

HOLIDAY 2014

# DESERT RIDGE®

The Official Community Magazine of the Desert Ridge Community Association

## Lifestyles

# Tis the Season of Giving

**SAGEWOOD RESIDENTS  
JOIN IN THE SPIRIT OF GIVING**

See page 8

**ANNUAL HOLIDAY LIGHTING  
& DECORATING CONTEST  
REGISTRATION FORM**

See page 11

**JARED ALLEN'S HOMES FOR WOUNDED  
WARRIORS AND HOW YOU CAN HELP**

See page 17



Events **TO MAKE**  
**YOUR SEASON**  
bright.



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## Desert Ridge Lifestyles

Desert Ridge Lifestyles magazine is the official community magazine of Desert Ridge, brought to you by the Desert Ridge Community Association. It is designed to keep you informed about what's happening in your community, from clubs, activities and community programs to school information, special events and more.

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## MANAGEMENT TEAM AND BOARD OF DIRECTORS

### Desert Ridge MANAGEMENT TEAM

Photos by Tina Dickson

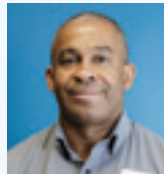
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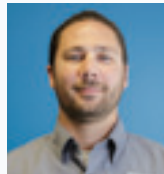
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 Community General Manager



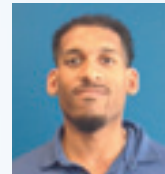
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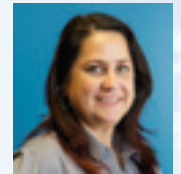
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 Compliance Coordinator



**SHELLEY BONI-RICE**  
 Administrative Coordinator

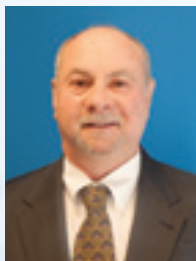
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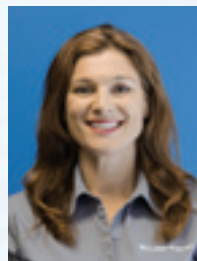
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**DIRECTOR**  
**Stephanie Rimmer**  
 Lifestyles Committee Chair



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## From the President Living with Wildlife



Doug Dickson

Living in Desert Ridge, we have an opportunity to experience the real beauty of the Sonoran Desert. With five seasons to enjoy, we live among some of the most attractive desert flora and fauna in the world – a spectacular natural playground.

While there is much to enjoy, we must also have a healthy respect for the many desert creatures that live here with us. On any given day in Desert Ridge, you'll see quail, doves, hummingbirds and rabbits; less often, you might encounter larger animals including bobcats, coyotes, javelina and owls. While most of these larger animals are seen from a distance, occasionally there is conflict.

Attracted by food, water, shelter and shade it's important to protect our children and pets from these desert dwellers. The walls surrounding our properties feel safe, but they are no match for a bobcat that can jump almost 12 feet, or a coyote that can leap nearly as high and run at 40 miles per hour.

### To prevent conflict:

- Remove anything outside your home that may be attracting wildlife. This includes garbage, pet food, water sources, and bird feeders that can attract rodents and birds for these predators eat.
- Allow wildlife to be wild; never feed wild animals.
- Encourage your neighbors not to feed wildlife or leave anything out that might attract the animals.
- Feed your pets inside, and never leave them unattended, especially at dusk and

down when animals are most active. If it's necessary to leave a small pet outside unattended, keep it in a sturdy enclosure with a roof.

- Trim and remove any ground-level shrubs and branches that provide hiding places or den sites for coyotes and other animals.
- Secure garbage containers and eliminate odors by cleaning trashcans with a 10 percent chlorine bleach solution. Put trash containers out on the morning of pickup, not the night before.

### Cat Owners

The only way to guarantee your cat's safety is to keep it indoors. Outdoor cats face great danger from desert animals, as well as cars.

### Dog Owners

- Keep your dog on a short leash while

continued on page 29



## Communications Chair How You Can Give Back



Brad Slager

This time of year is filled with tradition and means something very different to each of us. For some, it means time off of work, countless parties, pot-lucks and holiday treats. Others are guided by faith and look forward to the extra time with family and friends. Childhood memories become the traditions we pass on, in hopes they are received with the same exuberance and joy we felt as youngsters. The holiday lights, festive music, school recitals and children's wish-lists, all help remind us of years past. The common theme is we

typically are looking for things to do that make us feel good!

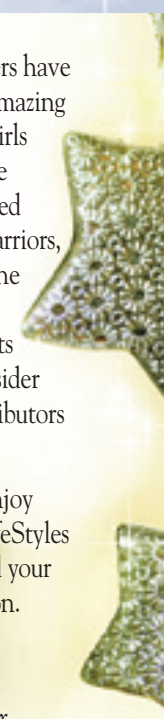
We often choose this season to volunteer our time, give to our favorite cause, or adopt a family less fortunate. There are literally thousands of worthy organizations and we encourage you to get the family involved and make holiday giving a tradition in your home. Find a cause that resonates with your family and do what you can, a little goes a long way. What a wonderful time to reach out and help those in need!

Our Holiday 2014 issue is titled, "Tis the Season of Giving" and we've highlighted just a few of the many ways that our

residents and community partners have chosen to give back this year. Amazing organizations like the Boys & Girls Clubs of Greater Scottsdale, The Desert Ridge Parents Group, Jared Allen's Homes for Wounded Warriors, JW Marriott Desert Ridge and the residents of the Sagewood community all have giving efforts throughout the year. Please consider reaching out to any of our contributors and get involved.

We hope you and your family enjoy this issue of the Desert Ridge LifeStyles Magazine. We also wish you and your family a wonderful holiday season. Cheers!

Brad Slager  
Communications Committee Chair  
Desert Ridge Community Association





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## Lifestyles Chair Desert Ridge During the Holidays



Stephanie Rimmer

I hope all of our Desert Ridge Residents will take the time to enjoy the many activities taking place within our community, which truly make Desert Ridge a great place to live, work, visit and do business.

We are once again hosting the annual Desert Ridge Lighting Contest & Trolley Tours. This favorite event has made headlines in the local papers with Desert Ridge Residents gaining fame for their decorative delights and holiday handy workmanship. Homeowners may enter the lighting contest by filling out and submitting the form included in the magazine, or downloading a form from [desertridgelifestyle.com](http://desertridgelifestyle.com)

### TROLLEY TOURS

We listened to your feedback and have increased the number of trolleys, reduced the length of the trolley ride to 75 minutes, and increased the available times and dates for the rides. Details and ticket information are available on [desertridgelifestyle.com](http://desertridgelifestyle.com).

### COMMUNITY MIXER

We are planning four community social events, which will be held on the 3rd Tuesday of the month during November, January, March and May at Blue Martini from 5:30 to 7:00 pm. Please join us for our first event on November 17th, 2014. This is a great way to meet new neighbors or visit with your Desert Ridge friends. We hope to see you there.

### LADIES NIGHT OUT

The Lifestyles Committee has established a monthly Ladies Night Out from 5:30 to 7:00 p.m. on the first Monday of every month, September through April, excluding December at Ocean Prime on High Street. This is a good opportunity for all Desert Ridge women to bond and build relationships with other women in our community.

### COFFEE CLUB

The coffee club continues with community update meetings held in the Desert Ridge Office on the second Tuesday of every other month. Please join us on Tuesday, December 9th from 9 a.m. to 11 a.m. at the Desert Ridge Office at 5415 E. High St., Ste. 220, Phoenix AZ 85054.

### WHAT'S NEXT?

The committee is also planning fitness in the park programs now that we have completed renovations of Cashman Park at Desert Ridge. A community casino night is also in the works, as is an Astronomy Night in Cashman Park at Desert Ridge. Paradise Valley Community College is working with us to open their doors for a theater night where Desert Ridge Residents may enjoy a dress rehearsal performance of an upcoming production.

All of our events will be listed on [desertridgelifestyles.com](http://desertridgelifestyles.com). Residents who are interested in helping plan community events may email [lifestyles@desertridgelifestyles.com](mailto:lifestyles@desertridgelifestyles.com) or attend our monthly meetings on the third Tuesdays of the month from 11:30 to 1 p.m. at the Desert Ridge Office.

A special thank you this month to Michelle Stelnik and Debi La Rosa, two community members who accepted appointments to the Lifestyles Committee and have helped make sure these events continue to take place for the enjoyment of Desert Ridge Residents. An even bigger thank you to Mallory Peil, the Desert Ridge Lifestyles Coordinator, for her continued hard work on behalf of our community.

Stephanie Rimmer  
Lifestyles Committee Chair  
Desert Ridge Community Association

# LETTERS TO THE EDITOR

You are invited to write your thoughts or comments to the Desert Ridge Lifestyles editor at: [editor@desertridgelifestyles.com](mailto:editor@desertridgelifestyles.com)

*Regarding Cashman Park, is there a final figure on how much of our association funds have been expended on this?*

**EDITOR:** As to the Cashman Park at Desert Ridge improvements, the DRCA budget was approved for \$500,000 (through a membership vote). We incurred in excess of the DRCA budgeted amount, as a result of unforeseen change orders. However to date, the "Friends of Cashman Park



Improvements Fund" has generated fundraising (cash and in-kind contributions/donations) totaling in excess of the coverage spent and has been used to offset the park improvements change orders. Anyone interested in purchasing a custom brick can turn to page 28 of this magazine or call 480.551.4559 for more information. Thank you!!!

*I'm new to Desert Ridge and would like to get involved. How do I apply, or be considered for a position on the DRCA Lifestyles Committee?*

**EDITOR:** If interested in volunteering for the Desert Ridge Community Association Lifestyles Committee, and or a specific event please email [lifestyles@desertridgelifestyles.com](mailto:lifestyles@desertridgelifestyles.com) or call our Lifestyles Coordinator – Mallory Peil at 480-551-4559

*Our family really enjoys the Desert Ridge Lifestyles*

*Magazine. Can we make suggestions, or even contribute an article to a future magazine?*

**EDITOR:** YES! We welcome suggestions and review countless article submissions from community partners, local business' and residents every month. Please submit your article, suggestion or idea in one of the following ways and thank you for your involvement! By email at [communications@desertridgelifestyles.com](mailto:communications@desertridgelifestyles.com) or by phone at 480-551-4559

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# SAVING AND IMPROVING THE LIVES OF ARIZONA CHILDREN

Photo Credit: Kimberly Geng

## JW Marriott Desert Ridge Resort & Spa Holds 13th Annual Children's Miracle Network Golf Tournament – Raises \$32,000 for Phoenix Children's Hospital

By Hailey Paquette

Wildfire Golf Club and the associates of JW Marriott Desert Ridge Resort & Spa came together again to host the 13th annual Children's Miracle Network (CMN) Golf Tournament recently, benefiting Phoenix Children's Hospital. This year's golf tournament raised \$32,000 to help CMN



Christi Boujjikian, Meagan Goddard and Joe Reynoso.

and Phoenix Children's Hospital save and improve the lives of Arizona children.

Marriott is a long-time supporter of Phoenix Children's Hospital and CMN, which raises funds for children's hospitals throughout the country. About 250 players attended this year's tournament and enjoyed a day of golf while supporting a great cause.

The picturesque Wildfire Golf Club is a multi-award winning club including "Best Courses You Can Play" by Golfweek, "Best Resort Course in the Southwest" by Travel & Leisure Golf and certification by the Audubon Cooperative Sanctuary Program.

Golfers can tee off at one of Wildfire Golf Club's two 18-hole championship golf courses located at JW Marriott Desert Ridge Resort & Spa.

The 18-hole, par 71 Faldo Championship Course was designed by three-time Masters and three-time British Open champ Nick Faldo. Carved into the Sonoran desert, the Faldo Course features a total of 6,846



yards, generous fairways and ample landing areas for the not-so-straight and narrow golf swing, keeping golfers out of the surrounding desert flora.

Wildfire Golf Club is also home to the par-72 Palmer Signature Course. The course features generous fairways and large, undulating bent grass greens. The vast 151-acre layout meanders through picturesque arroyos with centuries-old saguaro cactus.

Throughout the year, Wildfire Golf Club's "Kids Golf-4-Free" program allows kids ages 15 and younger to play golf free after 3 p.m. when accompanied by a full-paying adult. Children may also enjoy a complimentary golf lesson with an adult who is taking a lesson from a Wildfire Golf Club instructor.

Wildfire Golf Club is located at 5350 E. Marriott Drive in Phoenix.



Erik Barden and Tristan Karr.





# Seniors Going the Extra Mile

## SAGEWOOD RESIDENTS JOIN IN THE SPIRIT OF GIVING

By Ellen Devine  
Marketing Director for Sagewood



Each year we ask ourselves, “what is it we can do to help others? Is a handful of change dropped in Santa’s bucket in front of the grocery store enough,

or can we do more?” The residents at Sagewood, a Life Care Services community just down the road from the Musical Instrument Museum, do more every day, and especially during the holidays.

From collecting toys for kids in need and walking in the Race for The Cure, to filling up the food bins for St. Mary’s Food Bank and providing scholarships for Sagewood employees and their families, the residents at Sagewood have a strong connection to the community in which they live. They give back because they know that by offering a

location to collect toys, or drop food off for hungry families, they will positively impact those in need.

This year, Sagewood residents have again offered their halls for the collection of food and toys. The St. Mary’s food drive will take place Nov. 1 through 16. The public may drop non-perishable food items at the collection bins in the marketing office. Neighbors in the surrounding area may also help Sagewood make children’s lives a little brighter this year with the donation of a new, unwrapped toy for Marine Toys for Tots. The toy donations through Sagewood will benefit needy children right here in Phoenix. The public can drop toys in the marketing office starting late November.

**Sagewood residents not only give to Phoenix and the surrounding communities, but they also give back to the employees at Sagewood through the Sagewood Scholarship Fund. As tuition**



costs continue to rise, the Sagewood Residents’ Foundation, a 501(c)(3) tax-exempt organization, has taken on the initiative to promote higher education for Sagewood employees and their families. Sagewood staff and their dependents can use the finances, donated by residents to the scholarship fund, to further their education. This year, the Scholarship Committee awarded \$25,000 in scholarships to 16 applicants.

The residents at Sagewood do so much for the community because it is a part of their lives; it’s not just a lifestyle. They have set the example for generations to come and encourage you to help others, not only this holiday season, but every day of the year. To learn more about Sagewood’s community giving efforts, visit [www.sagewoodlcs.com](http://www.sagewoodlcs.com) or call (480) 948-1398.





# You'd Better Watch Out

For most of us, the holidays are a time of joy and celebration. Criminals however, see the holidays as an opportunity to take advantage of either our lightened mood, or seasonal distractions, when our guard is less likely to be up. So to help prevent any "Grinches" from stealing your holiday joy, here are some tips to keep in mind and help you get through the season safely.

By Steve Burns  
Community Awareness Committee Chair

## WHEN SHOPPING, OR OUT AND ABOUT

- Take only the credit cards you need when shopping. Leave the others in a safe place at home.
- When paying with a credit card, make sure that the card is not easily visible to others around you. There are crooks that can memorize your card number in a matter of seconds.
- Keep your purse or wallet close to you at all times.
- Do not carry excessive or unnecessary cash on you.
- Shop in the daylight if possible. When shopping after dark always park in a well-lit area.
- Shop with a friend when possible, because there's safety in numbers.
- Do not leave your purse, wallet, cell phone, or any other valuables in plain view.
- When you return to your vehicle, scan the interior to be sure no one is hiding inside.
- When placing purchases from the stores in your vehicle, place them out of sight. The best place is in the trunk.
- After putting packages in your vehicle, drive to different row before going to another store. Do this even if you are simply going back to the same store.
- Try not to park next to a larger vehicle, that blocks your vision while you are entering or exiting your vehicle.



- Have your keys out and ready when approaching your vehicle.
- Hide your garage door opener. Many people leave mail, or other info with their address, in the car. This makes it easy for a thief to get in through your garage.
- Black out your address on your registration. The reason the address is on there is simply for mailing. In the event of a traffic stop, the police do not need to see the address on the paper.

## WHEN HOME

- To help prevent vandalism, turn off inflatable decorations at a specific time. If convenient, bring them up to the front porch or close to the house.
- Keep the front of the house well lit and make sure that trees and bushes are trimmed so that doors and windows can easily be seen.
- Install an alarm system if possible (see my article from the Spring issue).
- Beware of door-to-door charity scams.
- Keep an eye out for parcel deliveries; packages on porches are big targets.

- Make sure that smoke and carbon monoxide detectors have fresh batteries and are functioning properly (Make sure that you have smoke and carbon monoxide detectors).

## WHEN LEAVING TOWN

- Have mail held at the post office while you're away.
- Use timers on lights to give the appearance that someone is home.
- Let a loved one or someone else that you trust know the route that you're taking. This goes especially if you will be traveling in snowy or icy conditions.
- Register for Vacation Watch with the City of Phoenix Police department.

By utilizing those tips, having heightened awareness, and by using some common sense, we can all have a safer and more joyous holiday season.

Finally, I'm pleased to announce that due to last year's success, your DRCA Board of Directors has once again authorized extra off-duty Phoenix police patrols during the holiday season. Remember, although Phoenix police officers do a fantastic job but they can't be everywhere all the time. That is why it is so important to know and communicate with your neighbors and to keep looking for things that are out of place in your neighborhood. You can help make Desert Ridge a safer and better place to live by starting or participating in a neighborhood block watch program. If you're interested in learning how to start a neighborhood block watch program, please contact the Desert Ridge Community Association office at 480-551-4553 or contact Community Action Officer Tim Mitten from the Phoenix Police Department at 602-495-5238.



# It's that Time of Year!

The Desert Ridge Holiday Lighting and Decorating Contest will soon be here.... and so will our Holiday Trolley Tour! What a great way to see the wonderful Holiday displays here in our Desert Ridge

community. Our Board members have extended the invitation to our residents and their families and friends to enjoy an evening of Holiday fun on these great Trolleys. Don't forget to submit your

Holiday Lighting and Decorating Contest forms in by November 30 to the Desert Ridge Community Association office. Order your Trolley Tour ticket, seats are limited and on first come basis.

## Winners of the 2013 Desert Ridge Holiday Lighting and Decorating Contest





# 2014 Seventh Annual Holiday Lighting & Decorating Contest

## Exciting Prizes for the Best Lights & Decorations

- 1ST PLACE** 2-night stay at the JW Marriott Desert Ridge Resort & Spa *plus* \$200 Visa Gift Card  
**2ND PLACE** 4 MIM Tickets *plus* \$200 Visa Gift Card  
**3RD PLACE** 2 MIM Tickets *plus* \$150 Visa Gift Card  
**4TH PLACE** \$150 Visa Gift Card  
**5TH PLACE** \$100 Visa Gift Card

### Rules

1. The entry form must be received by **Sunday, November 30, 2014**. (by fax, email, mail, or deliver to the Association office).
2. The association will begin marking yards for judging **Thursday, December 4 and Friday December 5, 2014**.
3. Residents are not required to be at home however, the holiday display must be operational from **6 p.m. until 10 p.m.** starting on **Monday, December 8** ending on **Tuesday, December 23, 2014**.
4. Winners will be notified by the association.
5. Contestants must be a member in good standing with all assessments current.

Entries not chosen as a winner are eligible for one of twenty (20) gift cards in a drawing. All entries in the contest receive a participant certificate. 1st, 2nd and 3rd place winners from the 2013 Holiday Lighting Contest are not eligible for the 1st, 2nd or 3rd place prizes in the 2014 Holiday Lighting Contest. Photographs will be taken of winning displays and are property of the Association. Map of general holiday display locations may be provided.

\*Accommodations and museum tickets courtesy of JW Marriott Phoenix Desert Ridge Resort & Spa and the MIM.

\*Gift cards, courtesy of Desert Ridge Community Association.



Return this registration form to enter contest by November 30, 2014

Name:		
Address:		
City:	State:	Zip Code:
Phone:	Email:	

**DESERT RIDGE COMMUNITY ASSOCIATION**

5415 E. High Street, Ste. 220, Phoenix, AZ 85054 ■ 480-551-4559 phone ■ 480-551-6000 fax ■ Email: [desertridge.az@fsresidential.com](mailto:desertridge.az@fsresidential.com)



# Holiday Trolley Tour

**Mondays In December Beginning December 8, 2014**

Come join us with your family and friends for a fun-filled night and tour the Desert Ridge Community by Trolley and see the wonderful Holiday displays. These Trolleys are fully enclosed with glass viewing. Seats are limited and on first come basis. Tickets are only available for purchase at the Desert Ridge Community Association office.

- EVENT DATES** December 8, 15, 22
- EVENT TIMES** 6:00 p.m. or 7:30 p.m.
- COST** \$7 per person Ticket price includes 75 minutes trolley ride, refreshments, snacks and 3D glasses. (by check only, made payable to Desert Ridge Community Association by December 1)
- CHECK-IN TIME** 15 minutes prior to departure. Trolleys depart promptly, be on time.
- ACTIVITIES & TREATS** 6:30 p.m. - 8:30 p.m.  
Please join us for cookies and hot chocolate.
- DEPARTURE LOCATION** Boys & Girls Clubs of Greater Scottsdale Vestar Branch  
3975 E. Lockwood Drive, Phoenix AZ 85050



Trolley Registration Deadline: December 1

Name:		
Address:		
City:	State:	Zip Code:
Phone:	Email:	
Select Date and Time of Departure: <input type="checkbox"/> Dec. 8 <input type="checkbox"/> 6:00 p.m. <input type="checkbox"/> 7:30 p.m. <input type="checkbox"/> Dec. 15 <input type="checkbox"/> 6:00 p.m. <input type="checkbox"/> 7:30 p.m. <input type="checkbox"/> Dec. 22 <input type="checkbox"/> 6:00 p.m. <input type="checkbox"/> 7:30 p.m.		

Number of Tickets \_\_\_\_\_ at \$7.00 each = \$ \_\_\_\_\_

**DESERT RIDGE COMMUNITY ASSOCIATION**

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# Safety Tips for You and Your Pet

By Melissa Gable  
Public Information Officer  
Maricopa County Animal Care and Control

The holidays are a time for family, friends and festivities, but you won't be celebrating if you're spending the night at the emergency vet clinic with a sick pet. Maricopa County Animal Care & Control (MCACC) offers some advice and safety tips to keep you and your pet happy this holiday season.

Food is in abundance during family gatherings but resist the urge to share with your pets.

Human food is too high in fat for our dogs and cats. Most pet owners know that chocolate can be toxic to pets, but beware of other types



of candy. Colorful candy wrappers can be tempting and if swallowed, may create blockages in your pet's intestines. Don't assume all vegetables are safe for your dog or cat -- onions, garlic and scallions can lead to toxic anemia in pets. Be sure to ask your guests not to feed table scraps to your pets and ask them to keep food (and alcohol) out of paws reach!

When decorating your home for the holidays, try to look at things from your pet's perspective. Are those glass ornaments

hanging on low branches? Is that candle's flame too tempting for curious cats? Does the shiny tinsel attract too much attention from furry family members? Glass embedded in pet's paws, burnt fur and tinsel in the intestinal tract are just a few accidents you can avoid if you pet proof your home for the holidays. Consider using ornaments that won't shatter or leave the bottom branches of your tree undecorated. Never leave your pet unattended in a room with lit candles. Avoid using tinsel or other types of décor that can be easily swallowed by a rambunctious pet.

We've all seen the image of the adorable puppy peeking out from under the lid of a gift wrapped box, but MCACC asks that you don't give pets as gifts. Adopting a dog or cat is a very personal choice and is something best done by the person wanting to adopt. Consider presenting your loved one with a gift basket filled with dog or cat toys, bedding, food, and the promise to visit a local shelter. Not only are you giving the *pur*fect gift -- you're also saving a life!

If you plan to host parties or festivities at your home, it's imperative that your dog or cat be wearing identification. The constant opening and closing of the front door makes it easy for pets to slip out unnoticed. If your animal does get out and ends up at the shelter, current ID will help ensure that you are reunited with your four-legged family member.

Finally, this is a busy time of year and humans aren't the only ones who can feel stressed. The hustle and bustle of houseguests and parties can cause our pets to become a bit anxious. If possible, give them a spare room where they can escape the crowd and chill out. Be sure they have some of their favorite toys, bed, food and water. Turn on the television or radio to drown out the sounds of the festivities.

Be thankful for your pets this holiday season. Their unconditional love is one of the greatest gifts we can ever receive.

For more information about MCACC, please visit [www.maricopa.gov/pets](http://www.maricopa.gov/pets).

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# Cashman Park at Desert Ridge Dedication Ceremony

Thank you to all involved who helped make the celebration a success.





Photos courtesy of Tina Dickson







# BUY A BRICK THIS HOLIDAY SEASON AND GIVE A GIFT THAT WILL LAST FOREVER

Purchase a custom engraved brick(s) and commemorate your loved ones, a beloved pet, to mark a special occasion or event, honor a friend, or promote your business.



**4" x 8" = \$150.00**

**8" x 8" = \$250.00**

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*Make your payment online to "Friends of Cashman Park Improvements Fund" via the Phoenix Parks & Conservation Foundation*

1. Go to [www.phxparksfoundation.org](http://www.phxparksfoundation.org)
2. Click on "Membership & Giving" at the top of the homepage
3. Click "Donate"
4. Complete donation and credit info screen
5. Proceed to the review and continue screen

**Call 480-551-4559 for more information.**





## ABOUT THE CHARITY

Jared Allen's Homes for Wounded Warriors is a non-profit organization created for the sole purpose of raising money to build or modify the homes of America's injured Military Veterans. JAH4WW helps to build or modify homes so they are handicap accessible and comfortable for our wounded vets. Jared Allen's Homes for Wounded Warriors was formed in October of 2009 by the MN Viking Jared Allen after he returned home from his USO trip to US Military Bases in the Middle East. Jared Allen was moved by the commitment, dedication, and sacrifices that our soldiers make every day to protect our freedom. He wanted to say thank you to every soldier in the only way that Jared Allen knows how. By embracing the conflict and making a positive life-changing difference in the lives of those who need it most, Jared and his JAH4WW will help make life for wounded vets just a little bit easier.

## HOW YOU CAN HELP

Your support can help provide a handicap accessible kitchen or bathroom to a wounded veteran.

# Jared Allen's Homes for Wounded Warriors

## OUR MISSION

Our mission is to provide financial assistance and support to our injured United States military veterans by building handicap accessible homes to suit their individual needs one wounded warrior at a time.

## HOW WE STARTED

Jared Allen's Homes for Wounded Warriors was formed in October of 2009 by Chicago Bear, Jared Allen after he returned home from his USO trip to US Military Bases in the Middle East. Jared Allen was moved by the commitment, dedication, and sacrifices that our soldiers make every day to protect our freedom. He wanted to say thank you to every soldier in the only way that Jared Allen knows how. By embracing the conflict and making a positive life-changing difference in the lives of those who need it most, Jared and his JAH4WW will help make life for wounded vets just a little bit easier.

## Army Sgt. John Ricketts

United States Army Sgt. John Ricketts was injured in May of 2010, while serving as a gunner for the 101st Airborne Division in Afghanistan. An improvised explosive device blew up his vehicle during a routine convoy patrol of a mountainside. The homemade roadside bomb ripped the cab off of the heavy

truck carrying John and three other soldiers, and sent it flying off the edge of a cliff. His brain injury was so severe that at first he was not expected to ever walk or talk again.

After learning to walk and stand with severe pain, John made the difficult decision to have

his legs amputated below his knees. He now has prosthetics and his dream is to compete in an off-road marathon involving a run through the desert, a mountain-bike race, and a competitive swim.

In July, Jared Allen's Homes for Wounded Warriors closed on a home in Phoenix, Arizona for John, followed by an official Demolition Ceremony that took place on September 6th, 2014.





Dustin Watkins  
Compliance Coordinator

### HAPPY HOLIDAYS!

Desert Ridge is a great place to spend your holiday season with great lifestyles activities such as the Holiday Lighting Trolley and the Holiday lighting competition. With the holiday lighting competition we commonly receive several questions in regards to when the lights can be displayed. Holiday Lights



may be put up as early as the immediately preceding Thanksgiving holiday and must be removed no later than January 7 of the immediately following January. This time frame allows residents time to display and celebrate the holidays without worrying about receiving a violation notice. Should you have any questions or concerns in regards to holiday lighting, please contact our office so we may assist you.



## NEIGHBOR TO NEIGHBOR

Carmello Musarra  
Residential Community Manager

Over the summer the Arizona monsoon season kicked off with some really great storms. Unfortunately, the high winds from these storms broke branches and pushed entire trees over into the streets, sidewalks, walls, homes and vehicles. In the aftermath of the storm that hit the Phoenix area in late September, Desert Ridge saw a significant number of homeowners and neighbors helping each other clean up the damage resulting from this storm. Desert Ridge residents pride themselves in not only their homes, but their neighborhoods and the community as a whole.

Please take time to assess the trees within your lot to make sure they are trimmed, staked and maintained throughout the year. Preventative maintenance can save your trees and surrounding property from potential storm damage.



*Did you know a new security company is protecting the Desert Ridge Community?*

Urban Tactical Security is pleased and excited to announce that we took over responsible for on-street overnight parking patrol for the Desert Ridge Community Association on September 2nd, 2014. You will notice our guards and patrol cars on property.

Urban Tactical Security has been servicing the state of Arizona for 8 years. Our company patrols Desert Ridge to observe and monitor on-street parking, patrol the washes within Desert Ridge and report other maintenance items back to the management team.

We look forward to a great partnership with Desert Ridge Community and all their residents and employees.

Management  
Urban Tactical Security

## FEE WAIVER REQUEST

By Shelley Boni-Rice  
Administrative Coordinator

*Did you know you can you can request a fee waiver online now?*

Effective immediately, please go to [fsresidential.com](http://fsresidential.com). On the right hand side of the site, mouse over the "Homeowners" section and at the bottom of the drop down box select "Fee Waiver Request" to complete and submit your waiver request.

Please note your assessments must be current with the Desert Ridge Community Association prior to submitting your waiver request. This requirement is stated on the Fee Waiver Request screen as well.

**REMEMBER:** Prior to completing and submitting your waiver request, your assessments must be current with the Desert Ridge Community Association.

Once we have received your fee/fine waiver request, it will be forwarded to your Board of Directors for their review and approval consideration. Please be aware that your board of directors meeting schedule can vary so a decision may take between 30 to 90 days. Once the board has made a decision you will be notified in writing. All waiver decisions rendered by the Board of Directors are final.



# Events at Desert Ridge Marketplace

[www.shopdesertridge.com/events/live-music/](http://www.shopdesertridge.com/events/live-music/)



## DISTRICT STAGE

Performance times are from 7:00 PM to 10:00 PM

## AMC FOUNTAIN STAGE

Performance times are from 7:00 PM to 9:00 PM



## NOVEMBER & DECEMBER

### Live Music at Desert Ridge Marketplace Every Friday and Saturday night 7 p.m. - 10 p.m. at the District Stage 7 p.m. - 9 p.m. at the AMC Fountain

Experience local musicians on the rise Friday and Saturday evenings as they entertain audiences of all ages. Visit [www.shopdesertridge.com](http://www.shopdesertridge.com) for artist and event listings.

### FREE Holiday Skating at Desert Ridge Marketplace

(Black Friday Weekend) Friday through Sunday, Nov. 28, 29 and 30.  
11 a.m. - 9 p.m. Friday and Saturday;  
11 a.m. - 6 p.m. Sunday

Near AMC Theatre ■ FREE  
We will be offering FREE holiday skating in the District in front of AMC Theatres for children 5 and older. Skates will be provided, but don't forget your socks!

### First Snow Fall at Desert Ridge Marketplace

Monday, Nov. 24th ■ 5 - 8 p.m.  
AMC Fountain at Desert Ridge Marketplace FREE  
Kick off the holiday season with Desert Ridge Marketplace! Join us for the very first snow fall of the season, plus games, prizes, dancing and more!

### Salvation Army Angel Tree

Friday, Nov. 21 - Saturday, Dec. 21  
Dave & Buster's at Desert Ridge Marketplace  
The Christmas Angel Program provides new toys and clothing to children who otherwise would not have gifts to open during the holidays. The Angel Tree is located at Dave & Buster's at Desert Ridge Marketplace and contains tags with the name, age, clothing size, and toy requests of an underprivileged child.

### Snow What Fun Nightly Snowfalls at Desert Ridge Marketplace

Nov. 24 - Dec. 24 ■ 7 p.m. & 8 p.m.  
AMC Fountains at Desert Ridge Marketplace-FREE  
It will snow each night between November 19- December 24 (except for Thanksgiving)

promptly at 7 & 8 p.m. within The District at Desert Ridge Marketplace. Out of thin air, flakes of fluffy white snow will float down from the sky, transforming the AMC Fountain and Fireplace into a living snow globe.

### Snow Day

Saturday, Dec. 13th ■ 10 a.m. - 1 p.m.  
Desert Ridge Marketplace Sandbar Parking Lot ■ FREE!!  
Don't stay inside this Snow Day! Whether you're a kid or just want to feel like one for the day, grab your mittens and head over to Snow Day in the Sandbar parking lot, located just off of Tatum Blvd. If you can't make it

to the snow for the holidays, we will bring it to you! With over 40 tons of snow to play in, holiday crafts, cookies and milk, and live music, there is something for everyone!

### Story Time with PBS Channel 8

Dec. 3, 10 and 17 ■ 5 - 7 p.m.  
Desert Ridge Marketplace FREE! ■ District Stage  
Bring the kids out to get in the holiday spirit and enjoy FREE hot chocolate and cookies, story time readings of holiday classics, dancing and exercises by The Little Gym and special guest characters presented by PBS Channel 8. Remember to get here early to grab a seat!

## RANKED NATIONALLY IN THE TOP 4 MUSEUMS FOR FAMILIES

—USA Today Travel's 10Best Readers' Choice Awards

### SAVE THE DATES

#### EXPERIENCE INDIA

November 1 & 2

#### FAMILY DAYS: BEAT IT!

November 15 & 16

#### EXPERIENCE NORWAY

December 6 & 7

#### HOLIDAY PROGRAM:

#### HEAR THEM RING

December 20 & 21

View the complete list of classes and events at [MIM.org](http://MIM.org).



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# Hidden in the Hills Studio Tour

## Desert Ridge Resident One of 180 Artists Featured

Jennifer Solomon

Desert Ridge resident and artist Gedion Nyanhongo will be one of 180 artists featured in the Sonoran Arts Leagues' 18th Annual Hidden in the Hills Studio Tour and Sale held November 21, 22, 23, 28, 29 & 30, and taking place throughout Cave Creek, Carefree, and North Scottsdale. The free self-guided tour allows art enthusiasts to meet the artists, learn about their artistic process, and purchase original artwork.

Nyanhongo, a resident of Desert Ridge since 2007, will showcase his stone sculptures made from enduring Opal Stone, Springstone and Zimbabwe (Nyanga) Stone, at the Toni Perrin Studio, 36633 N. Sidewinder Rd., Carefree, from 10 a.m. to 5 p.m. each day, along with the artwork of fellow artists Diana and Kenneth Ferguson, Troy Moody, Toni Perrin, and Fiona Purdy. This is Nyanhongo's seventh year participating in the event.

"Hidden in the Hills is a great platform for

artists and collectors to meet. It offers a great opportunity for the public to learn more about how all masterpieces are made and provides artists an opportunity to market their work," states Nyanhongo. "It's a family of love, support and happiness!"

Born in Zimbabwe, Nyanhongo was born into an artistic family. He comes from a family of famous sculptors that includes his father, Claude, and sister Agnes. After an apprenticeship with the internationally acclaimed sculptor Joseph Ndandarika, Nyanhongo shot to stardom in the early 1990's. He has been critically acclaimed as one of the top stone sculptors in the world today.

Nyanhongo's work is a revival of the realist, neo-figurative work that characterized much of Zimbabwean sculpture in the 1970's. He has refined this style and made it his own – marked by fully animated human, animal and spiritual figures. Nyanhongo's talent keeps him away from his home in Zimbabwe while participating at regular exhibitions



in Europe and America. Two of his works are featured in a collection on permanent display at the Hartsfield-Jackson Atlanta International Airport, and a zebra at the Phoenix Zoo.

The 18th Annual Hidden in the Hills Studio Tour featuring forty-six private artist studios with 180 artists working in various mediums will be open to the public for free. For more information on the event, including an artist search, directory and customizable map, visit [www.hiddeninthehills.org](http://www.hiddeninthehills.org).

# FREEZE WARNING!



Sub-freezing temperatures are forecasted for the Phoenix Metro areas this coming weekend. Make sure to wrap any above ground irrigation piping, and if possible, drain them with the ball valves open 1/8 of a turn (half open). If shut down and drainage is not an option, schedule drip

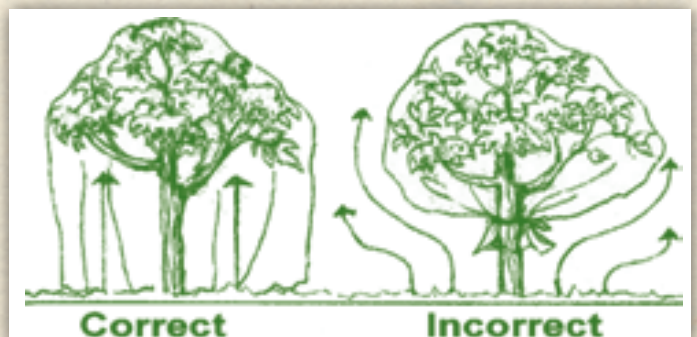
zones to run long cycles over night far from sidewalks, trails, or places of gathering to prevent slips and injuries during the morning hours. The constant movement of water helps to prevent water from freezing since water in under-ground piping stays above 32F. This is also a good practice for your own system at home whether it's for irrigation, pool, or the water service into your house.

Cover frost sensitive plants like Bougainvillea, Hibiscus, Lantana, and Winter Annuals. Use any paper or cloth-like material (old sheets or towels) to cover the plant. Frost cloths are also available at local

nurseries or home improvement stores. Make sure to cover the plant all the way to the ground to help trap any heat radiating from the ground.

Plants that are dry are more likely to get frost damage, so water them before the frost.

Delay mowing start times for later into the day, after the frost burns off. Frozen grass is not only a safety issue but heavy equipment and even walking on turf can cause damage.





# Desert Ridge Real Estate Market At Your Fingertips



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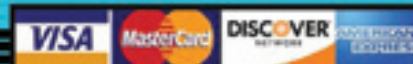
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# When Wildlife Isn't Wild Anymore

Wild animals such as bobcats, coyotes and javelinas are becoming more and more common visitors to Desert Ridge backyards. You've likely heard people say, "Wildlife is being pushed out of the desert because of human development... that's why we're seeing more of it". This is a common myth. You might be surprised at the *real* reason that we are seeing wild animals more frequently in our local neighborhoods.

It is true that because the Desert Ridge Community is surrounded by natural desert and greenways, that wildlife is plentiful. What you might not realize is that we, the human residents, are both the problem and the potential solution to wildlife issues in our own backyards.

Wildlife is content to live on the fringes of human development, but when what we provide is more attractive than the alternative, we are essentially laying out the welcome mat. Animals seek out the same things we do when deciding where to visit or live... basic needs, comfort and safety. In the case of wildlife, this is defined as ample food, water and shelter. Wildlife issues are in fact, a neighborhood and community-wide issue.

Coyotes, javelinas and bobcats have home ranges larger than your cul-de-sac. Yet, each of us has our own threshold of how closely we want to live with wildlife, and we send mixed messages. Are you doing everything you can to discourage coyotes from your backyard, while your neighbor throws table scraps over the fence for wildlife? Is your spouse putting out dishes of food for the neighborhood cats, and javelinas and raccoons are attracted to the leftovers after dark? Maybe you take pictures and quietly

observe a family of bobcats lounging by your pool, though you or your neighbors have small dogs—similar in size to their natural prey items—running around in the walled backyard. An 8 foot wall is no obstacle for these skilled predators. Even if you love seeing wildlife in your yard, if you are not making it uncomfortable to be there, you are inadvertently sending a message of welcome.

Every week in Arizona, Game and Fish gets calls from distraught people who have lost pets when a bobcat or coyote found their jackrabbit-sized shih tzu or outdoor cat to be easy prey. A bobcat or coyote that becomes used to humans may be a welcome sight to you, but a problem animal to your neighbor... and eventually may be unceremoniously removed. Licensed companies will remove animals at homeowners' expense. Arizona Game & Fish generally does not remove animals from neighborhoods unless it is a human (not pet) health or safety issue, and then will usually remove lethally. As you can see, this can quickly become a costly and unfortunate no-win situation for both people and the wildlife we enjoy keeping "wild".

Animals live their lives based on a risk/reward situation. When the risk is low (human tolerance), and the reward is high (human-provided food or shelter), animals become habituated. Habituation often ends in removal, a no-win situation. When we make the risks high and the rewards low by removing shelter and food sources, wildlife stays wild, and everyone wins.

## What Can I Do?

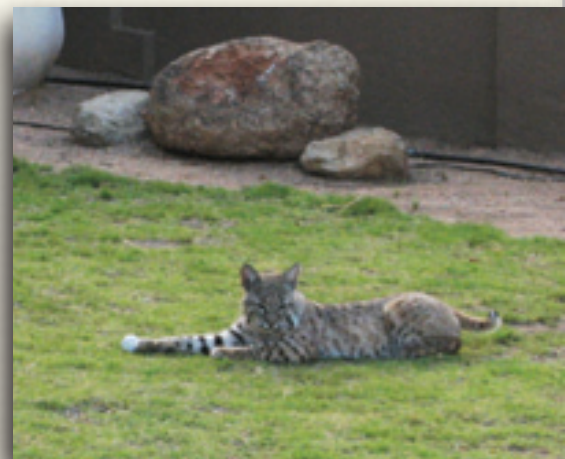
How can you avoid habituating wildlife



in the first place? Take a look around your backyard. Are you providing one or more of these for wildlife?

- If you feed birds, is extra seed falling on the ground that attracts birds by day, but javelinas and rodents by night? Rodents alone can cause property damage, but once you have rodents, snakes, bobcats and coyotes often follow.
- Do you have slow irrigation leaks that provide a source of water for anything from rabbits to rattlesnakes? Yes, snakes need water, too—and will prey upon the small mammals attracted to it, as well.
- Do you have overgrown bushes near your

continued on page 33





# A NON-GOLFERS GUIDE To Giving Gifts to the Golfer in Your Family

By Matt Keel

I am often approached by family members of my students asking for help in selecting gifts pertaining to golf. The key to selecting the right gift is knowing your golfer. Golfers will generally fall into one of three categories... avid golfers, frequent golfers or occasional golfers. Learning what type of golfer you are giving to will assist you in making your decisions.

Avid golfers take the game of golf seriously and put in a lot of effort to improve. Typically, avid golfers will play golf every week and also practice between rounds. These types of golfers know specifically which golf clubs they like, what brand of apparel they like, and what golf balls they like. The key to giving the perfect gift to the avid golfer is to simply find out what he or she likes.

If you want to give golf clubs as a gift to an avid golfer, your best bet is to ask someone he or she usually plays golf with. Ask if there is a specific golf club or set of golf clubs that has come up in conversation. After you find out what specific golf club would make a good gift, stop by a golf shop and ask if they have the clubs in stock. If the shop does not have the clubs in stock they will be able to order what you need. When choosing golf balls, gloves or other equipment, simply look at what the golfer currently owns and give him or her exactly the same. You may also choose

to give apparel as a gift such as shirts, hats or pullovers. How an avid golfer looks on the golf course is almost as important as how well he or she plays. To impress an avid golfer, choose newer lines of apparel with a logo from a favorite golf course.

Frequent golfers play golf to enjoy the game. Typically, this type of golfer will put in some effort to improve but understands that he or she will not make it on a professional tour. Frequent golfers will play often and usually play golf with the same people. In choosing gifts for frequent golfers, remember that they are usually not as specific as avid golfers but do want good quality.

In choosing clubs for the frequent golfer, new and improved models are popular. The latest driver, hybrid, or fairway wood will usually be good choices. If you want to give golf balls, gloves or other equipment, high quality would be the most important factor for your choice. For choosing golf equipment as a gift, stop by a golf shop and ask for recommendations. For gifts of apparel, a shirt or hat with the logo from their favorite golf course can make a more desirable gift.

The occasional golfer enjoys playing the game, but will not put any effort into improvement. Aside from the few rounds of golf each year, he or she will rarely



practice. Occasional golfers are content with their skill level and often refer to themselves as “hackers.”

Occasional golfers are not too particular in their choice of equipment as long as they have what they need. Occasional golfers want to make sure they have a glove and enough golf balls to finish their round of golf. In choosing equipment for occasional golfers, look in their golf bag or closet and see what they might be low on.

If you are still unsure about what gift to choose, there are some surefire gifts that will be well received. The simplest choice would be to give a gift card from a golf shop. The gift card will allow the golfer in your family to choose exactly what he or she wants or needs. Another great

gift is to purchase a gift certificate for a round of golf at a favorite golf course. The certificate will surely be used give the golfer an enjoyable day on the course. Finally, golf lessons and lesson packages make excellent gifts. Lessons help golfers of any skill level improve and enjoy the game more.

Selecting the right gifts for the holidays can be challenging. If you are choosing a gift related to golf, gift selection can be more difficult especially if you do not play. Knowing your golfer and following these general guidelines can help you in choosing the perfect gift.

Mention this article and receive a 20% discount off merchandise in the Wildfire Golf Shop from 11/28/14 through 12/25/2014.



*Matt Keel is the Lead Golf Instructor at Wildfire Golf Club located at the JW Marriott at Desert Ridge. Wildfire Golf Academy is conducting a variety of instructional programs to encourage people of all ages take up the game of golf. Throughout the year, Wildfire Golf Academy will be running programs designed for all ages and skill levels. For more information, contact Matt Keel at Wildfire Golf Academy or email Matt at [Mattkeel@pga.com](mailto:Mattkeel@pga.com).*



# Baby's Away

Baby's Away of Phoenix is operated by Jason and Corina with the help their niece, Rebecka. They want to make your trip as easy, convenient, and enjoyable as possible by providing you clean, safe, and reliable baby equipment during your stay in Phoenix. They deliver your rented items to your destination be it a residence, hotel, or the airport and pick them up upon your departure.

*Providing clean, safe, and reliable baby equipment during your stay in Phoenix.*

This gives you more time to enjoy your visit and less time dealing with the hassle of traveling with large baby items.

All you need to do is call or email us before you arrive and we will have everything set up at your local destination. You can pay with a credit card, cash, or check.

Baby's Away- Phoenix provides service to the following cities:

- Anthem
- Chandler\*
- Gilbert\*
- Glendale
- Goodyear\*
- Laveen
- Litchfield Park
- Mesa\*
- Peoria

Phoenix  
Sun Lakes\*  
Surprise  
Tempe

\*These cities may be subjected to higher delivery rates

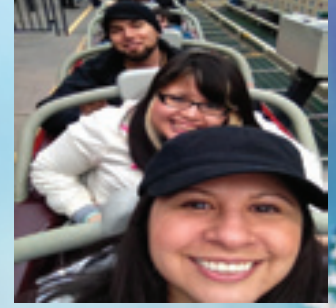
## ABOUT US

Jason and his wife Corina have been working in the baby equipment rental industry since 2009. Corina worked for many years in child and family services prior to taking over operations of the Baby's Away Phoenix location. Working w/families to help ensure they have the most enjoyable vacation experience w/their children is a great source of pride for Jason and Corina. In 2011, their niece, Rebecka, joined the team to assist with Customer Service and Marketing.

Knowing the frustrations of travelling with children, they strive to provide safe\*, clean\* and dependable\* products for you and your family to make your stay in the Greater Phoenix Area relaxing and stress free.

**SAFE** – We have passed inspections with the Consumer Product Safety Commission (2013) and toss out any equipment for which we receive a recall notice.

**CLEAN** – We clean and sanitize all items twice before they reach a new customer; once when we receive equipment back from a customer and once



again before it is delivered to the next user.

**DEPENDABLE** – We check the functionality of all equipment prior it going out for delivery to ensure your rented items are ready to use upon your arrival.

Jason, Corina, and Rebecka want to ensure your experience renting from Baby's Away Phoenix is as pleasant and seamless as possible so if you

have any questions whatsoever about equipment in our inventory, pick up and drop off locations, or simply want information on local, kid-friendly activities, please do not hesitate to call us at (800) 870-7593 or send us email to [babysawayphoenix@cox.net](mailto:babysawayphoenix@cox.net).

We are happy to announce that Baby's Away of Phoenix is now a part of the Toscana at Desert Ridge VIP Program.

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# Saving Small Dogs

By Sherry Pefta and Shelley Boni-Rice

The Arizona Small Dog Rescue (AZSDR) has been saving the lives of dogs (of all sizes) for the last nine years. The majority of dogs rescued by AZSDR are from the County animal shelter where hundreds

coming to the rescue of dogs who may have been hit by a car or found thrown in a dumpster, or whose owners never took care of getting a tumor removed – whatever the medical needs are, AZSDR provides the necessary vet care for dogs who go through their shelter – dogs who deserve a chance at a normal, safe, and love-filled life that they may never have had before.

This type of unconditional care happens year round at AZSDR and offers a chance for you to help a good cause this holiday season. The shelter is always in need of soft blankets and beds for the dogs, sweaters for them to wear in the winter, as well as collars year round, but donations are also appreciated towards the vet bills. So far this year, AZSDR has rescued just under 3,000 dogs.

The Arizona Small Dog Rescue has

of dogs are scheduled to be euthanized daily, but they also take in found stray dogs as room permits and have a tremendous lost & found team who strives to reunite lost pets with their owners. If no owners surface, those dogs, along with all other rescues at the shelter, are vet checked, vaccinated, and spayed or neutered before being adopted. AZSDR is known for

Photos submitted by Sherry Pefta and Shelley Boni-Rice

Devora before

Devora after



adoption events every weekend near you! Please check the Arizona Small Dog Rescue page on facebook for locations and times.

The AZSDR shelter located at 1102 W. Hatcher, Phoenix 85021 has just finished a much-needed renovation and is open 11am-6pm daily (phone 602- 944-2440). You may visit [www.azsmalldog.org](http://www.azsmalldog.org) or the facebook page to view available dogs and special event information. AZSDR is a registered 501(c)3 non-profit organization and no-kill rescue shelter. All donations are tax deductible.

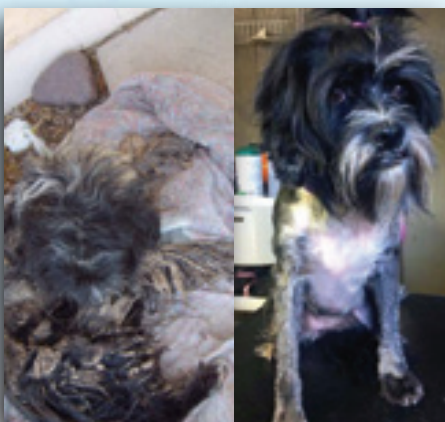
Pepper before

Pepper after



Whitney before

Whitney after



**PROBATE IS COSTLY**

- ✓ REDUCE TAXES
- ✓ PROTECT YOUR SPOUSE
- ✓ STAY IN CONTROL

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Visit [www.DRPGonline.com](http://www.DRPGonline.com) to learn more, check out our events calendar and to become a member online.

## Desert Ridge® Parents' Group (DRPG)

The Desert Ridge® Parents' Group (DRPG) is a fun-filled organization for parents and children in the North Phoenix area. All families in the Desert Ridge® community are invited to check out our activities and events! Founded in 1997, the not-for-profit Desert Ridge® Parents' Group (DRPG) hosts weekly playgroups, monthly kids' and family activities, seasonal events and parents-only nights for residents in Desert Ridge and surrounding areas. Membership dues are only \$30 per year.



Photos courtesy of Desert Ridge® Parents' Group

### DESERT RIDGE PARENTS GROUP GIVES BACK!

By Laura McConnell  
DRPG Family Activities Co-Chair

You can't measure the importance of giving back. It brings people and families together. It strengthens our community and provides us with valuable insight into the world around us. There is an incredible power that comes with the act of giving; it's memorable, builds character, and is rewarding.

Philanthropy comes naturally to the Desert Ridge Parents Group members. Whenever something is posted on our group website about a family in need, or donations needed to be collected, the outpouring of support is tremendous. Our members are passionate about helping others and don't hesitate to give back. One year we heard about a family who lost everything in a fire, by the end of the day our members had collected clothes, food, and furniture for the family, the response was amazing.

Our members are also teaching their children to give back to the community. Volunteering as a family is an ideal activity and the benefits are enormous. It teaches our children to care for others while making a positive impact on both them and the community.

For the past seven years our group has been doing a Children's Halloween Costume Parade at the Phoenix Mountain Nursing

Center. The children come dressed in their costumes and do a parade around the facility. The nursing home residents light up when they see the kids. Interacting with them brings joy and cheer to their day. It warms your heart to see the smiles on their faces.

We also do a school drive every year for different schools around the valley. We have collected everything from back packs and school supplies to food donations and clothing. One year we collected over 100 toiletry bags for the "couch kids" of PV School District. These are the kids who are in need and end up sleeping on friends couches. We collected all the toiletry items (shampoo, combs, toothbrushes, soap, etc.) and put them together for the counselor to hand out.

Giving back as a group connects us to each other. We truly make a positive difference in our society and the reward is a beautiful thing for both our organization and the community. For more information about our philanthropy opportunities and how to become apart of our group please visit our website [www.drpgonline.com](http://www.drpgonline.com).



Our vehicle loaded up to take to the Adopt-a-Family (Dec 2013)

### PHILANTHROPY

By Stephanie Kern

Since its inception in 1997, Desert Ridge Parents' Group has dedicated its energy to serving families in the community. Philanthropy is a large part of this at DRPG. In addition to our many annual activities, we take time each month to give back to the community. You may find us cleaning up parks or volunteering for community events. One of our biggest philanthropic activities is adopting families, throughout the year and at the holidays. Over the years, we have adopted families from all over Phoenix that find themselves in need. We've even collected Albertson's stamps and box tops for our cause.

We've chosen our "adopted families" from local organizations like, social services and churches. Over the holidays, we might adopt two or more families. Not only does the club donate gift cards for a hearty holiday meal, we adopt each family member, from kids to parents. We believe that it is important for every member of the family to receive something! Typically, we receive a Holiday List from the organization for each family member. Together, our DRPG families gather all of the items and then add a few additional "surprises". We hand deliver the goodies and treasure the smiles on their faces when we help give them a bit more joy for the holidays. We love our philanthropic activities!

If you are interested in hearing more about DRPG and joining in on the fun...visit us at [DRPGonline.com](http://DRPGonline.com). Our annual dues are only \$30 per year, per family! You can also follow us on Facebook at: Desert Ridge Parents' Group.



Took treats to a fire station and got a tour (May 2013)



Earth Day-we cleaned up Cashman Park (April 2013)



Visit [www.DRPGonline.com](http://www.DRPGonline.com) to learn more, check out our events calendar and to become a member online.



## BOYS &amp; GIRLS CLUBS OF GREATER SCOTTSDALE



## REDUCE YOUR ARIZONA STATE TAXES BY DONATING TO THE BOYS & GIRLS CLUBS OF GREATER SCOTTSDALE

Contact: Andrea Omer

480-344-5683 (office) | 480-628-6800 (cell)  
aomer@bgcs.org

When you have Scottsdale in your non-profit's name it can give a preconceived perception that the community we serve is not in need. People would love to provide great statistics about how youth in the Scottsdale and Phoenix areas have no issues, but for many of the youth we serve at the Boys & Girls Clubs of Greater Scottsdale that could not be further from the truth.

The community we serve has some startling statistics – 37% of elementary schools in Scottsdale are now categorized as title 1 schools; over 50% of students who attend some of our Club locations are on a free and/or reduced meal program; and 12th grade Scottsdale students have a higher alcohol, tobacco and drug use than their peers statewide.

To combat these statistics we rely on our mission – to provide over 17,800 youth with the skills needed to be successful, responsible young adults and our communities next generation of leaders. We do this through programs taught by professionally trained staff based upon physical, cultural and social needs. Our youth learn how to be productive citizens, achieve academic success, learn healthy living habits, and build positive character skills and have fun! Our programs

help our youth aspire to greater things when they move into adulthood and deter them from negative peer pressures they might be exposed to.

*The Boys & Girls Clubs of Greater Scottsdale is not a tax advisor. As with any financial recommendation, contact a qualified tax professional for expert advice on your specific tax situation.*

Beyond our mission we provide annual outreach services such as full dental and vision screenings to hundreds of youth in a mobile clinic and local offices and thousands of free meals to our Club members. We are also one of the only organization's that has programming inside a Juvenile Detention Center on Native

American land. Since the program began six years ago the juvenile arrest rate has decreased by more than half. This speaks volumes to our ability to provide strong programs and positive role models to significantly reduce the rate of arrests among teens.

Because of our community impact, the Boys & Girls Clubs of Greater Scottsdale qualifies to receive funds from the Working Poor Tax Credit – a dollar-for-dollar Arizona state tax credit you can receive simply by donating to our organization.

For every dollar you donate to the Clubs, taxpayers can receive a dollar-for-dollar credit and/or reduction of up to \$400 for joint filers and \$200 for individual filers on their Arizona State Tax Return. It is important to note that this credit is separate from the Public and Private Education Tax Credit.

We are proud to have Scottsdale in our name and realize it's not always about what we are saving youth from, but what we are working to inspire them to become. Because every youth should be given the opportunity to reach their full potential no matter the city they reside, and we will not rest until they do.

For more information on how you can support the Boys & Girls Clubs of Greater Scottsdale through the Tax Credit please visit [www.bgcs.org/taxcredit](http://www.bgcs.org/taxcredit).



Photos courtesy of Cathleen Cole

# BOYS & GIRLS CLUBS OF GREATER SCOTTSDALE

## Help Give Back Through Boys & Girls Clubs of Greater Scottsdale

By Caitlin Sageng

Each year children around the Desert Ridge community wait with great anticipation to open their Holiday gifts. Smiles are brought to the faces of many as they tear open their presents to find their favorite new doll, or a shiny new pair of shoes, or even that warm jacket that they have been eyeing in the store. While this may be the case for many, there are also children who look to the Holidays with hope. Hope that there will be a new pair of shoes to replace those they have out grown, or hope that they will have a new outfit to return to school in just like their friends. Hope for these important things, but uncertainty in knowing that it may not be their reality.

In an effort to help these families in need, the Vestar Branch at the Boys & Girls Clubs of Greater Scottsdale has created an Adopt-A-Family holiday program. Through the program you can either adopt a child, adopt an entire family, purchase a general “wish

### ADOPT-A-FAMILY PROGRAM



list” gift, or even simply make donation and staff will take care of the shopping. The various options of the Adopt-A-Family program help ensure every child and family

has a meaningful holiday season.

To take part in the program, a tree will be set up in the Vestar Branch lobby beginning Monday, Nov. 17 (3975 E. Lockwood Dr., Phoenix, AZ 85050). Please stop by the Branch Monday through Friday to sign up for the Adopt-A-Family program. All of the donations will be collected at the Vestar Branch for proper distribution to all of the families.

“Each year over 100 Boys & Girls Club families are served by this program providing much needed new clothes, shoes, food, and toys,” says Caitlin Sageng, Branch Director at the Vestar Branch. “Thank you to the many community members that have been a part of this program and for those interested in supporting us this year, we truly appreciate helping ensure everyone in the Desert Ridge community has a very happy holiday season.”

Should you have more questions about the program please call the Vestar Branch at 480-585-0170.

## VALLEY BUSINESS LEADER RECOGNIZED

### by Boys & Girls Clubs of Greater Scottsdale for Helping Thousands of Youth

By Alison Bailin

Valley business leader Steve Schwanz was recently awarded the coveted Jim Hill Award by the Boys & Girls Clubs of Greater Scottsdale. The award, established in 1999 after the passing of former board president and member Jim Hill, is given to an individual who replicates Hill’s extraordinary qualities of dedication to the organization and the now over 17,800 children it serves.

Schwanz was recognized for his dedication – serving 19 years and counting at the Boys & Girls Clubs of Greater Scottsdale and

-serving 12 years at the Boys & Girls Clubs of Metropolitan Phoenix. In the process he has helped fund branches and outreach sites located in the greater Scottsdale/Phoenix areas (which includes the Vestar Branch in Desert Ridge) and on the Salt River Pima-Maricopa and Hualapai Indian Communities.

“Steve has been a driver of the greater Scottsdale organization’s growth for almost two decades – helping us to keep up with the demand for youth services by motivating the community to support Club projects,” says Steve Davidson, President/



CEO at the Boys & Girls Clubs of Greater Scottsdale.

In addition to his years of service, Schwanz has also impacted the Boys & Girls Clubs of Greater Scottsdale in many other ways including:



## BOYS &amp; GIRLS CLUBS OF GREATER SCOTTSDALE

## SUMMER PLAY AT VESTAR

By Lyndal Low

Each summer, one of the first questions I am asked by returning members is "What play are we doing this year?" This year at Vestar over 40 members participated in a 10 week drama program which culminated in a performance of *Charlotte's Web*. This was the fifth summer that Vestar has implemented the TNT Drama Matters program, and for many members it is the highlight of the summer. "The play is something that I can look forward to doing during the summer," says Sienna V., who has had roles in four of the summer plays.

This year performing arts instructor, Courtney

Bentz led cast members through the script and regularly implemented improv exercises and drama games to keep the program fun and exciting for the cast. "The drama games were my favorite," said Chineza G., age 8. This was Chineza's first year participating in the play and she was elated to have the role of a spider. "I liked that I was the *first* spider," she said. Participation in the play adds a sense of belonging and responsibility for the actors who must keep each other accountable and attend at least eight weeks of rehearsals in order to put on a successful show.

Members who preferred to stay off stage but still wanted to be part of the play experience

took part in stage crew class, designing and painting back drops and building essential props. Many teens also played vital roles in the drama program. Some helped to create costumes, others made the playbill for the show, and others were make-up artists for the performance. A few teens who had performing arts experience helped with daily rehearsals and received producer credits.

The day of the play both cast and crew were elated with anticipation. "This is the best day of my life," said Sierra U, who played the part of Homer Arabel. *Charlotte's Web* was performed in the auditorium of a neighborhood school. Over 80 friends, family, and staff attended the performance.



- Developed an annual celebrity golf invitational that grew into the Mark Grace Celebrity Golf Invitational, which since its inception has raised \$2.5 million for the Clubs.
- Created an annual wine and food event that grew into what is now Live & Local, one of the premiere events of the fall that raises more than \$250,000 for the Clubs each year.
- Headed the annual giving campaign for the Boys & Girls Clubs of Greater Scottsdale which reflects the strong and valuable mentoring members receive from the experienced staff and dedicated volunteers. The campaign, formally known as Angels for Kids, now called GIVE, has raised more than 8 million over the last decade.

"Knowing that you're helping build on the future wellbeing of the Clubs is something I'm very proud of," says

Schwanz. "My mom was very involved in nonprofit work, so carrying on her legacy and receiving the Jim Hill Award is very humbling and truly an honor."

A successful business leader, Schwanz heads Franchise Capital Advisors, a boutique investment banking and specialized financial advisory firm in Scottsdale, and understands the value of a dollar. According to a recent study funded through a grant by the Virginia G. Piper Charitable Trust, every dollar spent by the Boys & Girls Clubs throughout the Valley generates \$19.33 in positive economic impacts for the community.

"Giving back to the community is very important," says Schwanz. "If you can change the lives of a few kids, and in turn they can change the lives of a few more, over time thousands of kids' lives can be changed for the better."

continued from page 4

- recreating - avoid retractable leashes.
- Do not allow your dog off leash.
- Do not allow your dog to play or interact with coyotes or other wildlife.
- If possible, pick up your dog when wildlife are visible.
- Avoid known or potential den sites and thick vegetation. Like domestic dogs, wildlife will defend their territory and their young.

Desert Ridge is a jewel of the Sonoran Desert. By taking a few, simple precautions we can all enjoy the beauty of this desert around us and peacefully coexist with the wildlife around us.

Be safe and I hope to see you in the neighborhood!

Doug Dickson  
President  
Desert Ridge Community Association



# Holiday Season Crime Prevention

By Officer Tim Mitten  
Community Action Officer  
Black Mountain Precinct, Phoenix Police Department

Once again, the year has flown past and we are approaching the holiday season. It seems just like yesterday we were welcoming in 2014 and now we are looking ahead to the end of 2014 and the beginnings of 2015. There are many events to attend, family to visit, traveling, shopping and much more. I know not many think of crime prevention during these festive times but a few simple reminders and tips that can be made part of your daily routine will help reduce the opportunities for you and your family to be a victim. Below are some good reminders on crime prevention for around the house, while out in public and in general.



1. When walking to and from stores, mall, etc keep your head up and be aware of your surroundings, Walk with a purpose, do not divert your attention by texting or talking on the phone, digging for car keys or be burdened with too many bags or packages.
2. Park in a well lite area, do not park in dark or far away places. I know it is difficult to find good parking, but do the best you can. If you go in at daylight hours and think you might be inside until it is dark, park as if it were dark.
3. Roll the windows on your car all the way up and LOCK your car. Do not leave valuables, packages, or even gym bags, etc in plain view inside the car, put them all in the trunk. Gym bags or other bags in view may not have anything but a few items of clothes in them but the thieves do not know that and will try anyways.
4. When parking your cars in your driveway or on the street at home, get them in the garage if you can. If not remove all valuables, garage door openers and lock the car. Many thieves will break into a car just to take the garage opener and then use it to take items from the garage or enter the house.
5. Do not keep large amounts of cash with you or display cash when shopping. Take with you only what you need for the day. Be on guard while at ATM's.
6. Keep a constant eye on your children. ALWAYS know where they are and keep them in sight. Children are easily distracted

by the decorations and excitement of the holidays and may wander off in only a couple seconds.

7. Do not drink and drive, please use a designated driver or call a taxi. This time of the year many people have holiday functions from work or family and drink when they usually don't and make a bad decision and drive. Please enjoy the season but drive responsibly and patiently. Everyone has a lot to do and if we can exercise patience on the roadways we can reduce accidents.
8. Make sure the doors and windows to your home are locked, the front lights are on all night and keep a watchful eye for suspicious activity. If you are expecting deliveries and you will not be home, ask a trusted neighbor to pick them up when they arrive. Please call Crime Stop at 602-262-6151 if you see suspicious activity.
9. Do not respond to any "great deal" or "too good to be true" emails from companies, especially ones you do not know. They are more than likely scams and are trying to get your bank information. Only use secure websites that you know are valid businesses. Do not respond to solicitations over email or phones that sound phony or suspicious.
10. Please drive carefully, schools will be out on winter break and many kids will be out in the neighborhoods trying out new bikes, toys, etc and you need to be ever mindful of their presence.
11. Lastly, be patient. The crowds are larger, people are rushed and stressed. Many people do not like the holidays and can act out so please exercise patient when out and we all can enjoy the holidays in our own joyful way.
12. If you are going to be out of town for a winter vacation, tell a trusted neighbor to watch over your house, do not post on social media that you will be gone and call the Black Mountain Precinct at 602-495-5002, ask for a Vacation Watch and officers can check on your house while you are gone, if the radio calls allow them to.

Thank you again for another year of working together. I am always looking for ways to help improve your community's quality of life by making sure your neighborhood is safe and secure so if there is anything I can do or if you have any questions on any matter, please do not hesitate to contact me at 602-495-5238 or at [tim.mitten@phoenix.gov](mailto:tim.mitten@phoenix.gov).





M3V The Nail Bar is set to open in January 2015 at 5450 East High Street Phoenix, AZ 85054. The M3V Nail Bar is a sleek and stylishly designed nail spa that offers a unique, unconventional version of classic nail services with distinctive, relaxing experiences served in a laid back and hip environment. This modern nail bar offers quality services at a great price, with the beverage bar included within the price keeping the experience hassle free. Whether it is the amazing white tea and fig scent, high quality hot coffee, refreshing morning mimosa's, uniformed employees with name badges welcoming our guests at the door or relaxing on the couch while e-reading my book; all of this makes our guests smile and look forward to the next appointment.

M3V will have a meeting place area with black couches and comfy red pillows, magazine racks with a wide selection of current reading options, plenty of plugs so you can relax with your iPad, multiple big screen TV's with a top shelf sound system filling the space with spa and lounge relaxing music and an M3V well lite polish station with name brand polish that is on trend. The well-stocked M3V beverage bar will have hot or cold coffee, hot or cold tea, juices, soft drinks, water with a selection of wine, beer and refreshing champagne/ mimosa options. M3V will also have an



array of well-known chocolates to enjoy while you sip your amazing drink of choice. The twelve massage pedicure chairs include cup holders and large red flowing drapes between them. The fingernail services will be at the chic, hip nail bar that includes eleven stations with high quality chairs for comfort.

The menu at M3V - The Nail Bar will strive for quality service with simplicity and ease of choice. Many nail salons today have too many options with confusing

descriptions and numerous add on options that they try to upsell you on. It is not uncommon to get your final bill and be frustrated because you didn't know that service was an additional \$10.00 and that the other service added on \$5.00 more to the final cost. It does not lend itself to transparency and usually the quality service promised at a value evaporates.

At M3V our light-hearted brief menu of services is clear, transparent and easy to remember. Whether it is our 'Hand - Some Mani' or the 'Best Foot Forward Spa Pedi' - you will love the experience! No one hassles you for an additional fee for this or that. Our all-in pricing (including beverages) is truly a remarkable value that is easy to grasp. We will offer professional waxing and nail kid services as well. We can accommodate after hours events; Birthdays, Weddings, Social gatherings, and Graduation parties you Name It!



Tracy VanBibber, founder and owner, has created the concept. Mrs. VanBibber has a 30 year deep history rooted in sales and marketing in the consumer products goods space. In putting her sales and marketing hat on, there is a lot of white space in getting the nail experience optimized and that is why she has passion about turning her vision into a reality. Tracy and her family have lived in the valley for 10 years now and call Arizona home.





Primp and Blow provides primping services such as blow outs, makeup and little luxuries in a comfortable boutique style setting. Whatever you want to make you feel beautiful, Primp and Blow's experienced stylists are here at your beck and call. Enjoy luxurious shampoo blow outs, up do's, braids and more.

Blow outs are available for every hair type, shampoo and conditioning is included with every style and deep conditioning treatments are available for extra-lustrous flair. For more information, or to book an appointment online, visit [primpandblow.com](http://primpandblow.com) or call 602.845.4000.



# Primp and Blow is Now Open on High Street



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### New at Desert Ridge Marketplace

AT&T is bringing it all together for our customers, from revolutionary smartphones to next-generation TV services and sophisticated solutions for multinational businesses.

For more than a century, we have consistently provided innovative, reliable, high-quality products and services and excellent customer care. Today, our mission is to connect people with their world, everywhere they live and work, and do it better than anyone else. We're fulfilling this vision by creating new solutions for consumers and businesses and by driving innovation in the communications and entertainment industry.

## Desert Ridge Lifestyles

Advertise Your Business in Your Official Community Magazine. To Reserve Your Placement in Our Next Issue, please call 480.551.4559







Love Pinterest or just wish you were crafty? The newest addition to High Street helps you turn your creative project ideas from “someday” to “today.” Linger over a glass of wine. Relax with no hassle, no mess... no excuses!



## Creations, Libations and PINSPIRATION-Oh My!

Located at 5410 E High Street, nestled between Mojo Yogurt and AZ Body Mechanics, PINSPIRATION is the valley’s hippest new concept in art and entertainment. PINSPIRATION is a creative studio space, wine bar and special events venue. Enjoy painting, upcycled décor projects, children’s activities, clay, jewelry making, paper crafting and more in a beautiful setting. What’s more, projects are constantly changing so you can always enjoy a new artistic experience.

Not so crafty or in need of inspiration? All the more reason to stop by! Their rotating PINSPIRATION project tutorials feature all the materials and tools needed to create the most frequently pinned and popular craft trends on social media sites, such as Pinterest. Making something meaningful and customized has never been easier.

“Creativity is contagious, especially when combined with wine. PINSPIRATION has a private special events room and is a great

place to host a birthday party, fundraiser, ladies night out or networking mixer,” said Brooke Roe, CEO and Professional Muse. “With the explosion of new businesses in the area, we are truly grateful to call High Street our home. We have been amazed at the overwhelming enthusiasm and excitement from our community neighbors and supporters.”

PINSPIRATION is slated to open in January 2015. For more information and updates, please visit [www.PinspirationAZ.com](http://www.PinspirationAZ.com).

continued from page 22

patio that provide shade from the desert heat and hiding spots for everything from snakes to javelinas?

- Taking a break from feeding the birds (or feeding smaller amounts), fixing your irrigation pipes, and trimming the bottom few inches of bushes in your yard is a great start, however, urban and suburban wildlife is a systemic neighborhood issue.
- How can you be part of the solution? If you see a coyote in your yard, don’t condone this behavior by ignoring it. This may cause it to lose its natural fear of people, which can eventually lead to aggressive behavior or it to become considered a ‘nuisance animal’.

*Arizona Game & Fish recommends that you:*

- Make loud noises
- Shout and bang pots and pans or rattle empty soda cans with pennies in it
- Wave your hands or objects like sticks and brooms
- Throw small stones
- Spray the animal with a hose or a super-



soaker loaded with a 10% household ammonia solution

- Use pepper spray or bear spray, if necessary, on bold animals that refuse to leave

So, what can *you* as a responsible homeowner do? Start the conversation with your neighbors and come up with a plan that you can all agree on. Keeping wildlife wild starts with you. And when we keep wildlife *wild*, everyone wins.







*Students from Explorer Middle School digital media class share information about their favorite animal charity organization and provide information how anyone can give back this holiday season.*

# GOLDEN HEART



By Sydney and Lauren

Some dogs are said to have a heart of gold. The dogs known as golden retrievers, popularly known

for their majestic golden fur, and even their hearts of gold, need your help. The Southern Arizona Golden Retriever Rescue, or SAGRR, has a wide variety of warm-hearted and kind golden and golden mixes, who have been unclaimed, near-euthanized, surrendered, or treated poorly by their former masters. Every dog deserves a second chance at a happy and safe life, and with the help of you, your family, and your friends, the right help and resources can be provided for them.

While adopting a dog from SAGRR may or may not be the best option for you, there are other ways you can help. The Southern Arizona Golden Retriever Rescue has a large variety of items available for purchase at their online store.

ALL money goes directly to the rescue and the dogs within it. As well as purchasing from the online store, you can also send donations in the mail.

Looking to directly help one dog? No problem! SAGRR has a great sponsoring system. Sponsoring a dog is giving money to help pay for a dog's medical needs and supplies to take care of him or her before they are adopted. Sponsoring is a great way to help, benefitting an amazing furry friend.

Okay, so you want to adopt a dog? Great! SAGRR has an easy, quick, and inexpensive adoption process, suiting you up with the golden companion of your choice! Golden retrievers are kind-spirited and loyal companions, perfect for a family with younger or older children. As well as being beautiful dogs with great personalities, they are also extremely easy to train. Golden retrievers are very active dogs, and great for anyone who loves to engage in physical activity, and lots of exercise. Golden retrievers are highly social dogs, and love children, other dogs, and sometimes even cats!

It's great to be active in your community, and help anyone who needs it. These amazing family companions could surely use your help. Golden Retrievers are some of the best dogs you could ever meet. Start today, and help the golden dog with a golden heart. For more information, go to [www.southernazgoldenretrieverrescue.com](http://www.southernazgoldenretrieverrescue.com)

# HORSES HELP



By Samantha and Sophie

Think, what have you planned to do to help your community in the upcoming holiday season? Instead of tossing your extra grocery store change into a charity box, what else could you do that can strongly make a difference? You may consider helping a worthy organization such as, Horses Help.



Horses Help is a charity that instructs children and adults with disabilities to ride horses. It gives them a memorable and enjoyable experience that can add a positive perspective of their life. With the help of science, Horses Help discovered that the sensation of riding a horse can relieve mental stress, in this case, found in children and adults of all ages. Horses Help was created in 1987 by a family request to help people with their physical, emotional, and mental disorders. Throughout the beginning of their growth, they served only 15 riders per week in an unsustainable backyard area. Now, they have maximized and relocated to currently serve 100 riders per week in a proper facility. They presently continue to help our community and transform the lives of others.

You may be wondering how can I contribute? Horses Help is always in need of donations. Something as simple as tissues, paper towels, and computer paper can also be helpful. If you are contemplating whether you should provide small essentials or a larger project, visit their website to expand your knowledge on Horses Help. Even a grocery gift card can be a generous donation for their constantly progressing business. To figure out more ways in which you can support this organization, visit [horseshelp.org](http://horseshelp.org). To contact them about donations and more, call (602)-569-6056. Take action today because Horses Help needs you!



# The Oasis Sanctuary FOUNDATION



By Bannack and Alexis

The Oasis Sanctuary Foundation is a rescue and rest home for unique species of birds. The foundation is located in Scottsdale, Arizona. This article is in this magazine to inform you about this charity for birds in need. The Oasis Sanctuary Foundation was discovered in January 2007. You can help by donating money or volunteering at the shelter. You should assist because some of the birds have special needs and are hurt.

The birds at the foundation come from other adoption

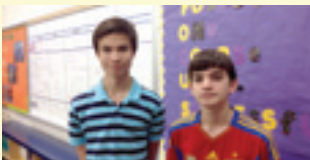
organizations. About half of the birds have gone from home to home being physically and emotionally abused. A large amount of the birds are resigned from breeding. Most of them are housed with the same types of birds so they experience more comfortably. The birds are also incapable of human communication.

We hope that while you were examining this article you become interested in helping. Please consider participating in this charity. Make the birds joyful!



## Ronan Thompson Foundation

By Austin and Donald



Every child deserves to live a full and prosperous life. That's what the Ronan Thompson foundation is all about. Ronan Thompson was an unfortunate victim of neuroblastoma,

a common solid tumor cancer infants can develop. Ronan was about 3 years old when he was diagnosed with the illness and lived another full year before he died. In that year, he went through five rounds of chemotherapy, an MIBG scan, underwent radiation and ICE, Ifosfamide Carboplatin Etoposide, which is a chemotherapy regiment used in the treatment of lymphoma. His parents were told Ronan could not do MIBG therapy, and to make the most of what time he had left.

Even though Ronan's battle has ended, his legacy is still with us to save other children.

You can help support his mission by buying the brand bigcartel t-shirts showing your Team Ronan spirit or buy the Spicy Monkey headwear from Spirithoods. You can also donate directly to The Ronan Thompson Foundation, all found at [theronanthompsonfoundation.com](http://theronanthompsonfoundation.com).

# POWER PAWS

By Ethan and Ali

The mission of Power Paws is to provide highly skilled assistance dogs to adults and children with disabilities throughout the United States. Power Paws also provides education and continuing support for working assistance dog teams as well as to be a resource in the community for people with disabilities.

**Power Paws provides three main types of dogs:**

- Assistance dogs;
- Diabetic alert dogs; and
- hearing dogs.

Each type of dog is trained to perform a specific kind of task:

**Assistance Dogs are tasked to do many challenging things such as:**

- Turning light switches on and off
- Opening and closing doors and drawers
- Retrieving lost or dropped items
- Untying shoelaces
- Removing gloves and socks
- Most importantly, providing love and companionship

Diabetic alert dogs have been specially trained to tell when a diabetic patient's glucose levels are high or low.

Hearing dogs are the ears of our people who are deaf or hard of hearing. Power Paws breed, raise, train and place primarily purebred Golden Retrievers and Labrador Retrievers by training these dogs to know and respond to more than 90 different commands. These commands allow each dog to respond appropriately so they can assist adults and children with their specific disability. Power Paws is a non-profit organization who verifies that all dogs trained are screened to ensure they have no unforeseen health problems; their goal is to provide each patient with a service dog that will last many years. If you are interested in donating to the Power Paws Assistance Dogs Association, please visit [azpowerpaws.org](http://azpowerpaws.org) today.

## Jordan's Jungle, Inc

By Bella and Ally

You could change a child's life forever by donating today at Jordan's Jungle, Inc... This company is a local non-profit charity based out of Phoenix Arizona. At Jordan's Jungle,



Inc. their charity provides donated stuffed animals to hospitalized children all year round. This company's main goal is to "help bring smiles to sick kid's faces" and one of their mottos is "kids aren't just sick during the holidays" By you giving up a few minutes of your time you could support this amazing organization by changing one child's life at a time. One bear, one child, one smile.



## Home Fur Good Charity

By Victoria and Tania



Every single day cats and dogs are getting abused or

lurking the streets all alone. Now, an amazing group of people have taken action to eliminate euthanasia in Maricopa County. With a high rating of 4.5 stars on Yelp, Home Fur Good is providing quality medical care, neuter procedure, and helpful education for pet owners.

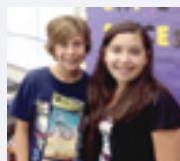
Home Fur Good has a wide variety of cats and dogs to adopt from. On their website they make it easy to find your perfect pet. You can select the age, size,

and breed of the animal. If you are unsure about adopting, there is no need to rush! They have events every single day, so you can adopt your pet any time you'd want. If you would like to donate, no amount is too small, but, a donation of \$100.00 would feed and care for many homeless animals. With the holiday season around the corner, you would be giving them the wonderful twelve days of Christmas!

Nevertheless, Home Fur Good gives many homeless animals a second chance at life. By you adopting or donating to this charity, you changed the life of a precious animal. Do you want to make a difference?

## The Fetch Foundation

By Gianna and Landon



Woof! Woof! You hear your dog bark from your burning house. You

and your family have escaped the fire safely, so you run towards the firemen to inform them about the dog. Luckily, one of them has proper equipment to save the dog thanks to the Fetch Foundation. Moments later your dog is carried to safety out of the home.

The Fetch Foundation is a non-profit organization that creates rescue dog programs and saves pets from neglect, fires, hoarding, car accidents, and abandonment. The first program

is named the search and rescue program, which works with rescue shelters to look for dogs who have the personality traits of a rescue K9. The second program is called the Military Veterans Companion Program which rescues dogs to be given to a military veteran to assist them with Post Traumatic Stress Disorder.

The third and final program is called the Fido Bag program. This program supplies the proper equipment to firemen to save pets immediately from house fires. However, these do not come free. Donations are important and are required to help get these bags to firehouses. You can donate now at [www.thefetchfoundation.com](http://www.thefetchfoundation.com).

# Explorer Middle School Art Spotlight

Heidi Hackman



My name is Heidi Hackman and I am the art director at Explorer Middle School. I have taught Art for 5 years but I'm also a photographer and studio artist. For me, there's not a better feeling than teaching a new concept to a student and seeing them discover their inner artistic talent.

At Explorer Middle School we offer beginners and advanced art classes, where students gain an appreciation of the visual arts, expand their imagination, and learn new ways to express thoughts or feelings. In beginners art we

focus on the elements of art by learning basic techniques and create artwork with different medias. Over the course of a semester students will get the opportunity to experiment and produce artwork that include watercolors,

pastels, clay, collaging, scratch-art, and pencil drawings. Students in advanced art class are challenged to apply the knowledge they learned in their first year to create more challenging paintings and drawings.

My goal is to have all my artist push their imagination and skills so far that they are shocked at the level of work they can accomplish. All students are encouraged to do their personal best and respect the efforts of their peers.

These are just a few examples of the wonderful art produced by the talented students at Explorer Middle School.



Samara Walker



Alexandra Johnson



Mikayla Valle Bode



Nickolas DesGroseilliers





EXPERIENCE DESERT RIDGE'S

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# JEWEL IN THE DESERT

## PARADISE VALLEY COMMUNITY COLLEGE



Women's Soccer Team championships and eight National Cross Country Team championships.

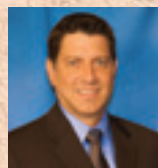
By Candace Oehler  
Director of Marketing and Communication

Desert Ridge community residents may be surprised to learn that nearby Paradise Valley Community College offers not just quality higher education, but is also a premier destination for performing arts, athletics, fitness, and special events.

College resources open to the public at no charge include Career Services, offering free resume and job search preparation; the Buxton Library, where community residents are welcome to borrow materials; and Veterans Services. A state-of-the-art Fitness Center offers community memberships and non-credit fitness breakout sessions throughout the year. And the college fields eight highly competitive men's and women's athletic teams, holding two National

Love theatre? Dance? Music? Film? There is something for everyone at PVCC's Center for the Performing Arts. From First Saturday concerts, Union 32 Jazz Festival, International Film Festival, Battle of the Bands, classical ensembles, and dance performances, the CPA hosts an amazing variety of events and performances, most either free or very reasonably priced. It's a great opportunity as well to watch students – and future stars – at the start of their careers.

The college is also nationally known for excellence in education, and was recognized in 2014 by Aspen Institute as ranking in the top 10 percent of community colleges.



Dr. Paul Golisch

Desert Ridge community resident Dr. Paul Golisch, who serves as the college's Chief Information Officer and Dean of Information Technology, believes that

excellence is due to the emphasis put on student success.

"There are some great opportunities here," says the Chicago native, who has resided at Desert Ridge with his wife and three daughters since 2004. "The thing I really like the most is the small class size and that faculty get to know students' names and really care about their success and helping them achieve their educational and personal goals."

All three of Golisch's daughters have attended class at PVCC.

"There are opportunities to take courses in the summer, while still in high school," he explains. "My daughters did that to get a head start in college and one also took an online class while at ASU."

Even his wife has taken advantage of college offerings, taking tennis and golf lessons.

Golisch has used his math and technology background to help position the college as a leader in implementing innovative classroom strategies to improve student success in math. One is the "flipped" classroom, where students do most of their work online and outside class, leaving class time to be spent in deeper discussion, group activities, and communication. He also leads the college's participation in the Maricopa Millions Project, designed to increase the use of Open Educational Resources (OER) classes that utilize low-cost (under \$40) or free textbooks and other instructional materials.

The college, located just west of the SR 51 Union Hills exit, was established in 1985 in a strip mall storefront, and has since grown to serve 10,000 students annually at its main campus and Black Mountain site. One of the 10 Maricopa Community Colleges, PVCC





offers associate degrees leading to transfer to four-year universities and an array of occupational degrees, including EMT, Business, Fire Science, Nursing, Accounting, and Audio Production. The college's "Start Almost Anytime" schedule, with 16-, 14-, 12- and 8-week Express classes, in day, evening, and online formats, makes it easy to find the right class, at the right time.

The college not only has transfer partnerships with the three major Arizona state universities (ASU, NAU, UofA), but special 2+2 or 3+1 transfer partnerships with Grand Canyon

University (Biology and Health Sciences), Middlesex University, London (Business), Midwestern University (Pharmacy), UofA (BS in Pre-Public Health), and the Universidad Autónoma de Guadalajara (College of Medicine). A new 2+2 Bachelor of General Studies degree program with the University of Arizona will be launched soon.

PVCC is also a place where making difference matters, as a comprehensive community college, where the power of learning transforms lives and enables positive social change. The college partners with organizations including

Adopt-A-Family, American Cancer Society Relay for Life; Festival of Tales, Southwest Human Development, VITA/AARP Tax Preparation Program, and Valley of the Sun United Way.

Summing up the PVCC experience, Marissa Vandervort, a 2013 graduate who earned the GEICO Pathway to Completion Bachelor's Degree Scholarship, says, "I'm honored to call PVCC my transfer school. They have given me a great base for what I want to do in my life and career."

Learn more at [paradisevalley.edu](http://paradisevalley.edu).

**Thank You** to the Desert Ridge Community Association (DRCA), FirstService Residential and all of the residents of Desert Ridge!

AAA Landscape sincerely appreciates the **Continued Partnership** and look forward to many **More Years of Service** to the Desert Ridge Community.

Like us on Facebook & win a Grand Prize!







# BABIES, LEAKS, AND PAINS: OH MY!



**Lauren Hasquet, PT, DPT**  
 Spooner Physical Therapy  
 Desert Ridge  
 20950 N. Tatum Blvd.  
 Suite 100  
 Phoenix, AZ 85050  
 480.502.5510

Do you ever feel like you are the only one that sneezes, coughs, or laughs and experiences a bit of urinary leakage? Even worse, do you feel uncomfortable bringing up the subject to your doctor or OBGYN? You are not alone! Urinary leakage or urinary incontinence, as it is more commonly referred to in the medical community, is an extremely common ailment that many women experience during their pregnancies, post-pregnancy, and even years later. The good news though is that urinary incontinence has a cure rate of 80%!

As you go throughout the course of your pregnancy you will find that your body will go through a number of changes from the mental to the emotional to the physical, the latter of the three being one of the biggest parts of your pregnancy that you can take control of, especially in your pelvic floor muscle groups. Stress can become more localized in this area and can cause incontinence due to pelvic floor dysfunction, resulting in urinary incontinence, bowel incontinence, or even organ prolapse.

As your baby continues to grow, their increasing weight will start to push on your bladder, resulting in more frequent trips to the restroom and pain and/or leaking when coughing, sneezing, and walking; however, our baby's weight is not the only cause for these symptoms. During your baby's development and your body's preparation for childbirth, the connective tissue between your belly and pelvic floor muscles becomes more flexible, allowing your belly to grow; with this change, your pelvic floor muscles will adapt to support your baby's passage through the birthing canal. Unfortunately, this change to your pelvic floor muscles also makes it easier for pelvic floor dysfunction issues to develop. Strengthening those pelvic

floor muscles before, during, and after your pregnancy will not only help keep pelvic floor dysfunction at bay but will also help decrease the amount of pain that you will experience during and after your pregnancy.

Take on these negative side effects of your pregnancy with pelvic floor exercises that you can do in order to help, not only your pelvic floor, but also your hip, spine, and low back.

## Kegels

This exercise is great for really targeting and strengthening your pelvic floor muscles.

Perform this exercise while lying down, sitting, or standing.

**How to:** As you are sitting at your desk at work, a red light on the road, or even at home watching your favorite show, you will be doing your kegels by squeezing/lifting your pelvic floor muscles up toward your heart, holding for ten seconds, and then releasing. Repeat 10 times. Those muscles that you are contracting are the same ones you use in order to stop urination when you are going to the bathroom, and that action of actively contracting your kegels will help strengthen all of your muscles in that area and make incontinence a thing of the past.



We recommend doing 3 sets of those 10 reps each day in order to strengthen and keep those pelvic floor muscles strong.

## Bridges

This exercise is great for those experiencing lower back pain or a weak pelvic floor.

Perform this exercise lying down with your knees bent.

**How to:** As you lay on your back with your knees bent, you will lift your hips to the

ceiling, hold for one second, and then bring them back down again, doing 3 sets of 10 repetitions. Gradually move through this exercise and don't rush in order to really work those muscles. Want to make it a bit harder? Squeeze a pillow between your knees or wrap an elastic loop around your knees and keep your knees spread apart.

Different variations of this exercise that you can do also include:



- **Straight Pulses:** Hold your hips up and pulse them to the ceiling 10 times and relax. Repeat 10 times.
- **Side-to-Side:** Hold your hips up and move them like Shakira from side to side 10 times, 5 on each side. Make sure to move slowly in order to stabilize your shoulders and keep your torso strong.
- **Rock the Boat:** Hold your hips up and make like a belly dancer, dropping one hip toward the floor while pushing the other toward the ceiling. Alternate 10 times, 5 on each side.

## Posterior Pelvic Tilt (Transverse Abdominus)

This exercise can help with low back pain during pregnancy and also assists post-partum moms with diastasis recti or separation of the right and left rectus abdominis muscles.

Perform this exercise lying down or while standing against a flat surface.

**How to:** Think of a belly dancer while you



do this exercise! You'll want to start by tilting the front of your pelvis forward and up toward your chest and then back down again. Be sure to pull your belly button toward your spine, keeping your abs contracted inward to get a nice C shape in your spine and belly. Perform 3 sets of 10 repetitions. Add a kegel while you tilt your pelvis to really target your core and pelvic floor at the same time.



We recommend these exercises, not only for pre-natal, expecting, and post-partum mothers, but also for any woman that has been experiencing urinary incontinence. Minutes after delivery, you can perform your Kegels and Posterior Pelvic Tilts in order to bring more blood flow to your belly and pelvic floor muscles for improved healing and tightening. We know you will be exhausted and maybe just a little too enamored with your little bundle of joy to even consider doing these exercises but we highly recommend doing them when you can after delivery in order to help the overall healing process that your body will be going through and return strength to your pelvic floor muscles. After delivery, refrain from performing Bridges until you have been cleared from your OBGYN for pelvic rest.\*

Your local women's health physical therapist acts as an excellent resource for any challenges you may encounter during your pregnancy or post-partum. They can also develop a pelvic floor program that is most ideal for you to maintain or return you to your ideal activity level during your pregnancy.

Be sure to check out our women's health physical therapists at Spooner Physical Therapy at [www.SpoonerPhysicalTherapy.com](http://www.SpoonerPhysicalTherapy.com)!

continued on page 50

# FAT SHOTS, HACKERS AND 'PHYSICAL HAZARDS'

## Gimmes for the Golfer with Back Pain

Jeffrey Foucrier PT, DPT, OCS, CMTPT  
Spooners Physical Therapy - Scottsdale

The old adage of 'no pain, no gain' has fallen out of fashion in rehabilitative medicine. Granted, there is a time and place for activity related soreness, but, generally speaking, pain is an indicator of tissue damage. That sounds all 'well-and-good,' but what does this mean for you? Contextually, 50% of professional and amateur golfers suffer from lower back pain.<sup>1,2</sup> Of these, most are associated with abnormal swing mechanics and repeated compensatory movements that lead to tissue strain, failure and eventual break-down.<sup>1,3</sup> The key word here is 'repetitive.' The complex and asymmetric stresses that the golf swing puts on the lower back and associated body parts are astounding. Consequently, areas of limited mobility and strength can lead to compensatory mechanics and, when used frequently, lead to an increase in the risk for injury. Of note, it has been found that golfers with lower back pain tend to practice their full swings twice as much as their asymptomatic counter-parts.<sup>1</sup>

So, where does this leave you? Hopefully this hasn't caused undo anxiety, because awareness is not fruitless. Activity should be purposeful and each participant of golf should try and high-light the body's incredible resilience to injury.

To do this, you should 'exercise' your capacity to practice and prepare yourself for specific movements, with these 'Gimmes':

**1) Listen to your body:** With soreness that goes away after warm-up, continue with your current routine. If you

have soreness that persists after warm-up, take a few days off.<sup>3</sup>

- 2) **Be pro-active:** If your soreness develops into sharp or traveling pain, please seek out professional help.<sup>3</sup>
- 3) **Practice what you do:** Incorporate part-practice in your stretching and exercise routine (e.g. stretch your hip to improve rotational mobility and strengthen your abdominal and back core to improve rotational control)
- 4) **Modify your swing from the modern golf swing to the classic golf swing:** Research has shown that 90% of lower back injuries in professional golfers result from repeated use of the modern golf-swing.<sup>1,2</sup>

Training should incorporate multi-planar stretches and exercises that optimize movement of the desired activity, in this case the golf-swing. This type of pro-active approach will minimize pain, reduce chances for injury and maximize performance. Additional considerations should be made regarding a golf club fitting and working with either Titleist Performance Institute (TPI) or Nike Golf 360 (NG360) certified trainers or physical therapists.

Here's to you finding and maintaining your 'Health in Motion!'



Classic Golf Swing vs. Modern Golf Swing

1. Cole M and Grimshaw P. The crunch factor's role in golf-related low back pain. *The Spine Journal* 14 (2014) 799-807

2. Gluck G, Bendo J and Spivak J. The lumbar spine and low back pain in golf: a literature review of swing biomechanics and injury prevention. *The Spine Journal* 8 (2008) 778-788

3. Brumitt J and Dale R. Functional Rehabilitation Exercise Prescription for Golfers. 2008 Human Kinetics • ATT 13(Z), pp. 37-41.



# PUMPKIN THE WONDER INGREDIENT, FOR YOUR BELLY AND FOR YOUR SKIN

*Suddenly Slimmer Day Spa's Dannielli Marcelino shares two simple beauty recipes using pumpkin to rejuvenate summer skin.*

Pumpkin is not just for pies anymore! The symbol for fall—the pumpkin—has proven it is more than just a culinary ingredient but also a beauty ingredient for radiant skin as the weather gets cooler.

Loaded with antioxidants, enzymes and vitamins C and K, the mighty pumpkin not only does a body good but also serves as an awesome alternative to harsh exfoliators. Pumpkins have naturally powerful enzymes, that when applied to the skin, delivers important nutrients for cellular rejuvenation. Used often and it will strengthen skin structures and restore its softness and elasticity. As a gentle, but effective exfoliator, the pumpkin gets rid of dead skin cells for an effective epidermal turnover.

This amazing gourd is also an effective

anti-oxidant. With our constant exposure to pollutants in the environment, sun, stress and poor diet, our skin needs the pumpkin's anti-oxidant qualities to neutralize these free radicals that abound. That means, less wrinkles and healthier skin structures for all.

## Pumpkin Facial Mask

- 2 teaspoons cooked or canned pumpkin
- 1/2 teaspoon honey
- 1/4 teaspoon milk (or whipping cream, if your skin is very dry)

1. Combine ingredients and apply to a clean face with gentle circular motions, avoiding the area around your eyes.
2. Allow mask to remain on skin for 10 to 15 minutes, then rinse with warm water, pat dry, and apply your usual moisturizer.

## Pumpkin, Sugar, and Spice Scrub

- 1/2 cup cooked or canned pumpkin, pureed
- 1/2 cup brown sugar
- 1/4 teaspoon ground cinnamon

1. Combine ingredients in a bowl.
2. Stand in a tub or shower stall and use a damp washcloth to scoop some of the mixture up. Apply to body, starting with your feet and working your way up, but avoiding your face. Scrub gently using circular motions.
3. Rinse with warm water and pat dry.



# Tina Dickson Photography

(602) 348-1907

TinaDicksonPhotography.com








# PARADISE VALLEY COMMUNITY COLLEGE

Paradise Valley Community College District is an EEO/AA institution and an equal opportunity employer of protected veterans and individuals with disabilities.

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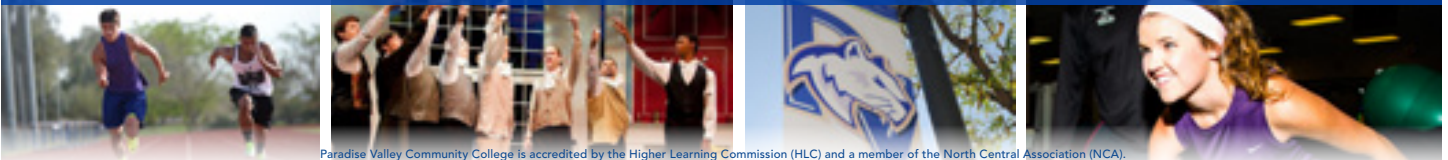
Day, Evening, or Online Classes

almost



### COMMUNITY INTEREST

Athletics Center for the Performing Arts The Buxton Library  
Facility Rental Career Services Center Fitness Center Veterans Services



Paradise Valley Community College is accredited by the Higher Learning Commission (HLC) and a member of the North Central Association (NCA).



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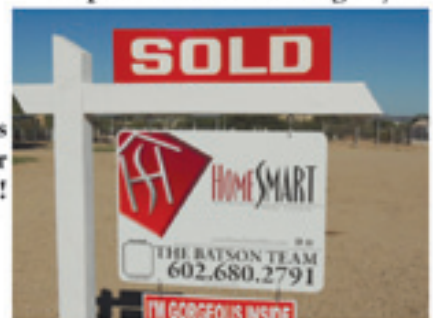
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# MIM

## MUSICAL INSTRUMENT MUSEUM



Purchase tickets online at [MIM.org](http://MIM.org), in person at MIM, or by calling the MIM Ticket Office at 480.478.6000. For the most updated event information, please visit [MIM.org](http://MIM.org) or 480.478.6000. Musical Instrument Museum Music Theater, 4725 E. Mayo Blvd., Phoenix, AZ 85050. General Admission: \$18 ■ Teens (ages 13-19): \$14 ■ Children (ages 4-12): \$10 ■ Children 3 and under: Free

Programming subject to change

### ABOUT MIM

The Musical Instrument Museum (MIM) enriches the world by collecting, preserving and making accessible a wide variety of musical instruments and performance videos from every country in the world. We offer our guests a welcoming and fun experience, incomparable interactive technology, dynamic programming and exceptional musical performances. MIM also fosters appreciation of diverse cultures around the globe by showing that we all innovate, adapt and learn from each other to create music—the language of the soul.

Find MIM on Facebook: [facebook.com/MIMphx](http://facebook.com/MIMphx)

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Subscribe to MIM on YouTube: [YouTube.com/MIMphx](http://YouTube.com/MIMphx)

## NOVEMBER 2014 CONCERTS & EVENTS

### MIMKIDS

#### Mini Music Makers Series

Wednesdays, Thursdays and Saturdays  
in November

Check [MIM.org](http://MIM.org) for class times listed by age

Tickets: \$12 per class or \$40 for four

Introduce your child to the wide and wonderful world of music through MIM's early childhood music and movement courses. Explore music from around the globe with your children while singing, dancing, and playing instruments. Designed for children and caregivers, each four-week session explores a new musical culture in engaging ways. Motor, pre-language, and musical skills are developed simultaneously, while children actively participate in the music making. This session's classes will focus on Asian sounds. Please contact Katherine Palmer at [programs@MIM.org](mailto:programs@MIM.org) or 480.245.6962 with any questions. Space is limited; reservations are required.

### MIMKIDS

#### Musical Adventures Series

Saturdays in Nov. | 1:30 p.m. to 2:30 p.m.

Tickets: \$12 per class or \$40 for four

Pick up your MIMkids Passport and embark on a musical journey with MIMkids Musical Adventures Series, an educational program designed for kids aged 6–10. Participants will discover new cultures by actively participating in music making, creating musical instruments, and exploring MIM's exhibits—with a designated tour guide, of course! Each four-week session focuses on a different continent, giving participants a well-rounded overview of music from around the world and an opportunity to collect MIMkids passport stamps. This session focuses on Asian sounds. To register, contact Katherine Palmer at [programs@MIM.org](mailto:programs@MIM.org) or 480.245.6962 with any questions. Space is limited; reservations are required.

### Drop-In Tour

Mondays & Fridays in Nov. | 10 a.m.

Saturdays & Sundays in Nov. | 10 a.m. & 2 p.m.

Tickets included with paid museum admission

See, hear and travel the world at MIM, along with a museum guide on our public tour. Guests can drop in to learn about MIM's Geographical Galleries and the various countries, musical cultures and fascinating instruments on view. Tours last one hour.

### CONCERT

#### Idan Raichel & Vieux Farka Touré

Tuesday, Nov. 11 | 7 p.m. and 9 p.m.

Tickets: 7 p.m.: \$34.50-\$44.50;

9 p.m.: \$32.50-\$42.50

The formation and success of the Touré-Raichel Collective, led by the Israeli superstar Riachel and Malian guitarist Vieux Farka Touré is a reminder of the unique power of music to bridge geographic, ethnic, political and religious differences

### CONCERT

#### Toshiko Akiyoshi

Wednesday, Nov. 12 | 7 p.m.

Tickets: \$37.50-\$42.50

Toshiko Akiyoshi's unique contributions to the jazz world have evolved like falling dominoes through a series of events that started with a piano-loving little Japanese girl in China and brought her to prominence as an unparalleled pianist, composer and leader of the Toshiko Akiyoshi Jazz Orchestra. Her recordings have received a total of fourteen GRAMMY nominations.

### EVENT

#### Passport to Asia Benefit Luncheon

Thursday, Nov. 13 | 12 p.m. to 1:30 p.m.

Tickets: \$150

Join us at MIM's second annual benefit luncheon and be transported to Asia through live music, including taiko drumming; cherry blossom décor; exciting photo opportunities; a silent auction; and themed food and beverage that bring to life MIM's global exhibitions and mission. Guests will mix and

mingle at a champagne reception with a curated raffle and a preview of MIM's newest special exhibition, "Beyond the Beat: Drums of the World."

### CONCERT

#### Keiko Matsui

Thursday, Nov. 13 | 7:30 p.m.

Friday, Nov. 14 | 7:30 p.m.

Ticket: \$42.50-\$47.50

Keiko Matsui is an icon of contemporary jazz. With over 1.2 million units sold in the U.S. alone and sold out appearances at concert halls across the world, she is one of the most recognized artists in the genre. Her elegant piano melodies and gentle jazz grooves have enormous appeal and never disappoint the loyal fan base which she has cultivated with over a dozen albums and hundreds of stunning live shows. With sold-out concerts across the globe, Keiko Matsui is one of the brightest stars in instrumental music.

### SPECIAL EXHIBITION

#### Beyond the Beat: Drums of the World

Opening Saturday, Nov. 15, 2014

through June 21, 2015

Tickets: \$7 with museum admission

\$10 for exhibition only

"Beyond the Beat: Drums of the World" will explore the immeasurable cultural and historical significance of drums around the world through the presentation of dozens of drums of all shapes, sizes, materials and uses from Asia, Oceania, Africa, the Middle East, Europe, Latin America and the United States. The collection will be accompanied by dozens of videos, photographs and other multimedia content selected by our curators from sources around the globe. This unique exhibition and its accompanying catalog will also highlight themes ranging from varieties of drum construction and performance techniques to differing concepts of rhythm in Asia, Africa and the Americas as well as the role of drums in rituals, military events and even systems of nonverbal communication.

### EVENT

#### Family Day: Beat It!

Saturday, Nov. 15 | 9 a.m. to 5 p.m.

Sunday, Nov. 16 | 10 a.m. to 5 p.m.

Tickets included with paid museum admission

Join MIM for a Family Day featuring lots of drums! Experience drums from around the world, make a special drum from everyday materials, join in on a family drumming circle and celebrate the opening of "Beyond the Beat: Drums of the World" exhibition. You can't beat this day for family fun!

### EVENT

#### Girl Scouts @ MIM: Drums of the World

Saturday, Nov. 15 | 10 a.m. to 4 p.m.

Tickets: \$13 per person (includes entrance to Beyond the Beat: Drums of the World special exhibition)

Calling all Juniors, Cadettes, Seniors and Ambassadors! MIM is inviting you for a fun, informative and musical day at MIM featuring music and dance from the Kawambe-Omawale African Drum and Dance Theatre troupe. This unique program gives Girl Scouts a chance to learn all about drums from around the world. Girl Scouts get a special opportunity to tour MIM's Beyond the Beat: Drums of the World exhibition, have an African dance lesson, play different drums, make their own drums and much more! Registration ends November 7. Girl Scout registration includes the MIM Experience patch. Troop registration is encouraged. A ratio of 1 chaperone to 5 Girl Scouts is required. For program information, contact: Cris Pontius at 602.452.7105 or [cpontius@girlscoutsaz.org](mailto:cpontius@girlscoutsaz.org).

### CONCERT

#### Nicole Pesce Quartet with Jerry Donato,

#### Bob Lashier & Dom Moio

#### (an I Am AZ Music concert)

Sunday, Nov. 16 | 7 p.m.

Tickets: \$25-\$35

Pianist, keyboardist, composer and arranger Nicole Pesce entertains audiences with her unique blend of virtuoso-





ity, humor and pizzazz. Nicole's YouTube "Happy Birthday Variations" video currently has over 1 million views. Arizona Foothills magazine honored Nicole with the "Best of 2014 Award" for Best Local Band/Musician. With a repertoire consisting of over twelve thousand memorized songs; Nicole is often dubbed "the human iPod" and is recognized as one of the "top ten musicians to hear in Phoenix" by the Arizona Republic.

#### CONCERT

##### Brian Chartrand & The Voce Project

Tuesday, Nov. 18 | 7 p.m.

Tickets: \$17.50-\$22.50

Chartrand, a Massachusetts native, has called Phoenix his home for the last 11 years. Since his arrival in 2003, Brian has spearheaded many musical endeavors including the critically-acclaimed, international touring band the Sweet Remains, his all-star Arizona band, unofficially dubbed the Voce Project, and most recently his production show entitled "Live from Laurel Canyon: Songs and Stories of American Folk Rock" which sold out its first three performances at MIM Music Theater. The Voce Project includes Mike Florio (drums), Lamar Gaines (keys), Adam Armijo (electric guitar), Mario Mendivil (bass) and Todd Chuba (percussion) as well as some special guests. Chartrand's style is somewhere between James Taylor and John Mayer; a smooth acoustic guitar style matched by an equally smooth vocal style. "Worth the Fight," his latest release (May 2014) was recorded by Emmy Award winner Otto D'Agnolo at Chaton Studios in Phoenix. D'Agnolo's recording career as an engineer and music producer has included work on projects for Glen Campbell, Waylon Jennings, Billy Preston, Sam Moore, Jordin Sparks and Kenny Rogers, among others.

#### EVENT

##### Curator's Choice:

##### Drumming Beyond the Beat

Saturday, Nov. 22 | 1 p.m. to 1:30 p.m.

Tickets included with paid museum admission

In diverse cultures around the world, drums play a fundamental role in music, dance, religious expression, rituals and rites of passage, celebrations and a panorama of other human activities. Whether performed as a call to action during wartime; to invest authority and fanfare in a grand procession; or to summon deities, honor ancestors, motivate dancers or create a transcendent musical experience at a concert, the potency of drums far transcends the simplicity of their percussive sounds and beats. Join MIM curator Daniel Piper for a talk and multimedia presentation exploring how drumming goes "beyond the beat," and what might explain their special potency.

#### CONCERT

##### Arizona Musicfest Fall Young Performers

##### Concert

Sunday, Nov. 23 | 2 p.m.

Tickets: Included with paid museum admission or \$10 concert only

Gifted young musicians don't walk out their front doors and straight onto the stage of Carnegie Hall or into a classroom at Eastman, Cleveland Institute or Juilliard. They work hard with their schoolwork, community commitments and practice, refining their techniques and learning how to perform in front of an audience. Among the many performance opportunities provided by Arizona Musicfest are the Young Performers Concerts.

#### CONCERT

##### MIM Musical Interludes Series featuring

##### Walter Cosand

Wednesday, Nov. 26 | 10:30 a.m.

Tickets: Included with paid museum admission or \$7 for concert only

Join us as Walter Cosand presents an exciting program of solo piano music in celebration of the impending 244th birthday of Ludwig van Beethoven. Cosand is a professor of music at ASU's Herberger Institute School of Music. He holds degrees and a performer's certificate from Eastman School of Music, where studied with Cecile Genhart and Barry Snyder. He also studied with Brooks Smith at Aspen Music School and with Joerg Demus in Stuttgart, Germany, on a grant from the German Academic Exchange Service. His awards include the Eastman Concerto Competition, the grand prize from the International Piano Recording Competition and grants from the National Endowment for the Arts.

#### CONCERT

##### Bob Corritore Taboo Album Release featuring Junior Watson, Fred Kaplan,

##### Kedar Roy & Richard Innes

##### (an I Am AZ Music concert)

Saturday, Nov. 29 | 7:30 p.m.

Tickets: \$27.50-\$37.50

Phoenix-based Bob Corritore is one of the most active and highly regarded blues harmonica players on the scene today. His sympathetic, yet fiery harmonic playing has been featured on over 50 releases to date and he is recognized nationally for his many roles in the blues as a bandleader, club owner, record producer, radio show host, arts foundation founder, and occasional writer.

#### CONCERT

##### Moya Brennan Irish Christmas

Sunday, Nov. 30 | 4 p.m. and 7 p.m.

Tickets: \$34.50-\$38.50

An unforgettable evening of seasonal music from the Emerald Isle featuring Irish icon Moya Brennan

## DECEMBER 2014 AND JANUARY 2015 CONCERTS & EVENTS

#### Drop-In Tour

Mondays and Fridays in December | 2 p.m.

Saturdays in December | 10 a.m. and 2 p.m.

Sundays in December | 11 a.m. and 2 p.m.

Tickets included with paid museum admission

See, hear and travel the world at MIM, along with a museum guide on our public tour. Guests can drop in to learn about MIM's Geographical Galleries and the various countries, musical cultures and fascinating instruments on view. Tours last one hour.

#### EVENT

##### Experience Norway

Saturday, December 6 | 9 a.m.-5 p.m.

Sunday, December 7 | 10 a.m.-5 p.m.

Tickets included with paid museum admission

Make plans to experience Norwegian music and culture at MIM in honor of the country's bicentennial! Enjoy musical performances, traditional dances, a Norwegian-inspired menu in the café, hands-on crafts, and much more.

#### CONCERT

##### Brad Mehldau Trio

Sunday, December 7 | 7:00 p.m.

Tickets: \$37.50-\$42.50

Brad Mehldau's brilliant re-workings of pieces by the Beatles, Cole Porter, Radiohead and Paul Simon have won him critical acclaim by jazz purists and music enthusiasts alike.

"Universally admired as one of the most adventurous pianists to arrive on the jazz scene in years."—Los Angeles Times

#### CONCERT

##### An Irish Christmas in America

Monday, December 8 | 7:00 p.m.

Tuesday, December 9 | 7:00 p.m.

Tickets: \$34.50-\$38.50

A family-friendly performance of Irish ballads, holiday classics, lively fiddle tunes and thrilling Irish dancing.

#### CONCERT

##### Pedrito Martinez Group featuring

##### Ariacne Trujillo

Wednesday, December 10 | 7:00 p.m.

Tickets: \$27.50-\$34.50

World-renowned Cuban conga player Pedrito Martinez and his Peruvian, Venezuelan and Cuban bandmates comprise a one-of-a-kind Afro-Cuban ensemble whose shows have ignited a fan base which includes Eric Clapton, Taj Mahal and Wynton Marsalis.

#### EVENT

##### Curator's Choice: Bridging the Gap between Music Education and

##### Ethnomusicology

Saturday, December 13 | 1-1:30 p.m.

Tickets included with paid museum admission

Learn about how MIM's museum educator Katherine Palmer bridges the gap between music/museum education and ethnomusicology in this informative talk

#### CONCERT

##### Esteban with Teresa Joy, An I Am AZ Music@ concert

Wednesday, December 17 | 7:00 p.m.

Wednesday, December 17 | 9:00 p.m.

Tickets: \$37.50-\$52.50

The guitarist Esteban has a passion and explosive style of playing that make for a must-see live performance; each concert is truly a unique experience. Together with his daughter, violinist Teresa Joy, they weave a beautiful mosaic of music that ranges from classical and flamenco to the golden age of rock and roll.

#### EVENT

##### Hear Them Ring

Saturday, December 20 | 9 a.m.-5 p.m.

Sunday, December 21 | 10 a.m.-5 p.m.

Tickets included with paid museum admission  
Chimes and jingles will fill the halls at MIM as we celebrate instruments that ring! See performances featuring hand bells, steel pans and marimbas, try your hand at gamelan, and learn how these instruments make their unique sounds. The weekend will also feature a special menu in Café Allegro, gifts for purchase in the Museum Store, face painting and so much more.

#### EVENT

##### Family Day: New Year's Celebration

Saturday, January 3 | 9 a.m.-5 p.m.

Tickets included with paid museum admission  
Start off 2015 with a bang by enjoying the vibrant sights and sounds of MIM!

#### EVENT

##### STEM + Music Professional Development Session for Educators

Saturday, January 10 | 10 a.m.-12 p.m.

Tickets: Free

Educators can explore the properties of sound, how different materials used in the construction of musical instruments contribute to their sound, and how these themes can be incorporated into programs for students in grades 3-8.

#### EVENT

##### Girl Scouts @ MIM: Drums of the World

Saturday, January 17 | 10 a.m.-4 p.m.

Tickets: \$13 per person (includes entrance to Beyond the Beat: Drums of the World special exhibition)

Calling all Juniors, Cadettes, Seniors and Ambassadors! MIM is inviting you for a fun, informative and musical day at MIM featuring music and dance from the Kawambe-Omawale African Drum and Dance Theatre troupe.

#### EVENT

##### Experience China

Saturday, January 24 | 9 a.m.-5 p.m.

Sunday, January 25 | 10 a.m.-5 p.m.

Tickets included with paid museum admission  
Save the date. Watch for details about this upcoming event.



## Rick Bronson's Night Out Review



4 ¾ Stars ★★★★★  
 5350 E. High Street, Suite 105  
 Phoenix, AZ 85054  
 Az.houseofcomedy.net  
 Phone: (480) 420-3553

Rick Bronson's-House of Comedy, located on High Street, is Phoenix's newest club for comedy. The club, owned by Valley resident Rick Bronson, is one of four other locations where top comedians from around the country perform live stand-up shows weekly. These are the same performers seen on popular Television shows such as Leno, Letterman, Kimmel, Last Comic Standing and more.

Our gang of reviewers visited HOC and we were quite impressed. The large 6,600 square foot facility is comfortable and the ideal size for an intimate show with some of today's top stars; however, the lounge area is a little small, so if you're meeting for a drink before the show, make sure to arrive early. Seating is all general admission at communal tables and done at the discretion of the hostess and server.

We visited on opening weekend and the show included three separate hilarious comedians, including headliner Harland Williams - known the world over for his hilarious movie roles and outlandish stand up and sketch comedy routines in films such as "Dumb and Dumber," "Something about Mary," and "Half Baked".

All of the comedians were funny and the show was as professional as any we've ever seen. High Street has landed another solid entertainment venue and is quickly establishing itself as the place for fun.

# Happy Holidays

from the  
 Desert Ridge Association



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 HAPPENS TO YOU,  
 WHAT WILL  
 HAPPEN TO ME?**

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# DINING GUIDE

## Desert Ridge Marketplace

### **BJ'S RESTAURANT AND BREWHOUSE** .....480.538.0555

Serving Chicago-style pizza with generously portioned salads, sandwiches, soups, entrées & desserts.

### **CAFÉ ZUPAS** .....480.339.8038

Café Zupas specializes in gourmet soups, salads and sandwiches using fresh and exotic ingredients in a fast-casual setting. The menu offers ten homemade soups, twelve exotic salads, seven Panini's, and five Gourmet Sandwiches. In addition, the Café Zupas Drink Bar offers sixteen different types of soda, Crystal Light, and Italian Soda flavorings.

### **CALIFORNIA PIZZA KITCHEN** .....480.473.3336

Authentic California-style cuisine! Try one of their hearth-baked pizzas such as The Original BBQ Chicken, Thai Chicken, and Jamaican Jerk Chicken, cooked in an open kitchen or indulge in distinctive pastas, salads, soups, appetizers and desserts. You can order online and curbside pickup is available.

### **COLD STONE CREAMERY** .....480.585.7952

From unique ice cream creations to smoothies, cakes and shakes – nobody serves up the ultimate indulgence like Cold Stone. It starts with using the highest quality ingredients and ends with our signature process for preparing your custom creation on a frozen granite stone.

### **DAVE AND BUSTER'S** .....480.538.8956

The ultimate group entertainment destination with the best games, food, drinks, billiards, bowling, music, & video all under one roof!

### **EINSTEIN BROS. BAGELS** .....480.585.3920

Einstein Bros. is your Neighborhood Café with fresh-baked bagels, Dam Good Coffee® & Espresso, made-to-order sandwiches, and fresh salads.

### **GARBANZO MEDITERRANEAN GRILL** .....480.397.9510 [www.eatgarbanzo.com](http://www.eatgarbanzo.com)

Garbanzo uses only the freshest, quality ingredients for its made-from-scratch recipes, and provides several vegetarian, vegan and gluten-free options. Enticing options, including flavor-packed pitas and laffas filled to order with crisp veggies and freshly-grilled shwarmas combined with signature sauces and accompaniments making endless amounts of craveable combos. Tender and savory kabobs atop fluffy Mediterranean rice and hummus, and nutritious and delicious Mediterranean-style soups and salads round out the menu that will leave diners feeling fresh and satisfied.

### **IN-N-OUT BURGER** .....480.563.9021

Quality you can taste - classic made burgers, hand-diced french fries & creamy shakes.

### **ISLANDS FINE BURGERS & DRINKS** .....480.513.7231

Gourmet burgers, Island fries, chicken sandwiches & fresh salads served in a casual, tropical atmosphere.

### **IT'SUGAR** .....480-513-1902

IT'SUGAR is a trendy sweets shop where you'll experience an unpredictable sense of excitement and wonder along with the sights, smells and especially the tastes of all your favorite treats.



### **JIMMY JOHN'S** .....480.321.8052

Jimmy John's definition of fresh is worlds apart from everyone else's. Bread is baked in-house everyday and served fresh. Meat and veggies are sliced fresh in-house every day.

### **THE KEG STEAKHOUSE & BAR** .....480.419.7772

When it comes to steak, The Keg serves only the finest cuts. They are aged for tenderness and a very special blend of seasonings is added to lend unique flavor while still allowing the natural properties of the high quality. This ensures that a tender, succulent, flavorful steak is guaranteed off the grill every time.

### **MACARONI GRILL** .....480.538.8755

More than 35 Italian specialties prepared in an exhibition kitchen. Recipes are made with the finest ingredients such as imported artisan pastas, vine-ripened tomatoes, colorful vegetables, extra virgin olive oil, fresh lemons, select seafood, grilled meats and fresh, fragrant Italian herbs. Life is delicious.

### **MCFADDEN'S** .....480.502.5480 [www.mcfaddensdesertridge.com](http://www.mcfaddensdesertridge.com)

Established in New York City in 1977, McFadden's Saloon has been a landmark pub for almost 30 years. Offering Lunch, Brunch and Dinner. McFadden's is the perfect place to catch your favorite game, join your friends for a few cocktails, plan your next event, or dance the night away. Our resident DJs and fun bar staff deliver an experience you will not soon forget!

### **MIMI'S CAFÉ** .....480.419.5006

Classic, made-from-scratch American dishes served in a friendly, French New Orleans-atmosphere.

### **NORI** .....480.515.9777

An elegant and fun destination to enjoy cutting edge sushi and craft cocktails.

### **PANDA EXPRESS** .....480.502.8399

High-quality Chinese food at a very reasonable price.

### **PARADISE BAKERY & CAFÉ** .....480.538.8406

Freshly-baked cookies & muffins, soups & made-to-order gourmet sandwiches.

### **PORT OF SUBS/SMOOTHIE KING** .....480.502.7962

Made-to-order subs & refreshing smoothies.

### **ROCKY MOUNTAIN CHOCOLATE FACTORY** .....480.342.9993

Hand-dipped chocolates & assorted candies. Packaged coffees, cocoas & more.

### **RUBIO'S FRESH MEXICAN GRILL** .....480.473.9225

Rubio's food is a combination of our south of the border roots and the influence of California's coastal waters, farm-fresh ingredients and friendly people.

### **SANDBAR** .....480.585.5900

Known for its spicy Mexican menu and array of tropical drinks and ice cold cervezas.

### **SLICES** .....480.513.1861

Choose from a selection of pizzas already prepared with a crispy crust and any number of topping combinations, at affordable prices.

### **SMASHBURGER** .....480.664.6210

Where smash. sizzle. savor means a dedication to creating the best-tasting "cooked-to-order" burger. They start with 100% Angus Beef, smashed, seared and seasoned on the grill, placed on a butter-toasted artisan bun and topped with the highest-quality cheeses, freshest produce and condiments.

### **STARBUCKS COFFEE** .....480.502.4761

High quality roasted whole bean coffees & fresh, rich, Italian-style espresso beverages.

### **SWEET TOMATOES** .....480.473.3233

Offering an all you care to eat dining experience featuring fresh cut produce, specially prepared salads, hearty made from scratch soups, original recipe hot pasta dishes and more.

### **WOLFLEY'S** .....480.515.2424

Wolfley's Neighborhood Grill is a place you can count on for quality food, value pricing and personalized service.

### **YARD HOUSE** .....480.563.9273

Yard House is an upscale-casual eatery known for great food, classic rock music and 130 tap handles of domestic, imported and craft beer.

## JW Marriott Desert Ridge Resort & SPA

### **STONEGRILL** .....480.293.3636

American southwest cuisine. Breakfast, lunch, dinner with daily breakfast buffet. 6:30 to 11 am (breakfast buffet until 1 pm on weekends)

### **TUSCANY** .....480.293.3988

The modern Italian menu at Tuscany is all about authentic Italian comfort flavors featuring handmade pasta, seasonal ingredients, the freshest seafood and superb and affordable wines with exceptional service in a warm, inviting atmosphere. Guests of all ages are encouraged to share in a journey of Italian cuisine, using an array of menu combinations comprised of mouth-watering small plates, generous sharing dishes, and individual entrees. Specializing in creating hand-crafted pizzas, pastas, and cheeses, as well as delightful house-made desserts prepared by the resort's National Pastry Champions, the seasonal menu focuses on locally-grown produce and products, fresh from local farms as well as the resort's own organic herb garden. Tuscany features an open exhibition kitchen, wood-fired oven, indoor and outdoor fireplaces and patio seating. Tuscany is open for dinner.



**MERITAGE STEAKHOUSE .....480.293.3988**

Where fine wines meet prime aged steaks. Meritage Steakhouse is located at the resort's championship 36-hole Wildfire Golf Club featuring award-winning courses designed by Arnold Palmer and Nick Faldo. Meritage's hearty menu, alongside prime steaks, also features chicken, seafood and a selection of signature side dishes in a cherry wood country club like setting. A bold selection of wines by the glass, half and full bottles encourage diners to sample from the steakhouse's fine wine cellar. The restaurant offers a scenic outdoor patio with welcoming fire pits and sweeping views of Wildfire Golf Club's green fairways. Flat screen TVs are tuned into the latest sporting events. Meritage Steakhouse is open for lunch and dinner.

**ROY'S HAWAIIAN FUSION CUISINE.....480.419.7697**

Famed Hawaiian restaurateur Roy Yamaguchi's renowned Hawaiian Fusion Cuisine is sizzling in flavor and style. First founded in Honolulu in 1988, the highly regarded dining establishment features locations throughout the nation serving innovative Asian-influenced cuisine that makes the most of fresh local ingredients with "Aloha-style service." An impressive wine list allows diners to sample a wide selection of varietals with their meal. Outdoor dining, appetizers or drinks near a welcoming fireplace make this restaurant a favorite among Resort guests. Open for dinner. Reservations recommended.

**TWENTY6 .....480.293.3726**

Amazing new lounge with fresh juice crafted cocktails, featuring drinks from JW's around the world. Entertainment Fridays and Saturdays 6 pm to 10 pm. Menu features bites, charcuterie, flatbreads. Best patio with firepits around!

**REVIVE SPA BISTRO ..... 480-293-3700**

Featuring an out-of-this world menu, eating healthy never seemed so indulgent. Located in our Revive Spa and open to all guests, enjoy our chef's fresh, organic creations in serene indoor or outdoor settings.

**High Street****BLUE MARTINI LOUNGE.....480.638.2583  
bluemartini lounge.com**

Enjoy happy hour, private parties, ladies night and more at Arizona's premier live entertainment club. No one stays thirsty at the upscale Blue bar, which boasts 42 specialty martinis and an extensive fine wine and spirits collection. Blue Martini has quickly become a Phoenix hot spot for music and dancing with great live local and regional talent. Blue Martini's tapas menu is the perfect complement to an exciting night out.

**KONA GRILL.....480.289.5707  
konagrill.com**

Indulge in sensational flavors by sampling any of Kona's modern American cuisine - prepared in their scratch kitchen. Offering their guests fresh ingredients and entrees made with passion, Kona Grill has fresh fish flown in daily to deliver outstanding sushi quality. Its energetic bar, lounge and patio are the perfect location for their designer cocktails and award-winning happy hour.

**LA BOCCA WINE BAR &  
URBAN KITCHEN .....480.840.1799  
laboccanorth.com**

Drink, dine & celebrate at this sophisticated, fun and casual wine bar with a mouthwatering menu of small plates, zesty salads, homemade pastas and regular 'off-menu' specialties prepared by the Executive Chef. Savor 150+ hand-selected wines, craft beers & cocktails, full bar, house-made limoncellos and sangrias. Cozy up at La Bocca and share a bottle with good friends or bring a date for an unforgettable dinner.

**MELLOW MUSHROOM..... 480.889.0999  
mellowmushroom.com**

While well known for their fresh stone-baked pizzas to-order, their expansive selection of craft beer is also quite impressive. Mellow Mushroom on High Street's décor is unlike any other location, creating an entertaining, laid-back atmosphere for local pizza and beer aficionados. It provides an experience filled with colorful art, eclectic music and an extensive menu with food that comforts the soul.

**MODERN MARGARITA ..... 602.795.8111  
modernmargarita.com**

Modern Margarita offers patrons a fresh spin on the traditional margarita. This Fork & Dagger Restaurant Group concept, from Valley restaurateur Julian Wright, features a large selection of freshly made margaritas, gourmet street tacos, burgers, fresh guacamole and additional sharing-plate options. Visitors appreciate Modern Margarita's high-quality, locally sourced food and beverages in a lively atmosphere.

**MOJO YOGURT & COFFEE ..... 480.584.5865  
mojoyogurt.com**

The fat-free goodness of Mojo Yogurt comes in several delicious flavors. Customize with a plethora of scrumptious toppings for a taste-bud-pleasing masterpiece created just for you. If you're looking for a morning, or mid-afternoon pick-me-up, Mojo also serves up premium coffee, espresso, cappuccino, lattes and hot chocolate.

**OCEAN PRIME.....480.347.1313  
ocean-prime.com**

This Cameron Mitchell restaurant combines an elite steak and seafood menu, award-winning cocktails, timeless elegance and take-your-breath-away service to create an extraordinary supper club experience. Here, guests are greeted by name and invited on an adventure in great food, wine and libation. Think Ocean Prime for your next event. Whether it's an elegant dinner or rolling out the red carpet, Ocean Prime will help you create something special.

**RICK BRONSON'S HOUSE  
OF COMEDY .....480-420-3553  
houseofcomedy.net**

Rick Bronson's House of Comedy delivers more than the nation's top touring comedians such as Jay Pharoah (SNL), Bobby Lee (Mad TV), Bryan Callen (The Hangover) and Joey 'CoCo' Diaz (The Joe Rogan Experience and Grudge Match). They also offer a complete menu of share plates, appetizers, soups, sandwiches and tortas, gourmet burgers, flat bread pizzas, salads and deserts to enjoy before and during the show.

**TOBY KEITH'S I LOVE THIS  
BAR & GRILL ..... OPENING SOON  
tobykeithusa.com**

Start your meal off with Fried Macaroni Triangles, T.K.'s Smokehouse Nachos or the Whiskey Girl Wings, move on to its famous BBQ St. Louis Style Ribs or Whiskey Bottle New York Steak and top the meal off with a slice of All American Apple Pie or its impossible-to-resist Deep Fried Twinkies. Toby Keith's also offers a wide selection of soups, salads and sandwiches, plus lighter options for those looking to dance right after their meal.

**West of Tatum****CAFÉ AT DESERT RIDGE.....480.473.4387**

Comfort food with a twist! Homemade pancakes, waffles, crepes, coffees, paninis, pastas, sauces, meatballs, soups and desserts. Open for Breakfast and Lunch.

**HUMBLE PIE.....480.502.2121**

Featuring a medley of starters, salads, pastas, sandwiches, and pizzas with fresh ingredients and a crust to crave.

**PITA JUNGLE.....480-473-2321 | PITAJUNGLE.COM**

An eclectic blend of fresh ingredients, creative energy, and good times. Take your family or meet your friends and discover the art of eating healthy

**STARBUCKS COFFEE .....480.342-8231**

High quality roasted whole bean coffees & fresh, rich, Italian-style espresso beverages.

**SUBWAY .....480-513-6978**

Whatever you're in the mood for, SUBWAY has a wide variety of subs, salads, and sides to choose from and every one of their Subs is made fresh in front of you, exactly the way you want it!

**SUSHI STATION ..... 480-513-8699  
SUSHISTATION88.COM**

The popular "Kaiten Sushi" (Revolving) Japanese concept is now available. You will enjoy quality sushi and fresh ingredients from all over the world. Fun for the family and available for special events.

**TRYST CAFÉ ..... 480-585-7978 | TRYSTCAFE.COM**

Breakfast, lunch, and dinner featuring organic, natural and locally grown products; extensive gluten free menu and full bar all in a friendly, urban environment. Dine in or carry out.

**YOGURT PLUS+ .....480-502-4200 | YOGURTPLUS.US**

An exciting self-serve yogurt shop with 12 rotating flavors and over 70 different scoops of toppings!

**The MIM****THE MIM CAFÉ & COFFEE SHOP**

The Musical Instrument Museum Cafe & Coffee Shop is open to non-museum patrons. Hours: Cafe, 11-2; Coffee Shop, Normal Museum Hours.



# RESOURCE NUMBERS

## ASSOCIATION

Desert Ridge Community Association.....480.551.4300  
24/7 Customer Care Center.....480.551.4300

## PUBLIC SERVICES

**Phoenix Water Department**  
M-F, 7:30 a.m.-5 p.m. ....602.262.6251  
Weekends, holidays, after 5 p.m...602.261.8000

**Phoenix Police Department**  
Non-Emergency Crime Stop.....602.262.6151  
Vacation Watch.....602.495.5002

**Desert Ridge Silent Witness** .....480.WITNESS

**Phoenix Public Works**  
Trash/Recycling/Bulk Pick-up .....602.262.7251

**Parks Forestry Department**  
Downed Trees in Right of Way ....602.262.9440

**City of Phoenix Parks & Recreation, Northeast Division**  
(Cashman Park) .....602.262.6696  
Malfunctioning Traffic Signals ...602.262.6021  
Streets/Street Sweeping .....602.262.6441

**Southwest Gas**  
Customer Service .....602.861.1999

**APS**  
24 hour line .....602.371.7171  
(Includes Street Light Outtage)

**Cox Communications** .....623.594.1000  
**Centurylink**.....800.244.1111  
**Green Pools**.....602.506.6616  
Maricopa County

**Graffiti Busters**.....602.495.7014

**Southwest Wildlife Conservation Center**.....480-471-9109

## BOYS & GIRLS CLUB

Vestar Branch .....480.585.0170

## SCHOOLS

**Fireside Elementary**.....602.449.4700  
Principal, Wendy Allen,  
wallen@pvschools.net

**Wildfire Elementary**.....602.449.4300  
Principal, Sherry Stillman  
sstillman@pvschools.net

**Desert Trails Elementary**.....602.449.4100  
Principal, Sheri Duggan  
sduggan@pvschools.net

**Explorer Middle School**.....602.449.4200  
Principal, Barbara Newman  
banewman@pvschools.net

**Pinnacle High School**.....602.449.4000  
Principal, Dr. Troy Bales  
tbales@pvschools.net

## DRCA COMMITTEES

**Communications Committee**  
communications@desertridgelifestyles.com

**Lifestyles Committee**  
lifestyles@desertridgelifestyles.com

**Community Awareness Committee**  
communityawareness@desertridgelifestyles.com

**Design Review Committee**  
designreview@desertridgelifestyles.com

**Finance Committee**  
finance@desertridgelifestyles.com

**Nominating Committee**  
nominating@desertridgelifestyles.com

# MEETINGS & EVENTS

## MEETING LOCATION

5415 E. High St., Suite 220  
Phoenix, AZ 85054  
(Parking Garage on 54th Street)

## MEETINGS

### BOARD MEETINGS

**NOVEMBER 19 ■ NO DECEMBER**

**JANUARY 28**

Q&A at Board Meeting for Potential Candidates

**FEBRUARY 25**

Board Candidates Meet & Greet  
Open session meetings at 6 p.m.

### DESIGN REVIEW COMMITTEE

Subject to change

**NOVEMBER 20 ■ DECEMBER 4**

**JANUARY 8 ■ JANUARY 22**

**FEBRUARY 5 ■ FEBRUARY 19**

**MARCH 5**

Meetings at 5:00 p.m.

### COMMUNITY AWARENESS

**FEBRUARY 17**

Meeting at 6:30 p.m.

### LIFESTYLES COMMITTEE

**NOVEMBER 18 ■ DECEMBER 16**

**JANUARY 20 ■ FEBRUARY 17**

Meetings at 11:30 a.m.

## EVENTS

### MORNING COFFEE CLUB

**DECEMBER 9 ■ FEBRUARY 10**

Meetings at 9:00 a.m.

### LADIES NIGHT OUT

**NOVEMBER 10**

**JANUARY 12 ■ FEBRUARY 9**

5:30 p.m. at Ocean Prime

### COMMUNITY MIXER

**NOVEMBER 17 ■ JANUARY 19**

5:30 p.m. at Blue Martini

### HOLIDAY TROLLEY TOURS

**DECEMBER 8, 15, 22**

6 p.m. and 7:30 p.m.

**DEPARTURE AT BOYS & GIRLS CLUB**  
Tickets must be purchased in advance

COURTESY OF JEAN BATSON, DESERT RIDGE RESIDENT

## Holiday Crème Brulee

MAKES 6-8

2 cups whipping cream  
5 egg yolks  
½ cup sugar  
1 TBS Vanilla (or use any flavoring you like...coffee liquor, green tea, pistachio)

Whisk together cream, egg yolks, sugar and Vanilla. Pour mixture into ramekins (small glass bowls) and place in 13 x 9 pan. Pour hot water into pan about ½ way up the bowls. Bake at 275 degrees for 70 minutes. Cool. Refrigerate 8 hours to set. Before serving: Sprinkle with either brown sugar (or preferably Turbinado Sugar which you can purchase in packets in any grocery). Either place under broiler to brown for a few minutes...or use small propane torch to crinkle sugar. Top with a bit of whipping cream. Garnish with berries, mint sprigs or whatever you wish.



continued from page 41

\* - Note that no pain is normal after you have been cleared from pelvic rest. Your local women's health physical therapist will be an excellent resource for any challenges you encounter during this exciting period of time.

Christie, Christina M. Female Chain Reaction. Gary Gray. October 30, 2013.

Non-Surgical Treatments for Female Stress Urinary Incontinence. National Associated for Continence. 2011. Available at: <http://www.nafc.org/bladder-health/types-of-incontinence/stress-incontinence/non-surgical-treatment-for-female-stress-urinary-incontinence/>. Accessed September 12, 2014.



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# Seed or Harvest?

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**480-634-5945**





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*The Henbest Team*

**Holly Henbest, Realtor®**

(480) 266-8785 HollyHenbest@ReMax.net

**Tom Henbest, Realtor®**

(480) 323-0751 TomHenbest@ReMax.net

21803 N. Scottsdale Road, Scottsdale AZ 85255



**PARTNER WITH THE BEST! THE HENBEST TEAM!**

*Holly and Tom are an amazing team! We have worked with them on the sale of our house, leasing a home and purchasing a new home and couldn't have asked for a better partner. They always were looking out for us and giving us the guidance we needed. I am a bit particular and every one of my thousand emails were answered and never made me feel like a bother. We will definitely be working with them again as our housing needs change! And we are happy to now call them our friends as well!*

-Allison & Steve, Aviano/Fireside/Tatum Highlands

*The words "Dynamic Duo" does not do justice to Holly & Tom. We have relied on them to facilitate 4 of our "buying and selling" transactions over the last several years. We would not hesitate to use their services in the future and would highly encourage anyone who is in the market to buy or sell their home to call Holly and Tom. Their service, dedication to their customers and attention to detail is second to none. And to top it all off, they somehow took the stress from the process and turned it into fun experiences for us. It just doesn't get any better than doing business with Holly & Tom!!! Call them. You will be glad you did!*

-Jodie and Jim, Desert Ridge & Bella Monte

**CALL US TODAY AND HAVE YOUR HOME FEATURED IN THE NEXT ISSUE!**



**THESE HOMES ALL REPRESENTED BY THE HENBEST TEAM IN DESERT RIDGE!**  
Sold, Sold, Sold and Coming Soon - Call Today To Learn More about this new listing!



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**The Henbest Team Wishes You and Your Family a Happy Holiday Season!**