

FALL 2014

# DESERT RIDGE

The Official Community Magazine of the Desert Ridge Community Association

# Lifestyles®

## FALL IN THE DESERT

Hiking, Sports,  
Cashman Park News &  
Active Lifestyles For All Ages





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# LIVE MUSIC.

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AND SATURDAY NIGHT  
STARTING AT 7PM

  
**Desert Ridge**  
MARKET PLACE

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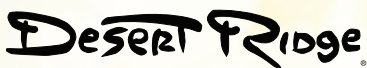
Paving the way for the Cashman Park Improvements.

Desert Ridge Lifestyles magazine is the official community magazine of Desert Ridge, brought to you by the Desert Ridge Community Association. It is designed to keep you informed about what's happening in your community, from clubs, activities and community programs to school information, special events and more.

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## MANAGEMENT TEAM AND BOARD OF DIRECTORS



### MANAGEMENT TEAM

Photos by Tina Dickson

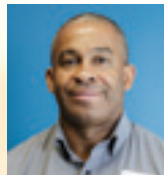
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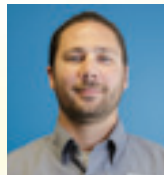
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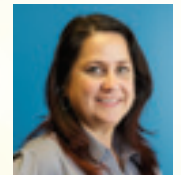
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**SHELLEY BONI-RICE**  
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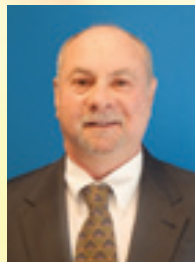
## COMMUNITY ASSOCIATION BOARD OF DIRECTORS



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Communications, Finance Vice-Chair and Community Awareness Committees



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**DIRECTOR**  
**Stephanie Rimmer**  
Lifestyles Committee Chair



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Community Awareness Committee Vice-Chair

## From the President Maintaining Our Community



Doug Dickson

Desert Ridge has become one of the premier communities in Phoenix. We have a fantastic location, incredible recreational facilities, great schools and a crime rate that's less than half of the Phoenix average. Our residents are outgoing, engaged and some of the nicest people you'll ever meet. All of these factors contribute to a rich, high quality of life. We've certainly been blessed and it's important for each of us to help maintain our beautiful community. Although we've made real progress, one area that still needs improvement is the amount of pet waste found throughout our parks, washes and common areas. Not only is it unsightly, but pet waste is also a biohazard. It contains E. coli bacteria, salmonellosis, campylobacteriosis,

roundworms, gastroenteritis, giardiasis, cryptosporidiosis and even tuberculosis. Simply put, pet waste is a serious health risk for everyone in Desert Ridge, especially our children who play outside and are at the highest risk for infection from these bacteria and parasites.

Always clean up after your pet by bagging and placing your pet's waste in the stations located throughout our community. In the past two years, we've increased the number of these stations from 10 to 42 and located them adjacent to areas with the most waste. Employees from AAA Landscaping empty these containers every few days and do a terrific job, but they won't work if they are not used.

Failure to clean up after your pet is actually against the law and violates Phoenix Solid Waste Ordinance 27-12. Violation of this ordinance is a Class 1 misdemeanor and is subject to a civil sanction of \$100 to \$2,500.

### *Things we can all do to reduce pet waste pollution:*

1. Be a responsible pet owner and clean up after your pet.
2. Bag waste and place it in the garbage.
3. Never dispose of pet waste into a storm drain.
4. Encourage other pet owners to also be responsible.

This is a serious issue for each of us, dog owner or not. Those who own pets, must clean up after them; those who don't can help out by reminding others to be responsible. Either way, we must create a community attitude that leaving pet waste is irresponsible and simply not acceptable.

Let's all do our part. Protect your family, your community and your pets by helping us clean up pet waste!

Thanks again and I look forward to seeing you around the neighborhood.

Doug Dickson  
President

Desert Ridge Community Association

## Lifestyles Chair

## News from the Lifestyles Committee Chair



Stephanie Rimmer

At the monthly DRCA meeting on June 25, 2014, the Board of Directors appointed Debi LaRosa and Michelle Stelnik to the Lifestyles Committee. These two members join Director Stephanie Rimmer on the newly formed committee focused on planning community events and activities that will further enhance the already high quality of life we already enjoy here in Desert Ridge.

The first objective for the committee will be

the re-opening of Cashman Park following the renovations presently underway. On October 4, 2014, the Lifestyles Committee will host all of our Desert Ridge families for fun activities culminating with a movie in the park. Members can vote online at [www.desertridgelifestyles.com](http://www.desertridgelifestyles.com) to select the movie.

In December, the annual DRCA Holiday Lighting Contest returns with Ollie the Trolley, hot cocoa and treats and snow at Desert Ridge Marketplace. Families are invited to purchase tickets to ride the Trolley throughout Desert Ridge viewing the homes that have entered the competition. Each Trolley ride will last approximately 90 minutes.

A quick preview of 2015 includes a Casino Night, a spring Movie in the Park at Cashman Park, a Fall Festival, the annual Holiday Lights Contest and much more. All members are invited to provide input to the Lifestyles Committee by attending the monthly meetings at 9 a.m. on the third Wednesday of every month at the Desert Ridge offices. The committee also has room for two more members. Interested applicants may apply by contacting the DRCA office at 480-551-4559.

Stephanie Rimmer  
Lifestyles Committee Chair  
Desert Ridge Community Association

## Communications Chair Stay Connected



Brad Slager

As we continue to refine and improve our communication within the Desert Ridge Community, we look to each of you to find the best way (for you) to stay connected. This magazine, the Desert Ridge Lifestyles website ([www.DesertRidgeLifestyles.com](http://www.DesertRidgeLifestyles.com)) and our weekly e-mail blasts will all begin to show consistent, unified messaging. We respect and want to support the different ways in which people gather information. If you aren't getting the Desert Ridge e-mails, please call 480-551-4300 and get connected.

I look to each of you and encourage your feedback, always. We can only improve as a community if we are all involved. Please come to the monthly HOA meetings, provide feedback, support local events and businesses and simply do what you can. We are all busy, but we all play a critical role in making Desert Ridge the best place in the Valley to live. Please do what you can, when you can, to stay involved..... We're ALL counting on it!

Finally, I would be remiss if I did not acknowledge the contributions of our previous Communications Chair and Secretary, Dan Oseran. Dan worked countless hours on this magazine, sat on multiple committees, and was involved in many projects within our community. His leadership, insight and dedication to this community and board will be missed. Thank you for your time on the board Dan. Desert Ridge is a better place to live because of you and I am thankful we can still call you, "neighbor".

Brad Slager  
Communications Committee Chair  
Desert Ridge Community Association

**SAVE THE DATE**  
**OCTOBER 4**  
**CASHMAN PARK**  
**GRAND RE-OPENING & MOVIE IN THE PARK**  
**STAY TUNED**  
MORE INFORMATION TO COME  
[DESERTRIDGELIFESTYLES.COM](http://DESERTRIDGELIFESTYLES.COM)

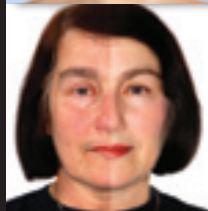
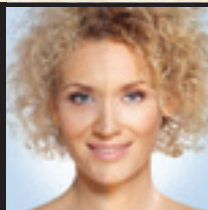
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# LETTERS TO THE EDITOR

You are invited to write your thoughts or comments to the Desert Ridge Lifestyles editor at: [editor@desertridgelifestyles.com](mailto:editor@desertridgelifestyles.com)

*I absolutely love the Desert Ridge Lifestyles (DRL) Magazine! I am concerned however, that the magazine must cost the community a lot of money to produce. What do we pay for this quarterly publication?*

**EDITOR:** For nearly three years now, the DRL Magazine has been profitable. As a result of our community businesses, generous advertising support, this magazine has actually been a profit center for the Desert Ridge Community Association. If you are interested in advertising in this first-class community publication, please call our Desert Ridge Lifestyles Coordinator,

Mallory Peil at 480-551-4559, or [mallory.peil@fsresidential.com](mailto:mallory.peil@fsresidential.com)

*I am new to Desert Ridge and receive the magazine, but my neighbors tell me there are e-mail blasts that they receive as residents too. How do I get on that list, so I stay informed?*

**EDITOR:** As a homeowner in Desert Ridge, there are several resources available to keep you connected! The first is our community website. To get there, log onto: [www.desertridgelifestyles.com](http://www.desertridgelifestyles.com). The site has current events, current and past DRL Magazine articles as well as a calendar

of community meetings. Second, make sure your information (e-mail, phone and current mailing address) is current on FSR Connect (our Community Management website). Finally, feel free to contact your Management Team at 480-551-4300, or [desertridge.az@fsresidential.com](mailto:desertridge.az@fsresidential.com).

*I read the exciting news about the improvements to Cashman Park. Will there be a Grand Re-Opening Party when it's done?*

**EDITOR:** Yes! Although the park will open after the improvements have been approved by the City of Phoenix later this month, the Desert Ridge Lifestyles Committee is planning a celebration after it cools down a bit in October. Stay tuned!



## Get ready to Drink, Dine and Laugh at Desert Ridge

There's a new neighbor moving in — and he's bound to cause a raucous. Rick Bronson's House of Comedy is coming to High Street this summer.

Located at 5350 East High Street, adjacent to the soon to be opened Toby Keith's I Love This Bar and Grill – The House of Comedy is Phoenix's new home for laughs.

The new stand up comedy venue will offer the absolute best in live stand up comedy from across the country. Come see the nation's top touring comedians as seen on Late Night TV including - Jimmy Fallon, Chelsea Lately, Jimmy Kimmel, Jay Leno, David Letterman, Conan O'Brien and more. Comedy Stars from Comedy Central, Saturday Night Live and Mad TV are common faces who've made frequent graces on the stage at House of Comedy, as well as a delicious food and drink menu.

With operations in North America's two largest retail centers – Mall of America in Minnesota and West Edmonton Mall in Canada – and another slated for The American Dream in New Jersey, High Street joins an impressive list of retail and entertainment centers to house the House of Comedy.

"We are thrilled to be expanding our operation

with the High Street location in Phoenix," said Tammy MacPherson, CFO of Rick Bronson's - House of Comedy.

"We're confident that Canadian and Mid-Western snowbirds will spread the House of Comedy gospel," said Rick Bronson, President of Rick Bronson's - House of Comedy. "On a personal note I'm confident that I can take two strokes off my golf game spending more time in Arizona."

"We're also very happy to be part of the new North Valley Entertainment Movement", continued Bronson. "I think it's great as a North Valley resident myself to be able to have



new options for food and fun that's a hole lot closer to my home."

Come in for one their famous comedy concoctions and levity libations to quench your thirst for laughs. Feed the funny belly with a complete menu featuring share plates, appetizers, sandwiches, burgers, flatbreads, salads, deserts and more.

Tuesday through Sunday the adjacent Heckler Lounge will offer some of the best happy hour treats and prices in the North Valley. Make sure to sample the delicious fried cheese curds and Canadian-inspired poutine. You'll be sorry if you don't.

For more information Visit the House of Comedy online at [www.houseofcomedy.net](http://www.houseofcomedy.net).

**SUNDAYS DON'T MISS THE 'SOON TO BE FAMOUS' HECKLER BLOODY MARY BAR**

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## **GREAT THINGS COME IN THREE PACKAGES.**

*Choices, choices, choices. Which of the five pools will you fling away at the JW Marriott Phoenix Desert Ridge Resort & Spa this summer? Will you float around in the lazy river or splash down on the water slide? Will you play unlimited golf on one of two championship courses or enjoy a tranquil treatment at Revive Spa? How about dining in our five restaurants with free meals for the kids? With these sizzling savings, why not do it all!*

---

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*Includes a luxurious resort room, \$50 daily resort credit, free meals for kids, waived resort fee and unlimited golf for up to four people after 11 am daily.*

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*Includes a luxurious resort room, \$50 daily resort credit, free meals for kids, waived resort fee and one Swedish massage.*

### **ULTIMATE FLING AND SWING PACKAGE** **from \$199 per night**

*Includes a luxurious resort room, \$50 daily resort credit, free meals for kids, waived resort fee, one Swedish massage and unlimited golf for up to four people after 11 am daily.*

---

*For more information or reservations, visit [marriott.com](http://marriott.com) or call 800.835.6206 and mention rate code ZJ5 when booking.*



Valid seven days a week through 12/31/14 based on availability. Package is for up to two adults and three children (15 years and under) per guest room. Free golf offer is available from 3:00 pm on the day of arrival and after 11:00 am each day after. Complimentary meals for children 12 years of age and under are from the kid's menu in Tuscany, Meritage and Stonegrill. Credit may be applied toward Marriott managed outlets only. Limited number of rooms are available for this promotion. Tax is additional. Offer does not apply to groups of 10 or more rooms. Offer cannot be combined with any other promotions. Blackout dates may apply. Advance reservations required. Other restrictions apply. Rates are per room, per night and based on availability at the time of reservations.

# Phoenix is a mecca of hiking and exploring

## Hot Weather Hiking Advisory

We have entered the hot weather season in the Sonoran Desert. Please use extra caution if you're planning on using trails. During hot weather months, try to wait for shade when hiking as full sun temperatures can be more than 20 degrees higher than the official shade temperature. So hike in early morning or near dusk when there's more shade and less intense heat. Remember, even if you are hydrated you can still suffer from heat-related illness on the hottest summer days. During excessive heat warnings, consider whether it's safe to hike at all. Follow our full safety guidelines for staying safe on the trail.

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*Phoenix is home to tens of thousands of acres of untouched desert lined with majestic saguaro and cholla cactuses, home to coyotes, great horned owls and gila monsters — all just minutes from downtown Phoenix. It's no surprise Phoenix is one of National Geographic's best hiking cities and has been recognized by by AARP and TravelNerd as one of the Top Urban Destinations for Nature Lovers.*

## CURRENT PRESERVE IMPROVEMENT PROJECTS

### Sonoran Preserve Trails

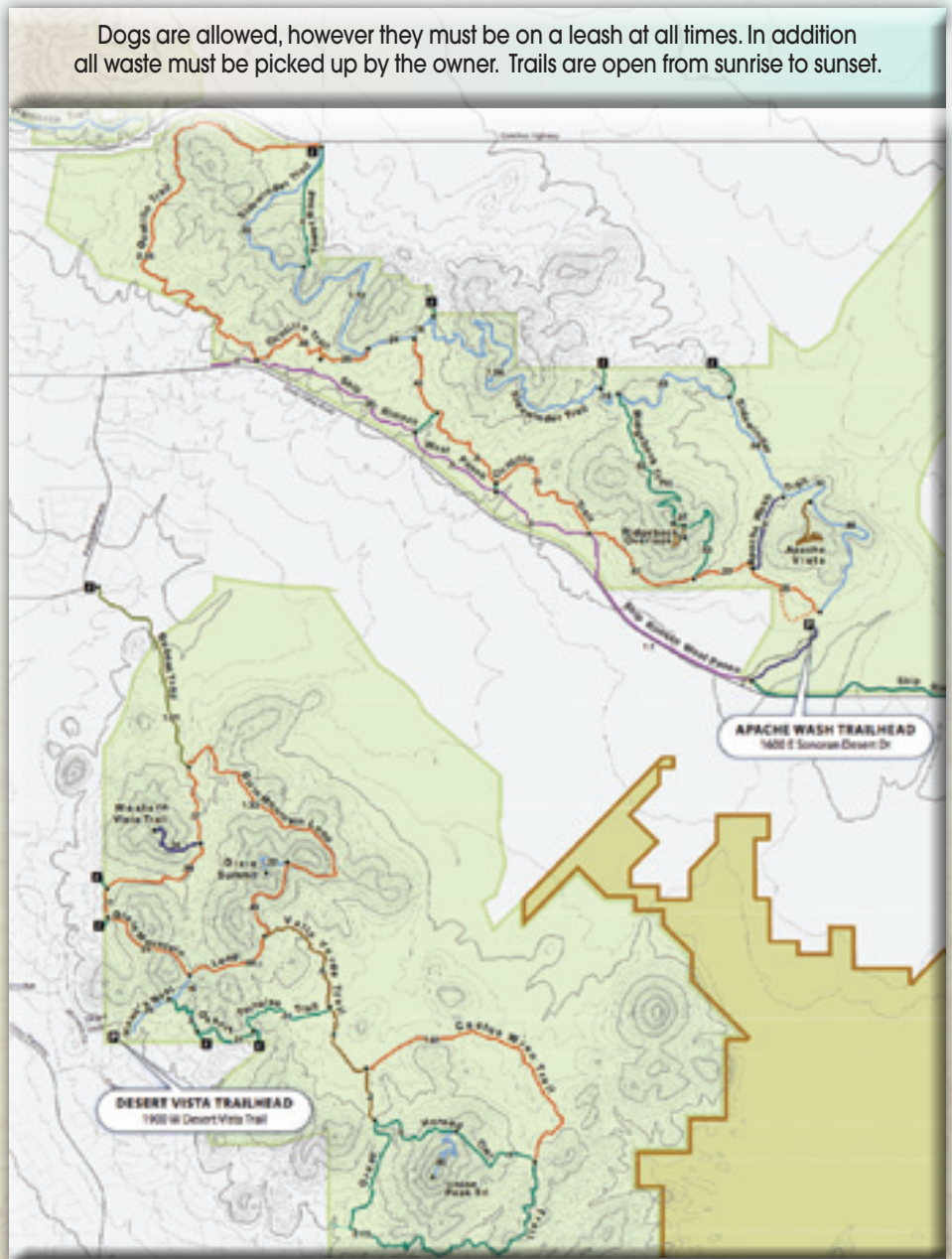
Since 2009 there have been 14 miles of new trails designed and constructed in the Sonoran Preserve. Currently department staff is designing the next phases of trails. Typically trail construction occurs in the cooler months of the year while the hotter months of the year are devoted to trail planning and layout. To provide input into the process of trail design and layout please contact Jarod Rogers, Trails Coordinator at 602-534-1089.

Funding Source: Phoenix Parks and Preserve Initiative. The Sonoran Preserve Master Plan provides a detailed look into the long-term plans for this important new desert preserve area. Contact: Jarod Rogers (602) 534-1089. For general information: (602) 262-7901.

### Sonoran Preserve Paseo

The Sonoran Preserve Paseo is a 10' wide shared-use path located in the Sonoran Preserve and along the route of the Sonoran Boulevard. The first phase of the project is 5 miles in length. The Paseo features 100% accessibility for people of all physical abilities and includes 10 pedestrian bridges over preserved desert washes. Two shade ramadas located along the Paseo provide respite from the sun. The Paseo will also have trail connections to neighborhoods to the south and multi-purpose trails in the Sonoran Preserve to the north. Funding Source: Impact Fees. Contact: Jarod Rogers (602) 534-1089.

Dogs are allowed, however they must be on a leash at all times. In addition all waste must be picked up by the owner. Trails are open from sunrise to sunset.





● **Bobcat Trail**

The Bobcat Trail provides an out and back hike of about 2 miles or serves as a connection to the Dixie Mountain Loop and the rest of the Sonoran Preserve trails system beyond. The trail begins at the eastern end of Sonoran Desert Drive, there is no designated parking available yet, only walk in access.

The trail crosses two large washes, meanders along gently rolling hills before ending at the 2.25 mile post of the Dixie Mountain Loop.

Distance: 1.01 miles

Difficulty: Easy

Elevation Change: 135 feet

■ **Cactus Wren Trail**

Access to the beginning of this trail is from the Desert Vista Trailhead via Hawk's Nest Trail, Desert Tortoise Trail and then Valle Vista Trail (a total of 1.77 miles to the beginning). This trail spurs off of the Valle Vista Trail and serves to create a larger, outer loop for the Great Horned Owl Trail.

Distance: 1.41 miles

Difficulty: Easy to moderate

Elevation Change: 234 feet

■ **Desert Tortoise Trail**

This trail begins .25 miles from the Desert Vista Trailhead via Hawk's Nest Trail. The trail can be used as the southern leg of a 2.3

mile loop by heading west to the Valle Vista Trail, turning north on Valle Vista Trail then heading east on the Dixie Mountain Loop back to the end of Hawk's Nest Trail which returns to the trailhead.

Distance: 1.1 miles

Difficulty: Moderate

Elevation Change: 341 feet

■ **Dixie Mountain Loop**

This trail was the first new trail built, 2010, in the Sonoran Preserve. It is accessible from the Desert Vista Trailhead. Look for the Teddy Bear Cholla forest between mile posts 2.6 and 2.75. With significant elevation change, it's rated at

Distance: 3.82 miles

Difficulty: Moderate

Elevation Change: 1,322 feet (accumulated through small climbs and descents throughout the trail).

◆ **Dixie Summit Trail**

Dixie Summit Trail is a steep summit trail that provides a view from 2,203 feet that provides panoramic views of all the peaks of the Phoenix preserve system including Camelback Mountain, North Mountain, Shaw Butte and Piestewa Peak among others.

Distance: .22 miles

Difficulty: Difficult

Elevation Change: 346 feet ascent

■ **Great Horned Owl Trail**

This Loop Trail is accessible from the Desert Vista Trailhead. It crests a saddle of the Union Hills where it provides access to Union Summit Trail, connects with the eastern end of the Cactus Wren Trail and then loops back around the southern edge of the preserve and rejoins itself after 3.1 miles.

Distance: 3.1 miles

Difficulty: Easy to Moderate

Elevation Change: 1,200 feet

■ **Hawk's Nest Trail**

This trail connects the Desert Vista Trailhead to Desert Tortoise Trail and Dixie Mountain Loop Trail.

Distance: .39 miles

Difficulty: Moderate

Elevation Change: 237 feet

◆ **Union Peak Trail**

The trail is reached at the .5 mile point of the Great Horned Owl Trail. It switches back up the peak to reach the summit of Union Peak at an elevation of 2,200 feet.

Distance: .45 miles

Difficulty: Moderate to Difficult

◆ **Western Vista Trail**

Western Vista Trail is a steep summit trail that provides a view from 2,026 feet that allows visibility to Deem Hills Recreation Area to the west across the I-17. The trail is quite steep.

Distance: .34 miles

Difficulty: Difficult

Elevation Change: 291 feet

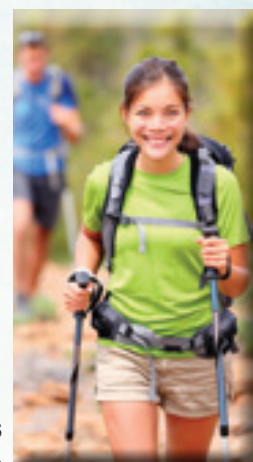
■ **Valle Verde Trail**

The trail spurs off from the Dixie Mountain Loop stretching south toward the Desert Tortoise, Cactus Wren and Great Horned Owl Trails.

Distance: 1.2 miles

Difficulty: Moderate

Elevation Change: 286 feet



The new trails rating guide may be viewed on each trail hiking map page and is linked to each trail icon for easy recognition:

**Trail Rating Guide**

During the hotter months when the temperature and/or humidity is high, trails will be rated at least one level higher

Rating Symbol	Brief Definition	Surface	Grade	Obstacles / Steps
○ easiest	Paved Accessible Trail	Paved or hard and smooth		None
● easy	Mostly smooth and wide	Dirt with occasional unevenness		2" or less, rocks and rub
■ moderate	Mostly smooth, variable width	Dirt with occasional unevenness		>0" rocks and rub, loose material
◆ mod. difficult	Mostly uneven surfaces	Dirt and rock		>12" rocks and rub, loose material
◆ difficult	Long rocky segments with possible drops and exposure	Dirt and loose rock with continual unevenness		12" or taller, loose rocks, exposure to drops
◆◆ extremely difficult	Long rocky segments with possible drops and exposure	Dirt and loose rock with continual unevenness		12" or taller, loose rocks, exposure to drops and excessive heat >90°

continued on page 10

## PHOENIX IS A MECCA OF HIKING

continued from page 9

### REACH 11 TRAIL

There are approximately 18 miles of multi-use recreational trails in the Reach 11 Recreation Area. The trails run the entire length of the Recreation Area from Cave Creek Road, east to Scottsdale Road. Trail access points include: Cave Creek Road, Tatum Blvd., 56th Street and Scottsdale Road.

All trails (except the Barrier Free Access Nature Trail) are multi-use (foot, bicycle & horseback) trails and motorized travel is prohibited. The trails are a hard, stable gravel surface and 7'-8' wide. (except the Barrier Free Access Nature Trail) The terrain is relatively flat with minor grade changes at wash crossings.

There are 5 primary trails running east and west through the park. The trail numbers are W-211S (4.5 miles, north trailhead to HLP trail head) & W-211N (1.1 miles west of Tatum Blvd.; .7 miles - Dback facility to Hummingbird Trail) and E-211S (1.3 miles Tatum -Cottontail Tr. & 2.2 miles 56 St. - Scottsdale), E-211N (1.0 miles east of Tatum Blvd. to 56 St. & 2.2 miles -56 St

& Scottsdale Rd., & E210 (1.2 miles) & W210 ( 1 mile). There are 17 connector trails that connect the north and south trails. From west to east they are; Cardinal (.2 miles), Inca Dove (.2 miles), Cactus Wren (.4 miles), Roadrunner (.2 miles), Gambel Quail (.5 miles), Great Horned Owl (.1 miles), Jackrabbit (.3 miles), Coyote (.5 miles), Javelina (.4 miles), Cottontail (.1 miles), Badger (.3 miles), and Ringtail (.3 miles). Coopers Hawk Loop (.3 miles), Kestrel (.2 miles), Red tail Hawk (.4 miles), Hummingbird (.2 miles), Meadowlark (.2 miles), Muskrat (2.2 miles). The Barrier Free trail is .75 miles.

### ● Trails 1-17 & 19-25

Various Lengths (7 miles total from Cave Creek to Scottsdale Road). Trails open for pedestrians, bicycles and horses

#### Difficulty - Easy.

Trails in the Reach 11 Recreation area are wide compact dirt paths that allow for easy participation of all levels of walker to athlete. Grade is consistently level with minimal dips and rises. These trails follow the CAP canal from Cave Creek Road to Scottsdale Road. No crossing area of Tatum Boulevard is provided so extreme caution must be used.

Underpasses are in place for all other roads. Trail heads with parking are located North of Deer Valley Road (South of the Cemetery), East side of Tatum Boulevard (2 locations) as well as West of Tatum just off of the entrance to the Horse Lovers Park. Other walking entrances are marked with a hollow square on the trail map.

Dogs are allowed, however they must be on a leash at all times. In addition all waste must be picked up by the owner. Trails and trail parking are open sunrise to sunset.

**Please don't be a trailblazer!  
Stay on designated trails only!**

There is trail access on the east side of Cave Creek Road, east and west side of Tatum Blvd., east and west side of 56th Street, and the west side of Scottsdale Road. Trail parking areas are located on the east side of Cave Creek Road, near the Water Treatment Plant, at the Arizona Horse Lovers Park on the west side of Tatum Blvd., and on the east side of Tatum Blvd.

### ○ Trial 18 - Barrier Free Trail

Length: .75 mile. Walking trail only, NO BICYCLES OR HORSES.

Difficulty - Easiest



The symbols to the left of each trail name represent difficulty ratings. Click on any icon to see full descriptions of the rating categories.

There are approximately 18 miles of multi-use recreational trails in the Reach 11 Recreation Area. The trails run the entire length of the Recreation Area from Cave Creek Road, east to Scottsdale Road. Trail access points include: Cave Creek Road, Tatum Blvd., 56th Street and Scottsdale Road.

All trails (except the Barrier Free Access Nature Trail) are multi-use (foot, bicycle & horseback) trails and motorized travel is prohibited. The trails are a hard, stable gravel surface and 7'-8' wide. (except the Barrier Free Access Nature Trail) The terrain is relatively flat with minor grade changes at wash crossings.

There are 5 primary trails running east and west through the park. The trail numbers are W-211S (4.5 miles, north trailhead to HLP trail head) &

The Reach 11 Barrier Free Trail is located 1/2 mile to the East of the Tatum Trail Head off of Trail #3 (which is concrete for this 1/2 mile). While on this trail you can see various wild life including birds, fish and turtles at a pond located at the SouthEast corner of the loop. Many trees canopy over the trail creating dappled shade.

### Barrier Free Access Nature Trail

Also in the recreation area is a Barrier Free Access Nature Trail. The trail is a 3/4 mile long paved trail that travels through some of the most unique desert habitat in the area. Twenty different locations along the trail provide information signs on the flora and fauna that a visitor may encounter while enjoying the trail. The loop also features a small pond and picnic area. Use of this trail by horses or bicycles is prohibited. Access to the trail is from the east side of Tatum Blvd.



W-211N (1.1 miles west of Tatum Blvd.; .7 miles - Dback facility to Hummingbird Trail) and E-211S (1.3 miles Tatum -Cottontail Tr. & 2.2 miles 56 St. - Scottsdale), E-211N (1.0 miles east of Tatum Blvd. to 56 St. & 2.2 miles -56 St & Scottsdale Rd., & E210 (1.2 miles) & W210 ( 1 mile). There are 17 connector trails that connect the north and south trails. From west to east they are: Cardinal (.2 miles), Inca Dove (.2 miles), Cactus Wren (.4 miles), Roadrunner (.2 miles), Gambel Quail (.5 miles), Great Horned Owl (.1 miles), Jackrabbit (.3 miles), Coyote (.5 miles), Javelina (.4 miles), Cottontail (.1 miles), Badger (.3 miles), and Ringtail (.3 miles). Coopers Hawk Loop (.3 miles), Kestrel (.2 miles), Red tail Hawk (.4 miles), Hummingbird (.2 miles), Meadowlark (.2 miles), Muskrat (2.2 miles). The Barrier Free trail is .75 miles.



### KEEP YOUR VEHICLE SAFE AND VALUABLES SECURED

Make sure you park only on paved surfaces. Parking on unpaved surfaces is illegal, generates dust and poses a fire risk.

- Before leaving your car, make sure your valuables are stored out of sight. When possible, leave valuables such as a wallet, credit cards or purse at home. If you must bring valuables with you in your car, bring along a small pack and take them with you on your hike. At the very least, secure valuables in your vehicle's trunk before arriving at the trailhead as thieves have been reported to use binoculars to watch vehicles arriving at lots to see if owners hide or secure valuables.
- Lock your car and take your keys with you (do not try to hide keys under a tire or car bumper).
- Report suspicious activity to the Police Department's Crime Stop at (602) 262-6151.

### KEEP YOURSELF SAFE

It is important to remember that the Phoenix mountain preserves are open, undeveloped desert areas. Hikers can encounter rocky terrain, rattlesnakes, bees and other potential hazards native to the Sonoran Desert. Bees are a natural part of the Sonoran Desert ecosystem. View tips on bee safety from the University of Arizona Agricultural Extension office.

- Make sure someone knows where you'll be hiking and when you expect to return.
- During hot weather months, try to wait for shade when hiking. Full sun temperatures can be more than 20 degrees higher than

the official shade temperature. Hiking in early morning or near dusk means more shade and more manageable temperatures.

- Try not to hike alone - it's safer and more fun to hike with a friend.
- Be honest about your physical limitations and abilities, especially during hot weather. Don't do more than you are able.
- Remember, even if you are hydrated, you can still suffer from heat-related illness. On the hottest summer days, consider whether it's safe to hike at all. If you do choose to hike, consider hiking only in the early morning or early evening when there is more shade.
- Bring plenty of water (One quart for short hikes-more for longer hikes). Turn around when you're halfway through your water. Using a water pack is preferable as it allows you to keep your hands free while hiking.
- Wear appropriate footwear, preferably hiking boots but at least sturdy, closed-toe shoes. Leave the sandals at home.
- Wear light-colored, comfortable clothing.
- Bring a hat and sunblock (SPF 15 minimum).
- Consider bringing along a small package with basic first aid supplies.
- Carry a cell phone.

### WHAT TO DO WHEN YOU NEED HELP

- S.T.O.P. (Stop, Think, Observe, Plan). Your brain is your #1 survival tool.
- If you are lost or injured, do not panic.
- If you need help, call 9-1-1 for emergencies.
- Know your location. Look for the nearest trail marker or any noticeable landmark such as a bench, wash or tree.
- Identify the emergency situation (Be specific regarding the condition of an injured person).

### KEEP THE PRESERVES SAFE - OBSERVE TRAIL ETIQUETTE

Phoenix mountain preserves are open, undeveloped desert areas. Hikers can encounter rocky terrain, rattlesnakes and other potential hazards native to the Sonoran Desert. Staying on trails and observing trail

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# It's Not a Lifestyle, It's Your Life.

By Ellen Devine

## RESORT-STYLE RETIREMENT COMMUNITY OFFERS SENIORS FRIENDSHIP, SUPPORT, PEACE OF MIND

Seniors living at Sagewood have not only chosen an amenity-rich community, but a lifestyle that exudes activity, friendship and support. The residents at the retirement community have grown into



a family—sharing dumbbells in the aerobics room, enjoying meals at the restaurants and relaxing on rafts, catching up in the resort-style pool.

Located next to Desert Ridge in the beautiful Sonoran desert landscape where Phoenix meets Scottsdale, seniors are drawn to Sagewood's open and inviting terrace that displays an orange and pink sunset daily. Not only are visitors enticed by the distinctive Southwestern architectural and landscaped beauty—the resort-like amenities, progressive approach to senior living, long-term health care options and freedom of dining and lifestyle, are what entice seniors to begin their next adventure at Sagewood.

"We moved to reduce the responsibility for everything—multiple bills, maintenance. We have more time because we don't have to worry about those things anymore," said Earl Vender, Sagewood resident. "Now, we almost need more time to accomplish all there is to do here."

After seniors visit with Sagewood residents and staff, many choose to move into the community because of the HealthyLife Services program that is enveloped into its culture. It is a comprehensive program designed to enhance and enrich healthy and active lifestyles of residents through four essential areas—fitness, nutrition, active life and well-being.

Families cannot put a price on the value that a home at Sagewood brings. Residents and their guests have more time to enjoy life rather than worry about the maintenance of their home or complicated health care concerns. A unique and attractive financial

plan is offered that provides a minimum 80 percent refund of the Sagewood entrance fee no matter the length of residency. The community also offers a four-month 100 percent satisfaction guarantee with a full refund of the entrance payment.

"We love being able to provide seniors with a community that they can feel comfortable in and can build lasting friendships with their neighbors," said Stewart Ingram, executive director at Sagewood. "Our community is like no other in the aspects of choices, amenities and health care."

### IT'S NOT A LIFESTYLE IT'S YOUR LIFE

Sagewood knows the importance of staying active. The modern fitness center has adopted the Exercise Prescription Program managed by the National Institute for Fitness and Sport. Fitness instructors focus on health education, orientations and fitness assessments. They also work with residents to set personal goals.

Diverse fitness classes are offered throughout the week including tai chi and yoga, swimming, strength and cardio, weight training, aquacise, posture, and core and balance.

“Exercise is a major part of my life. The access to physical fitness is one of the things I like most here,” said Terry Tabback, Sagewood resident for four years. “My calendar is so filled I had to buy a bigger calendar—every day has something going on.”

Residents enjoy participating in fitness classes to engage with their neighbors and improve their overall well-being.

### **CUISINE TO MAKE THE MOUTH WATER**

Residents have ample options when it comes to cuisine.

The Preferred Choice Dining program allows residents to eat at flexible times at a variety of locations, including an on-campus formal restaurant, bistro café, cocktail lounge or carry-out.

Culinary Institute of America-certified Executive Chef Michael Raibley, leads the culinary team in creating superb cuisine



options in diverse flavors for daily menu selections, banquets and private gatherings. A honey roasted pork loin is not the only option residents can select from the menu; Chef Raibley focuses on healthy nutrition for all of the community’s residents.

Mesquite Grill & Lounge is the newest dining option. The 100-seat modern restaurant with lounge and patio features intercontinental cuisine in a contemporary, casual design with a display kitchen. Guests are offered three distinct dining experiences—a relaxed casual dining area with an open-air design with exhibition kitchen and grill, a sophisticated lounge and an outdoor patio with misters and heaters for year-round comfort.

To resemble Sagewood’s Southwestern architecture, the restaurant’s color scheme echoes the desert in bloom with a palette of warm yellow, purple, orange, poppy red and tan. In addition to handcrafted design components, Eco Resin curved wall panels, cork flooring, light cherry wood canopies and suspended ceiling clouds are featured to create an inviting atmosphere.

Mesquite Grill & Lounge is the third restaurant located at Sagewood.

### **NEVER A DULL DAY AT SAGEWOOD**

Moving into a new home and meeting new people is difficult at any age. The Sagewood Welcome Committee is a group of residents that help newcomers get acclimated to the stimulating lifestyle, as well as introduce them to other residents with similar interests.



Residents often make friends with those who share similar hobbies. Classes and workshops are offered throughout the week ranging from painting and drawing to discussion groups for those who like to chat about current events.

“At Sagewood, we found ample opportunities for interaction through instructor-led physical health programs, as well as resident-created cultural programs in lectures, film and book clubs, music events and numerous other special events,” said Susan and Lee Berk, a couple living at Sagewood since 2012. “Through these interactions, new Sagewood neighbors have become close supportive friends.”

On-site amenities and classes include the Sagewood Institute of Life Long Learning educational seminars, cards and games, salon and spa services, arts and crafts, shopping and cocktails, dance instruction, book discussion groups, wood carving classes, current event discussions, volunteerism, various groups and committees, putting green, musical and cultural events and even an on-site movie theater.

The community has built a relationship with the world-famous Musical Instrument Museum (MIM), which is next door to Sagewood. Oftentimes, Sagewood and the MIM team up to host film or music events for residents and the general public.

Transportation is also offered to nearby activities such as golf, shopping, entertainment, cultural events, travel excursions, like trips to the Red Rocks in Sedona and on-site amenities.

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**It's Not a Lifestyle, It's Your Life.**

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**A TRUE CONTINUUM OF CARE**

Sagewood is a Type A Continuing Care Retirement Community (CCRC), meaning residents who move into an independent living unit have a continuum of long-term care services as their health and social needs change over time.

Residents moving into Sagewood have a variety of independent living options to choose from including detached casitas and villas, lofts and apartment homes in a range of styles with one to two bedroom plus den floor plans for custom lifestyles. The on-site Acacia Health Center provides a refreshing personal approach and progressive philosophy to health care.



“Our residents direct their own care. The experienced and compassionate caregivers and nursing professionals help residents in the Health Center with their specific needs and aspirations,” said Tyler Gudex, director of Acacia Health Center. “Whether in assisted living suites or recovery from extensive surgery, the staff has created a gentle and supportive environment for residents and family members.”

The private suites at Acacia Health Center offer assistance for residents seeking assisted living, skilled nursing, memory care and rehabilitation therapy at a significant savings compared to similar options in other settings. There is a separate on-site out-patient nurse practitioner clinic for other residents. The center is Medicare certified and works with seniors to optimize their Medicare and long-term insurance coverage. The continuing care program is designed to protect residents against the increasing costs of long-term care providing a secure future with controlled and predictable costs.

Due to a recovering housing market and strong community sales, Sagewood developed 14 additional casitas, currently under construction. The community will continue to grow in the coming years with homes, amenities and programs for residents.

Sagewood often hosts events for the public to learn about living in the community, the benefits of living at a Continuing Care Retirement Community and the financial benefits of a CCRC. For more information about Sagewood’s living options and programs, visit [www.SagewoodLCS.com](http://www.SagewoodLCS.com) or call 480-948-1398.

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# New Taylor Morrison Community Coming Soon



By **Greg Abrams**  
Vice President, Land Resources

Hello Residents of Desert Ridge! We continue to make great progress on the project and remain on track to break ground later this year. We anticipate having the community open for sales by late 2015. The community will be called Sanctuary at Desert Ridge and will have

approximately 270 lots that range between 3,200 to 18,000 square-feet and houses that range between 1,600 to 5,000 square feet. The entire 105-acre community will be gated and will include several pocket parks and possibly an enhanced amenity. There will also be connectivity to the existing trail system to provide an alternative route to the

Desert Ridge Marketplace and beyond.

Taylor Morrison is a local builder, headquartered in Scottsdale, Arizona. The Company operates in the U.S. under the Taylor Morrison and Darling Homes brands and in Canada under the Monarch brand. Taylor Morrison is a builder and developer of single

family detached and attached homes serving a wide array of customers including first-time, move-up, luxury, and active adult customers. Taylor Morrison divisions operate in Arizona, California, Colorado, Florida and Texas. For more information about Taylor Morrison, Darling Homes or Monarch, please visit [www.taylormorrison.com](http://www.taylormorrison.com).



# Construction Advances on Mayo Clinic's State-of-the-Art Cancer Center and Proton Beam Therapy Facility

**Cancer Center to offer world class technology, expertise and research to Phoenix residents**

By Julie Janovsky-Mason  
Mayo Clinic

Phoenix residents won't have to go far to receive world class cancer care.

Mayo Clinic is putting the finishing touches on its new Cancer Center and proton beam therapy facility located at 5777 East Mayo Blvd. in Phoenix.

"Patients will soon have the convenience of seeing all their Mayo Clinic cancer specialists under one roof at our state-of-the-art center," says Ruben Mesa, M.D., Deputy Director, Mayo Clinic Cancer Center, of the facility that will feature Arizona's first proton beam therapy program.

Mayo Clinic began construction on its latest addition to its Phoenix campus in December of 2011. The elite center, located east of Mayo Clinic Hospital, is expected to take cancer treatment to the next level by offering advanced technology, along with

the hallmark research, clinical trials and expertise Mayo Clinic is known for.

The proton beam therapy facility will reside on the lower level of the building, featuring four state-of-the-art treatment rooms in



addition to patient exam rooms, offices and public areas.

Above the concourse level will be an additional three floors dedicated to Mayo Clinic's full spectrum of cancer specialty areas. The building will also feature a Breast Clinic, infusion area, pharmacy, cafeteria, patient education library in addition to an outpatient surgery area, GI endoscopy suite and Pain Clinic.

## DESIGNING AROUND THE NEEDS OF THE PATIENT

Mayo Clinic's Center for Innovation designed the facility with patients' needs in mind.

Center for Innovation designers interviewed and surveyed patients about their oncology experiences and accompanied them on their oncology care visits.

Those patient encounters resulted in a number of design features including:

- A check in process that will follow an airport model. Check-in options include using a kiosk or approaching a staffed check-in desk.. Eventually, patients will be able to check in at home with digital devices.
- Deluxe waiting areas that will offer quiet work areas with outlets to charge computers and phones, and other areas with seating conducive to conversations with family and friends. Patient education kiosks will also be embedded throughout the medical area lobbies.
- And an infusion center that will include private areas for work and sleep, communal areas with opportunities for socialization and activities, and space for loved ones to work and make phone calls.







## PROTON BEAM THERAPY COMES TO ARIZONA

The addition of the proton beam therapy program further expands Mayo Clinic Cancer Center's collaborative approach to patient care. Mayo Clinic Cancer Center is a National Cancer Institute (NCI) designated comprehensive cancer center with a multi-site national presence.

"Mayo Clinic's proton beam therapy program will be the first of its kind in the Southwest and will be equipped with pencil beam scanning, allowing for unparalleled precision," says Sameer Keole, M.D., Mayo Clinic's Proton Beam Medical Director.

Proton beam therapy is a highly targeted and precise way of administering radiation therapy. It delivers higher doses of radiation to malignant and benign tumors, while simultaneously minimizing

the dose and damage to surrounding healthy tissue and organs.

For children and those with cancer in critical locations such as the spine, brain and kidneys, long-term side effects typically associated with traditional radiation therapy will be greatly reduced, or in some cases eliminated, says Dr. Keole on the many benefits patients will experience with this precise technology.

The new building is expected to open in phases beginning next year. The proton beam program will open its doors to patients by spring of 2016.

For more information on Mayo Clinic's Cancer Center, please visit: <http://www.mayoclinic.org/departments-centers/mayo-clinic-cancer-center>.

For more information on Mayo Clinic's proton beam therapy program, please visit: [www.mayoclinic.org/proton-beam-therapy/](http://www.mayoclinic.org/proton-beam-therapy/).

## PATIENTS CAN EXPECT:

- The most advanced proton beam therapy facility in the U.S. and the first proton beam therapy program of its kind in Arizona
- A multidisciplinary breast center featuring medical oncology, surgeons, diagnostic mammography and more
- 50-bay infusion center
- Physical medicine and rehabilitation
- Integrative medicine and nutrition programs
- Cancer education and research center
- Clinical trials information office
- Caregiver lounge
- On-site cafeteria and pharmacy



## DISPOSING OF EXPIRED OR UNWANTED PRESCRIPTIONS

By Officer Tim Mitten  
Community Action Officer  
Black Mountain Precinct, Phoenix Police Department

*Did you know that the Phoenix Police Department has entered into a partnership with MedReturn to have Prescription Drug Collection boxes at each of the City of Phoenix Police Precincts?*

These secured collection boxes are inside the lobby of the station and are available during normal business hours.

You can drop off any unwanted or expired prescriptions or over the counter medications which will be then properly disposed of by the Phoenix Police Department.

The two nearest north Phoenix Police Precincts are the Black Mountain Precinct located at 33355 N. Cave Creek Road and the Desert Horizon Precinct located at 16030 N. 56th Street.

Please feel free to contact me if you have any questions.

Officer Tim Mitten # 5279  
Phoenix Police Department  
Black Mountain Precinct  
33355 N. Cave Creek Road  
Phoenix, AZ 85331  
602-495-5238 desk  
tim.mitten@phoenix.gov  
www.phoenix.gov/police

## UNSUBSCRIBING TO EMAIL

By Shelley Boni-Rice  
Administrative Coordinator

*Did you know when you request to unsubscribe to receiving email from the Desert Ridge Community Association that it will prevent you from receiving other communication and information that you may wish to receive?*

You've probably have received a variety of emails from Desert Ridge notifying you of a board/committee meetings, Coffee Club, community event and other association related activities. However, when you request to opt out, what you might not know is that once your email is out of your profile, you won't be notified of any announcements from FirstService Residential and/ or The Desert Ridge Community Association nor can we communicate with you via email regarding important alerts, architectural requests, returned mail or signing up for FSR Connect. Communication would have to be by mail or phone.

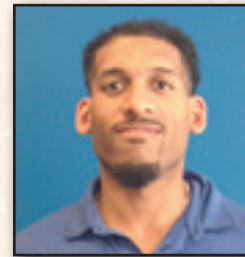
For increased efficiency and cost savings, the DRCA would like to start the move towards the direction for all methods of communications with their homeowners to be via email. So the next time you think about opting out of our email list, please reconsider so that we can maintain communication with you that is fast, easy and doesn't cost the Association.

We will continue to post meetings, events and alerts on our website [www.desertridgelifestyles.com](http://www.desertridgelifestyles.com).

To ensure you continue to receive our emails, email [desertridge.az@fsresidential.com](mailto:desertridge.az@fsresidential.com) and we will verify or add your email address.

## A NEW TEAM MEMBER

*Did you know we have a new Compliance Coordinator*



REAVIS JAMES DORSEY  
Compliance Coordinator

My name is Reavis James Dorsey. I was born and raised in Omaha, NE and graduated from University of Nebraska at Omaha, where I earned my bachelors degree

in Journalism/Broadcasting and minoring in Coaching. Yes I am a loyal CORNHUSKER fan. I moved here to Phoenix in October of 2006.

I've been with FirstService for over a year. I started as an Electronic Document Specialist and was later promoted to EDM Supervisor. Now I have decided to take my talents to.....DESERT RIDGE!

In my spare time I stay active with my six year old daughter Eva. We go swimming, attend birthday parties, movies...you name it we are there. I also coach a basketball team at the Boys & Girls Club Vestar Branch with our very own Terrance Smith. Besides that, acting is a passion of mine. For three years I've acted in short films, full feature and independent films here in the Phoenix area. I'm very excited to be a part of the Desert Ridge Team!

Thank You to the Desert Ridge Community Association (DRCA), FirstService Residential and all of the residents of Desert Ridge!

AAA Landscape sincerely appreciates the Continued Partnership and look forward to many More Years of Service to the Desert Ridge Community.

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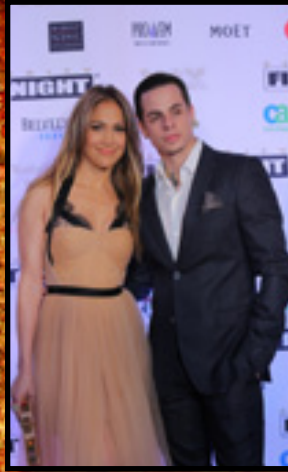
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# A CAUSE FOR ALARM

By Steve Burns  
Community Awareness Committee Chair

In Desert Ridge we approach crime prevention through several programs; The Phoenix Police Off-Duty Patrol Program, Neighborhood Block Watch programs, and by doubling the rewards offered by anonymous crime reporting programs such as Silent Witness and Graffiti Busters. The statistics show that these methods are helping to reduce crime in our community.

However, you can take a big step toward protecting your personal property and loved ones through the installation and monitoring of a home alarm system. A study by the FBI found that a home with the security system was actually 15 times less likely to be burglarized. A few years back, a study done by the School of Criminal Justice at Rutgers University found that residential break-ins decreased as the density of alarms in a particular area increased.

Although an alarm system does not guarantee that your home won't be burglarized, studies show that when a home with an alarm system gets broken into, the owners lose only half as many valuables as a home with no alarm system.

Besides being a deterrent to burglars, alarm systems can perform other important and potentially life saving functions. They can also give peace of mind to you and your family as well as having some added convenience features. Here are five additional benefits of having an alarm system:

## Protecting your Home from a Fire

Three out of five home fire deaths resulted from fires in homes without working smoke detectors. Smoke detector failures usually result from missing, disconnected or dead batteries. A monitored smoke detector is typically hardwired to the alarm box and has continuous power. Also, unlike a battery operated and unmonitored smoke detector, an alarm system smoke detector can alert a monitoring station that will then quickly dispatch fire and emergency vehicles, possibly reducing damage from the fire.

## Protection from Carbon Monoxide (CO)

Carbon Monoxide is a byproduct of incomplete combustion. The gas can come from a stove, water heater, furnace, fireplace, etc. Because Carbon Monoxide is odorless and tasteless, it can poison you before you even know it's there. A Carbon Monoxide detector can sound an audible alarm and send an alert the monitoring station, possibly saving you or a loved one.

## Remote Monitoring

Depending on the level of system that you have installed, an alarm system can alert you via text when someone has entered or left your home. You can also monitor if someone opens a liquor or gun cabinet. If your system includes security cameras you can even monitor the feed on your smart phone, tablet or computer. These features can help keep track of your kids when you're at work, traveling, or just out shopping.

## Home Automation

If you have a system with all the bells and whistles, you can remotely turn lights and appliances off and on, adjust thermostats and even lock and unlock doors.

## Insurance Discounts

Not only can an alarm system give you and your loved ones peace of mind, but most insurance companies give a discount for having a monitored system in your home. In my case the discount was actually more than I pay annually for monitoring.

If you already have an alarm system in your home, I recommend that you get it updated and keep it monitored. If you're looking to get a new system installed, make sure that you do your homework. You should look closely at the total cost of the long-term contracts that some of the bigger name alarm companies try to lock you into. A smaller locally monitored alarm company may require only a one or two year contract. Just make sure that the company you choose is bonded and insured.

The more steps we take to protect our homes, neighborhoods, and community, the more crime free Desert Ridge will be.

Remember, Phoenix police officers do a fantastic job but they can't be everywhere all the time. That is why it is so important to know and communicate with your neighbors and to keep looking for things that are out of place in your neighborhood. You can help make Desert Ridge a safer and better place to live by starting or participating in a neighborhood block watch program.

If you're interested in learning how to start a neighborhood block watch program, please contact the Desert Ridge Community Association office at 480-551-4553 or contact Community Action Officer Tim Mitten from the Phoenix Police Department at 602-495-5238.

**Go to [www.DesertRidgeLifestyles.com](http://www.DesertRidgeLifestyles.com) to get all the current community news!**

# National Disaster Preparedness Month

By Melissa Gable  
Public Information Officer  
Maricopa County Animal Care and Control

September is National Disaster Preparedness month and Maricopa County Animal Care & Control (MCACC) is urging pet owners to prepare now in case of an emergency. Natural disasters, house fires, gas leaks and police situations may require pet owners to leave their home and/or neighborhood for an extended period of time. MCACC suggests pet owners prepare an emergency

Pet Survival Kit for each of their four-legged family members.

A Pet Survival Kit should contain basic supplies a pet would need if away from home. Kits should be clearly labeled and easy to carry; all family members should know where the kit is kept (preferably near an exit).

## Suggested items for a Pet Survival Kit:

- pet food (5-7 days worth)
- bottled water (5-7 days worth)
- any prescribed medications for your pet (two week supply)
- litter box/litter (cat owners); plastic trash bags, paper towels
- blanket and toys
- pet first aid kit
- copies of pet's medical records
- current photo of pet
- carrier and/or extra leash and collar

If you ever find yourself in a situation where you need to evacuate, always take your pet with you! Many shelters may not allow animals so prepare a list of family or friends that may be willing to care for your animals while you are out of your home. Make sure these people are not in your immediate area (they may need to evacuate, too). Planning in advance can make all the difference during a stressful time!

## HIKING SAFETY AND INFORMATION

Hiking season is rapidly approaching and you may be eager to hit the trail with your dog. Maricopa County Animal Care & Control (MCACC) wants to ensure dog owners understand proper trail etiquette for their four-legged hiking partner. First and foremost, before you head out make sure the trail you are hiking allows dogs. All dogs should be on leash. Maricopa County has a leash law that prohibits dogs from running at large. When hiking, dogs must be on a leash no longer than six feet in length. Once on the trail, be sure to move to the side and let other hikers pass. It may be hard to believe, but not everyone enjoys dogs, being sniffed or jumped on. Bring plenty of bags and clean up after your pet. Don't force your dog to hike further than he can. Like us, dogs must be conditioned to exercise. Start slowly and work your way up to longer hikes. During your hike make a practice of checking the pads of your dog's feet. Ensure that they are free of thorns or other objects and that they are not worn or cut from the path.

Don't let your dog chase wildlife. It could be dangerous for your dog and stressful to the animal that is being chased. To avoid an encounter with a rattlesnake, be sure to steer clear of narrow trails that are bordered with bushes. And veterinarians state that most rattlesnake bites occur when a dog is on a flexi-lead or leash longer than six feet in length.

Don't have a four-legged hiking companion? Consider attending one of MCACC's Wag & Walk Adoption Hikes. The program, which was started in 2013, is a partnership between Maricopa County's Animal Care & Control and Parks & Recreation departments. The program kicks off on Saturday, October 4th and takes place on the first Saturday of every month through April 2015.



The Wag & Walk adoption hikes take place at Usery Mountain Regional Park in Mesa and are designed to provide hikers the opportunity to meet potential canine hiking companions while enjoying one of the county's most beautiful parks. The one-mile trek takes participants on a wide, barrier-free path along Usery Mountain's Merkle Trail.

MCACC staff and volunteers attend the event with adoptable dogs in search of loving homes. And while not all dogs get adopted at the hike, the program is truly designed to allow shelter animals an opportunity to spend time away from the shelter. In addition to adoptable dogs, the Wag & Walk Adoption Hike also features safety tips and other information for dog owners.

Friendly leashed dogs are invited to attend the Wag & Walk hikes, but must be at least six months of age and current on their vaccinations. Dog owners are asked to bring water, bowl and bags to pick up after their pet. There is a \$6 per vehicle park entry fee.

If you'd like to help shelter dogs by taking them on hikes and other day outings, consider becoming a MCACC Day Foster volunteer. For a list of upcoming orientations, please visit [www.maricopa.gov/pets](http://www.maricopa.gov/pets).



# About Our Community Dog Parks

By Mallory Peil  
Lifestyles Coordinator

*Dog parks are designed to provide a place where dogs can be off their leash and run free. They also give dogs the opportunity to socialize with other dogs.*

Dogs were born to lead active lifestyles. Many behavioral problems are caused by lack of physical activity. As we all know most of our dogs spend the majority of their time at home alone. This leads to boredom, loneliness and lots of times obesity. This can lead to health issues. They have excess energy and no way to expend it, so it's not out of the ordinary that they often create their own activities, like unsnuffing couches, eating trash and chewing anything that is not theirs.

The best way to keep you pet happy, healthy and out of trouble is to find ways to exercise their brain and body. Some of these activities include but not limited to: wrestling with their dog buddies, fetching toys and just running to their hearts content.

Dog parks can also be fun for pet parents too. You can exercise with your dog, socialize with other dog lovers, practice their off-lease training skills, and enjoy the entertainment of the dog antics around you.

So if you have a dog that seems bored, has consistently bad behavior or is just a little overweight we have included a list of the nearest dog parks for you to try out. Enjoy!



## Paradise Valley Dog Park

17642 N. 40th St., Phoenix AZ 85032

4.22 miles from Desert Ridge

Size: 2.4 acres

Surface: grass

Park hours: 5:30 am - 10 pm daily.

Note: Dog Park is closed for maintenance between 9 - 11 am Monday, Wednesday and Friday.

This new dog park is located at the west end of the park, north of the softball fields. It opened this past Memorial Day weekend. The new off leash facility cost approximately \$250,000 and features two existing ramadas, tables, benches and chilled drinking fountains for both humans and pooches. It is double-gated and has both an area for large and small dogs.



## Echo Mountain

### Off Leash Arena at Grover's Basin

17447 N. 20th St., Phoenix AZ 85022

6.83 miles from Desert Ridge

Size: 2.5 acres

Surface: grass

Hours: 6:30 am - 10 pm

Built with the support of the Echo Mountain Neighborhood Coalition, the dog park features, dog waste dispensers, and drinking fountains. It is double-gated and divided evenly into separately fenced areas for large dogs and smaller dogs under 20 pounds.



## Horizon Dog Park

15444 N. 100th St., Scottsdale AZ 85260

6.94 miles from Desert Ridge

Size: 2.25 acres

Surface: grass

Hours: Sunrise to Sunset

Is located in a retention basin and is therefore flooded after a rain. This park has a 10x20 foot shade structure, a people/dog drinking fountain and a push button dust control feature that waters the area to keep the dust down. This off leash area does not have lights. Off-Leash Area will experience weekly maintenance closures for mowing and irrigation work. These closures will occur on: Thursdays, 9:30 a.m. to 12:30 p.m.

Dustin Watkins  
Compliance Coordinator

## DRAIN AND BACKWASH YOUR POOLS LEGALLY!

When draining or backwashing a pool remember to use the cleanout for your home. Do not drain pool water into the City of Phoenix streets, alleyways or any other City of Phoenix right of way. Backwashing or draining your pool into the association common areas is not permitted.

The home's sewer clean-out is usually located next to the house at the point closest to the city sewer line and usually outside a



bathroom or kitchen. On some homes they are located at ground level and may be covered by landscaping. Typically, the cap is black and is off to the side of the home where it is not as noticeable from the street. If you cannot locate the cleanout for your home consult a plumber, as it may have been covered by a patio or sidewalk and you may need a new one installed.

*\* City Code, Section 31-8 and Section 23-33 prohibits discharging or allowing water to escape into a city street, other right of way, or other city property. A violation of either of these sections constitutes a class 1 misdemeanor and may result in a fine of up to \$2,500, imprisonment of up to six months, probation not to exceed three years, or a combination of all three. Each incident or day of violation constitutes a separate offense.*

## EXTERIOR LIGHTING AND HOLIDAY LIGHTS

Compliance has been out doing tours of the view fencing throughout Desert Ridge and have been noticing a lot of unapproved lighting strung on the top of view fencing and along patios and gazebos. Lighting that is strung on a string such as holiday lighting, which may have any color bulb is not permitted unless approved by the DRC.



All lighting intended by the manufacturer to be a permanent fixture on a Dwelling Unit or a permanent part of the landscape on a Lot is subject to the architectural application process, including prior written approval before any use or installation, whether or not such lighting is made a permanent fixture or part of the landscaping. All other lighting, in good form, shall be considered holiday lighting and subject to the guidelines. Holiday lighting should not become a nuisance to neighbors. Holiday lighting/decorations that directly correspond to a specific and generally recognized events



may be displayed for a period of seven (7) days preceding the specific calendar holiday and must be removed within three (3) days following the said holiday. The only exception is for holiday lighting/ decorations for the holidays that fall in the month of December. As to such holidays, lighting and decorations otherwise complying herewith may be put up as early as the immediately preceding Thanksgiving holiday and must be removed no later than January 7 of the immediately following January. Furthermore, no holiday lighting/ decorations can be placed by Owners on common areas and electricity for such holiday lighting/ decorations must be provided from the

Dwelling Unit/Lot and may not derived from any Common Area facility.

Exterior lighting used for security, landscaping or building illumination, game or sport lighting or area illumination must be shielded or filtered to meet the City of Phoenix Dark Sky Ordinance. All exterior lighting design must be approved by the DRC. In no event is the wattage to exceed 60 watts for incandescent, or fluorescent of equivalent brightness.

## ON STREET PARKING

Desert Ridge would like to remind our homeowners and tenants that reside here in Desert Ridge that on street overnight parking is not permitted. Desert Ridge does not permit on street parking because the streets are narrow and vehicles parking up and down the streets constrict the flow of traffic and visibility. With clear visibility drivers are able to watch for children at play, pets that may be out, people crossing the street, or the wildlife that runs through the neighborhoods.

Desert Ridge has contracted with Arizona Parking Solutions (APS) to do tours through the community multiple times throughout each month of the year and report vehicles that park on the street back to the association vehicles that are on the street overnight. Vehicles that are noticed on the street are time stamped and a picture taken of the location via GPS. Logged vehicles are then sent over to the association the next morning in a report. If vehicles are continuing to park on the streets overnight then the managing agent will follow up with all applicable violations.

Desert Ridge Community Association is working with APS to minimize the number of vehicles that are seen parking on the streets overnight. Please help us clear the streets of vehicles to help make the streets in the community safer for everyone.





# 5 Tips To Improve Digestive Health



*Many digestive problems can be prevented through lifestyle choices.*

For some of us, digestive discomfort has become a fact of life. Our diets can contribute to digestive system difficulties. Many people eat too much processed food and sugar, and not enough fiber, fruits, and vegetables. Poor eating habits, such as eating too quickly or skipping meals, can also be part of the problem. Many digestive problems can be prevented through lifestyle. We complain about everyday ailments such as occasional gas, bloating and irregularity, assuming they are inevitable. But they don't have to be. By paying attention and making some healthy simple changes, you can help your digestive system do its job—absorbing nutrients and keeping things running smoothly.

In theory, you should be able to digest just about any type of food you put in your mouth. But changes in food processing and preparation (think fried foods) not to mention lifestyle (think sedentary) mean our stomachs don't always react well to everything

we eat. It's best to avoid some food—like fatty meats—to avoid upset stomachs. But, fortunately, nature also provides foods that can ease our digestion.

The following five tips can help improve your digestive health. By doing some of these things you can greatly improve your digestive health and keep everything running smoothly:

**1 STAY HYDRATED.** There is nothing better for your overall and digestive health than drinking water. Drinking too little slows down digestion making your stool harder. TIP: adding lemon to your water helps detoxify.

**2 ADD PROBIOTICS.** These “good bacteria” are used to prevent and alleviate many different conditions but particularly those that affect the gastrointestinal tract. They are really good at regulating the amount of healthy bacteria in your system and normalizing bowel movements.

**3 GET MOVING.** Exercise! Physical activity speeds up digestion, increases

blood flow to all your organs, and stimulates muscles in the GI tract, helping your organs work more efficiently.

**4 ADD FIBER.** Make fiber a regular part of your day and you will be REGULAR everyday. Fiber helps everything move smoothly through the intestine and also increases weight and size of excrement, eliminating toxins.

**5 SLOW DOWN WHEN EATING.** Slow down and chew each bite at least 20 times. That gives your stomach plenty of time to prepare to properly digest the nutrients you are giving it, and allows your body and brain to tell you when you've had enough.

I cannot stress enough how important digestive health is for your overall health! Make the necessary changes toward a healthy system and your body will thank you for it!

Thank you for reading!

Felicia Romero



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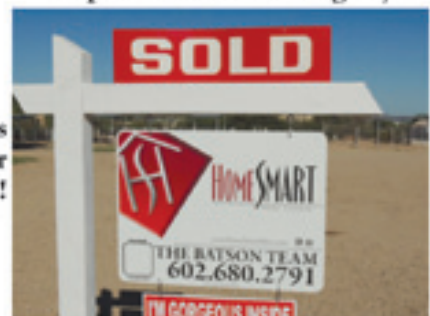
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# Groundbreaking Ceremony at Cashman Park

Photos courtesy of Tina Dickson

By Terrance Smith  
Community General Manager

On May 28th, the Desert Ridge Community Association, City of Phoenix and a host of other invited community stakeholders and partners participated in paving the way for the Cashman Park Improvements with a groundbreaking ceremony that ushered in the closure of the park for construction through August 15th and set in motion plans to christen formally the renaming of Cashman Park upon its Grand Re-Opening to "Cashman Park at Desert Ridge" scheduled later this fall.



DRCA Board of Directors



Stakeholders of Cashman Park at Desert Ridge



Doug Dickson, DRCA Board President and Terrance Smith, Community General Manager



Mallory Peil, DRCA Lifestyles Coordinator



Jason Proudfit, President of FirstService Residential Arizona



FirstService Residential



Statesman Group



Sunland Asphalt



City of Phoenix



The McGough Group



Gray Development



AAA Landscape

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### HOW TO BUY A BRICK

Make your payment online to "Friends of Cashman Park Improvements Fund" via the Phoenix Parks & Conservation Foundation

1. Go to [www.phxparksfoundation.org](http://www.phxparksfoundation.org)
2. Click on "Membership & Giving" at the top of the homepage
3. Click "Donate"
4. Complete donation and credit info screen
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**OCTOBER 4**

**CASHMAN PARK GRAND RE-OPENING & MOVIE IN THE PARK**

**STAY TUNED**  
MORE INFORMATION TO COME  
[DESERTRIDGELIFESTYLES.COM](http://DESERTRIDGELIFESTYLES.COM)

Photos courtesy of The McGough Group

# Cashman Park Under Construction

By Terrance Smith  
Community General Manager  
and The McGough Group

The Cashman Park renovations and improvements are now well underway, and the newly renamed “Cashman Park at Desert Ridge” is already starting to take shape. Site demolition is nearly complete, as is the bulk of the irrigation infrastructure overhaul. The playground and volleyball court are cleaned out in preparation for all new equipment in both areas. The site has become a blank slate for which the new park elements can be built upon and will be emerging soon as early as the next week or two.

New concrete pads have been poured for various seating areas and pedestrian connections. The parking lot received a number of asphalt repairs in preparation for the resurfacing and restriping that will take place once site construction has finished, and the majority of heavy equipment is offsite.



Future seating area



Future ramada location and reconditioned volleyball courts

irrigation controller in the park and AAA Landscape will continue their hard work in the upcoming weeks finishing up the irrigation upgrades, installing hardscapes, and starting on the new plantings. We will welcome Micon Construction to the site in the near future. MICON will be installing the new Miracle Playground equipment and fitness stations throughout the site. AAA Landscape and MICON will be working together as the new park amenities are installed, and the park begins to show signs of new life.

All required permits for advancing the park improvements have been approved and obtained, which will allow us to proceed with the Ramada/Shade Sail Structure and monument entrance sign.



Playground demolition



Future exercise station location

All parties involved in the renovation are working hard and are in constant contact with each other to ensure that everything goes according to plan. The park renovation is truly a collective group effort, and will benefit from the valuable insights and expertise provided by everyone dedicated to making this park shine.

Construction is scheduled to be finished in the first week of August, with the Grand Opening anticipated to take place toward the end of September, or early October.

You're going to like and enjoy the new Cashman Park at Desert Ridge improvements...coming soon!

Thanks to the entire community for your patience, support and understanding during the park closure period.



New irrigation valves upgraded in park.



Future seating area near basketball courts



New concrete sidewalk connection

# Events at Desert Ridge Marketplace

[www.shopdesertridge.com/events/live-music/](http://www.shopdesertridge.com/events/live-music/)



## DISTRICT STAGE

Performance times are from 7:00 PM to 10:00 PM

## AMC FOUNTAIN STAGE

Performance times are from 7:00 PM to 9:00 PM



## AUGUST

### Friday 1

**Los Guys featuring Mark Zubia**  
(Original Alternative Band)

District Stage

### Matt Kahler

(Acoustic Guitarist/Singer/Songwriter)

AMC Fountain

### Saturday 2

#### Ratio

(Funk, Soul, Jazz and R&B Band)

District Stage

### Janelle Loes

(Adult Alternative Singer-Songwriter)

AMC Fountain

### Friday 8

#### The Hourglass Cats

(Alternative Reggae Edge Band)

District Stage

### John Calvert

(Folk, Classical and World Music)

AMC Fountain

### Saturday 9

#### The J Powers Band

(Classic Rock, Blues, R&B Band)

District Stage

### 76th Street featuring Haley & Spencer

(Indie Singer/Songwriters)

AMC Fountain

### Friday 15

#### Come Back Buddy

(Buddy Holly Tribute Band)

District Stage

### David & Amy of Peppermint James

(Alternative Acoustic Guitar Duo)

AMC Fountain

### Saturday 16

#### Knee Deep Experience

(Funk, Soul and R&B Band)

District Stage

### Christie Huff

(Acoustic Guitarist/Vocalist)

AMC Fountain

### Friday 22

#### Mechanical Hall A

(Indie Alternative Band)

District Stage

### Pete Pancrazi

(Jazz Guitarist & Vocalist)

AMC Fountain

### Saturday 23

#### Madeline Deveroux Band

(Country Pop Rock Band)

District Stage

### Scott & John of Hello Swindon

(Guitar & Percussion Duo)

AMC Fountain

### Friday 29

#### Think Horses

(Original Alternative Band)

District Stage

### Grady Soine

(Easy Listening Keyboardist)

AMC Fountain

### Saturday 30

#### Cosmic Shindig

(Classic Rock and Soul Band)

District Stage

### Ariana Loraine

(Indie Singer/Songwriter)

AMC Fountain

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## *Desert Ridge Community Roofing Program*

**Homeowners living in Desert Ridge receive free roofing consultations by appointment only. Contact the Seamless Services scheduling department to have your roof inspected: 480-964-1052**



# TOBY KEITH'S I ♥ THIS BAR & GRILL

As the third location in Arizona, Toby Keith's I Love

This Bar and Grill at High Street will be a full-service bar with a seating capacity for more than 300 guests. The 14,500-square-foot venue will feature live country music, country dancing and dancing Whiskey girls. Opening daily at 11 a.m. for lunch, the bar will also offer birthday parties, bachelor/bachelorette parties, private event and corporate gathering packages as well as military discounts.

Consistent with Toby Keith's vision, the venue will feature local, regional and national up-and-coming artists. Its corporate team anticipates a summer 2014 opening creating between 125 to 175 full and part-time jobs.



"The High Street concept and vision has always been in our sights and we are excited to partner with the High Street

management team as their vision and ours are in step to help grow North Phoenix. Arizona is where our company started; said Frank Capri President and CEO for Boomtown Entertainment/Owner-Operators of TK ILTB&G and it's full of country music fans and the High Street location is the perfect next piece of the puzzle for our strategic roll-out in Arizona."



## Basic Course Management

By Matt Keel

As golfers improve their golf swings, they often have difficulty applying those improvements on the golf course and lowering their scores. These golfers have better swings and ball striking, but their scores are not going down. One of the easiest ways to start shaving strokes off of your score is to implement some basic course management strategies.

To begin, let's look at your tee shot. You may hit a good drive, but many times be offline and hit into hazards or fairway bunkers. You want to give yourself the best possible chance to hit your tee shot into the fairway. In order to give yourself the best chance for success, tee your ball up on the same side as the hazard. If there is a hazard on the left, tee your ball up on the left side of the tee box. If the hazard is on the right, tee your ball on the right side of the tee box. By teeing the ball up on the same side as the hazard, you are opening up the opposite side of the fairway and taking the hazard out of play as much as possible.

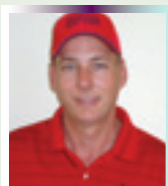
Now that you're in the fairway, you need to maximize your chances of hitting your approach shot onto the green. In hitting your approach shot, you need to consider how any hazards affect your distance and your

direction. First, determine if there is more trouble in the front of the green or behind the green. If there is more trouble in front of the green, select a club that will travel a distance ranging from center green to the back of the green. Selecting that club will help minimize your chances of ending up short and in the hazard. The opposite is true if there is more trouble behind the green. Select a club that will be a distance ranging from the front of the green to the center minimizing the chance of hitting over the green. Next look at the direction you want to hit your approach shot. The simplest concept is to aim more toward the side of the green opposite of the pin. If the pin is on the right, aim left and if the pin is on the left aim to the right. Your number one goal should be to make sure your next shot is a putt. Choosing the correct side of the green instead of always firing at the flag will help to reach that goal.

Last, we want to maximize our chances of holing out the ball in two putts or less. The

key to reducing your number of putts is to read the greens correctly for speed. Most golfers focus more on the line rather than the speed. In order to read the green correctly for speed, you should look at the distance of the putt and also whether the putt is uphill or downhill. Once you obtain your distance, adjust your putting stroke for an uphill or downhill slope. Next, take into account the grain of the grass as well. A putt that rolls into the grain will be slower and a putt that runs down the grain will be quicker. The easiest method for determining which direction the grain of the grass runs is to look at the sheen of the putting surface. If the sheen is shiny you are putting with the grain. If the sheen is dull, you are putting into the grain.

Course management is designed to help minimize high numbers during your golf round. By applying an on course strategy you are giving yourself another method to improve. Try to implement these basic course management strategies into your next round of golf and see for yourself if they make a difference.



Matt Keel is the Lead Golf Instructor at Wildfire Golf Club located at the JW Marriott at Desert Ridge. Wildfire Golf Academy is conducting a variety of instructional programs to encourage people of all ages take up the game of golf. Throughout the year, Wildfire Golf Academy will be running programs designed for all ages and skill levels. For more information, contact Matt Keel at Wildfire Golf Academy or email Matt at [Mattkeel@pga.com](mailto:Mattkeel@pga.com).

Visit [www.DRPGonline.com](http://www.DRPGonline.com) to learn more, check out our events calendar and to become a member online.

## Desert Ridge® Parents' Group (DRPG)

The Desert Ridge® Parents' Group (DRPG) is a fun-filled organization for parents and children in the North phoenix area. All families in the Desert Ridge® community are invited to check out our activities and events! Founded in 1997, the not-for-profit Desert Ridge® Parents' Group (DRPG) hosts weekly playgroups, monthly kids' and family activities, seasonal events and parents-only nights for residents in desert Ridge and surrounding areas. Membership dues are only \$30 per year.



Photos courtesy of Desert Ridge® Parents' Group

# BRRRR

## Desert Ridge Parent's Group (DRPG) and Aviano get FROZEN before Summer Heat Up!

By Laura McConnell  
DRPG Family Activities Co-Chair

DRPG partnered with Aviano to "Kick-Off Summer" by showing Disney's FROZEN in the park! Everyone loves FROZEN so it was the obvious choice for a movie. The FROZEN adventure took place on Aviano's Event Lawn on Friday, May 30th. Over 400 adults and kids brought their blankets to enjoy the movie on a giant inflatable screen under the stars. The DJ got the kids on their feet and dancing before the movie started. Families enjoyed popcorn, snow cones, and candy. Anna and Elsa were there to take pictures with the kids and even sang the the Oscar winning song "Let It Go" before showtime. It was a fun, magical night for everyone! What a wonderful opportunity to meet other families in our community and learn more about Desert Ridge Parent's Group.

Great News! Since it was such a success, we've decided to do it again! As summer winds down Desert Ridge Parent's Group



Elsa and Elenor

and Aviano are going to welcome the fall season together with another movie in the park on Friday, October 10th. For more information as the date approaches visit DRPG's website or the Aviano clubhouse.



Anna & Jillian

## Desert Ridge Parents Group Mom's Night Out!

By Laura McConnell  
DRPG Family Activities Co-Chair

MNO is secret Mom Code for "Moms Night Out!" Almost all Moms understand the beauty of MNOs. The kid-less night we get to go out with friends to relax and reconnect. The time we need to gossip, catch up, brag, complain, or just hang out.

Let's face it, we all need a night out from time to time. Being a Mom is one of the greatest challenges and rewards that a woman can know. We have the power to influence and shape our children. Kids push our limits and melt our hearts all at the same time. It's amazing, but it can sometimes be exhausting and every Mom needs time away from home to recharge.

Each month Desert Ridge Parent's Group arranges a fun MNO that has become a favorite among members. Our MNO



Visit [www.DRPGonline.com](http://www.DRPGonline.com) to learn more, check out our events calendar and to become a member online.



# FALL PLANTING IN THE ARIZONA DESERT

The fall planting season has arrived! Temperatures are cooler, and it's a great time to replace plants you may have lost during the hot summer.

Why is fall planting so good for plants? Soil temperatures are still warm, encouraging root growth and development and allowing plants to get much better established before next summer's heat sets in. Also, with cooler temperatures, plants need less water. Forget to water just one day in the summer, and your new plants can be toast. From the fall season through spring, water newly planted plants once every 3-4 days.

There are exceptions to fall planting. Bare root plants, including roses, pecan, and fruit trees are generally planted in late December or January when they are dormant. Palm trees and other tropical plants will do best if planted during the spring or summer. Be sure to look for healthy, well-grown plants. Add 2-3 inches of compost to the surface of the soil after planting and before covering with granite or rock (keep the mulch a few inches away from the stem or tree trunk).

Fall is also an excellent time to plant a vegetable garden. Visit the AZ Master Gardener website (<http://ag.arizona.edu/pubs/garden/mg/vegetable/fall.html>) to see tips for planting and caring for a vegetable garden.



coordinator Erica Gargol works hard to make sure every month we have a great night to look forward to. She mixes it up, so something is bound to appeal to every Mom. We've met for dinner and drinks, canvas painting, sushi, happy hour, cooking class, wine pairing class, tried new restaurants and bars...the list goes on and on! Most recently she arranged a well deserved Mani Pedi night just before Mother's Day at Pearl Nails & Spa (located at the Northwest corner of Tatum & Dynamite) They offered our group a \$32 mani/pedi combo. 27 Moms got pampered while enjoying light appetizers and drinks. It was a great event and everyone had pretty feet for Mother's Day! For more information about our MNO events and how to become apart of the group please visit our website [www.drpgonline.com](http://www.drpgonline.com).



## Phoenix is a Mecca of Hiking & Exploring

continued from page 11

etiquette will help to ensure that your preserve outing is a safe one.

- ALWAYS stay on a designated trail. Phoenix city ordinances prohibit trailblazing.
- Learn to share the trails with all other users.
- In general, bike riders yield to both hikers and horseback riders; hikers yield to horseback riders. However, for all trail users, downhill yields to uphill. Use common sense and courtesy while on the trails.

- Announce your intentions and slow your pace when passing someone on the trails.
- Do not litter.
- Destruction or removal of plants, animals, historical, prehistoric or geological sites are prohibited.
- Do not chase or harass wildlife.
- Avoid putting your hands and feet anywhere you cannot see.
- Remember the 3 C's: Courtesy, Communication and Common Sense.

## BOYS & GIRLS CLUBS OF GREATER SCOTTSDALE

### Announcing New Board Members

By Andrea Omer

The Boys & Girls Clubs of Greater Scottsdale is pleased to announce the newest members to the non-profit's Board of Governors:



From left to right: Lee Nickloy – APS, Prescott Pohl – Snell & Wilmer, Rick Baker – (Current Board Member, Vice Chairperson, Governance), Kathleen Preston – Cox Communications, Tom Traylor – Wells Fargo, and Ryan Rayburn – Lincoln Financial Advisors

“We are very thankful to have this great group of individuals serve on our board,” said Steve Davidson, President/CEO of the Boys & Girls Clubs of Greater Scottsdale. “These dedicated community leaders generously give their time and professional expertise in effort to make sure that the needs of our local youth are being met.”

### Local Youth Honored at Digikids Film Festival

*Boys & Girls Clubs and Microsoft Store Partner to Award Digitally Created Masterpieces*

By Alison Bailin Batz  
Senior Account Executive

The Boys & Girls Clubs of Greater Scottsdale partnered with the Microsoft Store located at Scottsdale Fashion Square on Wednesday, May 14 to showcase young Club members' excellence in the area of multimedia art

as part of the Digikids Film Festival. The program encourages Club members to learn and practice in digital arts, including movie making, music making, and graphic design.

The young honorees and the public got the chance to view their movies on the big screen, at Harkins Theatre in Scottsdale Fashion Square. After the movie screenings, the festival moved to the Microsoft Store where a red carpet and awards presentation took place. Desert Ridge's own Riely D., a 9-year-old member of the Club's Vestar Branch, was named "Best Actress" for her work in "From Bully to Friends."

Club members worked all year to master the skills of digital art through the program. The arts, which develops creativity and cultural awareness through all different types of mediums, is just one of five core areas focused on at the Boys & Girls Clubs. The non-profit organization also promotes leadership



development, education, life skills and sports, fitness and recreation through their 100 youth development programs.

“We fully support creativity through technology, and we're excited to deepen our commitment to the Scottsdale communities by providing

technology and resources to the Boys & Girls Clubs,” says Melissa Brewer, Community Development Specialist at the Microsoft Store. “We were so impressed by the grasp youth have today on software tools and technology.”

The Boys & Girls Clubs of Greater Scottsdale, celebrating its 60<sup>th</sup> Anniversary throughout 2014, empowers 17,800 youth of all ages and backgrounds to develop the qualities needed to reach their full potential as productive, responsible citizens. The Club provides a safe place, caring adult mentors, fun, friendship and athletics, and high-impact youth development programs during critical non-school hours. Clubs are located in cities and on Native American lands in the greater Scottsdale area and promote academic success, positive character and citizenship, and healthy lifestyles. For more information, visit [www.bcgs.org](http://www.bcgs.org).

### Leaders in Training Program

By Andrea Omer

The summer program at the Boys & Girls Clubs of Greater Scottsdale Vestar Branch, would not be complete without the Leaders in Training (LIT) program. The LIT program consists of youth in eighth through twelfth grade. These teens spend their summer days by volunteering throughout the

Branch, assisting staff and kids as needed. This includes acclimating new members to the Club, preparing materials for art projects, building pirate ships, and pitching for the occasional kickball game.

Leaders in Training is a part of the education and career development programming of

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# BOYS & GIRLS CLUBS OF GREATER SCOTTSDALE

## Local Boys & Girls Club Celebrates 60 Years

By Alison Bailin Batz  
Senior Account Executive

Established in 1954, the Boys & Girls Clubs of Greater Scottsdale empowers youth of all ages and backgrounds develop the qualities needed to reach their full potential as productive, responsible citizens. The organization, celebrating its 60th anniversary throughout 2014, has added, built and expanded Clubs, served thousands upon thousands of more children and teens, and expanded its reach to communities across the Valley and in Indian Country. Of course, one of its most popular branches is right here in the heart of Desert Ridge – the Vestar Branch, which has been nationally recognized among the top branches in the nation in recent years.

Today, through the Vestar Branch and sister locations in the Greater-Scottsdale area:

- The Club serves more than 17,800 youth.
- The Club has won 29 national program awards since 2003, including the coveted Best Overall Club award in 2009 and 2012, respectively.

- Eighteen club members have won national honors in fine arts and digital arts.
- Because of the Clubs, 63% of middle school youth say they exercise and eat healthy.
- 88% of high school youth say the Clubs help influence them to better the community.
- Youth who attend a Club more than 75% of the time have an average GPA of 3.19.
- 57% of elementary age youth say the Clubs help them like school better.

During its six-decade history, the Club has seen firsthand how so many children across the nation start or return to school without the needed school supplies and new clothes to feel confident and successful. Furthermore, research shows that children from low-income, distressed environments start school far behind their more advantaged peers.

As such, as part of its 60th anniversary celebration and in an effort to combat this issue, the Boys & Girls Clubs of Greater Scottsdale was proud to partner with the Kohl's in Desert Ridge in July and August to help 1,000 youth in need shop for back-to-school items during its 30 Days of Shopping.

"All children, regardless of socio-economic factors, deserve the opportunity to start the school year off on a positive note and on an even playing field," says Steve Davidson, President and CEO at the Boys & Girls Clubs of Greater Scottsdale.

During the events, the selected youth received a \$100 Kohl's gift card to pick out

clothing and other back to school necessities at Kohl's stores located in Scottsdale and Phoenix. The event also included members at the Club's Peach Springs Branch (located on the Hualapai Indian Community in Northern Arizona) to shop at the Kohl's Flagstaff location.

As well as helping prepare children, the events also allowed community partners and businesses to engage directly with youth from the Boys & Girls Clubs of Greater Scottsdale. The events were greatly made possible by civic leaders Ellie and Michael Ziegler, who are sponsored the 1,000 children. Volunteers from organizations such as Kohl's, Scottsdale Active 20-30 Club and Valley of the Sun Active 20-30 Club have been participating in this important community event for over 10 years.

"Thanks to the compassion and generosity of the Zieglers, community partners and volunteers, 1,000 children in our community will be able to shop with dignity and actually enjoy preparing for the upcoming school year," says Davidson.

This is one of many positive impacts the Clubs have had over the past 60 years.





# NEW SCHOOL YEAR

## DRUG PREVENTION & INTERNET SAFETY

By Officer Tim Mitten, Community Action Officer, Black Mountain Precinct, Phoenix Police Department

The new school year brings on many changes for both parents and students. It's a time for many students to meet new friends and teachers, learn new school rules and procedures or make a jump into a completely new school or age group. For parents, it could be learning about a new school as well, maybe a new neighborhood or new procedures but mostly parents will see their child growing up and the challenges that brings with it, whether it's moving from pre K to K, elementary school to middle school, high school and even college. Our children today face many things we did not have to as kids, many which send parents into shock.

I am a firm believer in parents being educated about what is potentially out there as a threat to your child, not to scare or bring concern over every person they see, but common sense education about things you may not know about. This article is not a parenting "how to" but some prevention training in a couple areas we in law enforcement feel are serious enough to educate parents about. This information is brief and I ask you to go further in your research and education.

### DRUG PREVENTION

First item of discussion is going to be drug prevention. This needs to start early and is not necessarily about illegal drugs but includes legal substances like alcohol and prescription drugs which are readily available for kids from their own homes. As law enforcement officers, we see this devastation on a daily basis, from the impact on neighborhoods in the form of thefts and burglaries, increased officer safety issues and the destruction of a person's life from drug use, whether it is addiction, incarceration or even death. Through partnerships with schools, parents, neighborhoods, community organizations, faith based groups and many others, law enforcement can help in trying to educate as many people as possible on the dangers of drug use.

Recent statistics show how prevalent

substance abuse is among our children and that through some education and parental involvement, the use of drugs can be reduced. In Arizona, alcohol is the most common substance abused followed by cigarettes and marijuana. Alcohol kills 6 ½ times more teens than all other illicit drugs combined and 13.6 years is the average age AZ kids report first using marijuana. 40% of those who started drinking at 13 or younger developed alcohol dependence later in life and 10% of teens who began drinking after 17 developed dependence. Teens that drink are 50 times more likely to use cocaine than those who don't drink and 63% of youth say they initially got the alcohol from their own or a friend's house. Teens whose parents talk to them on a



regular basis about the dangers of drug use are 42% less likely to use drugs than parents who don't talk to their kids.

A question I get asked many times is "When should I start talking to my kids about drugs?" and the best answer is as early as possible. Now you do not need to tell your kindergartener or early elementary school kids everything about all drugs but start by introducing them to the dangers of poisonous and harmful substances found in most homes, like bleach, cleaners etc. By the 3rd grade, children should know that medicine, poisons, food and illegal drugs differ and that medicines given by a doctor or other responsible adult can help with sickness but can be harmful if used improperly and that they should stay away from any unknown substance.

Pre teens is a critical age for children to begin learning about the dangers of drug

use since they may be exposed to it on TV or on the internet through shows, celebrity news, or other events in society. They are able to be told facts about drugs, their impact on the body and the results and dangers of its use, whether they are illegal drugs or medicines taken in excess. Their friends are also important at this age and peer pressure is strong so being an involved and educated parent is very important. This informed and anti drug attitude is very important for your child to have prior to entering middle and high school. Do not be afraid to discuss this issue, kids are very in tune to their parents attitudes about topics so do not ignore or rely on someone else to teach your children. Make sure the children can separate the myths from the realities of drug use and make sure to give positive reinforcement to them for good behavior and thinking.

Middle school and high school are the battleground. This is the most critical part of drug prevention since they will be pressured from peers, exposed in the media and movies to drug use and exposed more than ever before. Their decision making processes and anti drug attitudes will be challenged and they must make good decisions at this point. Try and arrange to have your kids looked out after school; kids left alone are susceptible to pressure. I know it is not easy to do that sometimes, but if they are left alone, make sure they feel your presence through giving them a schedule, limit their behavior, enforce rules, assign chores and check in constantly. Get to know your kids friends parents, exchange addresses and phone numbers and make sure the parents know your stance on alcohol and drug use. Discuss with your teens easy ways for them to vacate from a place where drugs are being used, and make sure they know it is okay for them to call you at anytime of the day or night to help get them out. Make sure curfews are set and enforced.

Adolescence is a tough time for children as they change physically and emotionally and even though they may seem unreceptive to parents, they do need parental support, involvement and guidance. They may not tell you or thank you but they do appreciate it. They are smart enough now to know the dangers of drug use, have probably seen some friends use drugs and maybe even seen the tragic consequences but constant education and enforcement of the anti drug message must continue. You can now talk more deeply about the effects of alcohol, smoking, drugs and other substance and its long term effects on their bodies and potentially to the health of their own future children. Keeping them active and involved in things they are interested in, (whether you like the sport or activity or not is irrelevant) they like it and support for this activity helps keep their self esteem and involved allows less time for bad decisions. It is vitally important that parents encourage teens for the good things they do and give kudos for the positive decisions they make. They may not respond but knowing you appreciate their good decisions is motivating to teens and will help keep their self esteem up.

Some things you should educate yourself about on the different types of drugs are "black tar heroin", "spice", "bath salts", "molly", prescription drugs like oxycontin, xanax, percocet, hydro marijuana, ecstasy, GHB, and many others are things parents should know about besides the common illegal drugs most hear about like meth, crack, LSD or cocaine. Educate yourself as to the signs and symptoms of drug use and where to go to get help if someone needs it. Some websites to get more information on drug use, trends, etc are phoenix.gov/police, maricopacountyattorney.org, safekidsaz.org, safeteensaz.org, are just a couple but if you do an Internet search using any of the drug types listed above you will be able to be linked to many sites that can provide information.

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## New School Year

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### INTERNET SAFETY

Second area I want to discuss is Internet safety and cyber bullying. The Internet is a good tool, providing us access to a wealth of knowledge, keeping us in touch with family and friends, online shopping and much more. It is also a very dangerous place for our children who can be exposed to sexual predators and bullying. The problem is serious; a study found that 71% of teens ages 13-17 reported receiving online



messages from someone they did not know, 40% reported that they reply and chat with that person and only 18% of those would tell an adult. 45% of teen's report that they have been asked personal information from someone they don't know, 30% considered meeting someone they have chatted with online and 14% have actually had an encounter.

Online predators target anybody, using information gathered from online chat rooms, blogs or social networking sites. They will pose younger than they are to gain trust, provide a sympathetic ear and offer praise, gifts and other things that the teens desire. The predator's ultimate goal is to get a face to face meeting, avoiding all contact with parents since a proactive parent is a shield to predators.

Cyberbullies use chat rooms, instant messaging, texts, social networking sites with messages and sometimes video and pictures to embarrass, threaten or intimidate a child. This technology allows the bully to spread gossip or lies; distribute embarrassing pictures or videos to a wide audience while remaining anonymous. It may start out as a joke but once it is launched into the cyberspace of the Internet it has serious and even tragic consequences.

There are some warning signs that parents can look for; the child withdraws from family and friends, isolating themselves and spending more and more time online. The child may hide or turn off the screen when a parent enters the room, you find pornography on the computer and your phone or their phone has calls to unknown numbers. In bullying situations, parents should look for children avoiding school, being withdrawn or a sudden interest or avoidance of the computer. Many children do not report to their parent's difficult online situations out of fear of being embarrassed or thinking they did something wrong.

There are several things that parents can do to watch out for their children's online activity and to safeguard them. The first and foremost thing is to talk openly to your child and be available to answer questions they may have and let them know that they can feel safe coming to you with an online problem, whether it be unwanted contact from an unknown person or harassing messages from a known source. Let them know the Internet is full of people that pretend to be anyone and that there are people out there with bad intentions. Place the computer in an open area in the home so that parents can monitor the child's online activity. Use a filtering software, web browser control, key stroke software and monitor the Internet history. There are several free and pay software programs out there that can help parents watch the child's activity, many run in the background and are never able to be seen by the user. Parents should become

educated about computers, the Internet, social media, online language, cell phone capabilities and cell phone usage plans. Get involved in their online life, ask questions, set reasonable expectations and boundaries and be supportive but if they do something inappropriate, punish them in an appropriate and manner equal to the action.

If your child becomes a cyberbully victim from a fellow student or former student, inform the school and if the school has one, the School Resource Officer. You should also save any messages in case you need the proof later, you should change your child's email and online accounts, contact the web site or Internet Service Provider for assistance in removing the offending pictures, videos or messages. If needed, contact the police department if there are threats or harassment and in some cases get an injunction from a court preventing contact.

There is a lot of information out there on this subject and most of what I teach on this subject is gathered from the Arizona Attorney Generals Office, ([www.azag.gov](http://www.azag.gov)), Arizona Internet Crimes Against Children Task Force, ([www.azicac.org](http://www.azicac.org)) and ChildhelpUSA ([www.childhelpusa.org](http://www.childhelpusa.org)). Links to these and other websites can also be found at [www.phoenix.gov/police](http://www.phoenix.gov/police).

I hope that this information will help you get started in educating yourself and help protect your children. Our world can be a dangerous place but with education and prevention, you can eliminate many potential problems that may occur. These topics are sometimes never even given a thought by many people as they feel they are insulated by their location in a city, unfortunately that is not the case in our world.

If anyone has any questions about this or any other topic, please feel free to call me at 602-495-5238 or by email at [tim.mitten@phoenix.gov](mailto:tim.mitten@phoenix.gov). Thank you for all that everyone does in partnering with us to improve your neighborhood and to improve the quality of life in the City of Phoenix.



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To see how much our clients  
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**YELP!**

By Nancy Harley

On Friday, May 9, the atmosphere at Grand Canyon University was electric. The Pinnacle Girls Lacrosse Club varsity team was returning to the Arizona Girls Lacrosse Association state championship game as reigning champions and three time state title holders (2009, 2012, 2013). The 2014 season had finally come down to this one game.... and the one big question that had been plaguing them all year: could the girls of PGLC varsity do it again?

Before the season even began, there were those who doubted that they could. The question the coaches constantly heard: "This will be a rebuilding year for you, right?" Wrong. Although only 10 of the 21 varsity players were returning to the team, these 10 girls, along with 11 new players, clearly still had what it took.

The varsity girls pulled off a three-peat, defeating Horizon 11-8. Leading the team defensively was three year varsity veteran goalie, junior Aly Smith, who had an astounding 30 saves with 47 shots taken against her. Helping her out on the defensive side of play were senior Jenna Brady and sophomore Loren Halili, who led the team in caused turnovers and ground balls. The offense was led by returning varsity midfielders Nicole Cosmany, Katarina Johnston, Hannah Kolesar, Ronni Winter, and Madison Wood.

The JV team played in the JV championship game for the second year in a row, finishing the season as the state runner-up, losing to a very skilled opponent in the Chaparral JV team. The JV team also had an incredible season, a season that started with only four returning JV players and thirteen players who had never even picked up a lacrosse stick prior to the start of fall practices and ended with a run for the state title.

So who is the Pinnacle Girls Lacrosse Club? It is a group that started with a vision—a vision essentially formed by one parent to make the game accessible to his daughter. And it has snowballed into a vision and a reality that no one could have perhaps anticipated. Nine years, one non-profit corporation, hundreds



## PINNACLE GIRLS LACROSSE CLUB: MAKING CHAMPIONSHIPS HAPPEN

of girls and four varsity state championships later, Pinnacle Girls Lacrosse Club (PGLC) has become a force to be reckoned with and is arguably the premiere high school girls lacrosse club in the state of Arizona.

Led this season for the first year by Head Coach Jennifer McDonald, a former PGLC and Highpoint University player and last year's JV coach, the girls worked hard to make the team gel as a new group. Varsity assistant coaches, who helped maintain the coaching consistency from last year to this year, include Dave Podolak, in his sixth year on the coaching staff, and Greg Ritter, a ninth year coach who works with the goalies and provides pep talks that continually rally the girls to victory; and Reggie Younger, a certified Sport Psychology Consultant who works with the team on mental focus.

Playing other lacrosse teams from around the state, the Pinnacle girls led with heart and an incredible passion for the game. They continue to be the team to beat.

PGLC 2014 graduates include attack players Madi Roble and Emily Bonner and defensive players Jenna Brady and Annie Frey. Brady was named First Team All-State and AGLA Defensive Player of the Year.

With only four seniors leaving the team, next season's outlook is good. Decorated varsity players who will continue to play for the 2014-2015 season include: Smith, who was named AGLA Sportswoman of the Year and Honorable Mention All-State; Nicole

Cosmany, a junior midfielder who was named to 1st Team All-State; Katarina Johnston, a junior midfielder/attack player who was named to 1st Team All-State; Ronni Winter, a junior midfielder/attack player who was named to Honorable Mention All-State; and Madison Wood, a junior midfielder who was named to Honorable Mention All-State. In addition, eight of the varsity PGLC players (Smith, Cosmany, Johnston, Winter, Wood, Kolesar, Taylor Goodman, and Elly Clemens) played for Team Arizona in the U.S. Lacrosse National Women's Tournament in Baltimore, Maryland, the last weekend of May. As for the rest of the team, their record speaks for itself; they are, after all, the reigning state champions.

The JV team is led by Head Coach Emily Neumann, a former PGLC player. Assisting Coach Neuman are Bryant Johnston, Chris Havrilla, and Greg Frey, each of whom brings experience and passion to the game. The junior varsity players are encouraged and mentored by the coaches, the varsity girls,





Photos courtesy of Cassidy Kirk



and even the returning junior varsity players. PGLC's junior varsity team has proven to be an incredible training ground for the varsity level and a powerful team in its own right with winning records in almost every season since the club started and two runs at the state championship. This season the team had eight wins and just three losses. Considering that most of these girls are new to the game and that the state championship game for the JV level is only two years old, this team is a clear success.

Since the beginning, the mentality of everyone involved with PGLC has been to grow the game. The girls who have been around for one year, five years, or somewhere in between all encourage new girls to take their game to the next level. It is a positive, nurturing environment.



And these girls are not just leaders on the field; they are leaders in the community and in the classroom. PGLC girls are involved in student government, yearbook, National Honors Society, Society of Women Scholars, Mentors, Teacher Academy, DECA, and countless other organizations—both in and out of the school environment. They truly exemplify the values of the

Pinnacle High School surrounding communities—involvement, commitment, academics, and family.

Although lacrosse is not yet sanctioned by the AIA (Arizona Interscholastic Association), which oversees all high school sports in the state of Arizona, it is likely to become sanctioned within the next few years. Take a visit to any town on the East Coast, drive past an elementary, middle, or high school around the time of the final release bell, and try to count the number of girls and boys you see carrying lacrosse sticks. It will be challenging, to be sure, because it often looks as if every child carries one. In certain states, it is more popular than the usual powerhouses of football, basketball, and soccer. Becoming sanctioned across the board is only a matter of time.

According to US Lacrosse, “lacrosse is one of the fastest-growing sports at the high school level and is now sanctioned as a championship sport in 21 states. Several US Lacrosse chapters also play major roles in organizing regular season play and running state championships in areas where the sport is not yet sanctioned” (<http://www.uslacrosse.org/TopNav2Left/Players/HighSchool.aspx>). Enter organizations such as PGLC that operate as members of the Arizona Girls Lacrosse Association (AGLA), which functions under the umbrella of the Arizona chapter of US Lacrosse, the national governing body for both women's and men's lacrosse from youth leagues all the way up to college and post-collegiate programs. All girls who play on the PGLC are required to be members of US Lacrosse, which provides them with certain benefits, including insurance during games.

The PGLC (a 501c-3 organization) is run by an incredible group of passionate parents and coaches, including Cary Winter, the 2013-

2015 President who has been involved with the program for several years and has had two girls play with the program. In addition to the board, there are several ways that interested parents can get involved—as team parents, game photographers, etc. With all of these organizations behind them and a strong board at the helm, the PGLC's future is nothing but bright.

While the majority of the girls on the PGLC varsity and junior varsity teams do attend Pinnacle High School, its club status allows the teams to pull from surrounding schools that do not have lacrosse teams as well—schools such as Cactus Shadows, Sunnyslope, Barry Goldwater, and even Explorer and Mountain Trail Middle Schools. This has been a win-win situation for girls who want to play and for PGLC, which reaps the rewards of talent from surrounding schools and areas without programs. The AGLA is considered a high school league; however, the absence of a youth league in Arizona allows 7th and 8th graders to play on the high school league's junior varsity teams. Historically Pinnacle's JV roster includes at least four or five 7th or 8th graders each season.

For a more detailed overview of the sport, its origins, and its growth, visit the US Lacrosse website at <http://www.uslacrosse.org/UtilityNav/AboutTheSport/Overview.aspx>.

Lacrosse is truly like no other sport. Often described as a mix of basketball, soccer, and hockey, lacrosse is a fast-paced game that requires agility, speed, coordination, and—perhaps above all else—heart. To learn more about the Pinnacle Girls Lacrosse Club or to join for the 2014-2015 season, visit the PGLC website at <http://pinnaclegirls lacrosse.com>. Pre-season practices start the first week of October; in January, the girls are placed on either varsity or junior varsity, and the season officially gets underway. And ask any current player; it's a game that pulls you in. Most girls would agree that once they put that stick in their hand, they were hooked.

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Programing subject to change



**Kneebody**

### Kneebody

Saturday, August 9 | 7:30 p.m.

Tickets: \$27.50-\$32.50

This Grammy-nominated band combines sophisticated composition and improvisation to defy classification and drive the jazz conversation forward.

### Dave Weckl Acoustic Band

Saturday, August 16 | 7:30 p.m.

Tickets: \$37.50-\$42.50

Legendary drummer Dave Weckl returns to the music scene with a band that melds jazz with Latin and funk.

### Elvis Remembered

Saturday, August 16 | 9 a.m. to 5 p.m.

Tickets: Activities included with paid museum admission.

Join us for a celebration of the life of the King of Rock and Roll in honor of Elvis Week. Come and see the additions to the Elvis Presley exhibit, participate in hands-on activities, view



**Dave Weckl Acoustic Band**

the classic film "Viva Las Vegas" on the big screen and more!

### Terry Bozzio

Sunday, August 17 | 7 p.m.

Tickets: \$32.50-\$37.50

The remarkably versatile drummer Terry Bozzio has been a go-to figure in the world of drumming since his beginning with Frank Zappa.

### Experience Italy

Saturday, September 6

Sunday, September 7

Tickets: Activities included with paid museum admission.

### MIMFest

Saturday, October 18

Sunday, October 19

Tickets: TBD

MIMFest is a two-day music festival set against the backdrop of the stunning Arizona desert and inspired by MIM's



**Elvis Remembered**

commitment to celebrating musical traditions of the world. The festival will bring together extraordinary musical acts, dancers, street performers and festive food and will transform MIM into a mecca of exceptional entertainment, culture and culinary delights.

### Experience India

Saturday, November 1

Sunday, November 2

Tickets: Activities included with paid museum admission.

### Beyond the Beat: Drums of the World

Opening November 2014

Tickets: TBD

Beyond the Beat: Drums of the World will explore the immeasurable cultural and historical significance of drums around the world through the presentation of dozens of drums of all

shapes, sizes, materials and uses from Asia, Oceania, Africa, the Middle East, Europe, Latin America and the United States. The collection will be accompanied by dozens of videos, photographs and other multimedia content selected by our curators from sources around the globe. This unique exhibition and its accompanying catalog will also highlight themes ranging from varieties of drum construction and performance techniques to differing concepts of rhythm in Asia, Africa and the Americas as well as the role of drums in rituals, military events and even systems of nonverbal communication.

### Experience Norway

Saturday, December 6

Sunday, December 7

Tickets: Activities included with paid museum admission

## Primp and Blow "a blow dry bar"

Rapidly expanding Primp and Blow "a blow dry bar" will open on High Street in July, this being its fourth location. It will be located between Modern Margarita and 42 Saint on the north side of High Street. Primp and Blow will create 30 new full and part-time positions including stylists, makeup artists and managers.

"We love the vibe of High Street and the surrounding Desert Ridge market as well as the proximity and convenience of the 51 and 101 Freeways," said Melodi Harmon, founder and president of Primp and Blow. "The opening of our High Street location allows us to serve customers throughout Scottsdale and Phoenix at Desert Ridge, North Scottsdale, the Waterfront and Biltmore area."

The franchise launched in October 2013,



plans for 10 locations Valley-wide and will be opening locations in Kansas City, Dallas, and New Jersey this fall.

## Watermark Wealth Strategies LLC

Helping clients grow, protect and preserve their wealth, Watermark Wealth Strategies, LLC recently signed a long-term lease on 3,600 square-feet of office space on High Street. The company is expanding and moving to High Street in July for its new North Valley location.

The firm, which specializes in accumulation, risk management, taxation, business planning, retirement planning and estate planning also has offices located in Old Town Scottsdale, Chandler and San Diego, California.

## Investment Advisory Firm

A confidential investment advisory services firm recently signed a long-term lease for 2,600 square-feet of office space on High Street. The firm, which has worked with thousands of clients ranging from Fortune 500 companies to private individuals, is relocating this summer from its existing location in downtown Scottsdale. The business offers planning, investment, retirement planning, tax and accounting, transition, banking and estate planning services to its growing client base.



## RESTAURANT REVIEW



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Phone: 480-515-2424

wolfleys.com

*Wolfley's Neighborhood Grill is a reflection of its owner, radio personality and former Arizona Cardinal player Ron Wolfley. Like its charismatic owner, Wolfley's is flavorful, just a little bit brash and always entertaining. Laden with big screen TV's and sports fanatics, this is a true sports bar. While the noise levels were low when we visited, expect it to be loud and probably not the right place for a romantic dinner on game nights. If you're lucky, as we were, Ron will stop by your table and spend some time. You'll find that he's outgoing, friendly and as passionate about his food as he was playing special teams (Pro Bowl 1986 – 1989).*

*We found the staff to be friendly and attentive. The menu is unique, massive and there's something for everyone. You'll find plenty of comfort foods, pizza and even some lighter options; but Ron's own favorite are the Buffalo-style chicken wings. And Ron should know. He was born in Buffalo, N.Y. making him a wing aficionado from birth.*

#### OUR GROUP OF CRITICS SAMPLED THE FOLLOWING ITEMS:

##### **Spinach and Artichoke Dip**

A creamy blend of Monterey Jack and Parmesan cheeses mixed with just the right amount of spinach and artichoke hearts. This dip will compete with any of the best in Phoenix.

##### **Chicken Quesadilla**

The quesadillas are loaded with chicken, a spicy cheese blend, grilled sweet onions and jalapenos. The portion size is massive and enough to eat as a stand-alone meal. This is a great choice while watching the game or sharing a few drinks with friends.

##### **Southwestern Egg Rolls**

A tasty appetizer with chicken, green onions, bell peppers and a healthy kick for those who like spicy. The spicy fundido cheese sauce was a nice accompaniment

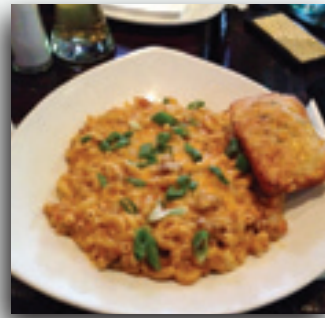
to this table favorite - we should have ordered TWO!

##### **Half Pound Burgers**

All of the burgers are ½ pound Angus chuck beef, char-grilled to order. There are a lot of choices, including a build-a-burger, but we chose the Wolf Burger and the Bacon and Bleu. While we found the fries to be amazing, the burgers were fairly average and one of our group found them to be a bit dry.

##### **St. Louis Style Ribs**

Wolfley's St. Louis Style Ribs rate among the best ribs our group has tasted. They are marinated in a signature sauce and then cooked to perfection. The taste is delicious with tender, yet balanced meat that literally falls off the bones and melts in your mouth. The BBQ sauce is sweet and spicy, with a



distinct tangy flavor and perfectly blended to compliment the mouth-watering, face smacking, melt in your mouth ribs. They allowed us to swap out the steak fries and homemade coleslaw for the garlic mashed potatoes, sautéed spinach and baked beans at no additional charge. Do not regret not gorging on a full slab of the best ribs in all of Phoenix. This is a must try favorite on the menu that will keep you craving and coming back to Wolfley's again and again.

##### **Spicy Sicilian Pizza**

We loved this GREAT pizza. If you're hungry and enjoy a healthy blend of meaty deliciousness, this is your dinner! We enjoyed the spice of the red pepper flakes, but if you don't like it spicy (and it's pretty spicy), ask them to leave off the red pepper. This dish will absolutely delight your inner carnivore.

##### **Hoopy's Goulash**

The combination of the beef, peppers, onions and fundido cheese sauce was a perfect combination with just a hint of spice. The jalapeno corn bread was the ideal choice as a side. The best part of the meal was the story behind the dish. This was Ron Wolfley's mother's recipe and he's been eating this family recipe since he was a child.

##### **Wolf's Autograph Wings**

Staying true to the original and authentic roots of the Anchor Bar in Buffalo, N.Y., they marinate, fry and make their

sauce the original, authentic way. These wings have a crispy distinct texture we all enjoyed. One of the top meals we sampled.

##### **Wolf's Hometown Hero "Beef on Weck"**

Another famous Buffalo dish, this tender roast beef sandwich is served with powerful Atomic horseradish on an authentic kimmelweck roll and au jus. If you're a fan of roast beef or great horseradish, this sandwich shouldn't be missed. A word of caution: a little Atomic horseradish goes a very long way!

#### DESSERTS

##### **Turtle Cheesecake**

Fantastic dessert with a rich and creamy cheesecake topped with lots of caramel and pecans.

##### **Fudge Brownie Sundae**

Your standard sundae...with a twist! The brownies found in this favorite can stand on their own and might just rival mom's homemade brownies.

##### **Cookies and Cream**

Homemade warm chocolate chip cookie dough with a large scoop of vanilla ice cream. While we enjoyed this dessert, it was overshadowed by the cheesecake and lava cake favorites.

##### **Half Baked Molten Lava Cake**

At other restaurants you'll need to order this chocolate oozing dessert while ordering entrees, but not at Wolfley's. This delicious creation was served with the rest of the desserts and delivered everything the menu promised.

# DINING GUIDE

## DESERT RIDGE MARKETPLACE

### **BJ'S RESTAURANT AND BREWHOUSE** .....480.538.0555

Serving Chicago-style pizza with generously portioned salads, sandwiches, soups, entrées & desserts.

### **CAFÉ ZUPAS** .....480.339.8038

Café Zupas specializes in gourmet soups, salads and sandwiches using fresh and exotic ingredients in a fast-casual setting. The menu offers ten homemade soups, twelve exotic salads, seven Panini's, and five Gourmet Sandwiches. In addition, the Café Zupas Drink Bar offers sixteen different types of soda, Crystal Light, and Italian Soda flavorings.

### **CALIFORNIA PIZZA KITCHEN** .....480.473.3336

Authentic California-style cuisine! Try one of their hearth-baked pizzas such as The Original BBQ Chicken, Thai Chicken, and Jamaican Jerk Chicken, cooked in an open kitchen or indulge in distinctive pastas, salads, soups, appetizers and desserts. You can order online and curbside pickup is available.

### **COLD STONE CREAMERY** .....480.585.7952

From unique ice cream creations to smoothies, cakes and shakes – nobody serves up the ultimate indulgence like Cold Stone. It starts with using the highest quality ingredients and ends with our signature process for preparing your custom creation on a frozen granite stone.

### **DAVE AND BUSTER'S** .....480.538.8956

The ultimate group entertainment destination with the best games, food, drinks, billiards, bowling, music, & video all under one roof!

### **EINSTEIN BROS. BAGELS**.....480.585.3920

Einstein Bros. is your Neighborhood Café with fresh-baked bagels, Dam Good Coffee® & Espresso, made-to-order sandwiches, and fresh salads.

### **GARBANZO MEDITERRANEAN GRILL** .....480.397.9510 [www.eatgarbanzo.com](http://www.eatgarbanzo.com)

Garbanzo uses only the freshest, quality ingredients for its made-from-scratch recipes, and provides several vegetarian, vegan and gluten-free options. Enticing options, including flavor-packed pitas and laffas filled to order with crisp veggies and freshly-grilled shwarmas combined with signature sauces and accompaniments making endless amounts of craveable combos. Tender and savory kabobs atop fluffy Mediterranean rice and hummus, and nutritious and delicious Mediterranean-style soups and salads round out the menu that will leave diners feeling fresh and satisfied.

### **IN-N-OUT BURGER** .....480.563.9021

Quality you can taste - classic made burgers, hand-diced french fries & creamy shakes.

### **ISLANDS FINE BURGERS & DRINKS**.....480.513.7231

Gourmet burgers, Island fries, chicken sandwiches & fresh salads served in a casual, tropical atmosphere.

### **IT'SUGAR** .....480-513-1902

IT'SUGAR is a trendy sweets shop where you'll experience an unpredictable sense of excitement and wonder along with the sights, smells and especially the tastes of all your favorite treats.



### **JIMMY JOHN'S** .....480.321.8052

Jimmy John's definition of fresh is worlds apart from everyone else's. Bread is baked in-house everyday and served fresh. Meat and veggies are sliced fresh in-house every day.

### **THE KEG STEAKHOUSE & BAR** .....480.419.7772

When it comes to steak, The Keg serves only the finest cuts. They are aged for tenderness and a very special blend of seasonings is added to lend unique flavor while still allowing the natural properties of the high quality. This ensures that a tender, succulent, flavorful steak is guaranteed off the grill every time.

### **MACARONI GRILL**.....480.538.8755

More than 35 Italian specialties prepared in an exhibition kitchen. Recipes are made with the finest ingredients such as imported artisan pastas, vine-ripened tomatoes, colorful vegetables, extra virgin olive oil, fresh lemons, select seafood, grilled meats and fresh, fragrant Italian herbs. Life is delicious.

### **MCFADDEN'S** .....480.502.5480 [www.mcfaddensdesertridge.com](http://www.mcfaddensdesertridge.com)

Established in New York City in 1977, McFadden's Saloon has been a landmark pub for almost 30 years. Offering Lunch, Brunch and Dinner. McFadden's is the perfect place to catch your favorite game, join your friends for a few cocktails, plan your next event, or dance the night away. Our resident DJs and fun bar staff deliver an experience you will not soon forget!

### **MIMI'S CAFÉ** .....480.419.5006

Classic, made-from-scratch American dishes served in a friendly, French New Orleans-atmosphere.

### **NORI** .....480.515.9777

An elegant and fun destination to enjoy cutting edge sushi and craft cocktails.

### **PANDA EXPRESS** .....480.502.8399

High-quality Chinese food at a very reasonable price.

### **PARADISE BAKERY & CAFÉ** .....480.538.8406

Freshly-baked cookies & muffins, soups & made-to-order gourmet sandwiches.

### **PORT OF SUBS/SMOOTHIE KING** .....480.502.7962

Made-to-order subs & refreshing smoothies.

### **ROCKY MOUNTAIN CHOCOLATE FACTORY**.....480.342.9993

Hand-dipped chocolates & assorted candies. Packaged coffees, cocoas & more.

### **RUBIO'S FRESH MEXICAN GRILL** .....480.473.9225

Rubio's food is a combination of our south of the border roots and the influence of California's coastal waters, farm-fresh ingredients and friendly people.

### **SANDBAR**.....480.585.5900

Known for its spicy Mexican menu and array of tropical drinks and ice cold cervezas.

### **SLICES** .....480.513.1861

Choose from a selection of pizzas already prepared with a crispy crust and any number of topping combinations, at affordable prices.

### **SMASHBURGER** .....480.664.6210

Where smash. sizzle. savor means a dedication to creating the best-tasting "cooked-to-order" burger. They start with 100% Angus Beef, smashed, seared and seasoned on the grill, placed on a butter-toasted artisan bun and topped with the highest-quality cheeses, freshest produce and condiments.

### **STARBUCKS COFFEE** .....480.502.4761

High quality roasted whole bean coffees & fresh, rich, Italian-style espresso beverages.

### **SWEET TOMATOES** .....480.473.3233

Offering an all you care to eat dining experience featuring fresh cut produce, specially prepared salads, hearty made from scratch soups, original recipe hot pasta dishes and more.

### **WOLFLEY'S** .....480.515.2424

Wolfley's Neighborhood Grill is a place you can count on for quality food, value pricing and personalized service.

### **YARD HOUSE**.....480.563.9273

Yard House is an upscale-casual eatery known for great food, classic rock music and 130 tap handles of domestic, imported and craft beer.

## JW MARRIOTT DESERT RIDGE RESORT & SPA

### **STONEGRILL** .....480.293.3636

American southwest cuisine. Breakfast, lunch, dinner with daily breakfast buffet. 6:30 to 11 am (breakfast buffet until 1 pm on weekends)

### **TUSCANY** .....480.293.3988

The modern Italian menu at Tuscany is all about authentic Italian comfort flavors featuring handmade pasta, seasonal ingredients, the freshest seafood and superb and affordable wines with exceptional service in a warm, inviting atmosphere. Guests of all ages are encouraged to share in a journey of Italian cuisine, using an array of menu combinations comprised of mouth-watering small plates, generous sharing dishes, and individual entrees. Specializing in creating hand-crafted pizzas, pastas, and cheeses, as well as delightful house-made desserts prepared by the resort's National Pastry Champions, the seasonal menu focuses on locally-grown produce and products, fresh from local farms as well as the resort's own organic herb garden. Tuscany features an open exhibition kitchen, wood-fired oven, indoor and outdoor fireplaces and patio seating. Tuscany is open for dinner.

**MERITAGE STEAKHOUSE .....480.293.3988**

Where fine wines meet prime aged steaks. Meritage Steakhouse is located at the resort's championship 36-hole Wildfire Golf Club featuring award-winning courses designed by Arnold Palmer and Nick Faldo. Meritage's hearty menu, alongside prime steaks, also features chicken, seafood and a selection of signature side dishes in a cherry wood country club like setting. A bold selection of wines by the glass, half and full bottles encourage diners to sample from the steakhouse's fine wine cellar. The restaurant offers a scenic outdoor patio with welcoming fire pits and sweeping views of Wildfire Golf Club's green fairways. Flat screen TVs are tuned into the latest sporting events. Meritage Steakhouse is open for lunch and dinner.

**ROY'S HAWAIIAN FUSION CUISINE.....480.419.7697**

Famed Hawaiian restaurateur Roy Yamaguchi's renowned Hawaiian Fusion Cuisine is sizzling in flavor and style. First founded in Honolulu in 1988, the highly regarded dining establishment features locations throughout the nation serving innovative Asian-influenced cuisine that makes the most of fresh local ingredients with "Aloha-style service." An impressive wine list allows diners to sample a wide selection of varietals with their meal. Outdoor dining, appetizers or drinks near a welcoming fireplace make this restaurant a favorite among Resort guests. Open for dinner. Reservations recommended.

**TWENTY6 .....480.293.3726**

Amazing new lounge with fresh juice crafted cocktails, featuring drinks from JWs around the world. Entertainment Fridays and Saturdays 6 pm to 10 pm. Menu features bites, charcuterie, flatbreads. Best patio with firepits around!

**REVIVE SPA BISTRO ..... 480-293-3700**

Featuring an out-of-this world menu, eating healthy never seemed so indulgent. Located in our Revive Spa and open to all guests, enjoy our chef's fresh, organic creations in serene indoor or outdoor settings.

**HIGH STREET****BLUE MARTINI LOUNGE.....480.638.2583  
bluemartini lounge.com**

Enjoy happy hour, private parties, ladies night and more at Arizona's premier live entertainment club. No one stays thirsty at the upscale Blue bar, which boasts 42 specialty martinis and an extensive fine wine and spirits collection. Blue Martini has quickly become a Phoenix hot spot for music and dancing with great live local and regional talent. Blue Martini's tapas menu is the perfect complement to an exciting night out.

**KONA GRILL.....480.289.5707  
konagrill.com**

Indulge in sensational flavors by sampling any of Kona's modern American cuisine - prepared in their scratch kitchen. Offering their guests fresh ingredients and entrees made with passion, Kona Grill has fresh fish flown in daily to deliver outstanding sushi quality. Its energetic bar, lounge and patio are the perfect location for their designer cocktails and award-winning happy hour.

**LA BOCCA WINE BAR &  
URBAN KITCHEN .....480.840.1799  
laboccanorth.com**

Drink, dine & celebrate at this sophisticated, fun and casual wine bar with a mouthwatering menu of small plates, zesty salads, homemade pastas and regular 'off-menu' specialties prepared by the Executive Chef. Savor 150+ hand-selected wines, craft beers & cocktails, full bar, house-made limoncellos and sangrias. Cozy up at La Bocca and share a bottle with good friends or bring a date for an unforgettable dinner.

**MELLOW MUSHROOM..... 480.889.0999  
mellowmushroom.com**

While well known for their fresh stone-baked pizzas to-order, their expansive selection of craft beer is also quite impressive. Mellow Mushroom on High Street's décor is unlike any other location, creating an entertaining, laid-back atmosphere for local pizza and beer aficionados. It provides an experience filled with colorful art, eclectic music and an extensive menu with food that comforts the soul.

**MODERN MARGARITA ..... 602.795.8111  
modernmargarita.com**

Modern Margarita offers patrons a fresh spin on the traditional margarita. This Fork & Dagger Restaurant Group concept, from Valley restaurateur Julian Wright, features a large selection of freshly made margaritas, gourmet street tacos, burgers, fresh guacamole and additional sharing-plate options. Visitors appreciate Modern Margarita's high-quality, locally sourced food and beverages in a lively atmosphere.

**MOJO YOGURT & COFFEE ..... 480.584.5865  
mojoyogurt.com**

The fat-free goodness of Mojo Yogurt comes in several delicious flavors. Customize with a plethora of scrumptious toppings for a taste-bud-pleasing masterpiece created just for you. If you're looking for a morning, or mid-afternoon pick-me-up, Mojo also serves up premium coffee, espresso, cappuccino, lattes and hot chocolate.

**OCEAN PRIME..... 480.347.1313  
ocean-prime.com**

This Cameron Mitchell restaurant combines an elite steak and seafood menu, award-winning cocktails, timeless elegance and take-your-breath-away service to create an extraordinary supper club experience. Here, guests are greeted by name and invited on an adventure in great food, wine and libation. Think Ocean Prime for your next event. Whether it's an elegant dinner or rolling out the red carpet, Ocean Prime will help you create something special.

**RICK BRONSON'S HOUSE  
OF COMEDY .....480-420-3553  
houseofcomedy.net**

Rick Bronson's House of Comedy delivers more than the nation's top touring comedians such as Jay Pharoah (SNL), Bobby Lee (Mad TV), Bryan Callen (The Hangover) and Joey 'CoCo' Diaz (The Joe Rogan Experience and Grudge Match). They also offer a complete menu of share plates, appetizers, soups, sandwiches and tortas, gourmet burgers, flat bread pizzas, salads and deserts to enjoy before and during the show.

**TOBY KEITH'S I LOVE THIS  
BAR & GRILL ..... OPENING SOON  
tobykeithusa.com**

Start your meal off with Fried Macaroni Triangles, T.K.'s Smokehouse Nachos or the Whiskey Girl Wings, move on to its famous BBQ St. Louis Style Ribs or Whiskey Bottle New York Steak and top the meal off with a slice of All American Apple Pie or its impossible-to-resist Deep Fried Twinkies. Toby Keith's also offers a wide selection of soups, salads and sandwiches, plus lighter options for those looking to dance right after their meal.

**West of Tatum****CAFÉ AT DESERT RIDGE.....480.473.4387**

Comfort food with a twist! Homemade pancakes, waffles, crepes, coffees, paninis, pastas, sauces, meatballs, soups and desserts. Open for Breakfast and Lunch. 6am - 4pm, Monday - Sunday

**HUMBLE PIE.....480.502.2121**

Featuring a medley of starters, salads, pastas, sandwiches, and pizzas with fresh ingredients and a crust to crave.

**PITA JUNGLE.....480-473-2321 | PITAJUNGLE.COM**

An eclectic blend of fresh ingredients, creative energy, and good times. Take your family or meet your friends and discover the art of eating healthy

**STARBUCKS COFFEE .....480.342-8231**

High quality roasted whole bean coffees & fresh, rich, Italian-style espresso beverages.

**SUBWAY ..... 480-513-6978**

Whatever you're in the mood for, SUBWAY has a wide variety of subs, salads, and sides to choose from and every one of their Subs is made fresh in front of you, exactly the way you want it!

**SUSHI STATION ..... 480-513-8699  
SUSHISTATION88.COM**

The popular "Kaiten Sushi" (Revolving) Japanese concept is now available. You will enjoy quality sushi and fresh ingredients from all over the world. Fun for the family and available for special events.

**TRYST CAFÉ..... 480-585-7978 | TRYSTCAFE.COM**

Breakfast, lunch, and dinner featuring organic, natural and locally grown products; extensive gluten free menu and full bar all in a friendly, urban environment. Dine in or carry out.

**YOGURT PLUS+ .....480-502-4200 | YOGURTPLUS.US**

An exciting self-serve yogurt shop with 12 rotating flavors and over 70 different scoops of toppings!

**The MIM****THE MIM CAFÉ & COFFEE SHOP**

The Musical Instrument Museum Cafe & Coffee Shop is open to non-museum patrons. Hours: Cafe, 11-2; Coffee Shop, Normal Museum Hours.

# RESOURCE NUMBERS

## ASSOCIATION

Desert Ridge Community Association ..... 480.551.4300  
24/7 Customer Care Center ..... 480.551.4300

## PUBLIC SERVICES

Phoenix Water Department  
M-F, 7:30 a.m.-5 p.m. ....602.262.6251  
Weekends, holidays, after 5 p.m. ....602.261.8000  
Phoenix Police Department  
Non-Emergency Crime Stop .....602.262.6151  
Vacation Watch .....602.495.5002  
Desert Ridge Silent Witness .....480.WITNESS  
Phoenix Public Works  
Trash/Recycling .....602.262.7251  
Parks Forestry Department  
Downed Trees in Right of Way ....602.262.9440  
City of Phoenix Parks & Recreation, Northeast  
Division (Cashman Park) .....602.262.6696  
Malfunctioning Traffic Signals ...602.262.6021  
Streets/Street Sweeping .....602.262.6441  
Southwest Gas  
Customer Service .....602.861.1999  
APS  
24 hour line .....602.371.7171  
(Includes Street Light Outage)  
Cox Communications .....623.594.1000  
Qwest Communications .....800.244.1111  
Green Pools .....602.506.6616  
Maricopa County  
Graffiti Busters .....602.495.7014

## BOYS & GIRLS CLUB

Vestar Branch .....480.585.0170

## SCHOOLS

Fireside Elementary ..... 602.449.4700  
Principal, Drew C. Davis,  
ddavis@pvschools.net  
Wildfire Elementary .....602.449.4300  
Principal, Sherry Stillman  
sstillman@pvschools.net  
Desert Trails Elementary .....602.449.4100  
Principal, Sheri Duggan  
sduggan@pvschools.net  
Explorer Middle School .....602.449.4200  
Principal, Barbara Newman  
banewman@pvschools.net  
Pinnacle High School .....602.449.4000  
Principal, Dr. Troy Bales  
tbales@pvschools.net

## DRCA COMMITTEES

Communications Committee  
communications@desertridgelifestyles.com  
Lifestyles Committee  
lifestyles@desertridgelifestyles.com  
Community Awareness Committee  
communityawareness@desertridgelifestyles.com  
Design Review Committee  
designreview@desertridgelifestyles.com  
Finance Committee  
finance@desertridgelifestyles.com  
Cashman Park Exploratory Committee  
cashmanpark@desertridgelifestyles.com  
Nominating Committee  
nominating@desertridgelifestyles.com

## Leaders in Training Program

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the Boys & Girls Club. To participate in the LIT program youth submit a resume, essay, and application at the beginning of April. After an interview, they are selected based on their qualifications and visible interest in participating. To prepare for the application process Vestar offers LIT Boot Camp, a career and college preparation program. Boot Camp takes place in March, over the course of five evenings. LIT expectations are discussed along with how to positively interact with youth. Participants play games, write cover letters, hold mock interviews, and discuss secondary education opportunities. It is not necessary to participate in Boot Camp to apply for LIT, but highly encouraged.

Twenty-four teens were chosen for the LIT program this year, five of which are veterans to the program. Every week they are assigned an age group to work with, rotating throughout the various areas of Vestar. They work five hour shifts, but are welcome to spend more time at the Club if they would like. By the end of summer the LITs will have clocked over 7,500 volunteer hours that can be applied to their school service hours and future resumes. On top of volunteering they also participate in a variety of fundraising opportunities: snack bar, car washes, and late night events at the Club. Their hard work earns them a trip to California; this year they will be travelling to Disneyland with other LITs from the organization.

# MEETINGS & EVENTS

## MEETING LOCATION

5415 E. High St., Suite 220  
Phoenix, AZ 85054  
(Parking Garage on 54<sup>th</sup> Street)

## BOARD MEETINGS

August 27 ■ September 24  
October 22  
Open session meetings at 6 p.m.

## DESIGN REVIEW COMMITTEE

Subject to change

August 7 ■ August 21  
September 4 ■ September 18  
October 2 ■ October 16  
Meetings at 5:30 p.m.

## COMMUNITY AWARENESS

October 20  
Meetings at 6:30 p.m.

## LIFESTYLES COMMITTEE

August 19 ■ September 16  
October 21  
Meetings at 11:30 a.m.

## EVENTS

## MORNING COFFEE CLUB

August 12 at 9 a.m.  
October 14 at 6:30 p.m.



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### **WINSTON AND COMPANIES**



**Winston P. Stevenson**  
DESERT RIDGE RESIDENT

**480-634-5945**

**ECRWSS  
Postal Customer**



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[wherf@ziegler.com](mailto:wherf@ziegler.com)

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