cheese with salmon, this plate had just the right portion even for those with hefty appetites.

The friendly staff were very attentive, courteous, and made accommodations for a



large group on the patio area where we were seated comfortably under umbrellas to protect us from the intense summer sun. While we dined under the shade of the umbrellas, outdoor dining would have been much more comfortable in the intense August heat if they had misters or fans to cool the diners.

We have all heard it said that it is expensive to eat healthier, but the benefits are priceless. This is true as the price to dine at Flower Child is moderately pricey, but well worth the culinary value.

Our panel welcomes Flower Child to Desert Ridge! Flower Child provides wonderful service, clean earthy atmosphere, and deliciously healthy dishes. This is a restaurant you'll want to experience on your next visit to the Desert Ridge Marketplace.

MEETINGS & EVENTS

DRCA OFFICE, 5415 E. High St., Suite A-133, Phoenix, AZ 85054 (Parking Garage on 54th Street)

CASHMAN PARK, 22222 N. 44th Street, Phoenix, AZ 85050

***MEETINGS AND EVENTS DATES ARE SUBJECT TO CHANGE. ASSOCIATION MEMBERS AND/OR MEMBER REPRESENTATIVES ONLY.**

MEETINGS

EVENTS

DRCA BOARD OF DIRECTORS

WED., OCTOBER 24
WED., NOVEMBER 28
HOLIDAY RECESS - NO DECEMBER MEETING
WEDNESDAY, JANUARY 23
6:00 p.m. at
Cambria Hotel & Suites

FINANCE COMMITTEE

TUESDAY, OCTOBER 23
TUESDAY, NOVEMBER 27
HOLIDAY RECESS - NO DECEMBER MEETING
TUESDAY, JANUARY 22
8:00 a.m. at
Holiday Inn Express & Suites

DESIGN REVIEW COMMITTEE

TUES., OCTOBER 16
TUES., NOVEMBER 6
TUES., NOVEMBER 20
TUES., DECEMBER 11
TUES., JANUARY 8
5:00 p.m. at
Holiday Inn Express & Suites

STRATEGIC COMMUNITY PLAN (SCP) PARKS SUB-COMMITTEE

WED., OCTOBER 10
WED., DECEMBER 12
4:00 p.m. at
Holiday Inn Express & Suites

COMMUNITY AWARENESS COMMITTEE

TUES., OCTOBER 23
TUES., JANUARY 22
6:30 p.m. at
Holiday Inn Express & Suites

COMMUNICATIONS COMMITTEE

THURS., OCTOBER 11
THURS., NOVEMBER 15
THURS., DECEMBER 13
THURS., JANUARY 10
6:30 p.m. at
Holiday Inn Express & Suites

LIFESTYLES COMMITTEE

THURS., OCTOBER 11
THURS., NOVEMBER 8
THURS., DECEMBER 13
THURS., JANUARY 10
8:00 a.m. at
Holiday Inn Express & Suites

PUBLIC AFFAIRS COMMITTEE

WED., OCTOBER 17
WED., JANUARY 16
4:30 p.m. at
Holiday Inn Express & Suites

COFFEE CLUB

TUES., OCTOBER 9
TUES., DECEMBER 11
9:00 a.m. at
Cambria Hotel & Suites

DESERT RIDGE FALL HARVEST FESTIVAL AT CASHMAN PARK AND DESERT CITY CHURCH TRUNK OR TREAT
FRI., OCT. 19
6 p.m. to 8 p.m.

LADIES NIGHT OUT

LA BOCCA WINE BAR AND URBAN KITCHEN
TUES., NOV. 13
5 p.m. to 7 p.m.
MAJERLE'S SPORT'S GRILL
TUES., DEC. 11
5 p.m. to 7 p.m.

FARMERS MARKET ON HIGH STREET EVERY SUNDAY

10 a.m. to 1 p.m.
Starting October 28

MEGA COMMUNITY-WIDE YARD SALE SAT., NOV. 3

7 a.m. to 2 p.m.
Drop off Donations at
Cashman Park at Desert
Ridge from 12 p.m. to 3 p.m.

VETERAN DAY APPRECIATION BREAKFAST
FRI., NOV. 9
Mimi's Café
7 a.m. to 10 a.m.

COMMUNITY NIGHT OUT MAJERLE'S SPORT'S GRILL
WED., DEC. 4
5 p.m. to 7 p.m.

ANNUAL HOLIDAY LIGHTING AND DECORATING CONTEST
NOV. 30 TO DEC. 21
Community Wide

HOLIDAY TROLLEY TOURS
DEC. 13, DEC. 17,
DEC. 18 AND DEC. 19
6:00 p.m. and 7:30 p.m.

SNOW BLAST AT REACH 11 SPORTS COMPLEX
FRI., DEC. 14
6 p.m. to 9 p.m.

The above meetings dates/times are subject to change.
Please check the desertridgelifestyles.com website online calendar to confirm scheduled dates/times for the meeting listed above.

COMMUNITY CONTACTS

ASSOCIATION

Desert Ridge Community Association 480.551.4553
REGULAR HOURS
Monday-Friday 8 a.m.-5 p.m.

EMAIL

desertridge.az@fsresidential.com
24/7 Customer Care Center 480.551.4300

DRCA COMMITTEES

Communications Committee
communications@desertridgelifestyles.com
Lifestyles Committee
lifestyles@desertridgelifestyles.com
Community Awareness Committee
communityawareness@desertridgelifestyles.com
Design Review Committee
designreview@desertridgelifestyles.com
Finance Committee
finance@desertridgelifestyles.com
Nominating Committee
nominating@desertridgelifestyles.com
Public Affairs Committee
publicaffairs@desertridgelifestyles.com
SCP Parks Sub-Committee
scpparks@desertridgelifestyles.com

BOYS & GIRLS CLUB

Vestar Branch 480.585.0170

PUBLIC SERVICES

Phoenix Water Department
M-F, 7:30 a.m.-5 p.m. 602.262.6251
Weekends, holidays, after 5 p.m. 602.261.8000
Phoenix Police Department
Non-Emergency Crime Stop 602.262.6151
Vacation Watch 602.495.5002
Desert Ridge Silent Witness 480.WITNESS
Phoenix Public Works
Trash/Recycling/Bulk Pick-up 602.262.7251
Parks Forestry Department
Downed Trees in Right of Way 602.262.9440
City of Phoenix Parks & Recreation, Northeast Division (Cashman Park) 602.262.6696
Malfunctioning Traffic Signals 602.262.6021
Streets/Street Sweeping 602.262.6441
Southwest Gas
Customer Service 602.861.1999
APS, 24 hour line 602.371.7171
(Includes Street Light Outtage)
US Post Office 800.ASK.USPS
Boulder Hills 800.275.8777
2550 E. Rose Garden Lane
Phoenix, Arizona 85050-9998

Cox Communications 623.594.1000
Centurylink 800.244.1111
Green Pools 602.506.6616
Maricopa County
Graffiti Busters 602.495.7014
Southwest Wildlife Conservation Center 480.471.9109
Dispatch-City
24/7 Street Maintenance
Concerns 602.262.6441

SCHOOLS

Fireside Elementary 602.449.4700
Principal, Teresa Simmons
tsimmons@pvschools.net
Wildfire Elementary 602.449.4300
Principal, Ryan Schoonover
rschoonover@pvschools.net
Desert Trails Elementary 602.449.4100
Principal, Sarah Torrilhon
storrilhon@pvschools.net
Explorer Middle School 602.449.4200
Principal, Kyle Shappee
kshappee@pvschools.net
Pinnacle High School 602.449.4000
Principal, Chad Lanese
chlanese@pvschools.net

WHO YOU CHOOSE TO REPRESENT YOU AND YOUR PROPERTY MATTERS!

Work With The Most Recommended REALTOR® Specializing In Desert Ridge

“Our house received multiple offers and was under contract in just over a week.”

★★★★★ – *Chris and Jessica Rush, previous Fireside residents*

“I felt personally represented throughout the process.”

★★★★★ – *Ben DeLay, previous Desert Ridge resident*

“Kevin knows Desert Ridge inside and out...”

★★★★★ – *Matt and Susan Allen, previous Fireside residents*

“His negotiating ability was much appreciated.”

★★★★★ – *Jimmy and CeCe Atkinson, previous Aviano residents*

“Not only did he get our house under contract in less than a week from being on the market, he made sure this was the easiest process ever!”

★★★★★ – *Marci Gresham, previous Fireside resident*



SOLD BY KEVIN!

3818 E. Covey Lane
\$687,000 - Fireside



JUST LISTED!

3961 E. Hummingbird Lane
\$675,000 - Aviano



SOLD BY KEVIN!

21812 N. 36th Street
\$545,000 - Aviano



SOLD BY KEVIN!

3955 E. Navigator Lane
\$900,000 - Aviano



KEVIN OWENS

REALTOR®

Specializing In
Desert Ridge Real Estate

480.217.9184

kevin@fineAZliving.com
www.fineAZliving.com



Kevin Owens sells homes in
Desert Ridge for 11% more (on
average) than other agents!

Find out why
your
neighbors
love working
with Kevin
Owens...
**contact
Kevin today!**

Data Source: ARMLS data for 85050, 85054

**ECRWSS
Postal Customer**

HAPPY HOLIDAYS FROM THE HENBEST TEAM



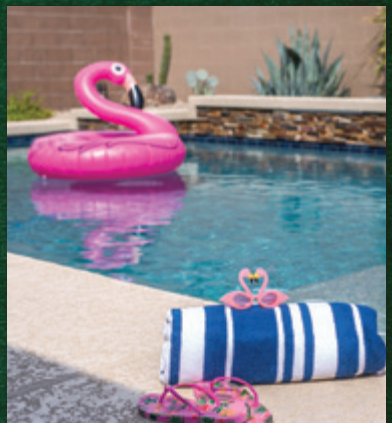
480.266.8785
info@Henbest.com
Henbest.com

REALTYONEGROUP

17550 N. Perimeter Drive, Suite 160, Scottsdale, AZ 85255



FEATURED
CALL US TO SCHEDULE
YOUR PRIVATE SHOWING!



Cielo - Desert Ridge ■ 4 Bedroom ■ 3,208 Square feet ■ Pool ■ Putting Green ■ View Lot

RECENT HENBEST TEAM SALES



EXPEDITION POINT

Highest Sale Price in Expedition Point since 2007!



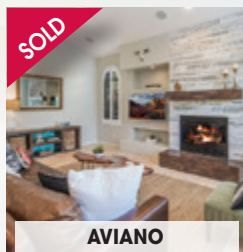
RANGER CORRIDOR

Highest Sale Price of this Model since January 2017!



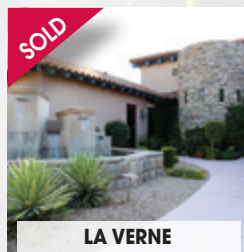
WILDFIRE GOLF COURSE

Highest Sale Price of this Model since March 2016!



AVIANO

Record-Breaking Price for this size and location!



LA VERNE

Highest Sale Price of this Model since 2007!



TOSCANA

We were the 4th Real Estate Team hired and we got the job done!

WANT TO SEE YOUR HOME FEATURED HERE? CONTACT THE HENBEST TEAM!
Desert Ridge Residents! Experience! Knowledge! Results!